

# Pułtuski Festiwal Biegów

4-6 maja 2018

## PFB 2018 :: BIEG DWÓCH WYSP

B4SPORT

**Wydarzenie:** Pułtuski Festiwal Biegów 2018  
**Organizator:** Stowarzyszenie Pultovia  
**Data:** 2018-05-05  
**Miejsce:** Pułtusk  
**Dystans:** 5 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	KILIAVSKA Valentyna	171	LKB RUDNIK	K16-29	1	00:00:01	00:17:51.40	00:17:52.45		3:34	16.8 (100%)
2	POPOVA Olena	168		K30-49	1	00:00:01	00:17:54.20	00:17:55.75	+00:00:02 (0.3%)	3:34	16.8 (100%)
3	DIATLOVA Julia	163	KB RAWICZ	K16-29	2	00:00:01	00:18:12.70	00:18:13.95	+00:00:21 (1.9%)	3:38	16.5 (98.2%)
4	ŚLIWIAK Justyna	138	KB TKKF PROMYK CIECHANÓW	K16-29	3	00:00:02	00:19:32.65	00:19:34.80	+00:01:41 (8.6%)	3:54	15.4 (91.7%)
5	SUDZIŃSKA Mariola	129	AKM OLSZTYN	K30-49	2	00:00:01	00:20:25.80	00:20:27.75	+00:02:34 (12.6%)	4:05	14.7 (87.5%)
6	LEWANDOWSKA Karolina	160	DREAM RUN	K30-49	3	00:00:02	00:20:46.95	00:20:49.70	+00:02:55 (14.1%)	4:09	14.4 (85.7%)
7	OLKOWSKA Wiktoria	141		K16-29	4	00:00:02	00:21:01.00	00:21:03.75	+00:03:09 (15.0%)	4:12	14.3 (85.1%)
8	RUCHLEWICZ Natalia	111		K16-29	5	00:00:02	00:21:05.70	00:21:08.15	+00:03:14 (15.4%)	4:13	14.2 (84.5%)
9	CISZEWSKA Danuta	173		K30-49	4	00:00:02	00:21:10.10	00:21:12.30	+00:03:18 (15.6%)	4:14	14.2 (84.5%)
10	ROSIŃSKA Barbara	102	STO-NOGI MILANÓWEK	K50+	1	00:00:02	00:21:38.10	00:21:40.25	+00:03:46 (17.5%)	4:19	13.9 (82.7%)
11	PASZKOWSKA Renata	130		K30-49	5	00:00:05	00:23:55.05	00:24:00.75	+00:06:03 (25.3%)	4:47	12.5 (74.4%)
12	BRACH Agnieszka	146		K16-29	6	00:00:04	00:24:04.60	00:24:08.70	+00:06:13 (25.8%)	4:48	12.5 (74.4%)
13	DZIĘGIELEWSKA Małgorzata	158	KB IM.P.SĘKOWSKIEGO W PŁOŃSKU	K50+	2	00:00:03	00:26:25.05	00:26:28.50	+00:08:33 (32.4%)	5:17	11.4 (67.9%)
14	MARCZAK Grażyna	114	LECZO TEAM	K50+	3	00:00:04	00:26:55.15	00:26:59.30	+00:09:03 (33.7%)	5:23	11.1 (66.1%)
15	PAWEŁAS Marta	145	POMIJAŁNI	K30-49	6	00:00:03	00:28:20.60	00:28:23.80	+00:10:29 (37.0%)	5:40	10.6 (63.1%)
16	BARANOWSKA Marta	117	KLUB BIEGAJĄCYCH LEŚNIKÓW	K16-29	7	00:01:45	00:28:35.95	00:30:20.95	+00:10:44 (37.6%)	5:43	10.5 (62.5%)
17	KONCA Beata	175	KB OŻARÓW MAZ.	K30-49	7	00:00:05	00:28:54.60	00:29:00.25	+00:11:03 (38.2%)	5:47	10.4 (61.9%)
18	CHMURSKA Aneta	148	NASIELSK BASZTA TEAM	K30-49	8	00:00:10	00:28:58.90	00:29:09.15	+00:11:07 (38.4%)	5:47	10.4 (61.9%)
19	KRASKOWSKA Ewelina	188	MAZOVIA PROACTIV	K30-49	9	00:00:08	00:29:08.35	00:29:17.25	+00:11:16 (38.7%)	5:49	10.3 (61.3%)
20	SZMYT Barbara	178	INOS TOWARZYSZE	K30-49	10	00:00:04	00:29:30.05	00:29:34.20	+00:11:38 (39.5%)	5:54	10.2 (60.7%)
21	WOJCIECHOWSKA Wioletta	136		K50+	4	00:00:03	00:29:59.35	00:30:02.75	+00:12:07 (40.5%)	5:59	10 (59.5%)
22	STRZELECKA Marta	119		K30-49	11	00:00:06	00:30:03.45	00:30:10.25	+00:12:12 (40.6%)	6:00	10 (59.5%)
23	PIWOWARCZYK Agata	186	BRAVE HEARTS LEGIONOWO	K30-49	12	00:00:08	00:30:15.65	00:30:23.75	+00:12:24 (41.0%)	6:03	9.9 (58.9%)
24	JAKUBCZYK Edyta	293		K30-49	13	00:00:03	00:30:15.90	00:30:19.15	+00:12:24 (41.0%)	6:03	9.9 (58.9%)
25	FILIPOWICZ Ewa	126		K16-29	8	00:00:05	00:30:30.70	00:30:36.00	+00:12:39 (41.5%)	6:06	9.8 (58.3%)
26	SIENIKOWSKA Izabela	174	LIDER WINNICA	K16-29	9	00:00:05	00:31:11.40	00:31:17.25	+00:13:20 (42.7%)	6:14	9.6 (57.1%)
27	KAŹMIERCZAK Joanna	182		K30-49	14	00:00:07	00:31:13.20	00:31:21.15	+00:13:21 (42.8%)	6:14	9.6 (57.1%)

