

# Pułtuski Festiwal Biegów

4-6 maja 2018

## PFB 2018 :: BIEG WOKÓŁ NAJDŁUŻSZEGO RYNKU W EUROPIE

B4SPORT

**Wydarzenie:** Pułtuski Festiwal Biegów 2018  
**Organizator:** Stowarzyszenie Pultovia  
**Data:** 2018-05-04  
**Miejsce:** Pułtusk  
**Dystans:** 1.6 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 0.8km	Czas netto 1.6km	Czas brutto 1.6km	Różn	Tempo min/km	Tempo km/h
1	MARYNYCZ Vitalii	172	SAPIK-TEAM	M30-49	1	00:00:01	00:02:18	00:04:43.00	00:04:44.25		2:56	20.4 (100%)
2	VERECKYI Pavel	170	LKB RUDNIK	M30-49	2	00:00:01	00:02:18	00:04:43.15	00:04:44.65	+00:00:00 (0.1%)	2:56	20.4 (100%)
3	DĄBROWSKI Przemysław	166	AGRO-METAL OSTROŁĘKA	M16-29	1	00:00:01	00:02:20	00:04:46.30	00:04:47.55	+00:00:03 (1.2%)	2:58	20.1 (98.5%)
4	MAKOWSKI Michał	109	MAZOVIA PROACTIV, 2.OREL PRZASNYSZ	M30-49	3	00:00:01	00:02:23	00:04:53.35	00:04:54.90	+00:00:10 (3.5%)	3:03	19.7 (96.6%)
5	MIKIELSKI Daniel	143		M16-29	2	00:00:01	00:02:28	00:05:00.75	00:05:02.55	+00:00:17 (5.9%)	3:08	19.1 (93.6%)
6	DZIĘGIELEWSKI Marek	159	KB IM.P.SĘKOWSKIEGO W PŁOŃSKU	M50+	1	00:00:01	00:02:29	00:05:04.55	00:05:06.30	+00:00:21 (7.1%)	3:10	18.9 (92.6%)
7	MEJER Jacek	100	DRUŻYNA SZPIKU	M30-49	4	00:00:02	00:02:34	00:05:06.00	00:05:08.05	+00:00:23 (7.5%)	3:11	18.8 (92.2%)
8	KILIAVSKA Valentyna	171	LKB RUDNIK	K16-29	1	00:00:01	00:02:29	00:05:07.30	00:05:09.10	+00:00:24 (7.9%)	3:12	18.7 (91.7%)
9	ŁASIŃSKI Michał	154	2111.PL / BIEGAM BO LUBIĘ NOCĄ	M30-49	5	00:00:02	00:02:31	00:05:08.80	00:05:10.85	+00:00:25 (8.4%)	3:12	18.7 (91.7%)
10	TABER Konrad	150	ACTIVE PROSPERIA/STO-NOGI MILANÓWEK	M16-29	3	00:00:01	00:02:29	00:05:12.95	00:05:14.45	+00:00:29 (9.6%)	3:15	18.4 (90.2%)
11	DIATLOVA Julia	163	KB RAWICZ	K16-29	2	00:00:01	00:02:31	00:05:16.25	00:05:17.65	+00:00:33 (10.5%)	3:17	18.2 (89.2%)
12	KUJAWA Krzysztof	157	WIĘCKOWSKI TEAM	M30-49	6	00:00:02	00:02:39	00:05:19.60	00:05:21.95	+00:00:36 (11.5%)	3:19	18.1 (88.7%)
13	SZCZOTKA Arkadiusz	256		M30-49	7	00:00:01	00:02:32	00:05:23.20	00:05:25.15	+00:00:40 (12.4%)	3:22	17.8 (87.3%)
14	WRÓBEL Marcin	118		M30-49	8	00:00:01	00:02:35	00:05:27.05	00:05:28.80	+00:00:44 (13.5%)	3:24	17.6 (86.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 0.8km	Czas netto 1.6km	Czas brutto 1.6km	Różn	Tempo min/km	Tempo km/h
