

Pułtuski Festiwal Biegów

4-6 maja 2018

PFB 2018 :: BIEG DWÓCH WYSP

B4SPORT

Wydarzenie: Pułtuski Festiwal Biegów 2018
Organizator: Stowarzyszenie Pultovia
Data: 2018-05-05
Miejsce: Pułtusk
Dystans: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	VERECKYI Pavel	170	LKB RUDNIK	M30-49	1	00:00:00	00:15:37.85	00:15:38.80		3:07	19.2 (100%)
2	DĄBROWSKI Przemysław	166	AGRO-METAL OSTROŁĘKA	M16-29	1	00:00:00	00:16:04.95	00:16:05.90	+00:00:27 (2.8%)	3:13	18.7 (97.4%)
3	MARYNYCZ Vitalii	172	SAPIK-TEAM	M30-49	2	00:00:00	00:16:24.75	00:16:25.70	+00:00:46 (4.8%)	3:17	18.3 (95.3%)
4	MAKOWSKI Michał	109	MAZOVIA PROACTIV, 2.OREL PRZASNYSZ	M30-49	3	00:00:01	00:16:27.60	00:16:28.65	+00:00:49 (5.0%)	3:17	18.2 (94.8%)
5	DZIĘGIELEWSKI Marek	159	KB IM.P.SĘKOWSKIEGO W PŁOŃSKU	M50+	1	00:00:01	00:16:29.60	00:16:31.15	+00:00:51 (5.2%)	3:18	18.2 (94.8%)
6	MIKIELSKI Daniel	143		M16-29	2	00:00:01	00:16:44.95	00:16:46.40	+00:01:07 (6.7%)	3:21	17.9 (93.2%)
7	TABER Konrad	150	ACTIVE PROSPERIA/STO-NOGI MILANÓWEK	M16-29	3	00:00:00	00:17:21.25	00:17:21.25	+00:01:43 (9.9%)	3:28	17.3 (90.1%)
8	KUJAWA Krzysztof	157	WIĘCKOWSKI TEAM	M30-49	4	00:00:01	00:17:24.50	00:17:25.80	+00:01:46 (10.2%)	3:28	17.2 (89.6%)
9	ŁASIŃSKI Michał	154	2111.PL / BIEGAM BO LUBIĘ NOCĄ	M30-49	5	00:00:00	00:17:32.65	00:17:32.65	+00:01:54 (10.9%)	3:30	17.1 (89.1%)
10	KILIAVSKA Valentyna	171	LKB RUDNIK	K16-29	1	00:00:01	00:17:51.40	00:17:52.45	+00:02:13 (12.5%)	3:34	16.8 (87.5%)
11	POPOVA Olena	168		K30-49	1	00:00:01	00:17:54.20	00:17:55.75	+00:02:16 (12.7%)	3:34	16.8 (87.5%)
12	MEJER Jacek	100	DRUŻYNA SZPIKU	M30-49	6	00:00:01	00:18:08.95	00:18:10.80	+00:02:31 (13.9%)	3:37	16.5 (85.9%)
13	DIATLOVA Julia	163	KB RAWICZ	K16-29	2	00:00:01	00:18:12.70	00:18:13.95	+00:02:34 (14.2%)	3:38	16.5 (85.9%)
14	KUCIEJCZYK Henryk	104	TEMPO MŁAWA	M50+	2	00:00:02	00:18:22.15	00:18:24.20	+00:02:44 (14.9%)	3:40	16.3 (84.9%)
15	WIĘCKOWSKI Wojciech	180		M50+	3	00:00:01	00:18:48.30	00:18:50.05	+00:03:10 (16.9%)	3:45	15.9 (82.8%)
16	KUNOWSKI Bartosz	147	ZABIEGANY WOŁOMIN	M30-49	7	00:00:02	00:18:55.80	00:18:57.85	+00:03:17 (17.4%)	3:47	15.9 (82.8%)
17	ŚLIWIAK Justyna	138	KB TKKF PROMYK CIECHANÓW	K16-29	3	00:00:02	00:19:32.65	00:19:34.80	+00:03:54 (20.0%)	3:54	15.4 (80.2%)
18	WRÓBEL Marcin	118		M30-49	8	00:00:02	00:19:44.25	00:19:46.70	+00:04:06 (20.8%)	3:56	15.2 (79.2%)
19	MIELCZARSKI Bartosz	144	POMIJALNI	M30-49	9	00:00:03	00:19:49.45	00:19:52.85	+00:04:11 (21.2%)	3:57	15.1 (78.6%)
20	SUDZIŃSKA Mariola	129	AKM OLSZTYN	K30-49	2	00:00:01	00:20:25.80	00:20:27.75	+00:04:47 (23.5%)	4:05	14.7 (76.6%)
