

Pułtowski Festiwal Biegów

2017

PFB 2017 :: BIEG WOKÓŁ NAJDŁUŻSZEGO RYNKU W EUROPIE

B4SPORT

Wydarzenie: Pułtowski Festiwal Biegów 2017
Organizator: Stowarzyszenie Pultovia
Data: 2017-05-05
Miejsce: Pułtusk
Dystans: 1.6 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M30-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 0.8km	Czas netto 1.6km	Czas brutto 1.6km	Różn	Tempo min/km	Tempo km/h
1	MARYNICZ Vitalij	193		M30-49	1	00:00:00	00:02:13	00:04:25.40	00:04:25.85		2:45	21.7 (100%)
2	ŚWIECAK Robert	176	WILGA GARWOLIN	M30-49	2	00:00:00	00:02:20	00:04:50.40	00:04:50.85	+00:00:25 (8.6%)	3:01	19.9 (91.7%)
3	ŁASIŃSKI Michał	142	2111.PL	M30-49	3	00:00:01	00:02:26	00:05:05.90	00:05:07.30	+00:00:40 (13.2%)	3:11	18.8 (86.6%)
4	NOWOSIELSKI Michał	181	Z BIEGIEM NARWI	M30-49	4	00:00:01	00:02:32	00:05:08.45	00:05:09.85	+00:00:43 (14.0%)	3:12	18.7 (86.2%)
5	JEŻ Adam	125	DREAM RUN	M30-49	5	00:00:00	00:02:29	00:05:12.70	00:05:13.60	+00:00:47 (15.1%)	3:15	18.4 (84.8%)
6	KOŚCIELSKI Patryk	307	MINISTERSTWO GŁUPICH KROKÓW LEGIONOWO	M30-49	6	00:00:01	00:02:36	00:05:15.05	00:05:16.10	+00:00:49 (15.8%)	3:16	18.3 (84.3%)
7	TOMCZAK Marcin	201		M30-49	7	00:00:00	00:02:37	00:05:30.55	00:05:31.15	+00:01:05 (19.7%)	3:26	17.4 (80.2%)
8	ZAJĄC Paweł	172		M30-49	8	00:00:01	00:02:39	00:05:31.00	00:05:32.15	+00:01:05 (19.8%)	3:26	17.4 (80.2%)
9	JANISZEWSKI Jarosław	122	KS MAKÓW BIEGA	M30-49	9	00:00:02	00:02:44	00:05:44.05	00:05:46.25	+00:01:18 (22.9%)	3:35	16.7 (77.0%)
10	SKRZYPCZYŃSKI Krzysztof	164	NASIELSK BASZTA TEAM	M30-49	10	00:00:03	00:02:54	00:05:53.20	00:05:56.45	+00:01:27 (24.9%)	3:40	16.3 (75.1%)
11	ROZIŃSKI Arkadiusz	185	UKS '4 URSUS' WARSZAWA	M30-49	11	00:00:04	00:03:00	00:05:58.50	00:06:02.55	+00:01:33 (26.0%)	3:43	16.1 (74.2%)
12	SOBOTA Krzysztof	174	LIDER WINNICA	M30-49	12	00:00:03	00:02:59	00:06:00.70	00:06:03.80	+00:01:35 (26.4%)	3:45	16 (73.7%)
13	KOPKA Artur	183	LIDER WINNICA	M30-49	13	00:00:03	00:03:06	00:06:13.05	00:06:16.45	+00:01:47 (28.9%)	3:53	15.4 (71.0%)
14	NAJMOŁA Piotr	150	ZABIEGANI PUŁTUSK	M30-49	14	00:00:03	00:03:15	00:06:31.20	00:06:35.15	+00:02:05 (32.2%)	4:05	14.7 (67.7%)

