



OSIELSKO - MISTRZOSTWA POLSKI / PUCHAR POLSKI NORDIC WALKING - 5KM

B4SPORT

Organiser: PFNW
Date: 2016-08-06
Place: Osielsko
Distance: 5 km



Classification: M65-69

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	GRYGOROWICZ Bogdan	79	KS METRACO POLKOWICE	M65-69	1			00:06:25	00:33:21.95	00:39:47.35		6:40	9 (100%)
2	ADAMUS Marian	1	SILESIA NORDIC TEAM	M65-69	2			00:06:24	00:33:28.10	00:39:53.05	+00:00:06 (0.3%)	6:41	9 (100%)
3	TOMCZYK Edward	268	MARSZ PO ZDROWIE	M65-69	3			00:06:25	00:34:12.70	00:40:37.85	+00:00:50 (2.5%)	6:50	8.8 (97.8%)
4	DANA Andrzej	42	KLUB NW 'PATYCZAKI' GRUDZIĄDZ	M65-69	4			00:06:26	00:34:16.40	00:40:42.65	+00:00:54 (2.6%)	6:51	8.8 (97.8%)
5	DUDEK Edward	48	KS METRACO POLKOWICE	M65-69	5			00:06:25	00:34:24.90	00:40:50.65	+00:01:02 (3.0%)	6:53	8.7 (96.7%)
6	CHUDZIŃSKI Andrzej	356	KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'	M65-69	6			00:06:25	00:34:29.25	00:40:55.00	+00:01:07 (3.3%)	6:54	8.7 (96.7%)
7	JAWORSKI Zbigniew	92	WŁÓCZYKIJE SKOCZÓW	M65-69	7			00:06:24	00:36:08.75	00:42:33.65	+00:02:46 (7.7%)	7:13	8.3 (92.2%)
8	KOŁPAK Jan	116	LKS ZANTYR SZTUM	M65-69	8			00:06:28	00:36:27.55	00:42:55.80	+00:03:05 (8.5%)	7:17	8.2 (91.1%)
9	NOWROTEK Roman	193	WESOŁY BORSUK TEAM	M65-69	9			00:06:27	00:37:01.80	00:43:28.95	+00:03:39 (9.9%)	7:24	8.1 (90.0%)
10	GRZYWOCZ Bernard	86	PROFIT SPORT TEAM	M65-69	10			00:06:27	00:37:18.20	00:43:46.05	+00:03:56 (10.6%)	7:27	8 (88.9%)
11	ZAWISŁA Stanisław	374	MARSZ PO ZDROWIE	M65-69	11			00:06:26	00:37:58.90	00:44:25.05	+00:04:36 (12.2%)	7:35	7.9 (87.8%)
12	PIDUCH Jan	329	MSICS - POZNAŃ	M65-69	12			00:06:28	00:38:45.75	00:45:14.40	+00:05:23 (13.9%)	7:45	7.7 (85.6%)
13	LORENC Jan	376	KLUB NW 'PATYCZAKI' GRUDZIĄDZ	M65-69	13	1		00:06:26	00:42:35.10	00:49:01.55	+00:09:13 (21.6%)	8:31	7 (77.8%)

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
14	CHWALISZEWSKI Michał	33	GOSIR OSIELSKO	M65-69	14			00:06:27	00:57:39.15	01:04:06.50	+00:24:17 (42.1%)	11:31	5.2 (57.8%)

Total 14 results.