

# Pułtowski Festiwal Biegów

2017

## PFB 2017 :: BIEG WOKÓŁ NAJDŁUŻSZEGO RYNKU W EUROPIE

B4SPORT

**Wydarzenie:** Pułtowski Festiwal Biegów 2017  
**Organizator:** Stowarzyszenie Pultovia  
**Data:** 2017-05-05  
**Miejsce:** Pułtusk  
**Dystans:** 1.6 km

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 0.8km	Czas netto 1.6km	Czas brutto 1.6km	Różn	Tempo min/km	Tempo km/h
1	MARYNICZ Vitalij	193		M30-49	1	00:00:00	00:02:13	00:04:25.40	00:04:25.85		2:45	21.7 (100%)
2	ŻEBROWSKI Krzysiek	173	FENIKS SIEDLCE	M16-29	1	00:00:00	00:02:13	00:04:25.75	00:04:26.40	+00:00:00 (0.1%)	2:46	21.7 (100%)
3	DĄBROWSKI Przemysław	186	DECATHLON	M16-29	2	00:00:00	00:02:18	00:04:42.80	00:04:43.25	+00:00:17 (6.2%)	2:56	20.4 (94.0%)
4	ŚWIECAK Robert	176	WILGA GARWOLIN	M30-49	2	00:00:00	00:02:20	00:04:50.40	00:04:50.85	+00:00:25 (8.6%)	3:01	19.9 (91.7%)
5	DZIĘGIELEWSKI Marek	112	KB IM. P.SĘKOWSKIEGO W PŁOŃSKU	M50+	1	00:00:01	00:02:26	00:05:01.20	00:05:02.25	+00:00:35 (11.9%)	3:08	19.1 (88.0%)
6	ŁASIŃSKI Michał	142	2111.PL	M30-49	3	00:00:01	00:02:26	00:05:05.90	00:05:07.30	+00:00:40 (13.2%)	3:11	18.8 (86.6%)
7	NOWOSIELSKI Michał	181	Z BIEGIEM NARWI	M30-49	4	00:00:01	00:02:32	00:05:08.45	00:05:09.85	+00:00:43 (14.0%)	3:12	18.7 (86.2%)
8	JAGIELSKA Ewa	184	LKS OSTROWIANKA	K30-49	1	00:00:00	00:02:39	00:05:10.55	00:05:11.20	+00:00:45 (14.5%)	3:14	18.5 (85.3%)
9	DIATLOVA Yulia	192		K16-29	1	00:00:00	00:02:38	00:05:11.25	00:05:12.15	+00:00:45 (14.7%)	3:15	18.5 (85.3%)
10	JEŻ Adam	125	DREAM RUN	M30-49	5	00:00:00	00:02:29	00:05:12.70	00:05:13.60	+00:00:47 (15.1%)	3:15	18.4 (84.8%)
11	KOŚCIELSKI Patryk	307	MINISTERSTWO GŁUPICH KROKÓW LEGIONOWO	M30-49	6	00:00:01	00:02:36	00:05:15.05	00:05:16.10	+00:00:49 (15.8%)	3:16	18.3 (84.3%)
12	LIKOWIARZ Dawid	326	LKS OSTROWIANKA	M16-29	3	00:00:00	00:02:39	00:05:24.10	00:05:24.65	+00:00:58 (18.1%)	3:22	17.8 (82.0%)
13	SUDZIŃSKA Mariola	195		K30-49	2	00:00:01	00:02:42	00:05:24.15	00:05:25.35	+00:00:58 (18.1%)	3:22	17.8 (82.0%)
14	OLIJNYK Swietlana	194		K30-49	3	00:00:00	00:02:39	00:05:26.15	00:05:27.00	+00:01:00 (18.6%)	3:24	17.6 (81.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 0.8km	Czas netto 1.6km	Czas brutto 1.6km	Różn	Tempo min/km	Tempo km/h