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28	<b>ZAWARTKA Zofia</b>	<b>181</b>	TDM SPORT TEAM	K50+	5	00:00:07	<b>00:31:13.55</b>	<b>00:31:21.00</b>	+00:13:22 (42.8%)	6:14	9.6 (57.1%)
29	<b>ŁASIŃSKA Marzena</b>	<b>155</b>	2111.PL	K50+	6	00:00:06	<b>00:31:27.65</b>	<b>00:31:33.85</b>	+00:13:36 (43.2%)	6:17	9.5 (56.5%)
30	<b>RUCIŃSKA Jolanta</b>	<b>135</b>	NASIELSK BASZTA TEAM	K30-49	15	00:00:11	<b>00:31:28.80</b>	<b>00:31:40.15</b>	+00:13:37 (43.3%)	6:17	9.5 (56.5%)
31	<b>TOMASIŃSKA Katarzyna</b>	<b>123</b>	NASIELSK BASZTA TEAM	K30-49	16	00:00:10	<b>00:31:29.60</b>	<b>00:31:39.85</b>	+00:13:38 (43.3%)	6:17	9.5 (56.5%)
32	<b>GŁOWACKA Aleksandra</b>	<b>164</b>		K30-49	17	00:00:09	<b>00:35:04.15</b>	<b>00:35:13.35</b>	+00:17:12 (49.1%)	7:00	8.6 (51.2%)
33	<b>KILIAN Monika</b>	<b>137</b>	ELEKTRYKWARSZAWA.PL	K30-49	18	00:00:04	<b>00:35:21.05</b>	<b>00:35:25.70</b>	+00:17:29 (49.5%)	7:04	8.5 (50.6%)
34	<b>ROZHNIATOWSKA Ksenia</b>	<b>296</b>		K16-29	10	00:00:03	<b>00:36:42.60</b>	<b>00:36:45.65</b>	+00:18:51 (51.4%)	7:20	8.2 (48.8%)

Znaleziono 34 wynik(ów)