21	SOBOTA Krzysztof	167	BRAVE HEARTS	M30-49	10	00:00:03	00:20:39.70	00:20:42.95	+00:05:01 (24.3%)	4:07	14.5 (75.5%)
22	DUDA Tomasz	105		M30-49	11	00:00:03	00:20:41.55	00:20:44.70	+00:05:03 (24.5%)	4:08	14.5 (75.5%)
23	LEWANDOWSKA Karolina	160	DREAM RUN	K30-49	3	00:00:02	00:20:46.95	00:20:49.70	+00:05:09 (24.8%)	4:09	14.4 (75.0%)
24	SARZAŁA Dariusz	192	SARZALA RUN TEAM	M50+	4	00:00:02	00:20:56.85	00:20:59.75	+00:05:19 (25.4%)	4:11	14.3 (74.5%)
25	OLKOWSKA Wiktoria	141		K16-29	4	00:00:02	00:21:01.00	00:21:03.75	+00:05:23 (25.6%)	4:12	14.3 (74.5%)
26	RUCHLEWICZ Natalia	111		K16-29	5	00:00:02	00:21:05.70	00:21:08.15	+00:05:27 (25.9%)	4:13	14.2 (74.0%)
27	CISZEWSKA Danuta	173		K30-49	4	00:00:02	00:21:10.10	00:21:12.30	+00:05:32 (26.2%)	4:14	14.2 (74.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
28	KARASIEWICZ Dariusz	106	LIDER WINNICA	M16-29	4	00:00:02	00:21:29.35	00:21:32.00	+00:05:51 (27.3%)	4:18	14 (72.9%)
29	ROSIŃSKA Barbara	102	STO-NOGI MILANÓWEK	K50+	1	00:00:02	00:21:38.10	00:21:40.25	+00:06:00 (27.8%)	4:19	13.9 (72.4%)
30	TRZCIŃSKI Wiesław	162	SARZALA RUN TEAM	M50+	5	00:00:03	00:21:51.00	00:21:54.20	+00:06:13 (28.5%)	4:22	13.7 (71.4%)
31	WITKOWSKI Łukasz	133	NASIELSK BASZTA TEAM	M30-49	12	00:00:02	00:22:08.55	00:22:11.30	+00:06:30 (29.4%)	4:25	13.5 (70.3%)
32	KARASIEWICZ Paweł	101	LIDER WINNICA	M16-29	5	00:00:07	00:22:22.50	00:22:29.65	+00:06:44 (30.1%)	4:28	13.4 (69.8%)
33	JAKUBOWSKI Dariusz	122		M30-49	13	00:00:06	00:22:44.60	00:22:51.55	+00:07:06 (31.3%)	4:33	13.2 (68.8%)
34	ŚRUTKOWSKI Sylwester	292		M16-29	6	00:00:04	00:23:04.75	00:23:09.35	+00:07:26 (32.3%)	4:37	13 (67.7%)
35	ŻYŁA Arkadiusz	190	NASIELSK BASZTA TEAM	M16-29	7	00:00:02	00:23:06.10	00:23:08.25	+00:07:28 (32.3%)	4:37	13 (67.7%)
36	KRAWCZYK Paweł	151	LIDER WINNICA	M30-49	14	00:00:06	00:23:30.55	00:23:37.05	+00:07:52 (33.5%)	4:42	12.8 (66.7%)
37	ROSIŃSKI Eugeniusz	103	STO-NOGI MILANÓWEK	M50+	6	00:00:06	00:23:41.75	00:23:47.90	+00:08:03 (34.0%)	4:44	12.7 (66.1%)
38	ŁASIŃSKI Paweł	156	2111.PL	M30-49	15	00:00:03	00:23:42.45	00:23:46.20	+00:08:04 (34.1%)	4:44	12.6 (65.6%)
39	GŁOWACKI Andrzej	165	DOWÓDZTWO WOT	M30-49	16	00:00:06	00:23:46.60	00:23:53.40	+00:08:08 (34.3%)	4:45	12.6 (65.6%)
40	SARZAŁA Bartłomiej	161	SARZALA RUN TEAM	M16-29	8	00:00:02	00:23:53.60	00:23:56.05	+00:08:15 (34.6%)	4:46	12.6 (65.6%)
41	PASZKOWSKA Renata	130		K30-49	5	00:00:05	00:23:55.05	00:24:00.75	+00:08:17 (34.6%)	4:47	12.5 (65.1%)
42	TABER Jerzy	183	ACTIVE PROSPERIA/STO-NOGI MILANÓWEK	M50+	7	00:00:01	00:24:01.35	00:24:03.30	+00:08:23 (34.9%)	4:48	12.5 (65.1%)
43	MUZYKA Marek	142	WIELISZEW HERON TEAM	M30-49	17	00:00:03	00:24:04.15	00:24:07.90	+00:08:26 (35.1%)	4:48	12.5 (65.1%)