15	ZYCH Tomasz	187	12TRI.PL	M16-29	4	00:00:00	00:02:39	00:05:27.90	00:05:28.75	+00:01:02 (19.1%)	3:25	17.6 (81.1%)
16	TOMCZAK Marcin	201		M30-49	7	00:00:00	00:02:37	00:05:30.55	00:05:31.15	+00:01:05 (19.7%)	3:26	17.4 (80.2%)
17	ZAJĄC Paweł	172		M30-49	8	00:00:01	00:02:39	00:05:31.00	00:05:32.15	+00:01:05 (19.8%)	3:26	17.4 (80.2%)
18	GÓRSKI Paweł	117	LIDER WINNICA	M16-29	5	00:00:01	00:02:42	00:05:36.80	00:05:38.50	+00:01:11 (21.2%)	3:30	17.1 (78.8%)
19	KUCIEJCZYK Henryk	138	TEMPO MLAWA	M50+	2	00:00:01	00:02:44	00:05:39.00	00:05:40.20	+00:01:13 (21.7%)	3:31	17 (78.3%)
20	JANISZEWSKI Jarosław	122	KS MAKÓW BIEGA	M30-49	9	00:00:02	00:02:44	00:05:44.05	00:05:46.25	+00:01:18 (22.9%)	3:35	16.7 (77.0%)
20	CIEMERYCH Adrian	109	LIDER WINNICA	M16-29	6	00:00:02	00:02:54	00:05:44.05	00:05:46.65	+00:01:18 (22.9%)	3:35	16.7 (77.0%)
22	KAMIŃSKI Mateusz	126	LIDER WINNICA	M16-29	7	00:00:01	00:02:50	00:05:45.90	00:05:47.30	+00:01:20 (23.3%)	3:36	16.6 (76.5%)
23	FAŁĘCKI Dominik	113	LIDER WINNICA	M16-29	8	00:00:01	00:02:50	00:05:46.15	00:05:47.40	+00:01:20 (23.3%)	3:36	16.6 (76.5%)
24	FAŁĘCKI Dawid	114	LIDER WINNICA	M16-29	9	00:00:01	00:02:55	00:05:49.90	00:05:51.75	+00:01:24 (24.1%)	3:38	16.5 (76.0%)
25	KARASIEWICZ Dariusz	128	LIDER WINNICA	M16-29	10	00:00:02	00:02:50	00:05:52.10	00:05:54.75	+00:01:26 (24.6%)	3:40	16.4 (75.6%)
26	SKRZYPCZYŃSKI Krzysztof	164	NASIELSK BASZTA TEAM	M30-49	10	00:00:03	00:02:54	00:05:53.20	00:05:56.45	+00:01:27 (24.9%)	3:40	16.3 (75.1%)
27	ROZIŃSKI Arkadiusz	185	UKS '4 URSUS' WARSZAWA	M30-49	11	00:00:04	00:03:00	00:05:58.50	00:06:02.55	+00:01:33 (26.0%)	3:43	16.1 (74.2%)
28	JADACKI Mateusz	121		M16-29	11	00:00:04	00:03:04	00:05:59.70	00:06:03.90	+00:01:34 (26.2%)	3:44	16 (73.7%)
29	SOBOTA Krzysztof	174	LIDER WINNICA	M30-49	12	00:00:03	00:02:59	00:06:00.70	00:06:03.80	+00:01:35 (26.4%)	3:45	16 (73.7%)
30	CHABIERA Michał	107		M16-29	12	00:00:03	00:02:50	00:06:04.15	00:06:07.25	+00:01:38 (27.1%)	3:47	15.8 (72.8%)
31	OLKOWSKA Wiktoria	196	KS MAKÓW BIEGA	K16-29	2	00:00:01	00:02:53	00:06:07.60	00:06:09.35	+00:01:42 (27.8%)	3:50	15.7 (72.4%)
32	KOPKA Artur	183	LIDER WINNICA	M30-49	13	00:00:03	00:03:06	00:06:13.05	00:06:16.45	+00:01:47 (28.9%)	3:53	15.4 (71.0%)
