



OSIELSKO - MISTRZOSTWA POLSKI NORDIC WALKING - 5KM

B4SPORT

Wydarzenie: MISTRZOSTWA POLSKI NORDIC WALKING 2018
Organizator: Polska Federacja Nordic Walking
Data: 2018-08-04
Miejsce: Osielsko
Dystans: 5 km



Klasyfikacja: M50-54

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	RECZULSKI Mariusz	298	KABEX PODKOWA JANÓW	M50-54	1			00:31:19.20		6:15	9.6 (100%)
2	KLICZKA Kamil	140	SANPROBI SZCZECIN	M50-54	2			00:31:23.10	+00:00:03 (0.2%)	6:16	9.6 (100%)
3	GWIZDAŁA Zbigniew	98		M50-54	3			00:31:26.70	+00:00:07 (0.4%)	6:17	9.5 (99.0%)
4	FRĄCKOWIAK Roman	73	KS METRACO POLKOWICE	M50-54	4			00:33:09.65	+00:01:50 (5.6%)	6:37	9 (93.8%)
5	SOKOŁOWSKI Marek	322	PTG SOKÓŁ RYMANÓW	M50-54	5			00:33:46.85	+00:02:27 (7.3%)	6:45	8.9 (92.7%)
6	BREWKA Joachim	29	UNIA MIAST	M50-54	6			00:34:00.05	+00:02:40 (7.9%)	6:48	8.8 (91.7%)
7	KROMSKI Paweł	165	NORDIC WALKING KIEKRZ	M50-54	7			00:35:09.15	+00:03:49 (10.9%)	7:01	8.5 (88.5%)
8	CUDAK Zbigniew	44	VIKING NORDIC TEAM CZĘSTOCHOWA	M50-54	8			00:35:10.85	+00:03:51 (11.0%)	7:02	8.5 (88.5%)
9	KRYSZCZUK Krzysztof	168	NOWI SIEDLCE/NW WSCHÓD	M50-54	9			00:35:56.35	+00:04:37 (12.9%)	7:11	8.3 (86.5%)
10	BERLIŃSKI Dariusz	13	PASJA NORDIC WALKING	M50-54	10			00:35:59.80	+00:04:40 (13.0%)	7:12	8.3 (86.5%)
11	WENSAUER Konrad	399	NW TEAM CITY FIT & SPORT FERSTL	M50-54	11			00:36:54.50	+00:05:35 (15.1%)	7:23	8.1 (84.4%)
12	GÓRSKI Jacek	88	GOSIR OSIELSKO	M50-54	12			00:37:36.50	+00:06:17 (16.7%)	7:31	8 (83.3%)
13	SZYMAŃSKI Piotr	355	AVOCADO WELLNESS CLUB	M50-54	13			00:38:01.65	+00:06:42 (17.6%)	7:36	7.9 (82.3%)
14	KURDELSKI Dariusz	179		M50-54	14			00:38:20.50	+00:07:01 (18.3%)	7:40	7.8 (81.3%)
15	WILD Arkadiusz	706		M50-54	15			00:38:34.20	+00:07:15 (18.8%)	7:42	7.8 (81.3%)
16	SZYMAŃSKI Roman	356	TEAM NAMOR	M50-54	16			00:39:31.60	+00:08:12 (20.8%)	7:54	7.6 (79.2%)
17	PRACKI Zbigniew	280	SERCE NORDICA WŁOCŁAWEK	M50-54	17			00:39:50.95	+00:08:31 (21.4%)	7:58	7.5 (78.1%)
18	KŁOPOTOWSKI Ryszard	143	LKS ZANTYR SZTUM	M50-54	18			00:40:14.90	+00:08:55 (22.2%)	8:02	7.5 (78.1%)
19	URBANOWICZ Dariusz	380		M50-54	19			00:41:21.05	+00:10:01 (24.3%)	8:16	7.3 (76.0%)
20	SAPA Dariusz	309	BYDGOSKIE ŻÓŁWIE	M50-54	20			00:44:13.20	+00:12:54 (29.2%)	8:50	6.8 (70.8%)
21	BIAŁCZAK Waldemar	15		M50-54	21			00:47:39.80	+00:16:20 (34.3%)	9:32	6.3 (65.6%)
22	KUTEJ Helmut	181	TEAM KÄRNTEN BLEIBURGER WALKER AUSTRIA	M50-54	22			00:53:46.65	+00:22:27 (41.8%)	10:45	5.6 (58.3%)
23	KUBIT Wiesław	171		M50-54	23			00:56:39.90	+00:25:20 (44.7%)	11:19	5.3 (55.2%)
24	KLIMCZAK Adam	746		M50-54	24			01:04:59.55	+00:33:40 (51.8%)	13:00	4.6 (47.9%)

Znaleziono 24 wynik(ów)