

Pułtowski Festiwal Biegów

2017

PFB 2017 :: BIEG DWÓCH WYSP

B4SPORT

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Wydarzenie: Pułtowski Festiwal Biegów 2017
Organizator: Stowarzyszenie Pultovia
Data: 2017-05-06
Miejsce: Pułtusk
Dystans: 5 km

Klasyfikacja: K30-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	JAGIELSKA Ewa	184	LKS OSTROWIANKA	K30-49	1	00:00:00	00:18:29.90	00:18:30.40		3:42	16.2 (100%)
2	OLIJNYK Swietlana	194		K30-49	2	00:00:00	00:18:31.20	00:18:31.85	+00:00:01 (0.1%)	3:42	16.2 (100%)
3	SUDZIŃSKA Mariola	195		K30-49	3	00:00:01	00:19:08.30	00:19:10.00	+00:00:38 (3.3%)	3:49	15.7 (96.9%)
4	SWATOWSKA Michalina	166		K30-49	4	00:00:03	00:21:49.15	00:21:53.10	+00:03:19 (15.2%)	4:22	13.7 (84.6%)
5	RUSZCZYŃSKA Marta	159	KS MAKÓW BIEGA	K30-49	5	00:00:01	00:22:34.05	00:22:35.95	+00:04:04 (18.0%)	4:30	13.3 (82.1%)
6	NOWOSIELSKA T Iwona	152	ZABIEGANIPUŁTUSK	K30-49	6	00:00:02	00:22:47.50	00:22:49.95	+00:04:17 (18.8%)	4:33	13.2 (81.5%)
7	CISZEWSKA Danuta	180		K30-49	7	00:00:01	00:22:51.95	00:22:53.75	+00:04:22 (19.1%)	4:34	13.1 (80.9%)
8	SKOMAROWSKA Barbara	360		K30-49	8	00:00:03	00:23:59.10	00:24:02.15	+00:05:29 (22.9%)	4:47	12.5 (77.2%)
9	KUCKA Monika	359	BBL MŁAWA	K30-49	9	00:00:04	00:24:20.35	00:24:25.15	+00:05:50 (24.0%)	4:52	12.3 (75.9%)
10	RUDNICKA Anna	158	AMBASADOR FESTIWALU BIEGÓW	K30-49	10	00:00:05	00:25:08.95	00:25:14.40	+00:06:39 (26.4%)	5:01	11.9 (73.5%)
11	BEFINGER Sylwia	104	ZABIEGANI PUŁTUSK	K30-49	11	00:00:04	00:26:25.20	00:26:30.00	+00:07:55 (30.0%)	5:17	11.3 (69.8%)
12	MROCZEK Agnieszka	189	ZABIEGANI PUŁTUSK	K30-49	12	00:00:02	00:26:31.70	00:26:34.00	+00:08:01 (30.3%)	5:18	11.3 (69.8%)
13	BORKOWSKA Zuzanna	105	MAMY RUSZAMY	K30-49	13	00:00:05	00:26:37.50	00:26:42.95	+00:08:07 (30.5%)	5:19	11.3 (69.8%)
14	JANKOWSKA Agnieszka	123	NASIELSK BASZTA TEAM	K30-49	14	00:00:05	00:27:41.50	00:27:46.80	+00:09:11 (33.2%)	5:32	10.8 (66.7%)
15	KAŻMIERCZAK Joanna	182		K30-49	15	00:00:07	00:28:43.80	00:28:51.10	+00:10:13 (35.6%)	5:44	10.4 (64.2%)
16	KONCA Beata	132	KB OŻARÓW MAZOWIECKI BIEGA	K30-49	16	00:00:08	00:29:49.90	00:29:57.90	+00:11:20 (38.0%)	5:57	10.1 (62.3%)
17	KLUSEK Jolanta	351	YOLA YOLANDA	K30-49	17	00:00:01	00:30:08.95	00:30:09.95	+00:11:39 (38.6%)	6:01	10 (61.7%)
18	RŻANY Monika	161	ZABIEGANI MIELEC	K30-49	18	00:00:07	00:30:09.00	00:30:16.45	+00:11:39 (38.6%)	6:01	10 (61.7%)
19	GŁOWACKA Aleksandra	355	WIELISZEW HERON TEAM	K30-49	19	00:00:02	00:31:14.50	00:31:16.80	+00:12:44 (40.8%)	6:14	9.6 (59.3%)
20	SADŁOWSKA Justyna	162	ZABIEGANI PUŁTUSK	K30-49	20	00:00:06	00:37:51.50	00:37:57.55	+00:19:21 (51.1%)	7:34	7.9 (48.8%)
21	FIOŁKA Julia	190		K30-49	21	00:00:10	00:43:47.80	00:43:57.95	+00:25:17 (57.8%)	8:45	6.9 (42.6%)
22	KILIAN Monika	129	ELEKTRYKWARSZAWA.PL	K30-49	22	00:00:10	00:43:47.90	00:43:58.50	+00:25:18 (57.8%)	8:45	6.8 (42.0%)

Znaleziono 22 wynik(ów)