

# Pułtowski Festiwal Biegów

2017

## PFB 2017 :: BIEG NOCNY ŚLADAMI HISTORII PUŁTUSKA

B4SPORT

**Wydarzenie:** Pułtowski Festiwal Biegów 2017  
**Organizator:** Stowarzyszenie Pultovia  
**Data:** 2017-05-05  
**Miejsce:** Pułtusk  
**Dystans:** 3.4 km

**B4SPORT**  
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 3.4km	Czas brutto 3.4km	Różn	Tempo min/km	Tempo km/h
1	<b>ŻEBROWSKI Krzysiek</b>	<b>173</b>	FENIKS SIEDLCE	M16-29	1	00:00:00	<b>00:09:46.05</b>	<b>00:09:46.85</b>		2:52	20.9 (100%)
2	<b>MARYNICZ Vitalij</b>	<b>193</b>		M30-49	1	00:00:00	<b>00:09:48.65</b>	<b>00:09:49.20</b>	+00:00:02 (0.4%)	2:53	20.8 (99.5%)
3	<b>DĄBROWSKI Przemysław</b>	<b>186</b>	DECATHLON	M16-29	2	00:00:00	<b>00:09:49.85</b>	<b>00:09:50.65</b>	+00:00:03 (0.6%)	2:53	20.7 (99.0%)
4	<b>ŚWIECAK Robert</b>	<b>176</b>	WILGA GARWOLIN	M30-49	2	00:00:01	<b>00:10:30.90</b>	<b>00:10:32.15</b>	+00:00:44 (7.1%)	3:05	19.4 (92.8%)
5	<b>DZIĘGIELEWSKI Marek</b>	<b>112</b>	KB IM. P.SĘKOWSKIEGO W PŁOŃSKU	M50+	1	00:00:00	<b>00:10:38.40</b>	<b>00:10:39.15</b>	+00:00:52 (8.2%)	3:07	19.2 (91.9%)
6	<b>FILIPOWICZ Tomek</b>	<b>332</b>		M30-49	3	00:00:01	<b>00:10:49.00</b>	<b>00:10:50.40</b>	+00:01:02 (9.7%)	3:10	18.9 (90.4%)
7	<b>ŁASIŃSKI Michał</b>	<b>142</b>	2111.PL	M30-49	4	00:00:00	<b>00:11:07.90</b>	<b>00:11:08.85</b>	+00:01:21 (12.3%)	3:16	18.3 (87.6%)
8	<b>NOWOSIELSKI Michał</b>	<b>181</b>	Z BIEGIEM NARWI	M30-49	5	00:00:01	<b>00:11:08.00</b>	<b>00:11:09.25</b>	+00:01:21 (12.3%)	3:16	18.3 (87.6%)
9	<b>JAGIELSKA Ewa</b>	<b>184</b>	LKS OSTROWIANKA	K30-49	1	00:00:00	<b>00:11:28.50</b>	<b>00:11:29.35</b>	+00:01:42 (14.9%)	3:22	17.8 (85.2%)
10	<b>DIATLOVA Yulia</b>	<b>192</b>		K16-29	1	00:00:00	<b>00:11:29.95</b>	<b>00:11:30.40</b>	+00:01:43 (15.1%)	3:22	17.7 (84.7%)
11	<b>OLIJNYK Swietlana</b>	<b>194</b>		K30-49	2	00:00:00	<b>00:11:31.00</b>	<b>00:11:31.95</b>	+00:01:44 (15.2%)	3:23	17.7 (84.7%)
12	<b>JEŻ Adam</b>	<b>125</b>	DREAM RUN	M30-49	6	00:00:01	<b>00:11:35.30</b>	<b>00:11:36.35</b>	+00:01:49 (15.7%)	3:24	17.6 (84.2%)
13	<b>ZYCH Tomasz</b>	<b>187</b>	12TRI.PL	M16-29	3	00:00:00	<b>00:11:38.25</b>	<b>00:11:39.20</b>	+00:01:52 (16.1%)	3:25	17.5 (83.7%)