15	<b>KUNOWSKI Bartosz</b>	<b>147</b>	ZABIEGANY WOŁOMIN	M30-49	9	00:00:02	00:02:40	<b>00:05:30.15</b>	<b>00:05:32.70</b>	+00:00:47 (14.3%)	3:26	17.5 (85.8%)
16	<b>POPOVA Olena</b>	<b>168</b>		K30-49	1	00:00:02	00:02:42	<b>00:05:32.30</b>	<b>00:05:34.35</b>	+00:00:49 (14.8%)	3:27	17.3 (84.8%)
17	<b>WIĘCKOWSKI Wojciech</b>	<b>180</b>		M50+	2	00:00:01	00:02:42	<b>00:05:34.65</b>	<b>00:05:36.15</b>	+00:00:51 (15.4%)	3:29	17.2 (84.3%)
18	<b>SUDZIŃSKA Mariola</b>	<b>129</b>	AKM OLSZTYN	K30-49	2	00:00:02	00:02:48	<b>00:05:34.80</b>	<b>00:05:37.15</b>	+00:00:51 (15.5%)	3:29	17.2 (84.3%)
19	<b>KUCIEJCZYK Henryk</b>	<b>104</b>	TEMPO MŁAWA	M50+	3	00:00:01	00:02:48	<b>00:05:43.40</b>	<b>00:05:45.35</b>	+00:01:00 (17.6%)	3:35	16.7 (81.9%)
20	<b>MIELCZARSKI Bartosz</b>	<b>144</b>	POMIJALNI	M30-49	10	00:00:03	00:02:50	<b>00:05:48.60</b>	<b>00:05:52.45</b>	+00:01:05 (18.8%)	3:38	16.5 (80.9%)
21	<b>DUDA Tomasz</b>	<b>105</b>		M30-49	11	00:00:02	00:02:48	<b>00:05:53.10</b>	<b>00:05:55.50</b>	+00:01:10 (19.9%)	3:40	16.3 (79.9%)
22	<b>SOBOTA Krzysztof</b>	<b>167</b>	BRAVE HEARTS	M30-49	12	00:00:02	00:03:00	<b>00:05:53.70</b>	<b>00:05:56.05</b>	+00:01:10 (20.0%)	3:41	16.3 (79.9%)
23	<b>ŚLIWIAK Justyna</b>	<b>138</b>	KB TKKF PROMYK CIECHANÓW	K16-29	3	00:00:02	00:02:55	<b>00:05:55.00</b>	<b>00:05:57.05</b>	+00:01:12 (20.3%)	3:41	16.2 (79.4%)
24	<b>OLKOWSKA Wiktoria</b>	<b>141</b>		K16-29	4	00:00:02	00:02:52	<b>00:06:00.80</b>	<b>00:06:03.50</b>	+00:01:17 (21.6%)	3:45	16 (78.4%)
25	<b>ŻYŁA Arkadiusz</b>	<b>190</b>	NASIELSK BASZTA TEAM	M16-29	4	00:00:03	00:02:58	<b>00:06:06.40</b>	<b>00:06:09.50</b>	+00:01:23 (22.8%)	3:48	15.7 (77.0%)
26	<b>KARASIEWICZ Dariusz</b>	<b>106</b>	LIDER WINNICA	M16-29	5	00:00:03	00:02:59	<b>00:06:09.00</b>	<b>00:06:12.45</b>	+00:01:26 (23.3%)	3:50	15.6 (76.5%)
27	<b>KARASIEWICZ Paweł</b>	<b>101</b>	LIDER WINNICA	M16-29	6	00:00:03	00:03:06	<b>00:06:13.15</b>	<b>00:06:17.00</b>	+00:01:30 (24.2%)	3:53	15.4 (75.5%)
28	<b>CISZEWSKA Danuta</b>	<b>173</b>		K30-49	3	00:00:02	00:02:59	<b>00:06:13.25</b>	<b>00:06:15.30</b>	+00:01:30 (24.2%)	3:53	15.4 (75.5%)
29	<b>SARZAŁA Dariusz</b>	<b>192</b>	SARZALA RUN TEAM	M50+	4	00:00:02	00:02:59	<b>00:06:15.20</b>	<b>00:06:17.75</b>	+00:01:32 (24.6%)	3:54	15.4 (75.5%)