33	LEWANDOWSKI Mariusz	191	ZABIEGANI PUŁTUSK	M16-29	13	00:00:01	00:02:57	00:06:13.10	00:06:14.80	+00:01:47 (28.9%)	3:53	15.4 (71.0%)
34	ROZBICKI Tomek	156		M16-29	14	00:00:04	00:02:55	00:06:15.95	00:06:20.40	+00:01:50 (29.4%)	3:55	15.3 (70.5%)
35	GAWLIK Justyna	303	RUNNERSCLUB.PL	K16-29	3	00:00:02	00:03:05	00:06:16.35	00:06:18.55	+00:01:50 (29.5%)	3:55	15.3 (70.5%)
36	SWATOWSKA Michalina	166		K30-49	4	00:00:02	00:03:02	00:06:16.50	00:06:18.75	+00:01:51 (29.5%)	3:55	15.3 (70.5%)
37	MIECZNIKOWSKI Rafał	148		M16-29	15	00:00:04	00:03:00	00:06:21.85	00:06:26.25	+00:01:56 (30.5%)	3:58	15.1 (69.6%)

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38	<b>SZAFRAŃSKA Aneta</b>	<b>167</b>	KB TKKF PROMYK	K30-49	5	00:00:01	00:03:05	<b>00:06:24.90</b>	<b>00:06:26.60</b>	+00:01:59 (31.0%)	4:00	15 (69.1%)
39	<b>TYMIŃSKI Konrad</b>	<b>169</b>		M16-29	16	00:00:04	00:03:04	<b>00:06:28.20</b>	<b>00:06:32.90</b>	+00:02:02 (31.6%)	4:02	14.8 (68.2%)
40	<b>NAJMOŁA Piotr</b>	<b>150</b>	ZABIEGANI PUŁTUSK	M30-49	14	00:00:03	00:03:15	<b>00:06:31.20</b>	<b>00:06:35.15</b>	+00:02:05 (32.2%)	4:05	14.7 (67.7%)
41	<b>KOZAK Mariusz</b>	<b>135</b>		M30-49	15	00:00:03	00:03:03	<b>00:06:31.30</b>	<b>00:06:34.85</b>	+00:02:05 (32.2%)	4:04	14.7 (67.7%)
42	<b>MALICKI Krzysztof</b>	<b>144</b>		M30-49	16	00:00:06	00:03:19	<b>00:06:32.35</b>	<b>00:06:38.95</b>	+00:02:06 (32.4%)	4:05	14.7 (67.7%)
43	<b>JANKOWSKI Radek</b>	<b>124</b>	NASIELSK BASZTA TEAM	M30-49	17	00:00:02	00:03:09	<b>00:06:34.35</b>	<b>00:06:36.95</b>	+00:02:08 (32.7%)	4:06	14.6 (67.3%)
44	<b>CISZEWSKA Danuta</b>	<b>180</b>		K30-49	6	00:00:02	00:03:10	<b>00:06:35.30</b>	<b>00:06:37.30</b>	+00:02:09 (32.9%)	4:06	14.6 (67.3%)
45	<b>NOWOSIELSKA T Iwona</b>	<b>152</b>	ZABIEGANIPUŁTUSK	K30-49	7	00:00:02	00:03:06	<b>00:06:35.75</b>	<b>00:06:38.65</b>	+00:02:10 (32.9%)	4:07	14.5 (66.8%)
46	<b>PIEKUTOWSKI Sławomir</b>	<b>153</b>		M30-49	18	00:00:03	00:03:04	<b>00:06:36.75</b>	<b>00:06:40.30</b>	+00:02:11 (33.1%)	4:08	14.5 (66.8%)
47	<b>RYDZEWSKI Andrzej</b>	<b>160</b>		M30-49	19	00:00:04	00:03:09	<b>00:06:39.60</b>	<b>00:06:44.35</b>	+00:02:14 (33.6%)	4:10	14.4 (66.4%)
