



# OSIELSKO - MISTRZOSTWA POLSKI / PUCHAR POLSKI NORDIC WALKING - 21.1KM

B4SPORT  
POLSKIE CENTRUM SPORTEK

**Organiser:** PFNW  
**Date:** 2016-08-06  
**Place:** Osielsko  
**Distance:** 21.1 km



Classification: M60+

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	1.1km	6.1km	11.1km	16.1km	Net time 21.1km	Czas brutto 21.1km	Gap	Pace min/km	Pace km/h
1	<b>NALEPKA Jerzy</b>	<b>636</b>	FACE NORDIC WALKING TEAM	M60+	1			00:00:14	00:07:03	00:40:29	01:13:12	01:46:37	<b>02:19:31.25</b>	<b>02:19:45.55</b>		6:36	9.1 (100%)
2	<b>HELWICH Stefan</b>	<b>617</b>	KS METRACO POLKOWICE	M60+	2			00:00:13	00:06:57	00:40:29	01:13:14	01:46:47	<b>02:20:02.45</b>	<b>02:20:15.60</b>	+00:00:31 (0.4%)	6:38	9 (98.9%)
3	<b>ZAGAJA Janusz</b>	<b>667</b>	WESOŁY BORSUK TEAM	M60+	3			00:00:12	00:07:01	00:41:33	01:15:45	01:50:51	<b>02:26:58.80</b>	<b>02:27:11.65</b>	+00:07:27 (5.1%)	6:57	8.6 (94.5%)
4	<b>WOJCIECHOWSKI Tadeusz</b>	<b>662</b>	DĄBROWA NORDIC TEAM	M60+	4			00:00:12	00:07:19	00:42:47	01:18:14	01:54:13	<b>02:29:37.05</b>	<b>02:29:49.85</b>	+00:10:05 (6.7%)	7:05	8.5 (93.4%)
5	<b>WESOŁOWSKI Wojciech</b>	<b>677</b>	NORDIC TEAM GNIEZNO	M60+	5			00:00:13	00:07:12	00:43:36	01:19:26	01:55:36	<b>02:32:29.70</b>	<b>02:32:43.65</b>	+00:12:58 (8.5%)	7:13	8.3 (91.2%)

Total 5 results.