

Pułtowski Festiwal Biegów

4-6 maja 2018

PFB 2018 :: BURSZTYNOWY BIEG PO PUSZCZY BIAŁEJ

B4SPORT

Wydarzenie: Pułtowski Festiwal Biegów 2018
Organizator: Stowarzyszenie Pultovia
Data: 2018-05-06
Miejsce: Pułtusk
Dystans: 10 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	VERECKYI Pavel	170	LKB RUDNIK	M30-49	1	00:00:01	00:32:49.70	00:32:51.45		3:17	18.3 (100%)
2	DĄBROWSKI Przemysław	166	AGRO-METAL OSTROŁĘKA	M16-29	1	00:00:01	00:33:24.60	00:33:25.95	+00:00:34 (1.7%)	3:20	18 (98.4%)
3	DZIĘGIELEWSKI Marek	159	KB IM.P.SĘKOWSKIEGO W PŁOŃSKU	M50+	1	00:00:02	00:33:35.65	00:33:37.75	+00:00:45 (2.3%)	3:21	17.9 (97.8%)
4	MAKOWSKI Michał	109	MAZOVIA PROACTIV, 2.OREL PRZASNYSZ	M30-49	2	00:00:01	00:33:50.30	00:33:51.80	+00:01:00 (3.0%)	3:23	17.7 (96.7%)
5	MARYNYCZ Vitalii	172	SAPIK-TEAM	M30-49	3	00:00:01	00:34:01.70	00:34:03.20	+00:01:12 (3.5%)	3:24	17.6 (96.2%)
6	MIKIELSKI Daniel	143		M16-29	2	00:00:01	00:35:51.20	00:35:53.15	+00:03:01 (8.4%)	3:35	16.7 (91.3%)
7	KUJAWA Krzysztof	157	WIĘCKOWSKI TEAM	M30-49	4	00:00:01	00:36:06.65	00:36:08.30	+00:03:16 (9.1%)	3:36	16.6 (90.7%)
8	TABER Konrad	150	ACTIVE PROSPERIA/STO-NOGI MILANÓWEK	M16-29	3	00:00:00	00:36:38.00	00:36:38.90	+00:03:48 (10.4%)	3:39	16.4 (89.6%)
9	ŁASIŃSKI Michał	154	2111.PL / BIEGAM BO LUBIĘ NOCĄ	M30-49	5	00:00:02	00:36:50.35	00:36:52.95	+00:04:00 (10.9%)	3:41	16.3 (89.1%)
10	KILIAVSKA Valentyna	171	LKB RUDNIK	K16-29	1	00:00:02	00:38:32.50	00:38:34.50	+00:05:42 (14.8%)	3:51	15.6 (85.2%)
11	POPOVA Olena	168		K30-49	1	00:00:02	00:38:40.85	00:38:42.95	+00:05:51 (15.1%)	3:52	15.5 (84.7%)
12	DIATLOVA Julia	163	KB RAWICZ	K16-29	2	00:00:02	00:39:21.35	00:39:23.60	+00:06:31 (16.6%)	3:56	15.2 (83.1%)
13	BUDNIAK Tomasz	340	KB TKKF PROMYK CIECHANÓW	M30-49	6	00:00:03	00:39:35.00	00:39:38.25	+00:06:45 (17.1%)	3:57	15.2 (83.1%)
14	KUNOWSKI Bartosz	147	ZABIEGANY WOŁOMIN	M30-49	7	00:00:02	00:39:38.10	00:39:40.55	+00:06:48 (17.2%)	3:57	15.1 (82.5%)
15	WIĘCKOWSKI Wojciech	180		M50+	2	00:00:01	00:39:53.50	00:39:55.45	+00:07:03 (17.7%)	3:59	15 (82.0%)
16	KUCIEJCZYK Henryk	104	TEMPO MŁAWA	M50+	3	00:00:01	00:39:53.90	00:39:55.75	+00:07:04 (17.7%)	3:59	15 (82.0%)
17	ŚLIWIAK Justyna	138	KB TKKF PROMYK CIECHANÓW	K16-29	3	00:00:02	00:40:28.80	00:40:31.15	+00:07:39 (18.9%)	4:02	14.8 (80.9%)
18	WRÓBEL Marcin	118		M30-49	8	00:00:02	00:41:22.30	00:41:24.85	+00:08:32 (20.7%)	4:08	14.5 (79.2%)
19	BRYŚKIEWICZ Jacek	329	LIDER WINNICA	M30-49	9	00:00:03	00:41:48.30	00:41:51.40	+00:08:58 (21.5%)	4:10	14.4 (78.7%)
20	LISZKIEWICZ Konrad	341		M30-49	10	00:00:03	00:41:54.85	00:41:58.05	+00:09:05 (21.7%)	4:11	14.3 (78.1%)
21	SUDZIŃSKA Mariola	129	AKM OLSZTYN	K30-49	2	00:00:03	00:42:00.05	00:42:03.30	+00:09:10 (21.8%)	4:12	14.3 (78.1%)
