

Pułtowski Festiwal Biegów

2017

PFB 2017 :: BIEG NOCNY ŚLADAMI HISTORII PUŁTUSKA

B4SPORT

Wydarzenie: Pułtowski Festiwal Biegów 2017
Organizator: Stowarzyszenie Pultovia
Data: 2017-05-05
Miejsce: Pułtusk
Dystans: 3.4 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: K30-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 3.4km	Czas brutto 3.4km	Różn	Tempo min/km	Tempo km/h
1	JAGIELSKA Ewa	184	LKS OSTROWIANKA	K30-49	1	00:00:00	00:11:28.50	00:11:29.35		3:22	17.8 (100%)
2	OLIJNYK Swietlana	194		K30-49	2	00:00:00	00:11:31.00	00:11:31.95	+00:00:02 (0.4%)	3:23	17.7 (99.4%)
3	SUDZIŃSKA Mariola	195		K30-49	3	00:00:01	00:11:44.70	00:11:46.10	+00:00:16 (2.3%)	3:27	17.4 (97.8%)
4	SWATOWSKA Michalina	166		K30-49	4	00:00:02	00:13:33.40	00:13:35.65	+00:02:04 (15.4%)	3:59	15.1 (84.8%)
5	SZAFRAŃSKA Aneta	167	KB TKKF PROMYK	K30-49	5	00:00:02	00:13:52.85	00:13:54.95	+00:02:24 (17.3%)	4:04	14.7 (82.6%)
6	RUSZCZYŃSKA Marta	159	KS MAKÓW BIEGA	K30-49	6	00:00:02	00:14:07.35	00:14:10.05	+00:02:38 (18.7%)	4:09	14.4 (80.9%)
7	CISZEWSKA Danuta	180		K30-49	7	00:00:02	00:14:14.25	00:14:16.45	+00:02:45 (19.4%)	4:11	14.3 (80.3%)
8	NOWOSIELSKA T Iwona	152	ZABIEGANIPUŁTUSK	K30-49	8	00:00:04	00:14:58.65	00:15:03.30	+00:03:30 (23.4%)	4:24	13.6 (76.4%)
9	RUDNICKA Anna	158	AMBASADOR FESTIWALU BIEGÓW	K30-49	9	00:00:08	00:16:14.45	00:16:23.00	+00:04:45 (29.3%)	4:46	12.6 (70.8%)
10	BEFINGER Sylwia	104	ZABIEGANI PUŁTUSK	K30-49	10	00:00:07	00:16:18.40	00:16:26.35	+00:04:49 (29.6%)	4:47	12.5 (70.2%)
11	JANKOWSKA Agnieszka	123	NASIELSK BASZTA TEAM	K30-49	11	00:00:03	00:16:42.45	00:16:45.70	+00:05:13 (31.3%)	4:54	12.2 (68.5%)
12	MROCZEK Agnieszka	189	ZABIEGANI PUŁTUSK	K30-49	12	00:00:04	00:17:48.40	00:17:52.90	+00:06:19 (35.6%)	5:14	11.5 (64.6%)
13	BORKOWSKA Zuzanna	105	MAMY RUSZAMY	K30-49	13	00:00:07	00:17:53.60	00:18:00.70	+00:06:25 (35.9%)	5:15	11.4 (64.0%)
14	BRULIŃSKA Ewelina	336	ZABIEGANI PUŁTUSK	K30-49	14	00:00:05	00:18:30.10	00:18:35.20	+00:07:01 (38.0%)	5:26	11 (61.8%)
15	KAŹMIERCZAK Joanna	182		K30-49	15	00:00:09	00:18:51.85	00:19:01.25	+00:07:23 (39.2%)	5:32	10.8 (60.7%)
16	RŻANY Monika	161	ZABIEGANI MIELEC	K30-49	16	00:00:07	00:19:28.10	00:19:35.25	+00:07:59 (41.1%)	5:43	10.5 (59.0%)
17	KONCA Beata	132	KB OŻARÓW MAZOWIECKI BIEGA	K30-49	17	00:00:05	00:19:32.35	00:19:37.45	+00:08:03 (41.3%)	5:44	10.4 (58.4%)
18	ELSNER Anna	202		K30-49	18	00:00:07	00:19:35.80	00:19:43.50	+00:08:07 (41.4%)	5:45	10.4 (58.4%)
19	CHMURSKA Aneta	108		K30-49	19	00:00:08	00:20:18.80	00:20:27.35	+00:08:50 (43.5%)	5:58	10 (56.2%)
20	TOMASIŃSKA Katarzyna	168		K30-49	20	00:00:08	00:20:18.85	00:20:27.15	+00:08:50 (43.5%)	5:58	10 (56.2%)
21	SADŁOWSKA Justyna	162	ZABIEGANI PUŁTUSK	K30-49	21	00:00:05	00:22:04.40	00:22:09.65	+00:10:35 (48.0%)	6:29	9.2 (51.7%)
22	FIOŁKA Julia	190		K30-49	22	00:00:07	00:24:48.15	00:24:55.55	+00:13:19 (53.7%)	7:17	8.2 (46.1%)
22	KILIAN Monika	129	ELEKTRYKWARSZAWA.PL	K30-49	23	00:00:07	00:24:48.15	00:24:55.55	+00:13:19 (53.7%)	7:17	8.2 (46.1%)

Znaleziono 23 wynik(ów)