14	<b>TOMCZAK Marcin</b>	<b>201</b>		M30-49	7	00:00:01	<b>00:11:39.95</b>	<b>00:11:41.05</b>	+00:01:53 (16.3%)	3:25	17.5 (83.7%)
15	<b>SUDZIŃSKA Mariola</b>	<b>195</b>		K30-49	3	00:00:01	<b>00:11:44.70</b>	<b>00:11:46.10</b>	+00:01:58 (16.8%)	3:27	17.4 (83.3%)
16	<b>KUCIEJCZYK Henryk</b>	<b>138</b>	TEMPO MLAWA	M50+	2	00:00:01	<b>00:11:47.95</b>	<b>00:11:49.00</b>	+00:02:01 (17.2%)	3:28	17.3 (82.8%)
17	<b>LIKWIARZ Dawid</b>	<b>337</b>	LKS OSTROWIANKA	M16-29	4	00:00:00	<b>00:12:08.00</b>	<b>00:12:08.75</b>	+00:02:21 (19.5%)	3:34	16.8 (80.4%)
18	<b>ZAJĄC Paweł</b>	<b>172</b>		M30-49	8	00:00:00	<b>00:12:18.30</b>	<b>00:12:19.25</b>	+00:02:32 (20.6%)	3:37	16.6 (79.4%)
19	<b>JANISZEWSKI Jarosław</b>	<b>122</b>	KS MAKÓW BIEGA	M30-49	9	00:00:03	<b>00:12:48.30</b>	<b>00:12:51.35</b>	+00:03:02 (23.7%)	3:45	15.9 (76.1%)
20	<b>FALĘCKI Dominik</b>	<b>113</b>	LIDER WINNICA	M16-29	5	00:00:02	<b>00:12:58.00</b>	<b>00:13:00.75</b>	+00:03:11 (24.7%)	3:48	15.7 (75.1%)
21	<b>SKRZYPCZYŃSKI Krzysztof</b>	<b>164</b>	NASIELSK BASZTA TEAM	M30-49	10	00:00:03	<b>00:13:03.30</b>	<b>00:13:06.35</b>	+00:03:17 (25.2%)	3:50	15.6 (74.6%)
22	<b>FALĘCKI Dawid</b>	<b>114</b>	LIDER WINNICA	M16-29	6	00:00:02	<b>00:13:08.05</b>	<b>00:13:10.05</b>	+00:03:22 (25.6%)	3:51	15.5 (74.2%)
23	<b>SOBOTA Krzysztof</b>	<b>174</b>	LIDER WINNICA	M30-49	11	00:00:04	<b>00:13:15.80</b>	<b>00:13:20.75</b>	+00:03:29 (26.4%)	3:54	15.4 (73.7%)
24	<b>ROZIŃSKI Arkadiusz</b>	<b>185</b>	UKS '4 URSUS' WARSZAWA	M30-49	12	00:00:04	<b>00:13:28.10</b>	<b>00:13:32.85</b>	+00:03:42 (27.5%)	3:57	15.1 (72.2%)
25	<b>MALICKI Krzysztof</b>	<b>144</b>		M30-49	13	00:00:04	<b>00:13:30.35</b>	<b>00:13:35.00</b>	+00:03:44 (27.7%)	3:58	15.1 (72.2%)
26	<b>OLKOWSKA Wiktoria</b>	<b>196</b>	KS MAKÓW BIEGA	K16-29	2	00:00:02	<b>00:13:31.30</b>	<b>00:13:33.85</b>	+00:03:45 (27.8%)	3:58	15.1 (72.2%)
27	<b>SWATOWSKA Michalina</b>	<b>166</b>		K30-49	4	00:00:02	<b>00:13:33.40</b>	<b>00:13:35.65</b>	+00:03:47 (28.0%)	3:59	15.1 (72.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 3.4km	Czas brutto 3.4km	Różn	Tempo min/km	Tempo km/h