22	MALINOWSKI Łukasz	343		M16-29	4	00:00:02	00:42:18.20	00:42:20.60	+00:09:28 (22.4%)	4:13	14.2 (77.6%)
23	LEWANDOWSKA Karolina	160	DREAM RUN	K30-49	3	00:00:03	00:42:41.50	00:42:44.80	+00:09:51 (23.1%)	4:16	14.1 (77.0%)
24	DUDA Tomasz	105		M30-49	11	00:00:02	00:42:43.60	00:42:46.55	+00:09:53 (23.2%)	4:16	14 (76.5%)
25	CHUCHAŁA Włodzimierz	184		M50+	4	00:00:05	00:42:51.25	00:42:56.70	+00:10:01 (23.4%)	4:17	14 (76.5%)
26	MIELCZARSKI Bartosz	144	POMIJALNI	M30-49	12	00:00:04	00:43:30.45	00:43:34.95	+00:10:40 (24.5%)	4:21	13.8 (75.4%)
27	RUCHLEWICZ Natalia	111		K16-29	4	00:00:02	00:43:34.35	00:43:37.10	+00:10:44 (24.7%)	4:21	13.8 (75.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
28	SOBOTA Krzysztof	167	BRAVE HEARTS	M30-49	13	00:00:03	00:43:38.15	00:43:41.45	+00:10:48 (24.8%)	4:21	13.8 (75.4%)
29	JASKOT Piotr	333		M50+	5	00:00:04	00:44:21.55	00:44:25.65	+00:11:31 (26.0%)	4:26	13.5 (73.8%)
30	OLKOWSKA Wiktoria	141		K16-29	5	00:00:02	00:44:27.55	00:44:30.20	+00:11:37 (26.2%)	4:26	13.5 (73.8%)
31	CISZEWSKA Danuta	173		K30-49	4	00:00:02	00:44:47.90	00:44:50.50	+00:11:58 (26.7%)	4:28	13.4 (73.2%)
32	SARZAŁA Dariusz	192	SARZALA RUN TEAM	M50+	6	00:00:07	00:44:51.40	00:44:58.85	+00:12:01 (26.8%)	4:29	13.4 (73.2%)
33	MATUSIK Łukasz	332	ŻYJ Z CAŁYCH SIŁ	M30-49	14	00:00:05	00:45:24.20	00:45:30.15	+00:12:34 (27.7%)	4:32	13.2 (72.1%)
34	JAKUBOWSKI Dariusz	122		M30-49	15	00:00:04	00:45:29.40	00:45:33.80	+00:12:39 (27.8%)	4:32	13.2 (72.1%)
35	ROZE Paweł	328		M30-49	16	00:00:02	00:45:29.65	00:45:32.55	+00:12:39 (27.8%)	4:33	13.2 (72.1%)
36	ROSIŃSKA Barbara	102	STO-NOGI MILANÓWEK	K50+	1	00:00:02	00:45:30.25	00:45:32.80	+00:12:40 (27.9%)	4:33	13.2 (72.1%)
37	FILIPOWIVZ Tomek	124		M30-49	17	00:00:06	00:45:34.60	00:45:41.45	+00:12:44 (28.0%)	4:33	13.2 (72.1%)
38	SZAFRAŃSKA Aneta	153	KB TKKF PROMYK	K30-49	5	00:00:03	00:45:35.65	00:45:39.60	+00:12:45 (28.0%)	4:33	13.2 (72.1%)
39	DĄBROWSKI Michał	323		M30-49	18	00:00:02	00:46:15.85	00:46:18.60	+00:13:26 (29.0%)	4:37	13 (71.0%)
40	TRZCIŃSKI Wiesław	162	SARZALA RUN TEAM	M50+	7	00:00:07	00:46:25.05	00:46:32.20	+00:13:35 (29.3%)	4:38	12.9 (70.5%)
41	CZWARTEK Piotr	337	WIĘCKOWSKI TEAM	M30-49	19	00:00:03	00:46:44.45	00:46:48.40	+00:13:54 (29.8%)	4:40	12.8 (69.9%)
42	WITKOWSKI Łukasz	133	NASIELSK BASZTA TEAM	M30-49	20	00:00:03	00:46:51.10	00:46:55.00	+00:14:01 (29.9%)	4:41	12.8 (69.9%)
43	KARASIEWICZ Dariusz	106	LIDER WINNICA	M16-29	5	00:00:04	00:46:57.10	00:47:01.60	+00:14:07 (30.1%)	4:41	12.8 (69.9%)
44	SZPAKIEWICZ Zbigniew	342	KB SĘKOWSKIEGO	M50+	8	00:00:04	00:47:08.75	00:47:13.45	+00:14:19 (30.4%)	4:42	12.7 (69.4%)
