



OSIELSKO - MISTRZOSTWA POLSKI / PUCHAR POLSKI NORDIC WALKING - 10KM

B4SPORT

Wydarzenie: OSIELSKO - MISTRZOSTWA POLSKI / PUCHAR POLSKI NORDIC WALKING
Organizator: PFNW
Data: 2017-08-05
Miejsce: Osielsko
Dystans: 10 km



Klasyfikacja: Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start_All 5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	KUBISZYN Małgorzata	729		K30-39	1			00:32:40	01:06:10.05		6:37	9.1 (100%)
2	RADOSZ Aleksandra	692	RTB TRACKER PODKOWA JANÓW	K18-29	1			00:33:05	01:06:24.00	+00:00:13 (0.4%)	6:38	9 (98.9%)
3	PAKOSZ Irena	681	SOLIDARNOŚĆ OŚWIATY I WYCHOWANIA ŚLĄSKA OPOLSKIEGO	K50-59	1	1		00:32:54	01:07:06.55	+00:00:56 (1.4%)	6:42	8.9 (97.8%)
4	JĘDRASIAK Renata	641	KS METRACO POLKOWICE	K50-59	2			00:33:17	01:07:31.15	+00:01:21 (2.0%)	6:45	8.9 (97.8%)
5	DMOWSKA Aneta	612	UNIA MIAST	K40-49	1			00:33:28	01:07:47.15	+00:01:37 (2.4%)	6:46	8.9 (97.8%)
6	PARAFINIUK Krzysia	683	LKS ZANTYR	K30-39	2			00:33:58	01:08:21.95	+00:02:11 (3.2%)	6:50	8.8 (96.7%)
7	KOLARSKA Agnieszka	648	VIKING NORDIC TEAM CZĘSTOCHOWA	K30-39	3			00:33:56	01:08:56.20	+00:02:46 (4.0%)	6:53	8.7 (95.6%)
8	LIPKO Adrianna	664	PENDOLINO	K18-29	2			00:34:20	01:09:51.45	+00:03:41 (5.3%)	6:59	8.6 (94.5%)
9	SPYCHAŁA Marzena	699	WESOŁY BORSUK TEAM	K40-49	2	1		00:34:23	01:10:10.90	+00:04:00 (5.7%)	7:01	8.5 (93.4%)
10	PALIWODA Kasia	682		K40-49	3			00:34:30	01:10:38.20	+00:04:28 (6.3%)	7:03	8.5 (93.4%)
11	KORYTOWSKA Agnieszka	651	NW WERWA MŁAWA	K30-39	4			00:35:17	01:11:49.90	+00:05:39 (7.9%)	7:11	8.4 (92.3%)
12	KUCHARSKA Ela	660		K50-59	3			00:35:39	01:12:25.10	+00:06:15 (8.6%)	7:14	8.3 (91.2%)
13	PYTEL Anna	733		K30-39	5	1		00:35:47	01:12:26.90	+00:06:16 (8.7%)	7:14	8.3 (91.2%)

