

OSIELSKO - MISTRZOSTWA POLSKI NW - MARATON

B4SPORT

Organizator: PFWW
 Data: 2015-04-11
 Miejsce: Osielsko
 Dystans: 42,195 km



Klasyfikacja: M30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	4.22km	8.439km	12.659km	16.878km	21.098km	25.317km	29.537km	33.756km	37.976km	Czas netto 42.195km	Czas brutto 42.195km	Różn	Tempo min/km	Tempo km/h
1	KANIGOWSKI Grzegorz	144	A	M30-39	1	00:00:01	00:28:17	00:57:13	01:26:39	01:55:51	02:27:12	02:59:15	03:31:35	04:03:32	04:36:20	05:09:37.70	05:09:39.60		7:20	8.2 (100%)
2	NIEDBAŁ Adam	152	SILESIA NORDIC TEAM	M30-39	2	00:00:02	00:30:25	01:00:29	01:30:23	02:00:59	02:31:27	03:02:53	03:35:15	04:09:36	04:42:28	05:16:52.35	05:16:54.70	+00:07:14 (2.3%)	7:30	8 (97.6%)
3	WARUSZEWSKI Karol	105	BIEGAJĄCY TCZEW	M30-39	3	00:00:02	00:31:27	01:02:03	01:32:16	02:02:46	02:33:51	03:05:45	03:39:17	04:13:26	04:49:53	05:26:48.45	05:26:51.05	+00:17:10 (5.3%)	7:44	7.7 (93.9%)
4	ŚLUSARCZYK Marcin	155	WESOŁY BORSUK TEAM	M30-39	4	00:00:03	00:31:49	01:03:10	01:34:12	02:06:17	02:39:35	03:13:33	03:47:55	04:23:16	05:00:02	05:35:03.50	05:35:07.00	+00:25:25 (7.6%)	7:56	7.6 (92.7%)
5	MITURA-ZIELONKA Paweł	132	SILESIA NORDIC TEAM / SPACERMISTRZ	M30-39	5	00:00:02	00:31:55	01:03:04	01:34:04	02:06:46	02:41:33	03:17:47	03:54:44	04:30:31	05:06:57	05:44:43.40	05:44:45.90	+00:35:05 (10.2%)	8:10	7.3 (89.0%)
6	BURDANOWSKI Andrzej	166	GOSIR NORDIC DEVELOPMENT OSIELSKO/ ŻÓŁTKI	M30-39	6	00:00:03	00:34:35	01:08:47	01:43:12	02:17:56	02:52:45	03:29:37	04:06:48	04:44:01	05:22:10	05:56:25.75	05:56:29.25	+00:46:48 (13.1%)	8:26	7.1 (86.6%)
7	UBYCH Marcin	112	FIZJO-PLUS	M30-39	7	00:00:05	00:34:19	01:08:40	01:43:27	02:18:05	02:53:30	03:30:30	04:09:59	04:49:09	05:32:38	06:12:38.50	06:12:44.45	+01:03:00 (16.9%)	8:49	6.8 (82.9%)
8	KOŁODZIEJCZAK Radosław	170	SOCHO TEAM	M30-39	8	00:00:04	00:37:48	01:16:38	01:55:08	02:34:20	03:14:12	03:54:11	04:34:50	05:18:36	06:00:27	06:44:19.90	06:44:24.35	+01:34:42 (23.4%)	9:34	6.3 (76.8%)

Znaleziono 8 wynik(ów)