48	<b>RUSZCZYŃSKA Marta</b>	<b>159</b>	KS MAKÓW BIEGA	K30-49	8	00:00:02	00:03:10	<b>00:06:40.10</b>	<b>00:06:42.30</b>	+00:02:14 (33.7%)	4:10	14.4 (66.4%)
49	<b>KONCA Aleksander</b>	<b>179</b>		M16-29	17	00:00:07	00:03:21	<b>00:06:48.10</b>	<b>00:06:55.35</b>	+00:02:22 (35.0%)	4:15	14.1 (65.0%)
50	<b>KAMIŃSKI Wiesław</b>	<b>127</b>		M50+	3	00:00:03	00:03:11	<b>00:06:49.90</b>	<b>00:06:53.00</b>	+00:02:24 (35.3%)	4:16	14 (64.5%)
51	<b>KARAŚKIEWICZ Paweł</b>	<b>198</b>		M16-29	18	00:00:06	00:03:27	<b>00:06:52.75</b>	<b>00:06:59.65</b>	+00:02:27 (35.7%)	4:18	13.9 (64.1%)
52	<b>ŁASIŃSKI Paweł</b>	<b>143</b>	2111.PL	M30-49	20	00:00:02	00:03:16	<b>00:06:53.25</b>	<b>00:06:55.25</b>	+00:02:27 (35.8%)	4:18	13.9 (64.1%)
53	<b>DŁUGOŁĘCKA Angelika</b>	<b>110</b>	WOSK NA WŁOS BIEGA	K16-29	4	00:00:01	00:03:14	<b>00:06:55.80</b>	<b>00:06:57.20</b>	+00:02:30 (36.2%)	4:20	13.8 (63.6%)
54	<b>KIPKEMOI Terer</b>	<b>188</b>		M50+	4	00:00:02	00:03:20	<b>00:06:56.55</b>	<b>00:06:58.80</b>	+00:02:31 (36.3%)	4:20	13.8 (63.6%)
55	<b>GÓRSKA Zuzanna</b>	<b>116</b>	LIDER WINNICA	K16-29	5	00:00:02	00:03:45	<b>00:06:57.20</b>	<b>00:06:59.75</b>	+00:02:31 (36.4%)	4:20	13.8 (63.6%)
56	<b>SIEŃKOWSKA Izabela</b>	<b>163</b>	LIDER WINNICA	K16-29	6	00:00:02	00:03:45	<b>00:07:00.15</b>	<b>00:07:02.65</b>	+00:02:34 (36.8%)	4:22	13.7 (63.1%)
57	<b>KONCA Mariusz</b>	<b>131</b>		M30-49	21	00:00:07	00:03:25	<b>00:07:01.85</b>	<b>00:07:09.80</b>	+00:02:36 (37.1%)	4:23	13.6 (62.7%)
58	<b>MALUCHNIK Marek</b>	<b>145</b>	NASIELSK BASZTA TEAM	M30-49	22	00:00:05	00:03:41	<b>00:07:03.35</b>	<b>00:07:09.15</b>	+00:02:37 (37.3%)	4:25	13.6 (62.7%)
59	<b>ELSNER Artur</b>	<b>178</b>		M30-49	23	00:00:04	00:03:12	<b>00:07:03.55</b>	<b>00:07:08.40</b>	+00:02:38 (37.3%)	4:25	13.6 (62.7%)
60	<b>PREWĘCKI Adam</b>	<b>154</b>	ZABIEGANI PUŁTUSK	M30-49	24	00:00:07	00:03:40	<b>00:07:10.15</b>	<b>00:07:17.65</b>	+00:02:44 (38.3%)	4:28	13.4 (61.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 0.8km	Czas netto 1.6km	Czas brutto 1.6km	Różn	Tempo min/km	Tempo km/h
61	<b>KOZŁOWSKI Witold</b>	<b>136</b>	LRC	M30-49	25	00:00:10	00:03:33	<b>00:07:17.10</b>	<b>00:07:27.25</b>	+00:02:51 (39.3%)	4:33	13.2 (60.8%)
62	<b>NOWOSIELSKA Ewelina</b>	<b>151</b>	ZABIEGANI PUŁTUSK	K16-29	7	00:00:02	00:03:40	<b>00:07:21.75</b>	<b>00:07:23.80</b>	+00:02:56 (39.9%)	4:35	13.1 (60.4%)
