

Pułtowski Festiwal Biegów

2017

PFB 2017 :: BURSZTYNOWY BIEG PO PUSZCZY BIAŁEJ

B4SPORT

Wydarzenie: Pułtowski Festiwal Biegów 2017
Organizator: Stowarzyszenie Pultovia
Data: 2017-05-07
Miejsce: Pułtusk
Dystans: 10 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	ŻEBROWSKI Krzysiek	173	FENIKS SIEDLCE	M16-29	1	00:00:01	00:31:38.35	00:31:40.25		3:09	19 (100%)
2	DĄBROWSKI Przemysław	186	DECATHLON	M16-29	2	00:00:00	00:32:20.25	00:32:21.20	+00:00:41 (2.2%)	3:14	18.5 (97.4%)
3	MARYNICZ Vitalij	193		M30-49	1	00:00:01	00:32:58.70	00:32:59.75	+00:01:20 (4.1%)	3:17	18.2 (95.8%)
4	DZIĘGIELEWSKI Marek	112	KB IM. P.SĘKOWSKIEGO W PŁOŃSKU	M50+	1	00:00:02	00:34:04.80	00:34:07.15	+00:02:26 (7.2%)	3:24	17.6 (92.6%)
5	ŚWIECAK Robert	176	WILGA GARWOLIN	M30-49	2	00:00:02	00:35:44.85	00:35:46.90	+00:04:06 (11.5%)	3:34	16.8 (88.4%)
6	NOWOSIELSKI Michał	181	Z BIEGIEM NARWI	M30-49	3	00:00:01	00:35:56.95	00:35:58.60	+00:04:18 (12.0%)	3:35	16.7 (87.9%)
7	ŁASIŃSKI Michał	142	21I1.PL	M30-49	4	00:00:02	00:37:00.25	00:37:02.70	+00:05:21 (14.5%)	3:42	16.2 (85.3%)
8	ZYCH Tomasz	187	12TRI.PL	M16-29	3	00:00:02	00:38:05.40	00:38:07.85	+00:06:27 (16.9%)	3:48	15.8 (83.2%)
9	KUCIJCZYK Henryk	138	TEMPO MLAWA	M50+	2	00:00:01	00:38:09.60	00:38:11.15	+00:06:31 (17.1%)	3:49	15.7 (82.6%)
10	JEŻ Adam	125	DREAM RUN	M30-49	5	00:00:02	00:38:25.80	00:38:28.15	+00:06:47 (17.7%)	3:50	15.6 (82.1%)
11	ZAJĄC Paweł	172		M30-49	6	00:00:01	00:39:37.10	00:39:39.05	+00:07:58 (20.1%)	3:57	15.1 (79.5%)
12	JAGIELSKA Ewa	184	LKS OSTROWIANKA	K30-49	1	00:00:02	00:39:41.00	00:39:43.20	+00:08:02 (20.3%)	3:58	15.1 (79.5%)
13	DIATLOVA Yulia	192		K16-29	1	00:00:00	00:39:44.95	00:39:45.85	+00:08:06 (20.4%)	3:58	15.1 (79.5%)
14	OLIJNYK Swietlana	194		K30-49	2	00:00:02	00:39:50.85	00:39:53.20	+00:08:12 (20.6%)	3:59	15.1 (79.5%)
15	TRZCIŃSKI Kamil	392		M16-29	4	00:00:02	00:40:13.75	00:40:15.75	+00:08:35 (21.4%)	4:01	14.9 (78.4%)
16	BRYŚKIEWICZ Jacek	379	LIDER WINNICA	M30-49	7	00:00:03	00:40:32.50	00:40:35.90	+00:08:54 (22.0%)	4:03	14.8 (77.9%)
17	FALĘCKI Dawid	114	LIDER WINNICA	M16-29	5	00:00:03	00:42:40.30	00:42:44.10	+00:11:01 (25.9%)	4:16	14.1 (74.2%)
18	SUDZIŃSKA Mariola	195		K30-49	3	00:00:02	00:43:09.30	00:43:11.75	+00:11:30 (26.7%)	4:18	13.9 (73.2%)
