



OSIELSKO - MISTRZOSTWA POLSKI / PUCHAR POLSKI NORDIC WALKING - 21.1KM

B4SPORT

Organizator: PFNW
Data: 2016-08-06
Miejsce: Osielsko
Dystans: 21.1 km



Klasyfikacja: M50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	1.1km	6.1km	11.1km	16.1km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
1	SKIBA Krzysztof	675	KS METRACO POLKOWICE	M50-59	1	1		00:00:11	00:06:06	00:37:01	01:08:09	01:40:55	02:14:27.15	02:14:39.00		6:22	9.4 (100%)
2	DEPKA PRĄDZYŃSKI Olgierd	674	BIEGAMY RAZEM PENDOLINO	M50-59	2	1		00:00:12	00:06:35	00:39:11	01:10:45	01:42:54	02:15:56.95	02:16:08.95	+00:01:29 (1.1%)	6:26	9.3 (98.9%)
3	WIŚNIEWSKI Jacek	660	FACE NORDIC WALKING TEAM / UKS SIEDLESZCZANY NW	M50-59	3			00:00:12	00:06:35	00:39:12	01:10:48	01:43:59	02:16:37.75	02:16:50.00	+00:02:10 (1.6%)	6:28	9.3 (98.9%)
4	BIK Stanisław	602	KS METRACO POLKOWICE	M50-59	4			00:00:11	00:07:05	00:41:31	01:15:47	01:51:05	02:28:59.40	02:29:11.25	+00:14:32 (9.8%)	7:03	8.5 (90.4%)
5	LENZ Andrzej	630	ALTOM	M50-59	5			00:00:11	00:07:18	00:42:17	01:17:00	01:52:33	02:29:54.35	02:30:05.90	+00:15:27 (10.3%)	7:06	8.4 (89.4%)
6	KACORZYK Władysław	620	SILESIA NORDIC TEAM	M50-59	6			00:00:12	00:07:18	00:42:46	01:18:13	01:54:12	02:30:39.05	02:30:51.05	+00:16:11 (10.8%)	7:08	8.4 (89.4%)
7	FOLWARSKI Andrzej	612	FACE NORDIC WALKING TEAM	M50-59	7			00:00:10	00:07:18	00:43:50	01:19:45	01:56:46	02:34:21.60	02:34:32.15	+00:19:54 (12.9%)	7:18	8.2 (87.2%)
8	KOWALCZYK Mariusz	628	GREEN TEAM ZIELONA GÓRA	M50-59	8			00:00:11	00:07:22	00:43:50	01:19:39	01:57:42	02:37:22.60	02:37:33.60	+00:22:55 (14.6%)	7:27	8 (85.1%)
9	MOŻYSZEK Piotr	635	FORMA NA PIĄTKĘ NW	M50-59	9			00:00:12	00:07:41	00:46:20	01:23:57	02:02:18	02:40:59.40	02:41:12.00	+00:26:32 (16.5%)	7:37	7.9 (84.0%)
10	SZCZODROWSKI Krzysztof	654		M50-59	10			00:00:09	00:07:26	00:45:17	01:23:50	02:02:57	02:43:38.05	02:43:47.80	+00:29:10 (17.8%)	7:45	7.7 (81.9%)
11	CIENNIK Wiktor	672	FOREVER YOUNG ŁÓDŹ	M50-59	11			00:00:13	00:07:49	00:46:36	01:27:49	02:09:59	02:52:15.45	02:52:28.85	+00:37:48 (21.9%)	8:09	7.3 (77.7%)
12	DRÓZDŹ Paweł	609	EPOKA NORDICA ŁÓDŹ	M50-59	12			00:00:11	00:07:51	00:49:16	01:31:23	02:16:28	03:01:42.30	03:01:53.85	+00:47:15 (26.0%)	8:36	7 (74.5%)

Znaleziono 12 wynik(ów)