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14	DUSIEL Ewa	618	VIKING NORDIC TEAM CZĘSTOCHOWA	K50-59	4			00:35:50	01:12:38.95	+00:06:28 (8.9%)	7:15	8.3 (91.2%)
15	CZAJKA Urszula	609	FACE NORDIC WALKING TEAM	K60-69	1			00:35:55	01:12:48.50	+00:06:38 (9.1%)	7:16	8.2 (90.1%)
16	ŁUKASZEWICZ Joanna	667	GREEN TEAMZIELONAGÓRA	K40-49	4			00:35:37	01:12:52.35	+00:06:42 (9.2%)	7:17	8.2 (90.1%)
17	ZACHARCZUK Zofia	722	FACE NORDIC WALKING TEAM	K60-69	2	1		00:36:06	01:13:27.90	+00:07:17 (9.9%)	7:20	8.2 (90.1%)
18	GAPIŃSKA Janina	750	WESOŁY BORSUK TEAM	K50-59	5			00:36:17	01:13:37.75	+00:07:27 (10.1%)	7:21	8.1 (89.0%)
19	KREFFT Barbara	655	N/Z	K50-59	6			00:37:07	01:13:56.35	+00:07:46 (10.5%)	7:23	8.1 (89.0%)
20	ROSADZIŃSKA Natalia	693	LESZNO :)	K18-29	3			00:36:33	01:14:16.20	+00:08:06 (10.9%)	7:25	8.1 (89.0%)
21	PASIŃSKA-SKOWRON Sylwia	684	PRUSZYŃSKI NORDIC WALKING	K40-49	5			00:36:28	01:14:19.20	+00:08:09 (11.0%)	7:26	8.1 (89.0%)
22	KOZAKOWSKA Małgorzata	653	KS SOKÓŁ GAŚAWA	K40-49	6			00:37:31	01:14:31.10	+00:08:21 (11.2%)	7:27	8.1 (89.0%)
23	JANOSZKA Irena	637	CIDRY LOTAJOM	K50-59	7			00:37:03	01:14:39.25	+00:08:29 (11.4%)	7:27	8 (87.9%)
24	SOBAŃSKA Grażyna	698		K60-69	3			00:37:26	01:14:39.45	+00:08:29 (11.4%)	7:27	8 (87.9%)
25	KRUSZKA Arleta	735	MARSZ PO ZDROWIE	K50-59	8			00:37:08	01:14:56.40	+00:08:46 (11.7%)	7:29	8 (87.9%)
26	PIEKARSKA Aldona	687	STOWARZYSZENIE 'JESTEM AKTYWNA'	K50-59	9			00:37:11	01:15:09.40	+00:08:59 (12.0%)	7:31	8 (87.9%)
27	ZWOLENKIEWICZ Joanna	724	KS SOKÓŁ GAŚAWA	K40-49	7			00:37:37	01:15:14.95	+00:09:04 (12.1%)	7:31	8 (87.9%)
28	WITKOWSKA Maria	718	UNIA MIAST	K60-69	4			00:37:23	01:15:17.90	+00:09:07 (12.1%)	7:31	8 (87.9%)
29	JASIULEWICZ Izabela	639	KS ELBLĄSKIE WŁÓCZY-KIJE	K30-39	6			00:36:54	01:15:42.15	+00:09:32 (12.6%)	7:34	7.9 (86.8%)
30	DOBROWOLSKA Anna	613		K50-59	10			00:37:37	01:15:51.45	+00:09:41 (12.8%)	7:35	7.9 (86.8%)
31	GABERT Beata	624	EKSPEDYCJA NORDIC TEAM SZCZECIN	K40-49	8			00:37:40	01:15:57.40	+00:09:47 (12.9%)	7:35	7.9 (86.8%)
32	ŻÓŁNO Magdalena	726	EKSPEDYCJA NORDIC TEAM SZCZECIN	K50-59	11			00:37:12	01:16:12.00	+00:10:01 (13.2%)	7:37	7.9 (86.8%)
33	MARCINIAK Aneta	669	FACE NORDIC WALKING TEAM	K40-49	9			00:38:09	01:16:20.15	+00:10:10 (13.3%)	7:38	7.9 (86.8%)
34	MALINOWSKA Katarzyna	668	LECYMY DURŚ	K30-39	7			00:38:23	01:16:36.20	+00:10:26 (13.6%)	7:39	7.8 (85.7%)
35	OLSZAŃSKA Krystyna	679	SEKCJA NW KLUB BIAŁA BIEGA/TKKF	K60-69	5			00:37:56	01:17:30.55	+00:11:20 (14.6%)	7:45	7.7 (84.6%)
36	DOBROWOLSKA-ŚWIĄTEK Elżbieta	614	KB HARCOWNIK JELCZ-LASKOWICE	K50-59	12			00:38:35	01:17:38.15	+00:11:28 (14.8%)	7:45	7.7 (84.6%)

