



OSIELSKO - MISTRZOSTWA POLSKI / PUCHAR POLSKI NORDIC WALKING - 10KM

B4SPORT

Wydarzenie: OSIELSKO - MISTRZOSTWA POLSKI / PUCHAR POLSKI NORDIC WALKING
Organizator: PFNW
Data: 2017-08-05
Miejsce: Osielsko
Dystans: 10 km



Klasyfikacja: Mężczyźni

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start_All 5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	DORS Grzegorz	615	RTB TRACKER PODKOWA JANÓW	M50-59	1			00:30:21	01:00:34.30		6:03	9.9 (100%)
2	KLICZKA Kamil	645	SANPROBI SZCZECIN	M40-49	1			00:30:44	01:01:42.85	+00:01:08 (1.9%)	6:10	9.7 (98.0%)
3	WETOSZKA Piotr	716	TKKF KRZNA BIAŁA PODLASKA	M30-39	1			00:30:39	01:02:02.00	+00:01:27 (2.4%)	6:12	9.7 (98.0%)
4	NIECHWIEJCZYK Piotr	675	UNIA MIAST	M40-49	2			00:31:04	01:03:00.75	+00:02:26 (3.9%)	6:18	9.5 (96.0%)
5	KOZIK Rafał	654	RTB TRACKER PODKOWA JANÓW	M30-39	2			00:31:40	01:03:24.45	+00:02:50 (4.5%)	6:20	9.5 (96.0%)
6	HELWICH Stefan	635	KS METRACO POLKOWICE	M60-69	1			00:31:11	01:03:28.75	+00:02:54 (4.6%)	6:20	9.5 (96.0%)
7	WOJTASIŃSKI Daniel	719	VIKING NORDIC TEAM CZĘSTOCHOWA	M30-39	3			00:31:41	01:03:55.55	+00:03:21 (5.2%)	6:23	9.4 (94.9%)
8	NIEDBAŁ Adam	732	SILESIA NORDIC TEAM	M40-49	3			00:32:48	01:05:05.20	+00:04:30 (6.9%)	6:30	9.2 (92.9%)
9	SIWAK Piotr	695	KS METRACO POLKOWICE	M50-59	2	1		00:31:41	01:05:10.45	+00:04:36 (7.1%)	6:31	9.2 (92.9%)
10	ANACZKOWSKI Mirosław	602	LKS ZANTYR	M60-69	2			00:32:13	01:05:43.15	+00:05:08 (7.8%)	6:34	9.1 (91.9%)
11	CIEŚLAK Roman	608		M50-59	3			00:32:07	01:05:46.90	+00:05:12 (7.9%)	6:34	9.1 (91.9%)
12	GWIZDAŁA Zbigniew	634		M50-59	4			00:32:37	01:05:54.90	+00:05:20 (8.1%)	6:35	9.1 (91.9%)
13	NAKONIECZNY Grzegorz	673	EKSPEDYCJA NORDIC TEAM SZCZECIN	M40-49	4			00:32:27	01:05:56.25	+00:05:21 (8.1%)	6:35	9.1 (91.9%)

