



OSIELSKO - MISTRZOSTWA POLSKI / PUCHAR POLSKI NORDIC WALKING - 5KM

B4SPORT

Organizator: PFNW
Data: 2016-08-06
Miejsce: Osielsko
Dystans: 5 km



Klasyfikacja: K18-29

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	SZPILMAN Marta	257	FACE NORDIC WALKING TEAM	K18-29	1			00:08:21	00:34:19.10	00:42:40.95		6:51	8.7 (100%)
2	RAKUĆ Angelika	344	RUCH PO ZDROWIE WŁOCŁAWEK	K18-29	2			00:08:21	00:35:11.35	00:43:33.10	+00:00:52 (2.5%)	7:02	8.5 (97.7%)
3	GAŁAŚ Joanna	60	PASJA NORDIC WALKING	K18-29	3			00:08:21	00:36:04.20	00:44:25.75	+00:01:45 (4.9%)	7:12	8.3 (95.4%)
4	WOJEWSKA Natalia	288	ELITE TEAM	K18-29	4			00:08:22	00:36:38.15	00:45:00.55	+00:02:19 (6.3%)	7:19	8.2 (94.3%)
5	WIERZCHOSŁAWSKA Agnieszka	396		K18-29	5			00:08:21	00:37:04.65	00:45:26.10	+00:02:45 (7.4%)	7:25	8.1 (93.1%)
6	FIGURSKA Dominika	54	FACE NORDIC WALKING TEAM	K18-29	6			00:08:22	00:37:22.00	00:45:44.35	+00:03:02 (8.2%)	7:28	8 (92.0%)
7	BANASZAK Agata	11	GREEN TEAM ZIELONA GÓRA	K18-29	7			00:08:22	00:38:36.60	00:46:59.20	+00:04:17 (11.1%)	7:43	7.8 (89.7%)
8	KRZYŻEWSKA Angelika	136		K18-29	8			00:09:50	00:39:10.45	00:49:00.65	+00:04:51 (12.4%)	7:50	7.7 (88.5%)
9	KOPACZ Kamila	119	UWM OLSZTYN	K18-29	9			00:09:50	00:40:00.80	00:49:51.10	+00:05:41 (14.2%)	8:00	7.5 (86.2%)
10	SKALSKA Martyna	224	SANTANDER CONSUMER BANK	K18-29	10			00:09:50	00:42:16.75	00:52:07.10	+00:07:57 (18.8%)	8:27	7.1 (81.6%)
11	SOKOŁOWSKA Weronika	345		K18-29	11			00:09:48	00:42:46.85	00:52:35.40	+00:08:27 (19.8%)	8:33	7 (80.5%)
12	KOŁUTKIEWICZ Justyna	117	SANTANDER CONSUMER BANK	K18-29	12			00:09:49	00:42:51.15	00:52:40.85	+00:08:32 (19.9%)	8:34	7 (80.5%)
13	GUNTHER Paulina	312	GUNTHER TEAM	K18-29	13			00:08:23	00:43:03.55	00:51:26.80	+00:08:44 (20.3%)	8:36	7 (80.5%)

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14	ROSZAK Magda	321	GOSIR OSIELSKO	K18-29	14			00:09:52	00:44:10.60	00:54:03.15	+00:09:51 (22.3%)	8:50	6.8 (78.2%)
15	MAJCHRZAK Barbara	161	SANTANDER CONSUMER BANK	K18-29	15			00:09:49	00:44:16.90	00:54:06.30	+00:09:57 (22.5%)	8:51	6.8 (78.2%)
16	BORKOWSKA Sylwia	25	UWM OLSZTYN	K18-29	16			00:09:51	00:46:20.35	00:56:11.55	+00:12:01 (25.9%)	9:16	6.5 (74.7%)
17	SZPANOWSKA Marta	255	UWM OLSZTYN	K18-29	17			00:09:49	00:46:37.00	00:56:26.10	+00:12:17 (26.4%)	9:19	6.4 (73.6%)
18	RUTECKA Monika	218	UWM OLSZTYN	K18-29	18			00:09:51	00:46:43.90	00:56:35.45	+00:12:24 (26.6%)	9:20	6.4 (73.6%)
19	KAMIŃSKA Ewa	100		K18-29	19			00:09:50	00:48:02.85	00:57:53.75	+00:13:43 (28.6%)	9:36	6.2 (71.3%)
20	KUCHARKO Justyna	309	GUNTHER TEAM	K18-29	20	2 min kary		00:10:50	00:58:12.45	01:09:03.00	+00:23:53 (41.0%)	11:38	5.2 (59.8%)

Znaleziono 20 wynik(ów)