

# Pułtowski Festiwal Biegów

2017

## PFB 2017 :: BIEG WOKÓŁ NAJDŁUŻSZEGO RYNKU W EUROPIE

B4SPORT

**Event:** Pułtowski Festiwal Biegów 2017  
**Organiser:** Stowarzyszenie Pultovia  
**Date:** 2017-05-05  
**Place:** Pułtusk  
**Distance:** 1.6 km

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Classification: Mieszkaniec Pułtuska

| Place | Participant                 | Number     | Club              | Category | MCat | Start time | Start_All<br>0.8km | Net<br>time<br>1.6km | Czas<br>brutto<br>1.6km | Gap               | Pace<br>min/km | Pace<br>km/h |
|-------|-----------------------------|------------|-------------------|----------|------|------------|--------------------|----------------------|-------------------------|-------------------|----------------|--------------|
| 1     | <b>NOWOSIELSKI Michał</b>   | <b>181</b> | Z BIEGIEM NARWI   | M30-49   | 4    | 00:00:01   | 00:02:32           | <b>00:05:08.45</b>   | <b>00:05:09.85</b>      |                   | 3:12           | 18.7 (100%)  |
| 2     | <b>ZAJĄC Paweł</b>          | <b>172</b> |                   | M30-49   | 8    | 00:00:01   | 00:02:39           | <b>00:05:31.00</b>   | <b>00:05:32.15</b>      | +00:00:22 (6.8%)  | 3:26           | 17.4 (93.0%) |
| 3     | <b>KAMIŃSKI Mateusz</b>     | <b>126</b> | LIDER WINNICA     | M16-29   | 7    | 00:00:01   | 00:02:50           | <b>00:05:45.90</b>   | <b>00:05:47.30</b>      | +00:00:37 (10.8%) | 3:36           | 16.6 (88.8%) |
| 4     | <b>JADACKI Mateusz</b>      | <b>121</b> |                   | M16-29   | 11   | 00:00:04   | 00:03:04           | <b>00:05:59.70</b>   | <b>00:06:03.90</b>      | +00:00:51 (14.2%) | 3:44           | 16 (85.6%)   |
| 5     | <b>SOBOTA Krzysztof</b>     | <b>174</b> | LIDER WINNICA     | M30-49   | 12   | 00:00:03   | 00:02:59           | <b>00:06:00.70</b>   | <b>00:06:03.80</b>      | +00:00:52 (14.5%) | 3:45           | 16 (85.6%)   |
| 6     | <b>OLKOWSKA Wiktoria</b>    | <b>196</b> | KS MAKÓW BIEGA    | K16-29   | 2    | 00:00:01   | 00:02:53           | <b>00:06:07.60</b>   | <b>00:06:09.35</b>      | +00:00:59 (16.1%) | 3:50           | 15.7 (84.0%) |
| 7     | <b>KOPKA Artur</b>          | <b>183</b> | LIDER WINNICA     | M30-49   | 13   | 00:00:03   | 00:03:06           | <b>00:06:13.05</b>   | <b>00:06:16.45</b>      | +00:01:04 (17.3%) | 3:53           | 15.4 (82.4%) |
| 8     | <b>LEWANDOWSKI Mariusz</b>  | <b>191</b> | ZABIEGANI PUŁTUSK | M16-29   | 13   | 00:00:01   | 00:02:57           | <b>00:06:13.10</b>   | <b>00:06:14.80</b>      | +00:01:04 (17.3%) | 3:53           | 15.4 (82.4%) |
| 9     | <b>ROZBICKI Tomek</b>       | <b>156</b> |                   | M16-29   | 14   | 00:00:04   | 00:02:55           | <b>00:06:15.95</b>   | <b>00:06:20.40</b>      | +00:01:07 (18.0%) | 3:55           | 15.3 (81.8%) |
| 10    | <b>TYMIŃSKI Konrad</b>      | <b>169</b> |                   | M16-29   | 16   | 00:00:04   | 00:03:04           | <b>00:06:28.20</b>   | <b>00:06:32.90</b>      | +00:01:19 (20.5%) | 4:02           | 14.8 (79.1%) |
| 11    | <b>NAJMOŁA Piotr</b>        | <b>150</b> | ZABIEGANI PUŁTUSK | M30-49   | 14   | 00:00:03   | 00:03:15           | <b>00:06:31.20</b>   | <b>00:06:35.15</b>      | +00:01:22 (21.2%) | 4:05           | 14.7 (78.6%) |
| 12    | <b>MALICKI Krzysztof</b>    | <b>144</b> |                   | M30-49   | 16   | 00:00:06   | 00:03:19           | <b>00:06:32.35</b>   | <b>00:06:38.95</b>      | +00:01:23 (21.4%) | 4:05           | 14.7 (78.6%) |
