

OSIELSKO - PUCHAR POLSKI NORDIC WALKING 2019 - 5 KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Event: PUCHAR POLSKI NORDIC WALKING 2019
Organiser: Osielsko
Date: 2019-08-10
Place: Osielsko
Distance: 5 km



Classification: K40-44

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Net time 5km	Gap	Pace min/km	Pace km/h
1	WOŁK Beata	284	DAJ RADOŚĆ NIEPEŁNOSPRAWNYM	K40-44	1			00:34:40.65		6:56	8.6 (100%)
2	PUSZKARSKA Małgorzata	200	GOSADI NORDIC TEAM	K40-44	2			00:34:48.10	+00:00:07 (0.4%)	6:57	8.6 (100%)
3	SOBICZEWSKA Ewa	233	NOWI SIEDLCE	K40-44	3			00:35:03.15	+00:00:22 (1.1%)	7:00	8.6 (100%)
4	PASIŃSKA-SKOWRON Sylwia	392	PRUSZYŃSKI SPORT TEAM	K40-44	4			00:35:24.35	+00:00:43 (2.1%)	7:05	8.5 (98.8%)
5	GÓZDŹ Aleksandra	62	FACE NORDIC WALKING TEAM	K40-44	5			00:36:47.60	+00:02:06 (5.8%)	7:21	8.2 (95.3%)
6	BUGAŁA Anna	18	NORDIC TEAM CZĘSTOCHOWA	K40-44	6			00:37:12.15	+00:02:31 (6.8%)	7:26	8.1 (94.2%)
7	PINIS Agnieszka	187	NORDIC TEAM CZĘSTOCHOWA	K40-44	7			00:37:29.90	+00:02:49 (7.5%)	7:30	8 (93.0%)
8	STANECKA Małgorzata	398		K40-44	8			00:37:54.35	+00:03:13 (8.5%)	7:35	7.9 (91.9%)
9	STEJUK Aleksandra	584	AMS TRIATHLON	K40-44	9			00:39:28.55	+00:04:47 (12.2%)	7:53	7.6 (88.4%)
10	GĄSEWICZ-FILIPIAK Agnieszka	55	NORDICUS STRZYBNICA	K40-44	10			00:39:41.90	+00:05:01 (12.6%)	7:56	7.6 (88.4%)
11	KOWALSKA-BARTNIK Agnieszka	296		K40-44	11			00:40:24.55	+00:05:43 (14.2%)	8:05	7.4 (86.0%)
12	ŻERO Beata	386	696243413	K40-44	12	1		00:40:49.80	+00:06:09 (15.1%)	8:10	7.3 (84.9%)
13	ROSIŃSKA Wiesława	217	PARAKULOS KOWAL	K40-44	13			00:41:13.55	+00:06:32 (15.9%)	8:14	7.3 (84.9%)
14	NOWICKA Izabela	304		K40-44	14			00:42:13.95	+00:07:33 (17.9%)	8:26	7.1 (82.6%)
15	PUCHOWSKA Alicja	1001	GOSIR OSIELSKO	K40-44	15			00:43:10.90	+00:08:30 (19.7%)	8:38	6.9 (80.2%)
16	BIELAWSKA Elwira	7	SONSIEDZI TEAM	K40-44	16			00:43:17.55	+00:08:36 (19.9%)	8:39	6.9 (80.2%)
17	RAJEWSKA Beata	209	DAJ RADOŚĆ NIEPEŁNOSPRAWNYM	K40-44	17			00:44:34.25	+00:09:53 (22.2%)	8:54	6.7 (77.9%)
18	GAJEK Agnieszka	387	GOSIR OSIELSKO	K40-44	18			00:47:25.90	+00:12:45 (26.9%)	9:29	6.3 (73.3%)
19	MAKOWSKA Justyna	388	GOSIR OSIELSKO	K40-44	19			00:47:27.95	+00:12:47 (26.9%)	9:29	6.3 (73.3%)
20	BIERNAT Lucyna	9	FACE NORDIC WALKING TEAM	K40-44	20			00:47:57.75	+00:13:17 (27.7%)	9:35	6.3 (73.3%)
21	ZDEB Katarzyna	291	FACE NORDIC WALKING TEAM	K40-44	21			00:47:58.15	+00:13:17 (27.7%)	9:35	6.3 (73.3%)
22	SŁOWIK Sylwia	575	GOSIR OSIELSKO	K40-44	22			00:47:58.25	+00:13:17 (27.7%)	9:35	6.3 (73.3%)
23	LESZCZYŃSKA Lucyna	317	GOSIR OSIELSKO	K40-44	23			00:52:05.50	+00:17:24 (33.4%)	10:25	5.8 (67.4%)
24	KOZŁOWSKA Agnieszka	1003	GOSIR OSIELSKO	K40-44	24			00:55:42.20	+00:21:01 (37.7%)	11:08	5.4 (62.8%)
25	GORCZYCKA Anna	319	GOSIR OSIELSKO	K40-44	25			00:56:39.15	+00:21:58 (38.8%)	11:19	5.3 (61.6%)

Total 25 results.