



# OTWARTE MISTRZOSTWA POLSKI NORDIC WALKING W PÓLMARATONIE

B4SPORT

**Wydarzenie:** Mistrzostwa Polski Nordic Walking w Półmaratonie  
**Organizator:** Urząd Miasta Tarnowskie Góry  
**Data:** 2021-09-05  
**Miejsce:** Tarnowskie Góry / Strzybnica  
**Dystans:** 21.1 km



Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	7.03km	14.07km	Czas netto 21.1km	Różn	Tempo min/km	Tempo km/h
1	WOJCIECHOWSKA Elżbieta	96	POLIPACK TEAM	K35-39	1			00:43:03	01:26:20	<b>02:10:09.57</b>		6:10	9.7 (100%)
2	RAJEK Magdalena	64	NORDIC TEAM CZĘSTOCHOWA	K40-44	1			00:51:56	01:42:43	<b>02:33:51.98</b>	+00:23:42 (15.4%)	7:17	8.2 (84.5%)
3	KOŁODZIEJ Joanna	36	MALINOWE GWIAZDY	K50-54	1	2		00:49:21	01:40:43	<b>02:33:57.29</b>	+00:23:47 (15.5%)	7:17	8.2 (84.5%)
4	WOJTAL Marta	88	CIDRY LOTAJOM	K35-39	2			00:53:26	01:46:06	<b>02:38:18.95</b>	+00:28:09 (17.8%)	7:30	8 (82.5%)
5	KOWACZ Agata	39	SPEEDBAR	K35-39	3			00:51:42	01:45:31	<b>02:39:05.73</b>	+00:28:56 (18.2%)	7:32	8 (82.5%)
6	SITTEK Agnieszka	71		K40-44	2	1		00:52:00	01:45:13	<b>02:39:12.81</b>	+00:29:03 (18.2%)	7:32	8 (82.5%)
7	WÓJCIK Barbara	89	LUKI TEAM POLSKA	K60-64	1			00:52:15	01:46:24	<b>02:40:59.48</b>	+00:30:49 (19.2%)	7:37	7.9 (81.4%)
8	DRENDA Alicja	15	PARK ŚLĄSKI	K40-44	3			00:53:13	01:46:27	<b>02:41:14.50</b>	+00:31:04 (19.3%)	7:38	7.9 (81.4%)
9	MAŚLANKA Iwona	51	MARSZ PO ZDROWIE	K50-54	2	2		00:51:25	01:44:07	<b>02:41:46.19</b>	+00:31:36 (19.5%)	7:39	7.8 (80.4%)
10	HOCZEK Aneta	31	KIEDY SIĘ ZMĘCZYSZ ? JUTRO !	K40-44	4			00:52:42	01:46:46	<b>02:42:31.38</b>	+00:32:21 (19.9%)	7:42	7.8 (80.4%)
11	TERESIŃSKA Jolanta	79	NORDIC TEAM CZĘSTOCHOWA	K45-49	1			00:53:28	01:50:25	<b>02:46:54.35</b>	+00:36:44 (22.0%)	7:54	7.6 (78.4%)
12	JUZOF Iwona	32		K45-49	2			00:53:24	01:49:15	<b>02:47:44.62</b>	+00:37:35 (22.4%)	7:56	7.5 (77.3%)
13	KOŚCIEŃ Joanna	38	BOBRY WALKING	K50-54	3			00:54:54	01:50:48	<b>02:48:25.15</b>	+00:38:15 (22.7%)	7:58	7.5 (77.3%)
14	POSTEK Danuta	61	MARSZ PO ZDROWIE	K55-59	1	1		00:54:39	01:50:54	<b>02:48:36.47</b>	+00:38:26 (22.8%)	7:59	7.5 (77.3%)
15	STEFANIAK Emilia	74	HARPAGAN SOSNOWIEC NW	K60-64	2			00:55:04	01:51:32	<b>02:49:31.73</b>	+00:39:22 (23.2%)	8:02	7.5 (77.3%)
16	WOJDANOWSKA Małgorzata	87	LECYMY DURŚ	K18-34	1	2		00:54:35	01:50:17	<b>02:49:46.28</b>	+00:39:36 (23.3%)	8:02	7.5 (77.3%)
17	ŚWITALSKA Beata	77		K40-44	5			00:55:08	01:51:43	<b>02:50:52.33</b>	+00:40:42 (23.8%)	8:05	7.4 (76.3%)
18	GUTOWSKA Magdalena	28	PAUL TEAM	K45-49	3			00:54:06	01:51:10	<b>02:50:58.96</b>	+00:40:49 (23.9%)	8:06	7.4 (76.3%)
19	GAŹDZICKA-WÓDKA Ewa	19		K35-39	4			00:54:39	01:52:56	<b>02:53:24.98</b>	+00:43:15 (24.9%)	8:13	7.3 (75.3%)
20	GARBUZ Agnieszka	18		K45-49	4	1		00:55:09	01:53:56	<b>02:53:42.62</b>	+00:43:33 (25.1%)	8:13	7.3 (75.3%)
21	ANYŻ Maria	4	KIJE W DOBRYCH RĘKACH	K70-74	1			00:56:13	01:54:35	<b>02:55:34.70</b>	+00:45:25 (25.9%)	8:19	7.2 (74.2%)
22	PAŤORKOVÁ Sabina	58		K45-49	5			00:58:10	01:57:04	<b>02:57:38.90</b>	+00:47:29 (26.7%)	8:25	7.1 (73.2%)
23	BARCZYK Jolanta	5	ZABIEGANI CZĘSTOCHOWA	K60-64	3			00:58:12	01:57:37	<b>02:58:50.67</b>	+00:48:41 (27.2%)	8:28	7.1 (73.2%)
24	GRZEBIELUCH Elżbieta	27	HARPAGAN SOSNOWIEC NW	K65-69	1			00:58:31	01:59:03	<b>02:59:11.56</b>	+00:49:01 (27.4%)	8:29	7.1 (73.2%)
25	GÓRECKA Iwona	25	STADION ŚLĄSKI	K55-59	2			00:59:01	02:00:02	<b>03:01:31.01</b>	+00:51:21 (28.3%)	8:36	7 (72.2%)
26	DRYGALSKA Aleksandra	16	KIJE W DOBRYCH RĘKACH	K65-69	2			00:58:53	02:00:00	<b>03:04:09.94</b>	+00:54:00 (29.3%)	8:43	6.9 (71.1%)