30	<b>LEWANDOWSKA Karolina</b>	<b>160</b>	DREAM RUN	K30-49	4	00:00:02	00:03:03	<b>00:06:16.25</b>	<b>00:06:18.65</b>	+00:01:33 (24.8%)	3:55	15.3 (75.0%)
31	<b>SZAFRAŃSKA Aneta</b>	<b>153</b>	KB TKKF PROMYK	K30-49	5	00:00:02	00:03:07	<b>00:06:23.15</b>	<b>00:06:26.00</b>	+00:01:40 (26.1%)	4:00	15 (73.5%)
32	<b>BRACH Agnieszka</b>	<b>146</b>		K16-29	5	00:00:03	00:03:09	<b>00:06:23.50</b>	<b>00:06:26.60</b>	+00:01:40 (26.2%)	3:59	15 (73.5%)
33	<b>MALUCHNIK Marek</b>	<b>110</b>	NASIELSK BASZTA TEAM	M30-49	13	00:00:07	00:03:17	<b>00:06:25.55</b>	<b>00:06:33.10</b>	+00:01:42 (26.6%)	4:01	14.9 (73.0%)
34	<b>KONCA Aleksander</b>	<b>177</b>	KB OŻARÓW MAZ.	M16-29	7	00:00:06	00:03:06	<b>00:06:25.65</b>	<b>00:06:31.95</b>	+00:01:42 (26.6%)	4:00	15 (73.5%)
35	<b>RUCHLEWICZ Natalia</b>	<b>111</b>		K16-29	6	00:00:03	00:03:13	<b>00:06:27.55</b>	<b>00:06:30.70</b>	+00:01:44 (27.0%)	4:01	14.9 (73.0%)
36	<b>CHUCHAŁA Włodzimierz</b>	<b>184</b>		M50+	5	00:00:04	00:03:07	<b>00:06:29.85</b>	<b>00:06:34.05</b>	+00:01:46 (27.4%)	4:03	14.8 (72.5%)
37	<b>WITKOWSKI Łukasz</b>	<b>133</b>	NASIELSK BASZTA TEAM	M30-49	14	00:00:03	00:03:17	<b>00:06:31.20</b>	<b>00:06:34.65</b>	+00:01:48 (27.7%)	4:04	14.7 (72.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 0.8km	Czas netto 1.6km	Czas brutto 1.6km	Różn	Tempo min/km	Tempo km/h
38	PASZKOWSKA Renata	130		K30-49	6	00:00:02	00:03:17	00:06:32.55	00:06:35.25	+00:01:49 (27.9%)	4:05	14.7 (72.1%)
39	KALKA Kamil	131		M30-49	15	00:00:02	00:03:17	00:06:32.65	00:06:35.00	+00:01:49 (27.9%)	4:05	14.7 (72.1%)
40	SARZAŁA Bartłomiej	161	SARZALA RUN TEAM	M16-29	8	00:00:02	00:03:06	00:06:33.20	00:06:35.25	+00:01:50 (28.0%)	4:05	14.7 (72.1%)
41	JAKUBOWSKI Dariusz	122		M30-49	16	00:00:04	00:03:17	00:06:34.25	00:06:39.05	+00:01:51 (28.2%)	4:06	14.6 (71.6%)
42	TRZCIŃSKI Wiesław	162		M50+	6	00:00:03	00:03:15	00:06:34.85	00:06:38.30	+00:01:51 (28.3%)	4:06	14.6 (71.6%)
43	GALA Kamila	257	NAPRZÓD MŁOCINY	K30-49	7	00:00:02	00:03:09	00:06:35.15	00:06:37.80	+00:01:52 (28.4%)	4:06	14.6 (71.6%)
44	SKOROSZEWSKI Zygmunt Krzysztof	260		M16-29	9	00:00:03	00:03:08	00:06:36.15	00:06:39.85	+00:01:53 (28.6%)	4:07	14.5 (71.1%)
