

# Pułtowski Festiwal Biegów

2017

## PFB 2017 :: BIEG NOCNY ŚLADAMI HISTORII PUŁTUSKA

B4SPORT

**Wydarzenie:** Pułtowski Festiwal Biegów 2017  
**Organizator:** Stowarzyszenie Pultovia  
**Data:** 2017-05-05  
**Miejsce:** Pułtusk  
**Dystans:** 3.4 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Mieszkaniec Pułtuska

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 3.4km	Czas brutto 3.4km	Różn	Tempo min/km	Tempo km/h
1	<b>NOWOSIELSKI Michał</b>	<b>181</b>	Z BIEGIEM NARWI	M30-49	5	00:00:01	<b>00:11:08.00</b>	<b>00:11:09.25</b>		3:16	18.3 (100%)
2	<b>ZAJĄC Paweł</b>	<b>172</b>		M30-49	8	00:00:00	<b>00:12:18.30</b>	<b>00:12:19.25</b>	+00:01:10 (9.5%)	3:37	16.6 (90.7%)
3	<b>SOBOTA Krzysztof</b>	<b>174</b>	LIDER WINNICA	M30-49	11	00:00:04	<b>00:13:15.80</b>	<b>00:13:20.75</b>	+00:02:07 (16.1%)	3:54	15.4 (84.2%)
4	<b>MALICKI Krzysztof</b>	<b>144</b>		M30-49	13	00:00:04	<b>00:13:30.35</b>	<b>00:13:35.00</b>	+00:02:22 (17.6%)	3:58	15.1 (82.5%)
5	<b>OLKOWSKA Wiktoria</b>	<b>196</b>	KS MAKÓW BIEGA	K16-29	2	00:00:02	<b>00:13:31.30</b>	<b>00:13:33.85</b>	+00:02:23 (17.7%)	3:58	15.1 (82.5%)
6	<b>KOPKA Artur</b>	<b>183</b>	LIDER WINNICA	M30-49	14	00:00:04	<b>00:13:46.70</b>	<b>00:13:51.15</b>	+00:02:38 (19.2%)	4:03	14.8 (80.9%)
7	<b>KAMIŃSKI Mateusz</b>	<b>126</b>	LIDER WINNICA	M16-29	7	00:00:03	<b>00:13:49.30</b>	<b>00:13:52.35</b>	+00:02:41 (19.5%)	4:03	14.8 (80.9%)
8	<b>CISZEWSKA Danuta</b>	<b>180</b>		K30-49	7	00:00:02	<b>00:14:14.25</b>	<b>00:14:16.45</b>	+00:03:06 (21.8%)	4:11	14.3 (78.1%)
9	<b>JADACKI Mateusz</b>	<b>121</b>		M16-29	10	00:00:03	<b>00:14:23.50</b>	<b>00:14:27.35</b>	+00:03:15 (22.6%)	4:14	14.2 (77.6%)
10	<b>LEWANDOWSKI Mariusz</b>	<b>191</b>	ZABIEGANI PUŁTUSK	M16-29	12	00:00:02	<b>00:14:30.45</b>	<b>00:14:33.20</b>	+00:03:22 (23.3%)	4:16	14.1 (77.0%)
11	<b>NAJMOŁA Piotr</b>	<b>150</b>	ZABIEGANI PUŁTUSK	M30-49	18	00:00:04	<b>00:14:36.45</b>	<b>00:14:41.35</b>	+00:03:28 (23.8%)	4:17	14 (76.5%)
12	<b>RYDZEWSKI Andrzej</b>	<b>160</b>		M30-49	19	00:00:04	<b>00:14:45.00</b>	<b>00:14:49.85</b>	+00:03:37 (24.5%)	4:20	13.8 (75.4%)
12	<b>PIEKUTOWSKI Sławomir</b>	<b>153</b>		M30-49	20	00:00:06	<b>00:14:45.00</b>	<b>00:14:51.00</b>	+00:03:37 (24.5%)	4:20	13.8 (75.4%)