63	<b>BORKOWSKA Zuzanna</b>	<b>105</b>	MAMY RUSZAMY	K30-49	9	00:00:03	00:03:38	<b>00:07:23.15</b>	<b>00:07:26.55</b>	+00:02:57 (40.1%)	4:36	13 (59.9%)
64	<b>RUDNICKA Anna</b>	<b>158</b>	AMBASADOR FESTIWALU BIEGÓW	K30-49	10	00:00:05	00:03:42	<b>00:07:23.50</b>	<b>00:07:28.50</b>	+00:02:58 (40.2%)	4:36	13 (59.9%)
65	<b>GREGAJTYS Aleksandra</b>	<b>304</b>		K16-29	8	00:00:05	00:03:52	<b>00:07:24.30</b>	<b>00:07:29.65</b>	+00:02:58 (40.3%)	4:37	13 (59.9%)
66	<b>GREGAJTYS Jacek</b>	<b>118</b>		M30-49	26	00:00:05	00:03:52	<b>00:07:25.35</b>	<b>00:07:30.65</b>	+00:02:59 (40.4%)	4:38	12.9 (59.4%)
67	<b>CICHOCKI Szymon</b>	<b>203</b>	AKTYWNIIE ZAKRĘCENI	M30-49	27	00:00:02	00:03:34	<b>00:07:28.95</b>	<b>00:07:31.25</b>	+00:03:03 (40.9%)	4:40	12.8 (59.0%)
68	<b>GUTKOWSKI Janusz</b>	<b>120</b>		M30-49	28	00:00:03	00:03:38	<b>00:07:30.90</b>	<b>00:07:34.80</b>	+00:03:05 (41.1%)	4:41	12.8 (59.0%)
69	<b>KOŁODZIEJCZYK Krzysztof</b>	<b>130</b>	NASIELSK BASZTA TEAM	M30-49	29	00:00:05	00:03:39	<b>00:07:31.85</b>	<b>00:07:37.35</b>	+00:03:06 (41.3%)	4:42	12.7 (58.5%)
70	<b>BEFINGER Sylwia</b>	<b>104</b>	ZABIEGANI PUŁTUSK	K30-49	11	00:00:05	00:03:45	<b>00:07:35.50</b>	<b>00:07:41.15</b>	+00:03:10 (41.7%)	4:45	12.6 (58.1%)
71	<b>BORKOWSKI Jacek</b>	<b>106</b>		M30-49	30	00:00:04	00:03:39	<b>00:07:35.80</b>	<b>00:07:39.85</b>	+00:03:10 (41.8%)	4:44	12.7 (58.5%)
72	<b>MROCZEK Agnieszka</b>	<b>189</b>	ZABIEGANI PUŁTUSK	K30-49	12	00:00:02	00:03:36	<b>00:07:41.80</b>	<b>00:07:44.00</b>	+00:03:16 (42.5%)	4:48	12.5 (57.6%)
73	<b>PRZYBYSZ Marcin</b>	<b>155</b>		M30-49	31	00:00:03	00:03:48	<b>00:07:48.20</b>	<b>00:07:52.05</b>	+00:03:22 (43.3%)	4:53	12.3 (56.7%)
74	<b>WRÓBLEWSKI Robert</b>	<b>171</b>	LIDER WINICA	M30-49	32	00:00:05	00:04:06	<b>00:07:49.30</b>	<b>00:07:54.95</b>	+00:03:23 (43.4%)	4:53	12.3 (56.7%)
75	<b>KOZŁOWSKI Sebastian</b>	<b>137</b>	LIDER WINNICA	M16-29	19	00:00:05	00:04:06	<b>00:07:49.65</b>	<b>00:07:54.80</b>	+00:03:24 (43.5%)	4:53	12.3 (56.7%)
76	<b>JANKOWSKA Agnieszka</b>	<b>123</b>	NASIELSK BASZTA TEAM	K30-49	13	00:00:03	00:03:39	<b>00:07:50.00</b>	<b>00:07:53.15</b>	+00:03:24 (43.5%)	4:53	12.3 (56.7%)