28	<b>KOPKA Artur</b>	<b>183</b>	LIDER WINNICA	M30-49	14	00:00:04	<b>00:13:46.70</b>	<b>00:13:51.15</b>	+00:04:00 (29.1%)	4:03	14.8 (70.8%)
29	<b>KAMIŃSKI Mateusz</b>	<b>126</b>	LIDER WINNICA	M16-29	7	00:00:03	<b>00:13:49.30</b>	<b>00:13:52.35</b>	+00:04:03 (29.3%)	4:03	14.8 (70.8%)
30	<b>KARASIEWICZ Dariusz</b>	<b>128</b>	LIDER WINNICA	M16-29	8	00:00:02	<b>00:13:50.35</b>	<b>00:13:52.35</b>	+00:04:04 (29.4%)	4:04	14.7 (70.3%)
31	<b>SZAFRAŃSKA Aneta</b>	<b>167</b>	KB TKKF PROMYK	K30-49	5	00:00:02	<b>00:13:52.85</b>	<b>00:13:54.95</b>	+00:04:06 (29.6%)	4:04	14.7 (70.3%)
32	<b>CHABIERA Michał</b>	<b>107</b>		M16-29	9	00:00:02	<b>00:14:00.75</b>	<b>00:14:03.50</b>	+00:04:14 (30.3%)	4:07	14.6 (69.9%)
33	<b>DARKOWSKI Rafał</b>	<b>328</b>	LIDER WINNICA	M30-49	15	00:00:02	<b>00:14:01.95</b>	<b>00:14:04.65</b>	+00:04:15 (30.4%)	4:07	14.5 (69.4%)
34	<b>RUSZCZYŃSKA Marta</b>	<b>159</b>	KS MAKÓW BIEGA	K30-49	6	00:00:02	<b>00:14:07.35</b>	<b>00:14:10.05</b>	+00:04:21 (30.8%)	4:09	14.4 (68.9%)
35	<b>JANKOWSKI Radek</b>	<b>124</b>	NASIELSK BASZTA TEAM	M30-49	16	00:00:02	<b>00:14:10.40</b>	<b>00:14:12.90</b>	+00:04:24 (31.1%)	4:10	14.4 (68.9%)
36	<b>KOZAK Mariusz</b>	<b>135</b>		M30-49	17	00:00:04	<b>00:14:13.85</b>	<b>00:14:17.95</b>	+00:04:27 (31.4%)	4:10	14.3 (68.4%)
37	<b>CISZEWSKA Danuta</b>	<b>180</b>		K30-49	7	00:00:02	<b>00:14:14.25</b>	<b>00:14:16.45</b>	+00:04:28 (31.4%)	4:11	14.3 (68.4%)
38	<b>JADACKI Mateusz</b>	<b>121</b>		M16-29	10	00:00:03	<b>00:14:23.50</b>	<b>00:14:27.35</b>	+00:04:37 (32.1%)	4:14	14.2 (67.9%)
39	<b>GÓRSKI Paweł</b>	<b>117</b>	LIDER WINNICA	M16-29	11	00:00:03	<b>00:14:23.65</b>	<b>00:14:26.70</b>	+00:04:37 (32.1%)	4:13	14.2 (67.9%)
40	<b>LEWANDOWSKI Mariusz</b>	<b>191</b>	ZABIEGANI PUŁTUSK	M16-29	12	00:00:02	<b>00:14:30.45</b>	<b>00:14:33.20</b>	+00:04:44 (32.7%)	4:16	14.1 (67.5%)
41	<b>NAJMOŁA Piotr</b>	<b>150</b>	ZABIEGANI PUŁTUSK	M30-49	18	00:00:04	<b>00:14:36.45</b>	<b>00:14:41.35</b>	+00:04:50 (33.1%)	4:17	14 (67.0%)
42	<b>MIECZNIKOWSKI Rafał</b>	<b>148</b>		M16-29	13	00:00:02	<b>00:14:44.90</b>	<b>00:14:47.65</b>	+00:04:58 (33.8%)	4:20	13.8 (66.0%)
43	<b>RYDZEWSKI Andrzej</b>	<b>160</b>		M30-49	19	00:00:04	<b>00:14:45.00</b>	<b>00:14:49.85</b>	+00:04:58 (33.8%)	4:20	13.8 (66.0%)