44	BRACH Agnieszka	146		K16-29	6	00:00:04	00:24:04.60	00:24:08.70	+00:08:26 (35.1%)	4:48	12.5 (65.1%)
45	KONCA Aleksander	177	KB OŻARÓW MAZ.	M16-29	9	00:00:04	00:24:30.45	00:24:34.75	+00:08:52 (36.2%)	4:54	12.2 (63.5%)
46	BANASIAK Artur	112		M16-29	10	00:00:06	00:24:41.20	00:24:47.30	+00:09:03 (36.7%)	4:56	12.2 (63.5%)
47	KONCA Mariusz	176	KB OŻARÓW MAZ.	M30-49	18	00:00:06	00:24:45.15	00:24:51.15	+00:09:07 (36.9%)	4:57	12.1 (63.0%)
48	KOŁODZIEJCZYK Krzysztof	128	NASIELSK BASZTA TEAM	M30-49	19	00:00:08	00:25:07.20	00:25:16.10	+00:09:29 (37.8%)	5:01	11.9 (62.0%)
49	DOBROSIELSKI Kazimierz	125		M50+	8	00:00:04	00:25:09.60	00:25:14.40	+00:09:31 (37.9%)	5:02	11.9 (62.0%)
50	KOZŁOWSKI Witold	113	WARSZAWA-BEMOWO	M30-49	20	00:00:08	00:25:10.80	00:25:19.45	+00:09:32 (37.9%)	5:02	11.9 (62.0%)
51	SZADKOWSKI Piotr	295		M16-29	11	00:00:01	00:25:30.55	00:25:32.30	+00:09:52 (38.7%)	5:06	11.8 (61.5%)
52	DZIĘGIELEWSKA Małgorzata	158	KB IM.P.SĘKOWSKIEGO W PŁOŃSKU	K50+	2	00:00:03	00:26:25.05	00:26:28.50	+00:10:47 (40.8%)	5:17	11.4 (59.4%)
53	KIELAN Damian	140		M16-29	12	00:00:05	00:26:41.45	00:26:47.00	+00:11:03 (41.4%)	5:20	11.2 (58.3%)
54	CHOJNACKI Kamil	189	LIDER WINNICA	M16-29	13	00:00:05	00:26:48.20	00:26:53.80	+00:11:10 (41.7%)	5:21	11.2 (58.3%)
55	MARCZAK Grażyna	114	LECZO TEAM	K50+	3	00:00:04	00:26:55.15	00:26:59.30	+00:11:17 (41.9%)	5:23	11.1 (57.8%)
56	GRZYBOWSKI Mikołaj	132		M30-49	21	00:00:05	00:27:21.60	00:27:27.10	+00:11:43 (42.9%)	5:28	11 (57.3%)
57	PIWOWARCZYK Marcin	187	BRAVE HEARTS LEGIONOWO	M30-49	22	00:00:09	00:27:54.90	00:28:04.40	+00:12:17 (44.0%)	5:35	10.7 (55.7%)
58	BALCERZAK Paweł	116		M30-49	23	00:00:08	00:27:57.55	00:28:06.00	+00:12:19 (44.1%)	5:35	10.7 (55.7%)
59	PAWEŁAS Marta	145	POMIJALNI	K30-49	6	00:00:03	00:28:20.60	00:28:23.80	+00:12:42 (44.9%)	5:40	10.6 (55.2%)
60	BARANOWSKA Marta	117	KLUB BIEGAJĄCYCH LEŚNIKÓW	K16-29	7	00:01:45	00:28:35.95	00:30:20.95	+00:12:58 (45.3%)	5:43	10.5 (54.7%)
61	FEDERCZYK Zbigniew	294		M30-49	24	00:00:05	00:28:36.85	00:28:41.95	+00:12:59 (45.4%)	5:43	10.5 (54.7%)
62	KONCA Beata	175	KB OŻARÓW MAZ.	K30-49	7	00:00:05	00:28:54.60	00:29:00.25	+00:13:16 (45.9%)	5:47	10.4 (54.2%)
63	WALCZYNA Dariusz	179	INOS TOWARZYSZE	M30-49	25	00:00:04	00:28:57.90	00:29:02.40	+00:13:20 (46.0%)	5:47	10.4 (54.2%)
64	CHMURSKA Aneta	148	NASIELSK BASZTA TEAM	K30-49	8	00:00:10	00:28:58.90	00:29:09.15	+00:13:21 (46.1%)	5:47	10.4 (54.2%)
65	BAŁABAS Adam	194	MAZOVIA PROACTIV CIECHANÓW	M30-49	26	00:00:09	00:29:07.95	00:29:17.15	+00:13:30 (46.3%)	5:49	10.3 (53.6%)