77	<b>BALCERZAK Paweł</b>	<b>103</b>		M30-49	33	00:00:09	00:04:06	<b>00:07:52.20</b>	<b>00:08:01.40</b>	+00:03:26 (43.8%)	4:55	12.2 (56.2%)
78	<b>KOWALCZYK Jola</b>	<b>133</b>		K16-29	9	00:00:03	00:03:48	<b>00:07:54.05</b>	<b>00:07:57.35</b>	+00:03:28 (44.0%)	4:56	12.2 (56.2%)
79	<b>MATEJAK Patryk</b>	<b>147</b>		M16-29	20	00:00:10	00:03:55	<b>00:07:55.60</b>	<b>00:08:05.95</b>	+00:03:30 (44.2%)	4:56	12.1 (55.8%)
80	<b>DZIĘGIELEWSKA Małgorzata</b>	<b>111</b>	KB IM.P.SĘKOWSKIEGO W PŁOŃSKU	K50+	1	00:00:02	00:03:58	<b>00:08:05.75</b>	<b>00:08:08.55</b>	+00:03:40 (45.4%)	5:03	11.9 (54.8%)
81	<b>WRÓBLEWSKA Ewelina</b>	<b>170</b>	LIDER WINNICA	K16-29	10	00:00:05	00:04:09	<b>00:08:06.90</b>	<b>00:08:12.40</b>	+00:03:41 (45.5%)	5:04	11.8 (54.4%)
82	<b>AMPULSKI Mariusz</b>	<b>101</b>	NASIELSK BASZTA TEAM	M30-49	34	00:00:06	00:04:08	<b>00:08:12.65</b>	<b>00:08:19.25</b>	+00:03:47 (46.1%)	5:08	11.7 (53.9%)
83	<b>BRZĘCKA Ewelina</b>	<b>177</b>	KS MAKÓW BIEGA	K16-29	11	00:00:05	00:03:56	<b>00:08:15.40</b>	<b>00:08:20.90</b>	+00:03:50 (46.4%)	5:09	11.6 (53.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 0.8km	Czas netto 1.6km	Czas brutto 1.6km	Różn	Tempo min/km	Tempo km/h
84	<b>RUCIŃSKI Jarosław</b>	<b>157</b>	NASIELSK BASZTA TEAM	M30-49	35	00:00:06	00:03:56	<b>00:08:16.40</b>	<b>00:08:23.00</b>	+00:03:51 (46.5%)	5:10	11.6 (53.5%)
85	<b>GRZYBOWSKI Mikołaj</b>	<b>119</b>		M30-49	36	00:00:06	00:03:58	<b>00:08:18.75</b>	<b>00:08:25.35</b>	+00:03:53 (46.8%)	5:11	11.5 (53.0%)
86	<b>MARCZAK Grażyna</b>	<b>146</b>	LECZO TEAM	K50+	2	00:00:04	00:04:15	<b>00:08:25.80</b>	<b>00:08:30.50</b>	+00:04:00 (47.5%)	5:16	11.4 (52.5%)
87	<b>LISOWSKI Stanisław</b>	<b>197</b>		M50+	5	00:00:02	00:03:46	<b>00:08:26.90</b>	<b>00:08:29.25</b>	+00:04:01 (47.6%)	5:16	11.4 (52.5%)
88	<b>KAŻMIERCZAK Joanna</b>	<b>182</b>		K30-49	14	00:00:08	00:04:07	<b>00:08:30.90</b>	<b>00:08:39.85</b>	+00:04:05 (48.1%)	5:19	11.3 (52.1%)
89	<b>KULASZEWSKI Piotr</b>	<b>139</b>		M16-29	21	00:00:09	00:04:14	<b>00:08:33.05</b>	<b>00:08:42.45</b>	+00:04:07 (48.3%)	5:20	11.2 (51.6%)
90	<b>BRULIŃSKA Edyta</b>	<b>306</b>	ZABIEGANI PUŁTUSK	K30-49	15	00:00:04	00:04:22	<b>00:08:41.80</b>	<b>00:08:46.20</b>	+00:04:16 (49.1%)	5:26	11 (50.7%)