45	KIELAN Damian	140		M16-29	10	00:00:05	00:03:12	00:06:36.50	00:06:41.90	+00:01:53 (28.6%)	4:07	14.5 (71.1%)
46	GREGAJTYS Aleksandra	121		K16-29	7	00:00:03	00:03:13	00:06:40.00	00:06:43.55	+00:01:57 (29.3%)	4:10	14.4 (70.6%)
47	PIEKUTOWSKI Sławomir	108		M30-49	17	00:00:04	00:03:09	00:06:42.95	00:06:47.45	+00:01:59 (29.8%)	4:11	14.3 (70.1%)
48	KRAWCZYK Paweł	151	LIDER WINNICA	M30-49	18	00:00:03	00:03:10	00:06:43.15	00:06:47.10	+00:02:00 (29.8%)	4:12	14.3 (70.1%)
49	MUZYKA Marek	142	WIELISZEW HERON TEAM	M30-49	19	00:00:03	00:03:11	00:06:45.80	00:06:49.65	+00:02:02 (30.3%)	4:13	14.2 (69.6%)
50	ROSIŃSKA Barbara	102	STO-NOGI MILANÓWEK	K50+	1	00:00:02	00:03:19	00:06:51.85	00:06:54.30	+00:02:08 (31.3%)	4:17	14 (68.6%)
51	ŁASIŃSKI Paweł	156	2111.PL	M30-49	20	00:00:03	00:03:21	00:06:54.40	00:06:57.80	+00:02:11 (31.7%)	4:18	13.9 (68.1%)
52	PIWOWARCZYK Marcin	187	BRAVE HEARTS LEGIONOWO	M30-49	21	00:00:05	00:03:25	00:06:56.25	00:07:01.35	+00:02:13 (32.0%)	4:20	13.8 (67.6%)
53	GŁOWACKI Andrzej	165	DOWÓDZTWO WOT	M30-49	22	00:00:04	00:03:26	00:07:01.70	00:07:05.75	+00:02:18 (32.9%)	4:23	13.7 (67.2%)
54	GREGAJTYS Jacek	107		M30-49	23	00:00:04	00:03:23	00:07:03.95	00:07:08.20	+00:02:20 (33.2%)	4:25	13.6 (66.7%)
55	KONCA Mariusz	176	KB OŻARÓW MAZ.	M30-49	24	00:00:06	00:03:24	00:07:04.25	00:07:10.90	+00:02:21 (33.3%)	4:25	13.6 (66.7%)
56	KOZŁOWSKI Witold	113	WARSZAWA-BEMOWO	M30-49	25	00:00:06	00:03:24	00:07:04.75	00:07:11.15	+00:02:21 (33.4%)	4:25	13.6 (66.7%)
57	TABER Jerzy	183	ACTIVE PROSPERIA/STO-NOGI MILANÓWEK	M50+	7	00:00:01	00:03:24	00:07:16.75	00:07:18.70	+00:02:33 (35.2%)	4:33	13.2 (64.7%)
58	BANASIAK Artur	112		M16-29	11	00:00:05	00:03:22	00:07:17.05	00:07:22.15	+00:02:34 (35.2%)	4:33	13.2 (64.7%)
59	STOLIK Olga	258		K16-29	8	00:00:04	00:03:39	00:07:22.90	00:07:27.50	+00:02:39 (36.1%)	4:36	13 (63.7%)
60	ROSIŃSKI Eugeniusz	103	STO-NOGI MILANÓWEK	M50+	8	00:00:06	00:03:31	00:07:23.55	00:07:30.20	+00:02:40 (36.2%)	4:37	13 (63.7%)

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61	<b>KOŁODZIEJCZYK Krzysztof</b>	<b>128</b>	NASIELSK BASZTA TEAM	M30-49	26	00:00:08	00:03:43	<b>00:07:29.70</b>	<b>00:07:38.05</b>	+00:02:46 (37.1%)	4:41	12.8 (62.7%)