| 13    | <b>CISZEWSKA Danuta</b>     | <b>180</b> |                   | K30-49   | 6    | 00:00:02   | 00:03:10           | <b>00:06:35.30</b>   | <b>00:06:37.30</b>      | +00:01:26 (22.0%) | 4:06           | 14.6 (78.1%) |
| 14    | <b>NOWOSIELSKA T Iwona</b>  | <b>152</b> | ZABIEGANI PUŁTUSK | K30-49   | 7    | 00:00:02   | 00:03:06           | <b>00:06:35.75</b>   | <b>00:06:38.65</b>      | +00:01:27 (22.1%) | 4:07           | 14.5 (77.5%) |
| 15    | <b>RYDZEWSKI Andrzej</b>    | <b>160</b> |                   | M30-49   | 19   | 00:00:04   | 00:03:09           | <b>00:06:39.60</b>   | <b>00:06:44.35</b>      | +00:01:31 (22.8%) | 4:10           | 14.4 (77.0%) |
| 16    | <b>KARAŚKIEWICZ Paweł</b>   | <b>198</b> |                   | M16-29   | 18   | 00:00:06   | 00:03:27           | <b>00:06:52.75</b>   | <b>00:06:59.65</b>      | +00:01:44 (25.3%) | 4:18           | 13.9 (74.3%) |
| 17    | <b>PREWĘCKI Adam</b>        | <b>154</b> | ZABIEGANI PUŁTUSK | M30-49   | 24   | 00:00:07   | 00:03:40           | <b>00:07:10.15</b>   | <b>00:07:17.65</b>      | +00:02:01 (28.3%) | 4:28           | 13.4 (71.7%) |
| 18    | <b>NOWOSIELSKA Ewelina</b>  | <b>151</b> | ZABIEGANI PUŁTUSK | K16-29   | 7    | 00:00:02   | 00:03:40           | <b>00:07:21.75</b>   | <b>00:07:23.80</b>      | +00:02:13 (30.2%) | 4:35           | 13.1 (70.1%) |
| 19    | <b>GREGAJTYS Aleksandra</b> | <b>304</b> |                   | K16-29   | 8    | 00:00:05   | 00:03:52           | <b>00:07:24.30</b>   | <b>00:07:29.65</b>      | +00:02:15 (30.6%) | 4:37           | 13 (69.5%)   |
| 20    | <b>GREGAJTYS Jacek</b>      | <b>118</b> |                   | M30-49   | 26   | 00:00:05   | 00:03:52           | <b>00:07:25.35</b>   | <b>00:07:30.65</b>      | +00:02:16 (30.7%) | 4:38           | 12.9 (69.0%) |
| 21    | <b>BEFINGER Sylwia</b>      | <b>104</b> | ZABIEGANI PUŁTUSK | K30-49   | 11   | 00:00:05   | 00:03:45           | <b>00:07:35.50</b>   | <b>00:07:41.15</b>      | +00:02:27 (32.3%) | 4:45           | 12.6 (67.4%) |
| 22    | <b>MROCZEK Agnieszka</b>    | <b>189</b> | ZABIEGANI PUŁTUSK | K30-49   | 12   | 00:00:02   | 00:03:36           | <b>00:07:41.80</b>   | <b>00:07:44.00</b>      | +00:02:33 (33.2%) | 4:48           | 12.5 (66.8%) |
| 23    | <b>BALCERZAK Paweł</b>      | <b>103</b> |                   | M30-49   | 33   | 00:00:09   | 00:04:06           | <b>00:07:52.20</b>   | <b>00:08:01.40</b>      | +00:02:43 (34.7%) | 4:55           | 12.2 (65.2%) |
| 24    | <b>GRZYBOWSKI Mikołaj</b>   | <b>119</b> |                   | M30-49   | 36   | 00:00:06   | 00:03:58           | <b>00:08:18.75</b>   | <b>00:08:25.35</b>      | +00:03:10 (38.2%) | 5:11           | 11.5 (61.5%) |
| 25    | <b>KULASZEWSKI Piotr</b>    | <b>139</b> |                   | M16-29   | 21   | 00:00:09   | 00:04:14           | <b>00:08:33.05</b>   | <b>00:08:42.45</b>      | +00:03:24 (39.9%) | 5:20           | 11.2 (59.9%) |
| 26    | <b>BRULIŃSKA Edyta</b>      | <b>306</b> | ZABIEGANI PUŁTUSK | K30-49   | 15   | 00:00:04   | 00:04:22           | <b>00:08:41.80</b>   | <b>00:08:46.20</b>      | +00:03:33 (40.9%) | 5:26           | 11 (58.8%)   |
| 27    | <b>SADŁOWSKA Justyna</b>    | <b>162</b> | ZABIEGANI PUŁTUSK | K30-49   | 21   | 00:00:04   | 00:04:44           | <b>00:10:03.35</b>   | <b>00:10:07.55</b>      | +00:04:54 (48.9%) | 6:16           | 9.6 (51.3%)  |

Total 27 results.