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27	<b>NOGALSKA Halina</b>	<b>56</b>	NORDICUS STRZYBNICA	K65-69	3			00:58:58	02:00:01	<b>03:04:29.30</b>	+00:54:19 (29.4%)	8:44	6.9 (71.1%)
28	<b>KROGULEC Alina</b>	<b>98</b>		K40-44	6			01:01:05	02:02:10	<b>03:04:40.61</b>	+00:54:31 (29.5%)	8:45	6.9 (71.1%)
29	<b>ZAWADZKA Maria</b>	<b>91</b>	KGHM METRACO RUDNA	K70-74	2			01:01:10	02:02:58	<b>03:05:23.59</b>	+00:55:14 (29.8%)	8:47	6.8 (70.1%)
30	<b>KANICKA Sylwia</b>	<b>34</b>		K40-44	7			01:01:19	02:03:39	<b>03:06:37.63</b>	+00:56:28 (30.3%)	8:50	6.8 (70.1%)
31	<b>ZIEMBA Elżbieta</b>	<b>93</b>		K45-49	6			01:01:07	02:03:42	<b>03:07:20.46</b>	+00:57:10 (30.5%)	8:52	6.8 (70.1%)
32	<b>BARTOSIK Sylwia</b>	<b>7</b>	NW BEŁCHATÓW	K35-39	5			01:10:37	02:25:55	<b>03:41:32.58</b>	+01:31:23 (41.2%)	10:29	5.7 (58.8%)
33	<b>PLEBAN Hanna</b>	<b>59</b>		K35-39	6	1		01:12:37	02:30:51	<b>03:51:10.04</b>	+01:41:00 (43.7%)	10:57	5.5 (56.7%)
DNC	<b>GIERCZAK Sara</b>	<b>21</b>		K18-34				01:14:24	02:40:38				(0.0%)

Znaleziono 34 wynik(ów)