62	<b>SIENIKOWSKA Izabela</b>	<b>174</b>	LIDER WINNICA	K16-29	9	00:00:05	00:03:49	<b>00:07:31.55</b>	<b>00:07:37.25</b>	+00:02:48 (37.3%)	4:42	12.7 (62.3%)
63	<b>DOBROSIELSKI Kazimierz</b>	<b>125</b>		M50+	9	00:00:06	00:03:43	<b>00:07:33.45</b>	<b>00:07:39.50</b>	+00:02:50 (37.6%)	4:43	12.7 (62.3%)
64	<b>VUCO Ivo</b>	<b>259</b>	UNESCO MB	M30-49	27	00:00:05	00:03:40	<b>00:07:37.30</b>	<b>00:07:42.60</b>	+00:02:54 (38.1%)	4:45	12.6 (61.8%)
65	<b>WALCZYNA Dariusz</b>	<b>179</b>	INOS TOWARZYSZE	M30-49	28	00:00:02	00:03:27	<b>00:07:44.05</b>	<b>00:07:47.00</b>	+00:03:01 (39.0%)	4:50	12.4 (60.8%)
66	<b>MAREK Roman</b>	<b>255</b>		M50+	10	00:00:02	00:03:41	<b>00:07:46.50</b>	<b>00:07:49.45</b>	+00:03:03 (39.3%)	4:51	12.3 (60.3%)
67	<b>BALCERZAK Paweł</b>	<b>116</b>		M30-49	29	00:00:04	00:04:24	<b>00:07:55.20</b>	<b>00:07:59.85</b>	+00:03:12 (40.4%)	4:56	12.1 (59.3%)
68	<b>STACHACZ Mirosław</b>	<b>251</b>	ZPHU DREWMAX	M50+	11	00:00:06	00:04:00	<b>00:07:56.95</b>	<b>00:08:03.90</b>	+00:03:13 (40.7%)	4:58	12.1 (59.3%)
69	<b>BARANOWSKA Marta</b>	<b>117</b>	KLUB BIEGAJĄCYCH LEŚNIKÓW	K16-29	10	00:00:07	00:04:00	<b>00:08:00.05</b>	<b>00:08:07.50</b>	+00:03:17 (41.0%)	5:00	12 (58.8%)
70	<b>BUDUJ Marek</b>	<b>264</b>		M30-49	30	00:00:03	00:03:51	<b>00:08:00.95</b>	<b>00:08:04.60</b>	+00:03:17 (41.2%)	5:00	12 (58.8%)
71	<b>GRZYBOWSKI Mikołaj</b>	<b>132</b>		M30-49	31	00:00:06	00:03:57	<b>00:08:01.95</b>	<b>00:08:08.70</b>	+00:03:18 (41.3%)	5:01	12 (58.8%)
72	<b>BŁAŻOWSKI Kamil</b>	<b>262</b>		M16-29	12	00:00:03	00:03:34	<b>00:08:02.00</b>	<b>00:08:05.40</b>	+00:03:19 (41.3%)	5:01	12 (58.8%)
73	<b>CHOJNACKI Kamil</b>	<b>189</b>	LIDER WINNICA	M16-29	13	00:00:06	00:04:09	<b>00:08:02.60</b>	<b>00:08:09.00</b>	+00:03:19 (41.4%)	5:01	11.9 (58.3%)
74	<b>RUCIŃSKA Jolanta</b>	<b>135</b>	NASIELSK BASZTA TEAM	K30-49	8	00:00:08	00:04:05	<b>00:08:03.00</b>	<b>00:08:11.45</b>	+00:03:20 (41.4%)	5:01	11.9 (58.3%)
75	<b>SZMYT Barbara</b>	<b>178</b>	INOS TOWARZYSZE	K30-49	9	00:00:02	00:03:57	<b>00:08:09.25</b>	<b>00:08:12.20</b>	+00:03:26 (42.2%)	5:06	11.8 (57.8%)
76	<b>PAWEŁAS Marta</b>	<b>145</b>	POMIJALNI	K30-49	10	00:00:04	00:03:57	<b>00:08:11.40</b>	<b>00:08:15.75</b>	+00:03:28 (42.4%)	5:06	11.7 (57.4%)