43	<b>PIEKUTOWSKI Sławomir</b>	<b>153</b>		M30-49	20	00:00:06	<b>00:14:45.00</b>	<b>00:14:51.00</b>	+00:04:58 (33.8%)	4:20	13.8 (66.0%)
45	<b>KAMIŃSKI Wiesław</b>	<b>127</b>		M50+	3	00:00:04	<b>00:14:51.75</b>	<b>00:14:55.95</b>	+00:05:05 (34.3%)	4:22	13.7 (65.6%)
46	<b>TYMIŃSKI Konrad</b>	<b>169</b>		M16-29	14	00:00:03	<b>00:14:55.60</b>	<b>00:14:59.50</b>	+00:05:09 (34.6%)	4:23	13.7 (65.6%)
47	<b>NOWOSIELSKA T Iwona</b>	<b>152</b>	ZABIEGANIPUŁTUSK	K30-49	8	00:00:04	<b>00:14:58.65</b>	<b>00:15:03.30</b>	+00:05:12 (34.8%)	4:24	13.6 (65.1%)
48	<b>KIPKEMOI Terer</b>	<b>188</b>		M50+	4	00:00:02	<b>00:15:02.55</b>	<b>00:15:05.20</b>	+00:05:16 (35.1%)	4:25	13.6 (65.1%)
49	<b>MALUCHNIK Marek</b>	<b>145</b>	NASIELSK BASZTA TEAM	M30-49	21	00:00:08	<b>00:15:06.15</b>	<b>00:15:14.75</b>	+00:05:20 (35.3%)	4:26	13.5 (64.6%)
50	<b>KARAŚKIEWICZ Paweł</b>	<b>198</b>		M16-29	15	00:00:04	<b>00:15:10.55</b>	<b>00:15:14.70</b>	+00:05:24 (35.6%)	4:27	13.5 (64.6%)
51	<b>DŁUGOŁĘCKA Angelika</b>	<b>110</b>	WOSK NA WŁOS BIEGA	K16-29	3	00:00:04	<b>00:15:22.55</b>	<b>00:15:27.50</b>	+00:05:36 (36.5%)	4:31	13.3 (63.6%)
52	<b>KARASIEWICZ Paweł</b>	<b>329</b>	LIDER WINNICA	M16-29	16	00:00:02	<b>00:15:33.00</b>	<b>00:15:35.75</b>	+00:05:46 (37.2%)	4:34	13.1 (62.7%)
53	<b>KONCA Aleksander</b>	<b>179</b>		M16-29	17	00:00:04	<b>00:15:40.95</b>	<b>00:15:45.90</b>	+00:05:54 (37.7%)	4:36	13 (62.2%)
54	<b>KONCA Mariusz</b>	<b>131</b>		M30-49	22	00:00:05	<b>00:15:43.85</b>	<b>00:15:49.20</b>	+00:05:57 (37.9%)	4:37	13 (62.2%)
55	<b>GREGAJTYS Aleksandra</b>	<b>330</b>		K16-29	4	00:00:06	<b>00:15:44.75</b>	<b>00:15:51.05</b>	+00:05:58 (38.0%)	4:37	13 (62.2%)
56	<b>GREGAJTYS Jacek</b>	<b>118</b>		M30-49	23	00:00:06	<b>00:15:45.50</b>	<b>00:15:51.60</b>	+00:05:59 (38.0%)	4:37	13 (62.2%)
57	<b>PREWĘCKI Adam</b>	<b>154</b>	ZABIEGANI PUŁTUSK	M30-49	24	00:00:08	<b>00:15:51.05</b>	<b>00:15:59.05</b>	+00:06:05 (38.4%)	4:39	12.9 (61.7%)
58	<b>ŁASIŃSKI Paweł</b>	<b>143</b>	2111.PL	M30-49	25	00:00:03	<b>00:15:51.60</b>	<b>00:15:55.50</b>	+00:06:05 (38.4%)	4:40	12.9 (61.7%)
59	<b>GUTKOWSKI Janusz</b>	<b>120</b>		M30-49	26	00:00:04	<b>00:15:57.95</b>	<b>00:16:02.70</b>	+00:06:11 (38.8%)	4:41	12.8 (61.2%)
