

Pułtowski Festiwal Biegów

2017

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

PFB 2017 :: KLASYFIKACJA FESTIWALOWA

Pułtowski Festiwal Biegów 2017
Stowarzyszenie Pułtovia
2017-05-05
Pułtusk
20 km

B4SPORT

B4SPORT
INTELEKTNE ZAWODY SPORTOWE

Klasyfikacja: M30-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Bieg wokół najdłuższego rynku w Europie	Bieg Nocny śladami historii Pułtуска	Bieg Dwóch Wysp	Bursztynowy Bieg Po Puszczy Białej	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	MARYNICZ Vitalij	193		M30-49	1	00:04:25.40	00:09:48.65	00:15:37.85	00:32:58.70	01:02:50.60		3:08	19.1 (100%)
2	ŚWIECAK Robert	176	WILGA GARWOLIN	M30-49	2	00:04:50.40	00:10:30.90	00:16:57.50	00:35:44.85	01:08:03.65	+00:05:13 (7.7%)	3:24	17.6 (92.1%)
3	NOWOSIELSKI Michał	181	Z BIEGIEM NARWI	M30-49	3	00:05:08.45	00:11:08.00	00:17:18.80	00:35:56.95	01:09:32.20	+00:06:41 (9.6%)	3:28	17.3 (90.6%)
4	ŁASIŃSKI Michał	142	2111.PL	M30-49	4	00:05:05.90	00:11:07.90	00:17:22.85	00:37:00.25	01:10:36.90	+00:07:46 (11.0%)	3:31	17 (89.0%)
5	JEŻ Adam	125	DREAM RUN	M30-49	5	00:05:12.70	00:11:35.30	00:18:11.25	00:38:25.80	01:13:25.05	+00:10:34 (14.4%)	3:40	16.3 (85.3%)
6	ZAJĄC Paweł	172		M30-49	6	00:05:31.00	00:12:18.30	00:18:52.80	00:39:37.10	01:16:19.20	+00:13:28 (17.7%)	3:48	15.7 (82.2%)
7	SKRZYPCZYŃSKI Krzysztof	164	NASIELSK BASZTA TEAM	M30-49	7	00:05:53.20	00:13:03.30	00:20:27.50	00:44:24.20	01:23:48.20	+00:20:57 (25.0%)	4:11	14.3 (74.9%)
8	SOBOTA Krzysztof	174	LIDER WINNICA	M30-49	8	00:06:00.70	00:13:15.80	00:21:08.45	00:43:36.10	01:24:01.05	+00:21:10 (25.2%)	4:12	14.3 (74.9%)
9	MALICKI Krzysztof	144		M30-49	9	00:06:32.35	00:13:30.35	00:20:55.20	00:43:18.15	01:24:16.05	+00:21:25 (25.4%)	4:12	14.2 (74.3%)
10	ROZIŃSKI Arkadiusz	185	UKS '4 URSUS' WARSZAWA	M30-49	10	00:05:58.50	00:13:28.10	00:20:47.25	00:44:05.80	01:24:19.65	+00:21:29 (25.5%)	4:12	14.2 (74.3%)
11	JANISZEWSKI Jarosław	122	KS MAKÓW BIEGA	M30-49	11	00:05:44.05	00:12:48.30	00:20:16.05	00:46:35.10	01:25:23.50	+00:22:32 (26.4%)	4:16	14.1 (73.8%)
12	NAJMOŁA Piotr	150	ZABIEGANI PUŁTUSK	M30-49	12	00:06:31.20	00:14:36.45	00:21:39.20	00:45:09.55	01:27:56.40	+00:25:05 (28.5%)	4:23	13.6 (71.2%)
13	KOZAK Mariusz	135		M30-49	13	00:06:31.30	00:14:13.85	00:22:19.65	00:46:19.80	01:29:24.60	+00:26:34 (29.7%)	4:28	13.4 (70.2%)
14	JANKOWSKI Radek	124	NASIELSK BASZTA TEAM	M30-49	14	00:06:34.35	00:14:10.40	00:22:06.60	00:47:21.75	01:30:13.10	+00:27:22 (30.3%)	4:30	13.3 (69.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Bieg wokół	Bieg Nocny	Bieg	Bursztynowy	Czas	Różn	Tempo min/km	Tempo km/h
						najdłuższego rynku w Europie	śladami historii Pułtuszka	Dwóch Wysp	Bieg Po Puszczy Białej	netto 10km			
15	KOPKA Artur	183	LIDER WINNICA	M30-49	15	00:06:13.05	00:13:46.70	00:22:15.50	00:48:55.50	01:31:10.75	+00:28:20 (31.1%)	4:33	13.2 (69.1%)
16	RYDZEWSKI Andrzej	160		M30-49	16	00:06:39.60	00:14:45.00	00:23:04.75	00:47:37.65	01:32:07.00	+00:29:16 (31.8%)	4:36	13 (68.1%)