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14	GRZEGORCZYK Marcin Joachim	632	DYNAMIC	M18-29	1			00:33:04	01:06:45.95	+00:06:11 (9.3%)	6:40	9 (90.9%)
15	ŚWISŁOCKI Bogdan	709	FACE NORDIC WALKING TEAM	M50-59	5			00:33:39	01:07:17.95	+00:06:43 (10.0%)	6:43	8.9 (89.9%)
16	KRZYŻANOWSKI Robert	659	GOSIR OSIELSKO	M40-49	5			00:33:38	01:08:20.55	+00:07:46 (11.4%)	6:50	8.8 (88.9%)
17	ZYGMUNT Gracjan	725	KINGBELL AUTO-SZYBY / PKU EUROCONSULTING PIŁA	M18-29	2			00:33:04	01:08:23.70	+00:07:49 (11.4%)	6:50	8.8 (88.9%)
18	SMUL Andrzej	697	MARSZ PO ZDROWIE	M60-69	3			00:33:27	01:08:53.50	+00:08:19 (12.1%)	6:53	8.7 (87.9%)
19	MUCHA Marcin	672	BATRUNNERS	M30-39	4	1		00:33:55	01:08:56.50	+00:08:22 (12.1%)	6:53	8.7 (87.9%)
20	ROSADZIŃSKI Sławomir	694	LESZNO :)	M40-49	6			00:33:50	01:09:00.45	+00:08:26 (12.2%)	6:54	8.7 (87.9%)
21	CZEKAJŁO Franciszek	611	REMI	M60-69	4			00:34:19	01:09:45.55	+00:09:11 (13.2%)	6:58	8.6 (86.9%)
22	UKLEJEWSKI Kacper	712	GOSIR OSIELSKO	M18-29	3			00:34:01	01:09:58.15	+00:09:23 (13.4%)	6:59	8.6 (86.9%)
23	KOWALSKI Marek	652	UNIA MIAST	M50-59	6			00:34:45	01:10:05.05	+00:09:30 (13.6%)	7:00	8.6 (86.9%)
24	GIERSZEWSKI Arkadiusz	626		M30-39	5			00:34:46	01:10:22.70	+00:09:48 (13.9%)	7:02	8.5 (85.9%)
25	PRZYBYSZ Grzegorz	691		M30-39	6			00:34:58	01:10:23.40	+00:09:49 (13.9%)	7:02	8.5 (85.9%)
26	NETKOWSKI Wojciech	674	PASJA NORDIC WALKING	M50-59	7			00:34:44	01:10:23.75	+00:09:49 (14.0%)	7:02	8.5 (85.9%)
27	KRYSZCZUK Krzysztof	730	FACE NORDIC WALKING TEAM	M50-59	8			00:35:07	01:10:47.00	+00:10:12 (14.4%)	7:04	8.5 (85.9%)
28	BARANOWSKI Romuald	728	DYNAMIC	M40-49	7			00:34:24	01:11:11.90	+00:10:37 (14.9%)	7:07	8.4 (84.8%)
29	WILK Tadeusz	713		M60-69	5			00:34:46	01:11:21.35	+00:10:47 (15.1%)	7:08	8.4 (84.8%)
30	KULIG Henryk	661	KS ELBLĄSKIE WŁÓCZY-KIJE	M60-69	6			00:35:33	01:11:21.50	+00:10:47 (15.1%)	7:08	8.4 (84.8%)
31	GÓRSKI Jacek	629	GOSIR OSIELSKO	M50-59	9			00:34:45	01:11:31.45	+00:10:57 (15.3%)	7:09	8.4 (84.8%)
32	KAWCZYŃSKI Zbigniew	644	RYBNICKI KLUB NORDIC WALKING	M60-69	7			00:36:01	01:12:07.30	+00:11:33 (16.0%)	7:12	8.3 (83.8%)
33	STACHOWICZ Marcin	700	BŁĘKITNI NW DZIEMIANY	M30-39	7			00:35:00	01:12:22.75	+00:11:48 (16.3%)	7:14	8.3 (83.8%)
34	WRÓŃSKI Włodzimierz	721	PASJA NORDIC WALKING	M60-69	8			00:36:09	01:12:32.50	+00:11:58 (16.5%)	7:15	8.3 (83.8%)
35	BORKOWSKI Leszek	731	FACE NORDIC WALKING TEAM	M50-59	10			00:36:13	01:12:36.95	+00:12:02 (16.6%)	7:15	8.3 (83.8%)
36	LENER Sławomir	662	EKSPEDYCJA NORDIC TEAM SZCZECIN	M60-69	9			00:35:53	01:12:56.75	+00:12:22 (17.0%)	7:17	8.2 (82.8%)