19	FALĘCKI Dominik	113	LIDER WINNICA	M16-29	6	00:00:02	00:43:12.80	00:43:15.10	+00:11:34 (26.8%)	4:19	13.9 (73.2%)
20	MALICKI Krzysztof	144		M30-49	8	00:00:08	00:43:18.15	00:43:26.90	+00:11:39 (26.9%)	4:19	13.9 (73.2%)
21	SOBOTA Krzysztof	174	LIDER WINNICA	M30-49	9	00:00:04	00:43:36.10	00:43:40.40	+00:11:57 (27.4%)	4:21	13.8 (72.6%)
22	SZPAKIEWICZ Zbigniew	387		M50+	3	00:00:02	00:43:46.20	00:43:48.50	+00:12:07 (27.7%)	4:22	13.7 (72.1%)
23	ROZIŃSKI Arkadiusz	185	UKS '4 URSUS' WARSZAWA	M30-49	10	00:00:08	00:44:05.80	00:44:13.80	+00:12:27 (28.3%)	4:24	13.6 (71.6%)
24	SKRZYPCZYŃSKI Krzysztof	164	NASIELSK BASZTA TEAM	M30-49	11	00:00:03	00:44:24.20	00:44:27.90	+00:12:45 (28.7%)	4:26	13.5 (71.1%)
25	SWATOWSKA Michalina	166		K30-49	4	00:00:03	00:44:49.05	00:44:52.30	+00:13:10 (29.4%)	4:28	13.4 (70.5%)
26	SZAFRAŃSKA Aneta	167	KB TKKF PROMYK	K30-49	5	00:00:02	00:45:03.45	00:45:06.20	+00:13:25 (29.8%)	4:30	13.3 (70.0%)
27	NAJMOŁA Piotr	150	ZABIEGANI PUŁTUSK	M30-49	12	00:00:05	00:45:09.55	00:45:14.70	+00:13:31 (29.9%)	4:30	13.3 (70.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10km	brutto 10km			
28	KARASIEWICZ Dariusz	128	LIDER WINNICA	M16-29	7	00:00:02	00:45:13.70	00:45:16.15	+00:13:35 (30.0%)	4:31	13.3 (70.0%)
29	KAMIŃSKI Mateusz	126	LIDER WINNICA	M16-29	8	00:00:04	00:45:16.80	00:45:20.90	+00:13:38 (30.1%)	4:31	13.3 (70.0%)
30	ROZE Paweł	394		M30-49	13	00:00:05	00:45:34.60	00:45:39.75	+00:13:56 (30.6%)	4:33	13.2 (69.5%)
31	OLKOWSKA Wiktoria	196	KS MAKÓW BIEGA	K16-29	2	00:00:02	00:46:05.35	00:46:07.75	+00:14:27 (31.4%)	4:36	13 (68.4%)
32	KOZAK Mariusz	135		M30-49	14	00:00:06	00:46:19.80	00:46:25.95	+00:14:41 (31.7%)	4:37	13 (68.4%)
33	JANISZEWSKI Jarosław	122	KS MAKÓW BIEGA	M30-49	15	00:00:02	00:46:35.10	00:46:37.35	+00:14:56 (32.1%)	4:39	12.9 (67.9%)
34	RUSZCZYŃSKA Marta	159	KS MAKÓW BIEGA	K30-49	6	00:00:02	00:46:35.25	00:46:37.40	+00:14:56 (32.1%)	4:39	12.9 (67.9%)
35	SZYMAŃSKI Adam	383		M16-29	9	00:00:04	00:47:07.05	00:47:11.25	+00:15:28 (32.9%)	4:42	12.7 (66.8%)
36	JANKOWSKI Radek	124	NASIELSK BASZTA TEAM	M30-49	16	00:00:03	00:47:21.75	00:47:25.10	+00:15:43 (33.2%)	4:44	12.7 (66.8%)
