

# Pułtowski Festiwal Biegów

2017

## PFB 2017 :: BIEG DWÓCH WYSP

B4SPORT

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INTELEGNTE ZAWODY SPORTOWE

**Wydarzenie:** Pułtowski Festiwal Biegów 2017  
**Organizator:** Stowarzyszenie Pultovia  
**Data:** 2017-05-06  
**Miejsce:** Pułtusk  
**Dystans:** 5 km

Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	JAGIELSKA Ewa	184	LKS OSTROWIANKA	K30-49	1	00:00:00	00:18:29.90	00:18:30.40		3:42	16.2 (100%)
2	OLIJNYK Swietlana	194		K30-49	2	00:00:00	00:18:31.20	00:18:31.85	+00:00:01 (0.1%)	3:42	16.2 (100%)
3	DIATLOVA Yulia	192		K16-29	1	00:00:00	00:18:31.65	00:18:32.30	+00:00:01 (0.2%)	3:42	16.2 (100%)
4	SUDZIŃSKA Mariola	195		K30-49	3	00:00:01	00:19:08.30	00:19:10.00	+00:00:38 (3.3%)	3:49	15.7 (96.9%)
5	SWATOWSKA Michalina	166		K30-49	4	00:00:03	00:21:49.15	00:21:53.10	+00:03:19 (15.2%)	4:22	13.7 (84.6%)
6	OLKOWSKA Wiktoria	196	KS MAKÓW BIEGA	K16-29	2	00:00:01	00:22:08.65	00:22:10.15	+00:03:38 (16.5%)	4:25	13.5 (83.3%)
7	RUSZCZYŃSKA Marta	159	KS MAKÓW BIEGA	K30-49	5	00:00:01	00:22:34.05	00:22:35.95	+00:04:04 (18.0%)	4:30	13.3 (82.1%)
8	NOWOSIELSKA T Iwona	152	ZABIEGANIPUŁTUSK	K30-49	6	00:00:02	00:22:47.50	00:22:49.95	+00:04:17 (18.8%)	4:33	13.2 (81.5%)
9	CISZEWSKA Danuta	180		K30-49	7	00:00:01	00:22:51.95	00:22:53.75	+00:04:22 (19.1%)	4:34	13.1 (80.9%)
10	DŁUGOŁĘCKA Angelika	110	WOSK NA WŁOS BIEGA	K16-29	3	00:00:03	00:23:39.00	00:23:42.35	+00:05:09 (21.8%)	4:43	12.7 (78.4%)
11	SKOMAROWSKA Barbara	360		K30-49	8	00:00:03	00:23:59.10	00:24:02.15	+00:05:29 (22.9%)	4:47	12.5 (77.2%)
12	KUCKA Monika	359	BBL MŁAWA	K30-49	9	00:00:04	00:24:20.35	00:24:25.15	+00:05:50 (24.0%)	4:52	12.3 (75.9%)
13	RUDNICKA Anna	158	AMBASADOR FESTIWALU BIEGÓW	K30-49	10	00:00:05	00:25:08.95	00:25:14.40	+00:06:39 (26.4%)	5:01	11.9 (73.5%)
14	DZIEGIELEWSKA Małgorzata	111	KB IM.P.SĘKOWSKIEGO W PŁOŃSKU	K50+	1	00:00:04	00:25:42.20	00:25:46.80	+00:07:12 (28.0%)	5:08	11.7 (72.2%)
15	MARCZAK Grażyna	146	LECZO TEAM	K50+	2	00:00:05	00:26:06.70	00:26:12.00	+00:07:36 (29.2%)	5:13	11.5 (71.0%)
16	BEFINGER Sylwia	104	ZABIEGANI PUŁTUSK	K30-49	11	00:00:04	00:26:25.20	00:26:30.00	+00:07:55 (30.0%)	5:17	11.3 (69.8%)
17	MROCZEK Agnieszka	189	ZABIEGANI PUŁTUSK	K30-49	12	00:00:02	00:26:31.70	00:26:34.00	+00:08:01 (30.3%)	5:18	11.3 (69.8%)
18	BORKOWSKA Zuzanna	105	MAMY RUSZAMY	K30-49	13	00:00:05	00:26:37.50	00:26:42.95	+00:08:07 (30.5%)	5:19	11.3 (69.8%)
19	JANKOWSKA Agnieszka	123	NASIELSK BASZTA TEAM	K30-49	14	00:00:05	00:27:41.50	00:27:46.80	+00:09:11 (33.2%)	5:32	10.8 (66.7%)
20	KOWALCZYK Jola	133		K16-29	4	00:00:03	00:28:39.25	00:28:43.00	+00:10:09 (35.4%)	5:44	10.5 (64.8%)
21	KAŻMIERCZAK Joanna	182		K30-49	15	00:00:07	00:28:43.80	00:28:51.10	+00:10:13 (35.6%)	5:44	10.4 (64.2%)
22	WRÓBLEWSKA Ewelina	170	LIDER WINNICA	K16-29	5	00:00:06	00:28:53.15	00:28:59.55	+00:10:23 (36.0%)	5:46	10.4 (64.2%)
23	NOWOSIELSKA Ewelina	151	ZABIEGANI PUŁTUSK	K16-29	6	00:00:06	00:29:45.85	00:29:52.25	+00:11:15 (37.9%)	5:57	10.1 (62.3%)
24	BRZĘCKA Ewelina	177	KS MAKÓW BIEGA	K16-29	7	00:00:04	00:29:49.00	00:29:53.10	+00:11:19 (38.0%)	5:57	10.1 (62.3%)
25	KONCA Beata	132	KB OŻARÓW MAZOWIECKI BIEGA	K30-49	16	00:00:08	00:29:49.90	00:29:57.90	+00:11:20 (38.0%)	5:57	10.1 (62.3%)
26	KLUSEK Jolanta	351	YOLA YOLANDA	K30-49	17	00:00:01	00:30:08.95	00:30:09.95	+00:11:39 (38.6%)	6:01	10 (61.7%)
27	RŻANY Monika	161	ZABIEGANI MIELEC	K30-49	18	00:00:07	00:30:09.00	00:30:16.45	+00:11:39 (38.6%)	6:01	10 (61.7%)

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28	<b>GŁOWACKA Aleksandra</b>	<b>355</b>	WIELISZEW HERON TEAM	K30-49	19	00:00:02	<b>00:31:14.50</b>	<b>00:31:16.80</b>	+00:12:44 (40.8%)	6:14	9.6 (59.3%)
29	<b>ŁASIŃSKA Marzena</b>	<b>141</b>	2111.PL	K50+	3	00:00:08	<b>00:33:13.65</b>	<b>00:33:21.95</b>	+00:14:43 (44.3%)	6:38	9 (55.6%)
30	<b>SADŁOWSKA Justyna</b>	<b>162</b>	ZABIEGANI PUŁTUSK	K30-49	20	00:00:06	<b>00:37:51.50</b>	<b>00:37:57.55</b>	+00:19:21 (51.1%)	7:34	7.9 (48.8%)
31	<b>FIOŁKA Julia</b>	<b>190</b>		K30-49	21	00:00:10	<b>00:43:47.80</b>	<b>00:43:57.95</b>	+00:25:17 (57.8%)	8:45	6.9 (42.6%)
32	<b>KILIAN Monika</b>	<b>129</b>	ELEKTRYKWARSZAWA.PL	K30-49	22	00:00:10	<b>00:43:47.90</b>	<b>00:43:58.50</b>	+00:25:18 (57.8%)	8:45	6.8 (42.0%)

Znaleziono 32 wynik(ów)