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37	GŁOGOWSKI Krzysztof	627		M40-49	8			00:36:38	01:13:01.90	+00:12:27 (17.1%)	7:18	8.2 (82.8%)
38	POZNAŃSKI Wiesław	690	BIAŁA BIAŁYSTOK	M60-69	10			00:36:42	01:13:11.70	+00:12:37 (17.2%)	7:19	8.2 (82.8%)
39	CHARCZUK Zenon	604	WESOŁY BORSUK TEAM	M60-69	11			00:36:32	01:13:57.00	+00:13:22 (18.1%)	7:23	8.1 (81.8%)
40	LORBIECKI Krzysztof	665		M40-49	9			00:35:28	01:14:02.00	+00:13:27 (18.2%)	7:24	8.1 (81.8%)
41	SZULC Jarek	706	MARSZ PO ZDROWIE	M50-59	11			00:36:52	01:14:34.90	+00:14:00 (18.8%)	7:27	8 (80.8%)
42	FOT Krzysztof	623	MARSZ PO ZDROWIE	M50-59	12			00:37:16	01:15:03.40	+00:14:29 (19.3%)	7:30	8 (80.8%)
43	DREGER Michał	616	KS ELBLĄSKIE WŁÓCZY-KIJE	M40-49	10			00:36:15	01:15:25.20	+00:14:50 (19.7%)	7:32	8 (80.8%)
44	KOŁPAK Jan	650	LKS ZANTYR	M60-69	12			00:37:39	01:15:43.90	+00:15:09 (20.0%)	7:34	7.9 (79.8%)
45	THOMALLA Bogdan	710		M70+	1			00:37:55	01:16:24.40	+00:15:50 (20.7%)	7:38	7.9 (79.8%)
46	CHYRA Janusz	607	UNIA MIAST	M40-49	11			00:38:11	01:16:27.95	+00:15:53 (20.8%)	7:38	7.8 (78.8%)
47	SURIAK Michał	704	VIKING NORDIC TEAM CZĘSTOCHOWA	M18-29	4			00:38:47	01:17:14.65	+00:16:40 (21.6%)	7:43	7.8 (78.8%)
48	GRAJKOWSKI Rafał	630		M40-49	12			00:38:16	01:17:17.50	+00:16:43 (21.6%)	7:43	7.8 (78.8%)
49	PIĄTKOWSKI Józef	686	KS METRACO POLKOWICE	M70+	2			00:38:01	01:17:29.30	+00:16:55 (21.8%)	7:44	7.7 (77.8%)
50	ŚLUSARCZYK Marcin	708	WESOŁY BORSUK TEAM	M30-39	8			00:39:16	01:19:02.10	+00:18:27 (23.4%)	7:54	7.6 (76.8%)
51	PERLIK Wiesław	685	GOSIR OSIELSKO	M60-69	13			00:39:18	01:19:05.40	+00:18:31 (23.4%)	7:54	7.6 (76.8%)
52	CHŁODNICKI Marek	605	MARSZ PO ZDROWIE	M60-69	14			00:39:00	01:19:14.70	+00:18:40 (23.6%)	7:55	7.6 (76.8%)
53	KOMAJDA Jarosław	727	GOSIR OSIELSKO	M50-59	13			00:39:24	01:19:42.50	+00:19:08 (24.0%)	7:58	7.5 (75.8%)
54	CZYCZ Kazimierz	749	GREEN TEAM ZIELONA GÓRA	M60-69	15			00:38:06	01:20:26.75	+00:19:52 (24.7%)	8:02	7.5 (75.8%)
55	KACZMAREK Jarosław	643	TEAM CZYŚCIK	M50-59	14			00:40:09	01:21:05.75	+00:20:31 (25.3%)	8:06	7.4 (74.7%)
56	APPEL Jerzy	603		M70+	3			00:39:08	01:21:07.20	+00:20:32 (25.3%)	8:06	7.4 (74.7%)
57	JASINSKI Marian	638	KS ELBLĄSKIE WŁÓCZY-KIJE	M70+	4			00:40:20	01:21:46.90	+00:21:12 (25.9%)	8:10	7.3 (73.7%)
58	CZAKIERT Marek	610	VIKING NORDIC TEAM CZĘSTOCHOWA	M40-49	13			00:40:18	01:21:53.15	+00:21:18 (26.0%)	8:11	7.3 (73.7%)
59	DUDZIK Henryk	617	RYBNICKI KLUB NORDIC WALKING	M50-59	15			00:41:33	01:22:34.00	+00:21:59 (26.6%)	8:15	7.3 (73.7%)

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60	LEWANDOWSKI Robert	663	GOSIR OSIELSKO	M30-39	9			00:40:44	01:23:02.90	+00:22:28 (27.1%)	8:18	7.2 (72.7%)
61	DZIUBAK Janusz	620	RYBNICKI KLUB NORDIC WALKING	M50-59	16			00:41:25	01:24:13.70	+00:23:39 (28.1%)	8:25	7.1 (71.7%)
62	KRZYŚCIN Rafał	657	SANTANDER CONSUMER BANK	M40-49	14			00:41:59	01:24:28.75	+00:23:54 (28.3%)	8:26	7.1 (71.7%)
63	HRABIA Józef	636	VIKING NORDIC TEAM CZĘSTOCHOWA	M60-69	16			00:42:32	01:24:49.55	+00:24:15 (28.6%)	8:28	7.1 (71.7%)
64	JEDYNAK Stanisław	640	AMATOR	M70+	5	1		00:41:10	01:25:11.10	+00:24:36 (28.9%)	8:31	7 (70.7%)
65	KOLENKIEWICZ Dariusz	649	KS ELBLĄSKIE WŁÓCZY-KIJE	M50-59	17			00:44:10	01:29:14.10	+00:28:39 (32.1%)	8:55	6.7 (67.7%)
66	STEFAŃSKI Andrzej	703	FACE NORDIC WALKING TEAM	M50-59	18			00:43:03	01:32:01.90	+00:31:27 (34.2%)	9:12	6.5 (65.7%)
DQ	MICHALSKI Andrzej	671	WESOŁY BORSUK TEAM	M50-59			1	00:30:20 DQ	01:04:13.80 DQ		-	- (0.0%)

Znaleziono 67 wynik(ów)