37	NOWOSIELSKA T Iwona	152	ZABIEGANIPUŁTUSK	K30-49	7	00:00:03	00:47:34.50	00:47:38.30	+00:15:56 (33.5%)	4:45	12.6 (66.3%)
38	RYDZEWSKI Andrzej	160		M30-49	17	00:00:05	00:47:37.65	00:47:43.30	+00:15:59 (33.6%)	4:45	12.6 (66.3%)
39	KARAŚKIEWICZ Paweł	198		M16-29	10	00:00:05	00:48:09.40	00:48:15.20	+00:16:31 (34.3%)	4:49	12.5 (65.8%)
40	CISZEWSKA Danuta	180		K30-49	8	00:00:04	00:48:38.00	00:48:42.05	+00:16:59 (34.9%)	4:51	12.3 (64.7%)
41	GROMELSK Marcin	390	KS MAKÓW BIEGA	M30-49	18	00:00:04	00:48:38.15	00:48:42.15	+00:16:59 (34.9%)	4:51	12.3 (64.7%)
42	CHABIERA Michał	107		M16-29	11	00:00:04	00:48:45.40	00:48:49.40	+00:17:07 (35.1%)	4:52	12.3 (64.7%)
43	KIPKEMOI Terer	188		M50+	4	00:00:02	00:48:52.15	00:48:54.50	+00:17:13 (35.3%)	4:53	12.3 (64.7%)
44	KOPKA Artur	183	LIDER WINNICA	M30-49	19	00:00:08	00:48:55.50	00:49:03.65	+00:17:17 (35.3%)	4:53	12.3 (64.7%)
45	DŁUGOŁĘCKA Angelika	110	WOSK NA WŁOS BIEGA	K16-29	3	00:00:04	00:48:58.55	00:49:03.45	+00:17:20 (35.4%)	4:53	12.2 (64.2%)
46	LEWANDOWSKI Mariusz	191	ZABIEGANI PUŁTUSK	M16-29	12	00:00:05	00:49:40.75	00:49:46.70	+00:18:02 (36.3%)	4:58	12.1 (63.7%)
47	JAKUTIN Igor	391		M50+	5	00:00:04	00:49:56.20	00:50:01.10	+00:18:17 (36.6%)	4:59	12 (63.2%)
48	PIEKUTOWSKI Sławomir	153		M30-49	20	00:00:05	00:50:01.25	00:50:07.20	+00:18:22 (36.7%)	5:00	12 (63.2%)
49	PREWĘCKI Adam	154	ZABIEGANI PUŁTUSK	M30-49	21	00:00:04	00:50:09.50	00:50:14.40	+00:18:31 (36.9%)	5:01	12 (63.2%)
50	DZIEWULSKI Paweł	388		M30-49	22	00:00:03	00:50:46.40	00:50:50.15	+00:19:08 (37.7%)	5:04	11.8 (62.1%)
51	ŁASIŃSKI Paweł	143	2111.PL	M30-49	23	00:00:06	00:52:30.20	00:52:36.45	+00:20:51 (39.7%)	5:15	11.4 (60.0%)
52	MIECZNIKOWSKI Rafał	148		M16-29	13	00:00:05	00:52:38.45	00:52:43.65	+00:21:00 (39.9%)	5:15	11.4 (60.0%)
53	JADACKI Mateusz	121		M16-29	14	00:00:05	00:52:47.60	00:52:53.05	+00:21:09 (40.1%)	5:16	11.4 (60.0%)
54	TYMIŃSKI Konrad	169		M16-29	15	00:00:05	00:52:50.95	00:52:56.45	+00:21:12 (40.1%)	5:17	11.4 (60.0%)
55	GUTKOWSKI Janusz	120		M30-49	24	00:00:09	00:52:54.55	00:53:03.80	+00:21:16 (40.2%)	5:17	11.3 (59.5%)
56	KAMIŃSKI Wiesław	127		M50+	6	00:00:04	00:53:04.85	00:53:08.90	+00:21:26 (40.4%)	5:18	11.3 (59.5%)
57	ELSNER Artur	178		M30-49	25	00:00:07	00:53:09.35	00:53:16.75	+00:21:31 (40.5%)	5:18	11.3 (59.5%)