66	KRASKOWSKA Ewelina	188	MAZOVIA PROACTIV	K30-49	9	00:00:08	00:29:08.35	00:29:17.25	+00:13:30 (46.4%)	5:49	10.3 (53.6%)
67	STRZELECKI Michał	120		M30-49	27	00:00:06	00:29:14.80	00:29:21.65	+00:13:36 (46.6%)	5:51	10.3 (53.6%)
68	SZMYT Barbara	178	INOS TOWARZYSZE	K30-49	10	00:00:04	00:29:30.05	00:29:34.20	+00:13:52 (47.0%)	5:54	10.2 (53.1%)
69	WOJCIECHOWSKA Wioletta	136		K50+	4	00:00:03	00:29:59.35	00:30:02.75	+00:14:21 (47.9%)	5:59	10 (52.1%)
70	STRZELECKA Marta	119		K30-49	11	00:00:06	00:30:03.45	00:30:10.25	+00:14:25 (48.0%)	6:00	10 (52.1%)
71	PIWOWARCZYK Agata	186	BRAVE HEARTS LEGIONOWO	K30-49	12	00:00:08	00:30:15.65	00:30:23.75	+00:14:37 (48.3%)	6:03	9.9 (51.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
72	JAKUBCZYK Edyta	293		K30-49	13	00:00:03	00:30:15.90	00:30:19.15	+00:14:38 (48.4%)	6:03	9.9 (51.6%)
73	FILIPOWICZ Ewa	126		K16-29	8	00:00:05	00:30:30.70	00:30:36.00	+00:14:52 (48.8%)	6:06	9.8 (51.0%)
74	FILIPOWIVZ Tomek	124		M30-49	28	00:00:05	00:30:30.75	00:30:35.95	+00:14:52 (48.8%)	6:06	9.8 (51.0%)
75	SIENIKOWSKA Izabela	174	LIDER WINNICA	K16-29	9	00:00:05	00:31:11.40	00:31:17.25	+00:15:33 (49.9%)	6:14	9.6 (50.0%)
76	KAŻMIERCZAK Joanna	182		K30-49	14	00:00:07	00:31:13.20	00:31:21.15	+00:15:35 (49.9%)	6:14	9.6 (50.0%)
77	ZAWARTKA Zofia	181	TDM SPORT TEAM	K50+	5	00:00:07	00:31:13.55	00:31:21.00	+00:15:35 (49.9%)	6:14	9.6 (50.0%)
78	RUCIŃSKI Jarosław	134	NASIELSK BASZTA TEAM	M30-49	29	00:00:11	00:31:24.55	00:31:36.15	+00:15:46 (50.2%)	6:17	9.5 (49.5%)
79	TOMASIŃSKI Paweł	127		M30-49	30	00:00:10	00:31:25.80	00:31:36.20	+00:15:47 (50.3%)	6:17	9.5 (49.5%)
80	ŁASIŃSKA Marzena	155	2111.PL	K50+	6	00:00:06	00:31:27.65	00:31:33.85	+00:15:49 (50.3%)	6:17	9.5 (49.5%)
81	RUCIŃSKA Jolanta	135	NASIELSK BASZTA TEAM	K30-49	15	00:00:11	00:31:28.80	00:31:40.15	+00:15:50 (50.3%)	6:17	9.5 (49.5%)
82	TOMASIŃSKA Katarzyna	123	NASIELSK BASZTA TEAM	K30-49	16	00:00:10	00:31:29.60	00:31:39.85	+00:15:51 (50.4%)	6:17	9.5 (49.5%)
83	SKRZYPEK Roman J.	115		M50+	9	00:00:07	00:32:51.90	00:32:59.45	+00:17:14 (52.4%)	6:34	9.1 (47.4%)
84	GŁOWACKA Aleksandra	164		K30-49	17	00:00:09	00:35:04.15	00:35:13.35	+00:19:26 (55.4%)	7:00	8.6 (44.8%)
85	KILIAN Monika	137	ELEKTRYKWARSZAWA.PL	K30-49	18	00:00:04	00:35:21.05	00:35:25.70	+00:19:43 (55.8%)	7:04	8.5 (44.3%)
86	MALUCHNIK Marek	110	NASIELSK BASZTA TEAM	M30-49	31	00:00:09	00:35:46.25	00:35:55.95	+00:20:08 (56.3%)	7:09	8.4 (43.8%)
87	KULASZEWSKI Piotr	185		M16-29	14	00:00:06	00:36:38.90	00:36:45.55	+00:21:01 (57.3%)	7:19	8.2 (42.7%)
88	ROZHNIATOWSKA Ksenia	296		K16-29	10	00:00:03	00:36:42.60	00:36:45.65	+00:21:04 (57.4%)	7:20	8.2 (42.7%)

Znaleziono 88 wynik(ów)