



OSIELSKO - MISTRZOSTWA POLSKI / PUCHAR POLSKI NORDIC WALKING - 21.1KM

B4SPORT

Wydarzenie: OSIELSKO - MISTRZOSTWA POLSKI / PUCHAR POLSKI NORDIC WALKING
Organizator: PFNW
Data: 2017-08-05
Miejsce: Osielsko
Dystans: 21.1 km



Klasyfikacja: M50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start_All 1.1km	Start_All 6.1km	Start_All 11.1km	Start_All 16.1km	Czas netto 21.1km	Różn	Tempo min/km	Tempo km/h
1	DEPKA PRADZYŃSKI Olgierd	301	BIEGAMYRAZEM.PL	M50-59	1			00:06:51	00:38:42	01:10:56	01:43:53	02:17:07.45		6:29	9.2 (100%)
2	WIŚNIEWSKI Jacek	579	FACE NORDIC WALKING TEAM / UKS SIEDLESZCZANY	M50-59	2			00:06:56	00:39:58	01:13:36	01:47:03	02:21:28.30	+00:04:20 (3.1%)	6:42	8.9 (96.7%)
3	ADAMSKI Robert	501	DYNAMIC	M50-59	3			00:06:57	00:40:50	01:15:03	01:50:34	02:27:28.90	+00:10:21 (7.0%)	6:59	8.6 (93.5%)
4	LESINSKI Grzegorz	537	KS METRACO POLKOWICE	M50-59	4			00:06:57	00:41:22	01:15:56	01:52:15	02:30:02.30	+00:12:54 (8.6%)	7:06	8.4 (91.3%)
5	MAKOWSKI Jan	542	RYBNICKI KLUB NORDIC WALKING	M50-59	5			00:06:55	00:41:49	01:17:51	01:54:25	02:32:25.30	+00:15:17 (10.0%)	7:13	8.3 (90.2%)
6	BREWKA Joachim	508	UNIA MIAST	M50-59	6	1		00:07:17	00:42:08	01:18:03	01:55:25	02:34:16.85	+00:17:09 (11.1%)	7:18	8.2 (89.1%)
7	ANDRZEJ Zawadzki	502	KS METRACO POLKOWICE	M50-59	7			00:07:58	00:43:52	01:20:19	01:58:41	02:36:18.10	+00:19:10 (12.3%)	7:24	8.1 (88.0%)
8	KOWALCZUK Robert	534	ELITE TEAM	M50-59	8			00:07:38	00:43:27	01:20:27	01:58:35	02:38:23.85	+00:21:16 (13.4%)	7:30	8 (87.0%)
9	KOWALCZYK Mariusz	535	GREEN TEAM ZIELONA GÓRA	M50-59	9			00:07:59	00:44:50	01:21:56	02:00:25	02:40:19.05	+00:23:11 (14.5%)	7:35	7.9 (85.9%)
10	BIK Stanisław	504	KS METRACO POLKOWICE	M50-59	10			00:07:05	00:40:44	01:16:02	01:55:54	02:43:10.20	+00:26:02 (16.0%)	7:43	7.8 (84.8%)
11	LIGĘZA Janusz	538		M50-59	11			00:08:03	00:46:18	01:25:59	02:06:09	02:46:34.55	+00:29:27 (17.7%)	7:53	7.6 (82.6%)
12	FOLWARSKI Andrzej	518	FACE NORDIC WALKING TEAM	M50-59	12			00:07:53	00:53:06	01:29:47	02:07:46	02:47:29.65	+00:30:22 (18.1%)	7:56	7.6 (82.6%)
13	GOIK Grzegorz	520	RYBNICKI KLUB NORDIC WALKING	M50-59	13			00:07:54	00:46:08	01:25:37	02:06:12	02:47:33.50	+00:30:26 (18.2%)	7:56	7.6 (82.6%)

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14	SZCZODROWSKI Krzysztof	569	FACE NORDIC WALKING TEAM	M50-59	14			00:07:51	00:46:07	01:26:36	02:08:52	02:51:37.05	+00:34:29 (20.1%)	8:08	7.4 (80.4%)
15	GWIAZDOWICZ Ryszard	525		M50-59	15			00:08:49	00:50:35	01:31:40	02:13:00	02:54:49.50	+00:37:42 (21.6%)	8:17	7.2 (78.3%)
16	SZEWCZYK Marek	571	FACE NORDIC WALKING TEAM	M50-59	16			00:09:00	00:52:03	01:38:37	02:25:56	03:15:55.35	+00:58:47 (30.0%)	9:17	6.5 (70.7%)

Znaleziono 16 wynik(ów)