58	MALUCHNIK Marek	145	NASIELSK BASZTA TEAM	M30-49	26	00:00:06	00:53:21.15	00:53:27.80	+00:21:42 (40.7%)	5:20	11.2 (58.9%)
59	KOWALIŃSKI Maciej	134	MAZOVIA PROACTIV	M30-49	27	00:00:04	00:53:24.10	00:53:28.50	+00:21:45 (40.8%)	5:20	11.2 (58.9%)
60	MARCZAK Grażyna	146	LECZO TEAM	K50+	1	00:00:09	00:53:24.25	00:53:34.00	+00:21:45 (40.8%)	5:20	11.2 (58.9%)
61	RUDNICKA Anna	158	AMBASADOR FESTIWALU BIEGÓW	K30-49	9	00:00:06	00:53:24.50	00:53:30.65	+00:21:46 (40.8%)	5:20	11.2 (58.9%)
62	CICHOCKI Szymon	203	AKTYWNIE ZAKRĘCENI	M30-49	28	00:00:04	00:53:49.20	00:53:53.70	+00:22:10 (41.2%)	5:22	11.1 (58.4%)
63	KOZŁOWSKI Witold	136	LRC	M30-49	29	00:00:07	00:53:54.30	00:54:02.20	+00:22:15 (41.3%)	5:23	11.1 (58.4%)
64	DZIĘGIELEWSKA Małgorzata	111	KB IM.P.SĘKOWSKIEGO W PŁOŃSKU	K50+	2	00:00:02	00:53:56.40	00:53:58.70	+00:22:18 (41.3%)	5:23	11.1 (58.4%)
65	KONCA Aleksander	179		M16-29	16	00:00:09	00:55:19.20	00:55:28.65	+00:23:40 (42.8%)	5:31	10.8 (56.8%)
66	MROCZEK Agnieszka	189	ZABIEGANI PUŁTUSK	K30-49	10	00:00:04	00:55:45.00	00:55:49.55	+00:24:06 (43.2%)	5:34	10.8 (56.8%)
67	KONCA Mariusz	131		M30-49	30	00:00:10	00:56:28.30	00:56:38.40	+00:24:49 (44.0%)	5:38	10.6 (55.8%)
68	BORKOWSKA Zuzanna	105	MAMY RUSZAMY	K30-49	11	00:00:07	00:56:29.65	00:56:37.05	+00:24:51 (44.0%)	5:39	10.6 (55.8%)
69	BORKOWSKI Jacek	106		M30-49	31	00:00:07	00:57:17.80	00:57:25.15	+00:25:39 (44.8%)	5:43	10.5 (55.3%)
70	BALCERZAK Paweł	103		M30-49	32	00:00:08	00:57:26.30	00:57:34.50	+00:25:47 (44.9%)	5:44	10.4 (54.7%)
71	WOJCIECHOWSKA Wioletta	386		K30-49	12	00:00:02	00:57:37.35	00:57:39.60	+00:25:59 (45.1%)	5:45	10.4 (54.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
72	GRZYBOWSKI Mikołaj	119		M30-49	33	00:00:07	00:57:37.90	00:57:45.80	+00:25:59 (45.1%)	5:45	10.4 (54.7%)
73	NOWOSIELSKA Ewelina	151	ZABIEGANI PUŁTUSK	K16-29	4	00:00:05	00:57:42.25	00:57:47.30	+00:26:03 (45.2%)	5:46	10.4 (54.7%)
74	KOŚKA Aleksandra	385		M30-49	34	00:00:05	00:57:56.95	00:58:02.75	+00:26:18 (45.4%)	5:47	10.4 (54.7%)
75	PRZYBYSZ Marcin	155		M30-49	35	00:00:03	00:58:46.00	00:58:49.65	+00:27:07 (46.2%)	5:52	10.2 (53.7%)
76	KOWALCZYK Jola	133		K16-29	5	00:00:03	00:58:46.90	00:58:50.00	+00:27:08 (46.2%)	5:52	10.2 (53.7%)