17	MALUCHNIK Marek	145	NASIELSK BASZTA TEAM	M30-49	17	00:07:03.35	00:15:06.15	00:21:52.55	00:53:21.15	01:37:23.20	+00:34:32 (35.5%)	4:52	12.3 (64.4%)
18	ŁASIŃSKI Paweł	143	2111.PL	M30-49	18	00:06:53.25	00:15:51.60	00:25:17.80	00:52:30.20	01:40:32.85	+00:37:42 (37.5%)	5:01	11.9 (62.3%)
19	GUTKOWSKI Janusz	120		M30-49	19	00:07:30.90	00:15:57.95	00:25:00.85	00:52:54.55	01:41:24.25	+00:38:33 (38.0%)	5:04	11.8 (61.8%)
20	CICHOCKI Szymon	203	AKTYWNIIE ZAKRĘCENI	M30-49	20	00:07:28.95	00:16:05.60	00:24:32.50	00:53:49.20	01:41:56.25	+00:39:05 (38.4%)	5:05	11.8 (61.8%)
21	KOZŁOWSKI Witold	136	LRC	M30-49	21	00:07:17.10	00:16:38.60	00:25:42.10	00:53:54.30	01:43:32.10	+00:40:41 (39.3%)	5:10	11.6 (60.7%)
22	KONCA Mariusz	131		M30-49	22	00:07:01.85	00:15:43.85	00:25:05.60	00:56:28.30	01:44:19.60	+00:41:29 (39.8%)	5:12	11.5 (60.2%)
23	BORKOWSKI Jacek	106		M30-49	23	00:07:35.80	00:17:32.30	00:26:54.20	00:57:17.80	01:49:20.10	+00:46:29 (42.5%)	5:28	11 (57.6%)
24	GRZYBOWSKI Mikołaj	119		M30-49	24	00:08:18.75	00:18:27.65	00:27:28.35	00:57:37.90	01:51:52.65	+00:49:02 (43.8%)	5:35	10.7 (56.0%)
25	KOŁODZIEJCZYK Krzysztof	130	NASIELSK BASZTA TEAM	M30-49	25	00:07:31.85	00:16:39.65	00:27:35.20	01:00:09.65	01:51:56.35	+00:49:05 (43.9%)	5:35	10.7 (56.0%)
26	PRZYBYSZ Marcin	155		M30-49	26	00:07:48.20	00:17:27.00	00:28:39.55	00:58:46.00	01:52:40.75	+00:49:50 (44.2%)	5:38	10.7 (56.0%)
27	BALCERZAK Paweł	103		M30-49	27	00:07:52.20	00:18:51.70	00:28:44.10	00:57:26.30	01:52:54.30	+00:50:03 (44.3%)	5:38	10.6 (55.5%)
28	RUCIŃSKI Jarosław	157	NASIELSK BASZTA TEAM	M30-49	28	00:08:16.40	00:18:05.55	00:28:49.10	01:03:20.35	01:58:31.40	+00:55:40 (47.0%)	5:55	10.1 (52.9%)
29	BAJOREK Jacek	102		M30-49	29	00:08:44.75	00:19:41.80	00:30:12.10	01:12:07.60	02:10:46.25	+01:07:55 (51.9%)	6:32	9.2 (48.2%)
	JAROSZ Marcin	200	MAZOVIA PROACTIV	M30-49		00:10:33.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF	-	-	- (0.0%)
	TOMCZAK Marcin	201		M30-49		00:05:30.55 DNF	00:11:39.95 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF	-	-	- (0.0%)
	GREGAJTYS Jacek	118		M30-49		00:07:25.35 DNF	00:15:45.50 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF	-	-	- (0.0%)
	KOWALIŃSKI Maciej	134	MAZOVIA PROACTIV	M30-49		00:00:00.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	00:53:24.10 DNF	DNF	-	-	- (0.0%)
	WRÓBLEWSKI Robert	171	LIDER WINICA	M30-49		00:07:49.30 DNF	00:17:54.85 DNF	00:28:53.30 DNF	00:00:00.00 DNF	DNF	-	-	- (0.0%)
	SPIEWAK Maciej	165		M30-49		00:08:45.70 DNF	00:20:15.50 DNF	00:31:46.70 DNF	00:00:00.00 DNF	DNF	-	-	- (0.0%)
	PIEKUTOWSKI Sławomir	153		M30-49		00:06:36.75 DNF	00:14:45.00 DNF	00:00:00.00 DNF	00:50:01.25 DNF	DNF	-	-	- (0.0%)
	PREWĘCKI Adam	154	ZABIEGANI PUŁTUSK	M30-49		00:07:10.15 DNF	00:15:51.05 DNF	00:00:00.00 DNF	00:50:09.50 DNF	DNF	-	-	- (0.0%)

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	ELSNER Artur	178		M30-49		00:07:03.55 DNF	00:19:23.95 DNF	00:00:00.00 DNF	00:53:09.35 DNF	DNF	-	-	(0.0%)
	AMPULSKI Mariusz	101	NASIELSK BASZTA TEAM	M30-49		00:08:12.65 DNF	00:18:16.70 DNF	00:00:00.00 DNF	00:59:20.50 DNF	DNF	-	-	(0.0%)

Znaleziono 39 wynik(ów)