

OSIELSKO - PUCHAR POLSKI NORDIC WALKING 2019 - 5 KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Event: PUCHAR POLSKI NORDIC WALKING 2019
Organiser: Osielsko
Date: 2019-08-10
Place: Osielsko
Distance: 5 km



Classification: K65-69

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Net time 5km	Gap	Pace min/km	Pace km/h
1	WARCHALSKA Teresa	274	STADION ŚLĄSKI	K65-69	1			00:35:17.65		7:03	8.5 (100%)
2	STAŃCZAK Grażyna	237	FACE NORDIC TEAM	K65-69	2			00:36:06.35	+00:00:48 (2.2%)	7:13	8.3 (97.6%)
3	GRYGOROWICZ Teresa	68	KS METRACO POLKOWICE	K65-69	3			00:37:08.05	+00:01:50 (5.0%)	7:25	8.1 (95.3%)
4	DANA Kazimiera	33	KLUB NW PATYCZAKI - GRUDZIĄDZ	K65-69	4			00:37:36.95	+00:02:19 (6.2%)	7:31	8 (94.1%)
5	GRZYWOCZ Irena	72		K65-69	5			00:39:08.75	+00:03:51 (9.8%)	7:49	7.7 (90.6%)
6	ANGIELCZYK Małgorzata	354	MARSZ PO ZDROWIE	K65-69	6			00:41:12.80	+00:05:55 (14.4%)	8:14	7.3 (85.9%)
7	KONIECKA Urszula	307	GOSIR OSIELSKO	K65-69	7			00:43:16.80	+00:07:59 (18.5%)	8:39	6.9 (81.2%)
8	SMARUJ-SADOWSKA Janina	231		K65-69	8			00:43:51.30	+00:08:33 (19.5%)	8:46	6.8 (80.0%)
9	MASALSKA Ludmiła	298	GOSIR OSIELSKO	K65-69	9			00:44:35.05	+00:09:17 (20.8%)	8:55	6.7 (78.8%)
10	STAWNIAK Wanda	240		K65-69	10			00:44:50.15	+00:09:32 (21.3%)	8:58	6.7 (78.8%)
11	JASIŃSKA Krystyna	81	PARAKULOS KOWAL	K65-69	11			00:45:29.65	+00:10:12 (22.4%)	9:06	6.6 (77.6%)
12	SOKULSKA Stanisława	234	FUNDACJA W TE PĘDY	K65-69	12			00:50:25.40	+00:15:07 (30.0%)	10:05	6 (70.6%)
13	JASIULEWICZ Jolanta	433		K65-69	13			00:50:46.80	+00:15:29 (30.5%)	10:09	5.9 (69.4%)

Total 13 results.