14	<b>TYMIŃSKI Konrad</b>	<b>169</b>		M16-29	14	00:00:03	<b>00:14:55.60</b>	<b>00:14:59.50</b>	+00:03:47 (25.4%)	4:23	13.7 (74.9%)
15	<b>NOWOSIELSKA T Iwona</b>	<b>152</b>	ZABIEGANIPUŁTUSK	K30-49	8	00:00:04	<b>00:14:58.65</b>	<b>00:15:03.30</b>	+00:03:50 (25.7%)	4:24	13.6 (74.3%)
16	<b>KARAŚKIEWICZ Paweł</b>	<b>198</b>		M16-29	15	00:00:04	<b>00:15:10.55</b>	<b>00:15:14.70</b>	+00:04:02 (26.6%)	4:27	13.5 (73.8%)
17	<b>GREGAJTYS Aleksandra</b>	<b>330</b>		K16-29	4	00:00:06	<b>00:15:44.75</b>	<b>00:15:51.05</b>	+00:04:36 (29.3%)	4:37	13 (71.0%)
18	<b>GREGAJTYS Jacek</b>	<b>118</b>		M30-49	23	00:00:06	<b>00:15:45.50</b>	<b>00:15:51.60</b>	+00:04:37 (29.3%)	4:37	13 (71.0%)
19	<b>PREWĘCKI Adam</b>	<b>154</b>	ZABIEGANI PUŁTUSK	M30-49	24	00:00:08	<b>00:15:51.05</b>	<b>00:15:59.05</b>	+00:04:43 (29.8%)	4:39	12.9 (70.5%)
20	<b>BEFINGER Sylwia</b>	<b>104</b>	ZABIEGANI PUŁTUSK	K30-49	10	00:00:07	<b>00:16:18.40</b>	<b>00:16:26.35</b>	+00:05:10 (31.7%)	4:47	12.5 (68.3%)
21	<b>DOBROSIELSKI Kazimierz</b>	<b>301</b>	-	M50+	5	00:00:00	<b>00:17:08.35</b>	<b>00:17:08.35</b>	+00:06:00 (35.0%)	5:02	11.9 (65.0%)
22	<b>MROCZEK Agnieszka</b>	<b>189</b>	ZABIEGANI PUŁTUSK	K30-49	12	00:00:04	<b>00:17:48.40</b>	<b>00:17:52.90</b>	+00:06:40 (37.5%)	5:14	11.5 (62.8%)
23	<b>NOWOSIELSKA Ewelina</b>	<b>151</b>	ZABIEGANI PUŁTUSK	K16-29	11	00:00:02	<b>00:18:09.35</b>	<b>00:18:12.10</b>	+00:07:01 (38.7%)	5:20	11.2 (61.2%)
24	<b>GRZYBOWSKI Mikołaj</b>	<b>119</b>		M30-49	35	00:00:04	<b>00:18:27.65</b>	<b>00:18:32.50</b>	+00:07:19 (39.7%)	5:25	11 (60.1%)
25	<b>BRULIŃSKA Ewelina</b>	<b>336</b>	ZABIEGANI PUŁTUSK	K30-49	14	00:00:05	<b>00:18:30.10</b>	<b>00:18:35.20</b>	+00:07:22 (39.8%)	5:26	11 (60.1%)
26	<b>KULASZEWSKI Piotr</b>	<b>139</b>		M16-29	20	00:00:08	<b>00:18:39.65</b>	<b>00:18:47.95</b>	+00:07:31 (40.3%)	5:29	10.9 (59.6%)
27	<b>BALCERZAK Paweł</b>	<b>103</b>		M30-49	36	00:00:09	<b>00:18:51.70</b>	<b>00:19:01.15</b>	+00:07:43 (41.0%)	5:32	10.8 (59.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 3.4km	Czas brutto 3.4km	Różn	Tempo min/km	Tempo km/h
28	<b>SADŁOWSKA Justyna</b>	<b>162</b>	ZABIEGANI PUŁTUSK	K30-49	21	00:00:05	<b>00:22:04.40</b>	<b>00:22:09.65</b>	+00:10:56 (49.6%)	6:29	9.2 (50.3%)

Znaleziono 28 wynik(ów)