77	<b>DZIĘGIELEWSKA Małgorzata</b>	<b>158</b>	KB IM.P.SĘKOWSKIEGO W PŁOŃSKU	K50+	2	00:00:03	00:03:59	<b>00:08:14.65</b>	<b>00:08:17.90</b>	+00:03:31 (42.8%)	5:08	11.7 (57.4%)
78	<b>WOJCIECHOWSKA Wioletta</b>	<b>136</b>		K50+	3	00:00:03	00:04:03	<b>00:08:27.70</b>	<b>00:08:30.85</b>	+00:03:44 (44.3%)	5:16	11.4 (55.9%)
78	<b>STEFAŃSKI Marek</b>	<b>252</b>	ZPHU DREWMAX	M50+	12	00:00:07	00:04:17	<b>00:08:27.70</b>	<b>00:08:34.75</b>	+00:03:44 (44.3%)	5:16	11.4 (55.9%)
80	<b>KONCA Beata</b>	<b>175</b>	KB OŻARÓW MAZ.	K30-49	11	00:00:06	00:04:20	<b>00:08:34.85</b>	<b>00:08:40.95</b>	+00:03:51 (45.0%)	5:21	11.2 (54.9%)
81	<b>CHMURSKA Aneta</b>	<b>148</b>	NASIELSK BASZTA TEAM	K30-49	12	00:00:07	00:04:15	<b>00:08:35.00</b>	<b>00:08:42.95</b>	+00:03:52 (45.0%)	5:21	11.2 (54.9%)
82	<b>FILIPOWICZ Ewa</b>	<b>126</b>		K16-29	11	00:00:07	00:04:18	<b>00:08:37.45</b>	<b>00:08:45.20</b>	+00:03:54 (45.3%)	5:23	11.1 (54.4%)
83	<b>FILIPOWIVZ Tomek</b>	<b>124</b>		M30-49	32	00:00:07	00:04:18	<b>00:08:38.20</b>	<b>00:08:45.45</b>	+00:03:55 (45.4%)	5:23	11.1 (54.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 0.8km	Czas netto 1.6km	Czas brutto 1.6km	Różn	Tempo min/km	Tempo km/h
84	<b>PIWOWARCZYK Agata</b>	<b>186</b>	BRAVE HEARTS LEGIONOWO	K30-49	13	00:00:04	00:04:08	<b>00:08:39.75</b>	<b>00:08:44.25</b>	+00:03:56 (45.6%)	5:25	11.1 (54.4%)
85	<b>RUCIŃSKI Jarosław</b>	<b>134</b>	NASIELSK BASZTA TEAM	M30-49	33	00:00:07	00:04:20	<b>00:08:49.75</b>	<b>00:08:57.30</b>	+00:04:06 (46.6%)	5:31	10.9 (53.4%)
86	<b>STAŃCZAK Joanna</b>	<b>261</b>		K30-49	14	00:00:04	00:03:59	<b>00:08:51.60</b>	<b>00:08:55.65</b>	+00:04:08 (46.8%)	5:31	10.8 (52.9%)
87	<b>MARCZAK Grażyna</b>	<b>114</b>	LECZO TEAM	K50+	4	00:00:05	00:04:23	<b>00:08:53.05</b>	<b>00:08:58.90</b>	+00:04:10 (46.9%)	5:33	10.8 (52.9%)
88	<b>TOMASIŃSKI Paweł</b>	<b>127</b>		M30-49	34	00:00:08	00:04:24	<b>00:08:57.10</b>	<b>00:09:05.15</b>	+00:04:14 (47.3%)	5:35	10.7 (52.5%)
89	<b>TOMASIŃSKA Katarzyna</b>	<b>123</b>	NASIELSK BASZTA TEAM	K30-49	15	00:00:07	00:04:25	<b>00:08:57.70</b>	<b>00:09:05.65</b>	+00:04:14 (47.4%)	5:36	10.7 (52.5%)
90	<b>KAŻMIERCZAK Joanna</b>	<b>182</b>		K30-49	16	00:00:04	00:04:25	<b>00:09:01.25</b>	<b>00:09:05.85</b>	+00:04:18 (47.7%)	5:38	10.6 (52.0%)