60	<b>CICHOCKI Szymon</b>	<b>203</b>	AKTYWNIE ZAKRĘCENI	M30-49	27	00:00:03	<b>00:16:05.60</b>	<b>00:16:08.75</b>	+00:06:19 (39.3%)	4:43	12.7 (60.8%)
61	<b>RUDNICKA Anna</b>	<b>158</b>	AMBASADOR FESTIWALU BIEGÓW	K30-49	9	00:00:08	<b>00:16:14.45</b>	<b>00:16:23.00</b>	+00:06:28 (39.9%)	4:46	12.6 (60.3%)
62	<b>BEFINGER Sylwia</b>	<b>104</b>	ZABIEGANI PUŁTUSK	K30-49	10	00:00:07	<b>00:16:18.40</b>	<b>00:16:26.35</b>	+00:06:32 (40.1%)	4:47	12.5 (59.8%)
63	<b>KRASKOWSKA Ewelina</b>	<b>199</b>	MAZOVIA PROACTIV	K16-29	5	00:00:05	<b>00:16:32.85</b>	<b>00:16:38.30</b>	+00:06:46 (41.0%)	4:52	12.3 (58.9%)
64	<b>KOZŁOWSKI Witold</b>	<b>136</b>	LRC	M30-49	28	00:00:09	<b>00:16:38.60</b>	<b>00:16:47.70</b>	+00:06:52 (41.3%)	4:53	12.3 (58.9%)
65	<b>KOŁODZIEJCZYK Krzysztof</b>	<b>130</b>	NASIELSK BASZTA TEAM	M30-49	29	00:00:06	<b>00:16:39.65</b>	<b>00:16:45.70</b>	+00:06:53 (41.4%)	4:53	12.3 (58.9%)
66	<b>JANKOWSKA Agnieszka</b>	<b>123</b>	NASIELSK BASZTA TEAM	K30-49	11	00:00:03	<b>00:16:42.45</b>	<b>00:16:45.70</b>	+00:06:56 (41.5%)	4:54	12.2 (58.4%)
67	<b>GÓRSKA Zuzanna</b>	<b>116</b>	LIDER WINNICA	K16-29	6	00:00:06	<b>00:16:45.95</b>	<b>00:16:52.60</b>	+00:06:59 (41.7%)	4:55	12.2 (58.4%)
68	<b>KOZŁOWSKI Sebastian</b>	<b>137</b>	LIDER WINNICA	M16-29	18	00:00:06	<b>00:16:46.10</b>	<b>00:16:52.70</b>	+00:07:00 (41.8%)	4:55	12.2 (58.4%)
69	<b>DZIĘGIELEWSKA Małgorzata</b>	<b>111</b>	KB IM.P.SĘKOWSKIEGO W PŁOŃSKU	K50+	1	00:00:02	<b>00:16:53.45</b>	<b>00:16:55.95</b>	+00:07:07 (42.2%)	4:57	12.1 (57.9%)
70	<b>DOBROSIELSKI Kazimierz</b>	<b>301</b>	-	M50+	5	00:00:00	<b>00:17:08.35</b>	<b>00:17:08.35</b>	+00:07:22 (43.0%)	5:02	11.9 (56.9%)
71	<b>GRZYWACZ Martyna</b>	<b>308</b>		K16-29	7	00:00:06	<b>00:17:12.05</b>	<b>00:17:18.65</b>	+00:07:26 (43.2%)	5:03	11.9 (56.9%)

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72	<b>MATEJAK Patryk</b>	<b>147</b>		M16-29	19	00:00:06	<b>00:17:25.55</b>	<b>00:17:32.15</b>	+00:07:39 (43.9%)	5:07	11.7 (56.0%)
73	<b>PRZYBYSZ Marcin</b>	<b>155</b>		M30-49	30	00:00:02	<b>00:17:27.00</b>	<b>00:17:29.95</b>	+00:07:40 (44.0%)	5:07	11.7 (56.0%)