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15	KOZAK Mariusz	135		M30-49	15	00:00:03	00:03:03	00:06:31.30	00:06:34.85	+00:02:05 (32.2%)	4:04	14.7 (67.7%)
16	MALICKI Krzysztof	144		M30-49	16	00:00:06	00:03:19	00:06:32.35	00:06:38.95	+00:02:06 (32.4%)	4:05	14.7 (67.7%)
17	JANKOWSKI Radek	124	NASIELSK BASZTA TEAM	M30-49	17	00:00:02	00:03:09	00:06:34.35	00:06:36.95	+00:02:08 (32.7%)	4:06	14.6 (67.3%)
18	PIEKUTOWSKI Sławomir	153		M30-49	18	00:00:03	00:03:04	00:06:36.75	00:06:40.30	+00:02:11 (33.1%)	4:08	14.5 (66.8%)
19	RYDZEWSKI Andrzej	160		M30-49	19	00:00:04	00:03:09	00:06:39.60	00:06:44.35	+00:02:14 (33.6%)	4:10	14.4 (66.4%)
20	ŁASIŃSKI Paweł	143	2111.PL	M30-49	20	00:00:02	00:03:16	00:06:53.25	00:06:55.25	+00:02:27 (35.8%)	4:18	13.9 (64.1%)
21	KONCA Mariusz	131		M30-49	21	00:00:07	00:03:25	00:07:01.85	00:07:09.80	+00:02:36 (37.1%)	4:23	13.6 (62.7%)
22	MALUCHNIK Marek	145	NASIELSK BASZTA TEAM	M30-49	22	00:00:05	00:03:41	00:07:03.35	00:07:09.15	+00:02:37 (37.3%)	4:25	13.6 (62.7%)
23	ELSNER Artur	178		M30-49	23	00:00:04	00:03:12	00:07:03.55	00:07:08.40	+00:02:38 (37.3%)	4:25	13.6 (62.7%)
24	PREWĘCKI Adam	154	ZABIEGANI PUŁTUSK	M30-49	24	00:00:07	00:03:40	00:07:10.15	00:07:17.65	+00:02:44 (38.3%)	4:28	13.4 (61.8%)
25	KOZŁOWSKI Witold	136	LRC	M30-49	25	00:00:10	00:03:33	00:07:17.10	00:07:27.25	+00:02:51 (39.3%)	4:33	13.2 (60.8%)
26	GREGAJTYS Jacek	118		M30-49	26	00:00:05	00:03:52	00:07:25.35	00:07:30.65	+00:02:59 (40.4%)	4:38	12.9 (59.4%)
27	CICHOCKI Szymon	203	AKTYWNIE ZAKRĘCENI	M30-49	27	00:00:02	00:03:34	00:07:28.95	00:07:31.25	+00:03:03 (40.9%)	4:40	12.8 (59.0%)
28	GUTKOWSKI Janusz	120		M30-49	28	00:00:03	00:03:38	00:07:30.90	00:07:34.80	+00:03:05 (41.1%)	4:41	12.8 (59.0%)
29	KOŁODZIEJCZYK Krzysztof	130	NASIELSK BASZTA TEAM	M30-49	29	00:00:05	00:03:39	00:07:31.85	00:07:37.35	+00:03:06 (41.3%)	4:42	12.7 (58.5%)
30	BORKOWSKI Jacek	106		M30-49	30	00:00:04	00:03:39	00:07:35.80	00:07:39.85	+00:03:10 (41.8%)	4:44	12.7 (58.5%)
31	PRZYBYSZ Marcin	155		M30-49	31	00:00:03	00:03:48	00:07:48.20	00:07:52.05	+00:03:22 (43.3%)	4:53	12.3 (56.7%)
32	WRÓBLEWSKI Robert	171	LIDER WINICA	M30-49	32	00:00:05	00:04:06	00:07:49.30	00:07:54.95	+00:03:23 (43.4%)	4:53	12.3 (56.7%)
33	BALCERZAK Paweł	103		M30-49	33	00:00:09	00:04:06	00:07:52.20	00:08:01.40	+00:03:26 (43.8%)	4:55	12.2 (56.2%)
34	AMPULSKI Mariusz	101	NASIELSK BASZTA TEAM	M30-49	34	00:00:06	00:04:08	00:08:12.65	00:08:19.25	+00:03:47 (46.1%)	5:08	11.7 (53.9%)
35	RUCIŃSKI Jarosław	157	NASIELSK BASZTA TEAM	M30-49	35	00:00:06	00:03:56	00:08:16.40	00:08:23.00	+00:03:51 (46.5%)	5:10	11.6 (53.5%)
36	GRZYBOWSKI Mikołaj	119		M30-49	36	00:00:06	00:03:58	00:08:18.75	00:08:25.35	+00:03:53 (46.8%)	5:11	11.5 (53.0%)
37	BAJOREK Jacek	102		M30-49	37	00:00:05	00:03:59	00:08:44.75	00:08:50.55	+00:04:19 (49.4%)	5:28	11 (50.7%)

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38	SPIEWAK Maciej	165		M30-49	38	00:00:05	00:04:05	00:08:45.70	00:08:51.65	+00:04:20 (49.5%)	5:28	11 (50.7%)
39	JAROSZ Marcin	200	MAZOVIA PROACTIV	M30-49	39	00:00:09	00:04:41	00:10:33.00	00:10:42.85	+00:06:07 (58.1%)	6:35	9.1 (41.9%)

Znaleziono 39 wynik(ów)