91	<b>ZAWARTKA Zofia</b>	<b>181</b>	TDM SPORT TEAM	K50+	5	00:00:04	00:04:25	<b>00:09:01.35</b>	<b>00:09:05.35</b>	+00:04:18 (47.7%)	5:38	10.6 (52.0%)
92	<b>SZCZĘSNY Adam</b>	<b>266</b>		M16-29	14	00:00:05	00:04:24	<b>00:09:22.05</b>	<b>00:09:27.45</b>	+00:04:39 (49.6%)	5:51	10.2 (50.0%)
93	<b>KULASZEWSKI Piotr</b>	<b>185</b>		M16-29	15	00:00:05	00:04:33	<b>00:09:43.70</b>	<b>00:09:49.40</b>	+00:05:00 (51.5%)	6:05	9.9 (48.5%)
94	<b>MAŃKOWSKA Paulina</b>	<b>265</b>		K16-29	12	00:00:04	00:04:25	<b>00:09:44.80</b>	<b>00:09:49.60</b>	+00:05:01 (51.6%)	6:05	9.8 (48.0%)
95	<b>BAJCHRZAK Jacek</b>	<b>191</b>		M30-49	35	00:00:05	00:04:12	<b>00:09:58.90</b>	<b>00:10:04.65</b>	+00:05:15 (52.7%)	6:14	9.6 (47.1%)
96	<b>KILIAN Monika</b>	<b>137</b>	ELEKTRYKWARSZAWA.PL	K30-49	17	00:00:05	00:05:07	<b>00:10:04.20</b>	<b>00:10:10.05</b>	+00:05:21 (53.2%)	6:18	9.5 (46.6%)
97	<b>GŁOWACKA Aleksandra</b>	<b>164</b>		K30-49	18	00:00:04	00:05:09	<b>00:10:21.35</b>	<b>00:10:26.15</b>	+00:05:38 (54.5%)	6:28	9.3 (45.6%)
98	<b>ŁASIŃSKA Marzena</b>	<b>155</b>	2111.PL	K50+	6	00:00:06	00:05:19	<b>00:10:31.55</b>	<b>00:10:38.05</b>	+00:05:48 (55.2%)	6:35	9.1 (44.6%)
99	<b>SKRZYPEK Roman J.</b>	<b>115</b>		M50+	13	00:00:07	00:04:59	<b>00:10:32.95</b>	<b>00:10:40.20</b>	+00:05:49 (55.3%)	6:35	9.1 (44.6%)
100	<b>KOWALIŃSKI Maciej</b>	<b>254</b>	MAZOVIA PROACTIV CIECHANÓW	M30-49	36	00:00:09	00:05:23	<b>00:11:17.40</b>	<b>00:11:26.85</b>	+00:06:34 (58.2%)	7:03	8.5 (41.7%)
101	<b>KRASKOWSKA Ewelina</b>	<b>188</b>	MAZOVIA PROACTIV	K30-49	19	00:00:09	00:05:24	<b>00:11:17.70</b>	<b>00:11:27.10</b>	+00:06:34 (58.2%)	7:03	8.5 (41.7%)
102	<b>GAJEWSKA Anna</b>	<b>263</b>	MAZOVIA PROACTIV	K30-49	20	00:00:08	00:05:25	<b>00:11:18.05</b>	<b>00:11:27.00</b>	+00:06:35 (58.3%)	7:04	8.5 (41.7%)
103	<b>BAŁABAS Adam</b>	<b>194</b>	MAZOVIA PROACTIV CIECHANÓW	M30-49	37	00:00:09	00:05:22	<b>00:11:18.20</b>	<b>00:11:27.30</b>	+00:06:35 (58.3%)	7:03	8.5 (41.7%)
104	<b>STRZELECKA Marta</b>	<b>119</b>		K30-49	21	00:00:08	00:05:45	<b>00:11:25.65</b>	<b>00:11:34.25</b>	+00:06:42 (58.7%)	7:08	8.4 (41.2%)
105	<b>STRZELECKI Michał</b>	<b>120</b>		M30-49	38	00:00:08	00:05:46	<b>00:11:25.95</b>	<b>00:11:34.50</b>	+00:06:42 (58.7%)	7:08	8.4 (41.2%)