74	<b>BORKOWSKI Jacek</b>	<b>106</b>		M30-49	31	00:00:07	<b>00:17:32.30</b>	<b>00:17:39.35</b>	+00:07:46 (44.3%)	5:09	11.6 (55.5%)
75	<b>KOWALCZYK Jola</b>	<b>133</b>		K16-29	8	00:00:02	<b>00:17:33.65</b>	<b>00:17:36.20</b>	+00:07:47 (44.4%)	5:10	11.6 (55.5%)
76	<b>MARCZAK Grażyna</b>	<b>146</b>	LECZO TEAM	K50+	2	00:00:07	<b>00:17:41.70</b>	<b>00:17:49.35</b>	+00:07:55 (44.8%)	5:12	11.5 (55.0%)
77	<b>MROCZEK Agnieszka</b>	<b>189</b>	ZABIEGANI PUŁTUSK	K30-49	12	00:00:04	<b>00:17:48.40</b>	<b>00:17:52.90</b>	+00:08:02 (45.1%)	5:14	11.5 (55.0%)
78	<b>SIEŃKOWSKA Izabela</b>	<b>163</b>	LIDER WINNICA	K16-29	9	00:00:06	<b>00:17:51.75</b>	<b>00:17:58.20</b>	+00:08:05 (45.3%)	5:15	11.4 (54.5%)
79	<b>BORKOWSKA Zuzanna</b>	<b>105</b>	MAMY RUSZAMY	K30-49	13	00:00:07	<b>00:17:53.60</b>	<b>00:18:00.70</b>	+00:08:07 (45.4%)	5:15	11.4 (54.5%)
80	<b>WRÓBLEWSKA Ewelina</b>	<b>170</b>	LIDER WINNICA	K16-29	10	00:00:06	<b>00:17:54.80</b>	<b>00:18:01.40</b>	+00:08:08 (45.5%)	5:16	11.4 (54.5%)
81	<b>WRÓBLEWSKI Robert</b>	<b>171</b>	LIDER WINICA	M30-49	32	00:00:06	<b>00:17:54.85</b>	<b>00:18:01.70</b>	+00:08:08 (45.5%)	5:16	11.4 (54.5%)
82	<b>RUCIŃSKI Jarosław</b>	<b>157</b>	NASIELSK BASZTA TEAM	M30-49	33	00:00:09	<b>00:18:05.55</b>	<b>00:18:14.60</b>	+00:08:19 (46.0%)	5:19	11.3 (54.1%)
83	<b>NOWOSIELSKA Ewelina</b>	<b>151</b>	ZABIEGANI PUŁTUSK	K16-29	11	00:00:02	<b>00:18:09.35</b>	<b>00:18:12.10</b>	+00:08:23 (46.2%)	5:20	11.2 (53.6%)
84	<b>AMPULSKI Mariusz</b>	<b>101</b>	NASIELSK BASZTA TEAM	M30-49	34	00:00:09	<b>00:18:16.70</b>	<b>00:18:26.45</b>	+00:08:30 (46.6%)	5:22	11.2 (53.6%)
85	<b>BRZEĆKA Ewelina</b>	<b>177</b>	KS MAKÓW BIEGA	K16-29	12	00:00:07	<b>00:18:24.40</b>	<b>00:18:32.05</b>	+00:08:38 (46.9%)	5:25	11.1 (53.1%)
86	<b>GRZYBOWSKI Mikołaj</b>	<b>119</b>		M30-49	35	00:00:04	<b>00:18:27.65</b>	<b>00:18:32.50</b>	+00:08:41 (47.1%)	5:25	11 (52.6%)
87	<b>BRULIŃSKA Ewelina</b>	<b>336</b>	ZABIEGANI PUŁTUSK	K30-49	14	00:00:05	<b>00:18:30.10</b>	<b>00:18:35.20</b>	+00:08:44 (47.2%)	5:26	11 (52.6%)
88	<b>KULASZEWSKI Piotr</b>	<b>139</b>		M16-29	20	00:00:08	<b>00:18:39.65</b>	<b>00:18:47.95</b>	+00:08:53 (47.7%)	5:29	10.9 (52.2%)