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									netto 10km	Różn		
37	GOLUS Urszula	628	EKSPEDYCJA NORDIC TEAM SZCZECIN	K60-69	6			00:38:23	01:17:50.75	+00:11:40 (15.0%)	7:47	7.7 (84.6%)
38	POPIELARZ Karolina	688		K30-39	8			00:38:31	01:17:57.75	+00:11:47 (15.1%)	7:47	7.7 (84.6%)
39	NOWAK Beata	676	SAILING TEAM FERAJNA	K40-49	10			00:38:36	01:18:43.20	+00:12:33 (15.9%)	7:52	7.6 (83.5%)
40	WAŁECKA Krystyna	714	FACE NORDIC WALKING TEAM	K60-69	7			00:38:47	01:19:05.10	+00:12:55 (16.3%)	7:54	7.6 (83.5%)
41	SZYBCZYŃSKA Katarzyna	707	KS SOKÓŁ GAŚAWA	K40-49	11			00:38:45	01:19:09.40	+00:12:59 (16.4%)	7:55	7.6 (83.5%)
42	WASILUK Beata	715	FACE NORDIC WALKING TEAM	K40-49	12			00:39:42	01:19:52.25	+00:13:42 (17.2%)	7:59	7.5 (82.4%)
43	WORONKO-ZACZYŃSKA Janina	720	KS METRACO POLKOWICE	K70+	1			00:39:29	01:19:58.95	+00:13:48 (17.3%)	7:59	7.5 (82.4%)
44	ADAMEK-BOBER Anna	601	MARSZ PO ZDROWIE	K60-69	8			00:39:38	01:20:17.25	+00:14:07 (17.6%)	8:01	7.5 (82.4%)
45	FOLWARSKA Małgorzata	622	FACE NORDIC WALKING TEAM	K50-59	13			00:40:09	01:20:34.80	+00:14:24 (17.9%)	8:03	7.4 (81.3%)
46	RACZYŃSKA Aleksandra	701	UNIA MIAST	K70+	2			00:40:04	01:20:38.80	+00:14:28 (18.0%)	8:03	7.4 (81.3%)
47	ZAKRZEWSKA Henryka	723	NORDIC TEAM GNIEZNO	K70+	3			00:40:03	01:20:52.30	+00:14:42 (18.2%)	8:05	7.4 (81.3%)
48	OMARSKA Grażyna	680	PASJA NORDIC WALKING	K50-59	14			00:40:19	01:20:59.60	+00:14:49 (18.3%)	8:06	7.4 (81.3%)
49	FIJOR Arleta	621	TEAM CZYŚCIK	K18-29	4			00:41:04	01:22:05.40	+00:15:55 (19.4%)	8:12	7.3 (80.2%)
50	WILK Grażyna	717	LECYMY DURŚ	K40-49	13			00:41:01	01:22:45.60	+00:16:35 (20.0%)	8:16	7.3 (80.2%)
51	ŁOZIŃSKA Wioletta	666		K40-49	14			00:41:06	01:24:10.25	+00:18:00 (21.4%)	8:25	7.1 (78.0%)
52	KRYŚKIEWICZ Janina	734		K50-59	15			00:42:49	01:26:23.75	+00:20:13 (23.4%)	8:38	6.9 (75.8%)
53	STEFANIAK Bożena	702		K50-59	16			00:42:49	01:26:30.00	+00:20:19 (23.5%)	8:39	6.9 (75.8%)
54	SIWCZYK Grażyna	696	SIECHODZI	K50-59	17			00:44:05	01:26:46.35	+00:20:36 (23.7%)	8:40	6.9 (75.8%)
55	KRYGIEL Maria	656	GOSIR OSIELSKO	K50-59	18			00:43:22	01:27:17.65	+00:21:07 (24.2%)	8:43	6.9 (75.8%)
56	KŁOSOWSKA Ewa	646		K40-49	15			00:44:35	01:27:30.65	+00:21:20 (24.4%)	8:45	6.9 (75.8%)
57	KOCINSKA Danuta	647		K50-59	19			00:43:26	01:28:06.70	+00:21:56 (24.9%)	8:48	6.8 (74.7%)
58	KRZYŚCIN Mirosława	658	SANTANDER CONSUMER BANK	K40-49	16			00:43:27	01:28:10.50	+00:22:00 (25.0%)	8:49	6.8 (74.7%)
59	CHRAPEK Urszula	606	KS RUDZICA	K18-29	5			00:43:42	01:28:45.65	+00:22:35 (25.5%)	8:52	6.8 (74.7%)

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60	WASIELA Beata	625	FACE NORDIC WALKING TEAM	K40-49	17			00:44:21	01:30:11.30	+00:24:01 (26.6%)	9:01	6.7 (73.6%)
DQ	NOWICKA Iwona	677	GOSIR OSIELSKO	K50-59		3	1	00:43:26 DQ	01:28:07.35 DQ		-	- (0.0%)

Znaleziono 61 wynik(ów)