91	<b>BAJOREK Jacek</b>	<b>102</b>		M30-49	37	00:00:05	00:03:59	<b>00:08:44.75</b>	<b>00:08:50.55</b>	+00:04:19 (49.4%)	5:28	11 (50.7%)
92	<b>ELSNER Anna</b>	<b>202</b>		K30-49	16	00:00:04	00:04:14	<b>00:08:45.65</b>	<b>00:08:49.90</b>	+00:04:20 (49.5%)	5:28	11 (50.7%)
93	<b>SPIEWAK Maciej</b>	<b>165</b>		M30-49	38	00:00:05	00:04:05	<b>00:08:45.70</b>	<b>00:08:51.65</b>	+00:04:20 (49.5%)	5:28	11 (50.7%)
94	<b>CHMURSKA Aneta</b>	<b>108</b>		K30-49	17	00:00:06	00:04:05	<b>00:08:46.95</b>	<b>00:08:53.00</b>	+00:04:21 (49.6%)	5:29	10.9 (50.2%)
95	<b>TOMASIŃSKA Katarzyna</b>	<b>168</b>		K30-49	18	00:00:06	00:04:05	<b>00:08:52.30</b>	<b>00:08:58.70</b>	+00:04:26 (50.1%)	5:32	10.8 (49.8%)
96	<b>KONCA Beata</b>	<b>132</b>	KB OŻARÓW MAZOWIECKI BIEGA	K30-49	19	00:00:07	00:04:23	<b>00:09:06.40</b>	<b>00:09:14.20</b>	+00:04:41 (51.4%)	5:41	10.5 (48.4%)
97	<b>RŻANY Monika</b>	<b>161</b>	ZABIEGANI MIELEC	K30-49	20	00:00:07	00:04:26	<b>00:09:15.90</b>	<b>00:09:23.40</b>	+00:04:50 (52.3%)	5:47	10.4 (47.9%)
98	<b>ŁASIŃSKA Marzena</b>	<b>141</b>	2111.PL	K50+	3	00:00:07	00:04:52	<b>00:09:57.95</b>	<b>00:10:05.45</b>	+00:05:32 (55.6%)	6:13	9.6 (44.2%)
99	<b>SADŁOWSKA Justyna</b>	<b>162</b>	ZABIEGANI PUŁTUSK	K30-49	21	00:00:04	00:04:44	<b>00:10:03.35</b>	<b>00:10:07.55</b>	+00:05:37 (56.0%)	6:16	9.6 (44.2%)
100	<b>LUBIŃSKA Aneta</b>	<b>140</b>		K30-49	22	00:00:09	00:04:51	<b>00:10:32.70</b>	<b>00:10:42.35</b>	+00:06:07 (58.1%)	6:35	9.1 (41.9%)
101	<b>JAROSZ Marcin</b>	<b>200</b>	MAZOVIA PROACTIV	M30-49	39	00:00:09	00:04:41	<b>00:10:33.00</b>	<b>00:10:42.85</b>	+00:06:07 (58.1%)	6:35	9.1 (41.9%)
102	<b>KRASKOWSKA Ewelina</b>	<b>199</b>	MAZOVIA PROACTIV	K16-29	12	00:00:09	00:04:40	<b>00:10:33.60</b>	<b>00:10:42.85</b>	+00:06:08 (58.1%)	6:35	9.1 (41.9%)
103	<b>KILIAN Monika</b>	<b>129</b>	ELEKTRYKWARSZAWA.PL	K30-49	23	00:00:08	00:05:16	<b>00:11:09.65</b>	<b>00:11:18.20</b>	+00:06:44 (60.4%)	6:58	8.6 (39.6%)
104	<b>FIOŁKA Julia</b>	<b>190</b>		K30-49	24	00:00:08	00:05:16	<b>00:11:09.75</b>	<b>00:11:18.30</b>	+00:06:44 (60.4%)	6:58	8.6 (39.6%)
DQ	<b>MAZUREK Marek</b>	<b>175</b>	WILGA MIASTKÓW	M50+		DQ	00:03:07 DQ	<b>00:06:29.30 DQ</b>	<b>DQ</b>		-	- (0.0%)

Znaleziono 105 wynik(ów)