89	<b>ANDRZEJEWSKA Monika</b>	<b>331</b>		K16-29	13	00:00:05	<b>00:18:45.85</b>	<b>00:18:51.65</b>	+00:08:59 (47.9%)	5:31	10.9 (52.2%)
90	<b>BALCERZAK Paweł</b>	<b>103</b>		M30-49	36	00:00:09	<b>00:18:51.70</b>	<b>00:19:01.15</b>	+00:09:05 (48.2%)	5:32	10.8 (51.7%)
91	<b>KAŻMIERCZAK Joanna</b>	<b>182</b>		K30-49	15	00:00:09	<b>00:18:51.85</b>	<b>00:19:01.25</b>	+00:09:05 (48.2%)	5:32	10.8 (51.7%)
92	<b>ELSNER Artur</b>	<b>178</b>		M30-49	37	00:00:07	<b>00:19:23.95</b>	<b>00:19:31.90</b>	+00:09:37 (49.6%)	5:42	10.5 (50.2%)
93	<b>RŻANY Monika</b>	<b>161</b>	ZABIEGANI MIELEC	K30-49	16	00:00:07	<b>00:19:28.10</b>	<b>00:19:35.25</b>	+00:09:42 (49.8%)	5:43	10.5 (50.2%)
94	<b>KONCA Beata</b>	<b>132</b>	KB OŻARÓW MAZOWIECKI BIEGA	K30-49	17	00:00:05	<b>00:19:32.35</b>	<b>00:19:37.45</b>	+00:09:46 (50.0%)	5:44	10.4 (49.8%)
95	<b>ELSNER Anna</b>	<b>202</b>		K30-49	18	00:00:07	<b>00:19:35.80</b>	<b>00:19:43.50</b>	+00:09:49 (50.2%)	5:45	10.4 (49.8%)
96	<b>BAJOREK Jacek</b>	<b>102</b>		M30-49	38	00:00:08	<b>00:19:41.80</b>	<b>00:19:50.50</b>	+00:09:55 (50.4%)	5:47	10.4 (49.8%)
97	<b>SPIEWAK Maciej</b>	<b>165</b>		M30-49	39	00:00:06	<b>00:20:15.50</b>	<b>00:20:22.20</b>	+00:10:29 (51.8%)	5:57	10.1 (48.3%)
98	<b>CHMURSKA Aneta</b>	<b>108</b>		K30-49	19	00:00:08	<b>00:20:18.80</b>	<b>00:20:27.35</b>	+00:10:32 (51.9%)	5:58	10 (47.8%)
99	<b>TOMASIŃSKA Katarzyna</b>	<b>168</b>		K30-49	20	00:00:08	<b>00:20:18.85</b>	<b>00:20:27.15</b>	+00:10:32 (51.9%)	5:58	10 (47.8%)
100	<b>ŁASIŃSKA Marzena</b>	<b>141</b>	2111.PL	K50+	3	00:00:04	<b>00:21:16.15</b>	<b>00:21:20.65</b>	+00:11:30 (54.1%)	6:15	9.6 (45.9%)
101	<b>SADŁOWSKA Justyna</b>	<b>162</b>	ZABIEGANI PUŁTUSK	K30-49	21	00:00:05	<b>00:22:04.40</b>	<b>00:22:09.65</b>	+00:12:18 (55.7%)	6:29	9.2 (44.0%)
102	<b>FIOŁKA Julia</b>	<b>190</b>		K30-49	22	00:00:07	<b>00:24:48.15</b>	<b>00:24:55.55</b>	+00:15:02 (60.6%)	7:17	8.2 (39.2%)
102	<b>KILIAN Monika</b>	<b>129</b>	ELEKTRYKWARSZAWA.PL	K30-49	23	00:00:07	<b>00:24:48.15</b>	<b>00:24:55.55</b>	+00:15:02 (60.6%)	7:17	8.2 (39.2%)
DQ	<b>MAZUREK Marek</b>	<b>175</b>	WILGA MIASTKÓW	M50+		DQ	<b>00:13:57.15</b>	<b>DQ</b>		-	-(0.0%)

Znaleziono 104 wynik(ów)