77	JANKOWSKA Agnieszka	123	NASIELSK BASZTA TEAM	K30-49	13	00:00:07	00:59:09.75	00:59:17.70	+00:27:31 (46.5%)	5:55	10.1 (53.2%)
78	KAŹMIERCZAK Joanna	182		K30-49	14	00:00:07	00:59:19.50	00:59:27.20	+00:27:41 (46.7%)	5:56	10.1 (53.2%)
79	AMPULSKI Mariusz	101	NASIELSK BASZTA TEAM	M30-49	36	00:00:07	00:59:20.50	00:59:28.00	+00:27:42 (46.7%)	5:56	10.1 (53.2%)
80	KOŁODZIEJCZYK Krzysztof	130	NASIELSK BASZTA TEAM	M30-49	37	00:00:04	01:00:09.65	01:00:14.00	+00:28:31 (47.4%)	6:01	10 (52.6%)
81	CHMURSKA Aneta	108		K30-49	15	00:00:06	01:00:10.90	01:00:17.70	+00:28:32 (47.4%)	6:01	10 (52.6%)
82	BRZĘCKA Ewelina	177	KS MAKÓW BIEGA	K16-29	6	00:00:04	01:01:00.70	01:01:04.75	+00:29:22 (48.1%)	6:06	9.8 (51.6%)
83	WRÓBLEWSKA Ewelina	170	LIDER WINNICA	K16-29	7	00:00:08	01:01:21.40	01:01:30.15	+00:29:43 (48.4%)	6:08	9.8 (51.6%)
84	KOZŁOWSKI Sebastian	137	LIDER WINNICA	M16-29	17	00:00:08	01:01:21.75	01:01:30.40	+00:29:43 (48.4%)	6:08	9.8 (51.6%)
85	RŻANY Monika	161	ZABIEGANI MIELEC	K30-49	16	00:00:08	01:02:21.15	01:02:29.85	+00:30:42 (49.3%)	6:14	9.6 (50.5%)
86	JASKOT Roman	382		M50+	7	00:00:07	01:03:14.65	01:03:22.00	+00:31:36 (50.0%)	6:19	9.5 (50.0%)
87	RUCIŃSKI Jarosław	157	NASIELSK BASZTA TEAM	M30-49	38	00:00:07	01:03:20.35	01:03:27.40	+00:31:42 (50.0%)	6:20	9.5 (50.0%)
88	KONCA Beata	132	KB OŻARÓW MAZOWIECKI BIEGA	K30-49	17	00:00:09	01:03:28.30	01:03:37.85	+00:31:49 (50.2%)	6:20	9.5 (50.0%)
89	TOMASIŃSKA Katarzyna	168		K30-49	18	00:00:08	01:03:33.60	01:03:41.70	+00:31:55 (50.2%)	6:21	9.4 (49.5%)
90	SKRZYPEK Roman	389		M50+	8	00:00:00	01:04:10.00	01:04:10.00	+00:32:31 (50.7%)	6:25	9.4 (49.5%)
91	BAJOREK Jacek	102		M30-49	39	00:00:10	01:12:07.60	01:12:17.70	+00:40:29 (56.1%)	7:12	8.3 (43.7%)
92	ŁASIŃSKA Marzena	141	2111.PL	K50+	3	00:00:09	01:12:07.95	01:12:17.70	+00:40:29 (56.1%)	7:12	8.3 (43.7%)
93	KULASZEWSKI Piotr	139		M16-29	18	00:00:09	01:12:08.00	01:12:17.00	+00:40:29 (56.1%)	7:12	8.3 (43.7%)
94	KILIAN Monika	129	ELEKTRYKWARSZAWA.PL	K30-49	19	00:00:09	01:49:50.60	01:50:00.00	+01:18:12 (71.2%)	10:59	5.5 (28.9%)
95	FIOŁKA Julia	190		K30-49	20	00:00:09	01:49:50.70	01:50:00.00	+01:18:12 (71.2%)	10:59	5.5 (28.9%)

Znaleziono 95 wynik(ów)