45	MEJER Jacek	100	DRUŻYNA SZPIKU	M30-49	21	00:00:10	00:47:50.10	00:48:00.40	+00:15:00 (31.4%)	4:47	12.5 (68.3%)
46	PRZYBYSZ Mateusz	331	ŻYJ Z CAŁYCH SIŁ	M16-29	6	00:00:05	00:48:02.60	00:48:08.55	+00:15:12 (31.7%)	4:48	12.5 (68.3%)
47	KARASIEWICZ Paweł	101	LIDER WINNICA	M16-29	7	00:00:04	00:48:14.75	00:48:19.55	+00:15:25 (32.0%)	4:49	12.4 (67.8%)
48	ROSIŃSKI Eugeniusz	103	STO-NOGI MILANÓWEK	M50+	9	00:00:06	00:48:25.60	00:48:32.20	+00:15:35 (32.2%)	4:50	12.4 (67.8%)
49	ROPOWSKA-SZEWIŃSKA Monika	345		K16-29	6	00:00:01	00:48:44.75	00:48:46.10	+00:15:55 (32.7%)	4:52	12.3 (67.2%)
50	TABER Jerzy	183	ACTIVE PROSPERIA/STO-NOGI MILANÓWEK	M50+	10	00:00:02	00:48:46.25	00:48:49.00	+00:15:56 (32.7%)	4:52	12.3 (67.2%)
51	MAGDA Krzysztof	344	OWCA RUNNING TEAM	M16-29	8	00:00:06	00:48:47.35	00:48:53.90	+00:15:57 (32.7%)	4:52	12.3 (67.2%)
52	KRAWCZYK Paweł	151	LIDER WINNICA	M30-49	22	00:00:04	00:48:58.15	00:49:02.95	+00:16:08 (33.0%)	4:53	12.3 (67.2%)
53	DELUGA Magdalena	339	KB WYSZKÓW	K30-49	6	00:00:03	00:48:59.60	00:49:03.10	+00:16:09 (33.0%)	4:54	12.2 (66.7%)
54	BRALEWSKI Tomasz	336	KB WYSZKÓW	M30-49	23	00:00:03	00:49:33.50	00:49:37.30	+00:16:43 (33.8%)	4:57	12.1 (66.1%)
55	GLINKA Karol	330		M30-49	24	00:00:03	00:49:33.60	00:49:36.80	+00:16:43 (33.8%)	4:57	12.1 (66.1%)
56	SARZAŁA Bartłomiej	161	SARZALA RUN TEAM	M16-29	9	00:00:05	00:50:09.30	00:50:14.50	+00:17:19 (34.5%)	5:00	12 (65.6%)
57	GŁOWACKI Andrzej	165	DOWÓDZTWO WOT	M30-49	25	00:00:08	00:50:26.95	00:50:35.05	+00:17:37 (34.9%)	5:02	11.9 (65.0%)
58	PIEKUTOWSKI Sławomir	108		M30-49	26	00:00:07	00:50:44.90	00:50:51.90	+00:17:55 (35.3%)	5:04	11.8 (64.5%)
59	ŁASIŃSKI Paweł	156	2111.PL	M30-49	27	00:00:05	00:51:10.95	00:51:16.15	+00:18:21 (35.9%)	5:07	11.7 (63.9%)
60	KIELAN Damian	140		M16-29	10	00:00:05	00:51:37.15	00:51:42.20	+00:18:47 (36.4%)	5:09	11.6 (63.4%)
61	BANASIAK Artur	112		M16-29	11	00:00:06	00:52:14.40	00:52:20.65	+00:19:24 (37.2%)	5:13	11.5 (62.8%)
62	CZYŻ Dominik	322	GRUPA BIEGOWA CHTMO	M30-49	28	00:00:07	00:52:21.15	00:52:28.45	+00:19:31 (37.3%)	5:14	11.5 (62.8%)
63	TURCZYŃSKA Monika	334	LECZO TEAM	K30-49	7	00:00:05	00:52:24.60	00:52:30.00	+00:19:34 (37.4%)	5:14	11.4 (62.3%)
64	ŻYŁA Arkadiusz	190	NASIELSK BASZTA TEAM	M16-29	12	00:00:08	00:52:46.10	00:52:54.30	+00:19:56 (37.8%)	5:16	11.4 (62.3%)
65	KONCA Aleksander	177	KB OŻARÓW MAZ.	M16-29	13	00:00:05	00:52:48.95	00:52:54.90	+00:19:59 (37.8%)	5:16	11.4 (62.3%)
66	KOZŁOWSKI Witold	113	WARSZAWA-BEMOWO	M30-49	29	00:00:07	00:52:52.45	00:52:59.50	+00:20:02 (37.9%)	5:17	11.3 (61.7%)
67	JASKOT Roman	324		M50+	11	00:00:06	00:53:08.40	00:53:14.85	+00:20:18 (38.2%)	5:18	11.3 (61.7%)
68	DOBROSIELSKI Kazimierz	125		M50+	12	00:00:07	00:53:10.60	00:53:18.15	+00:20:20 (38.3%)	5:19	11.3 (61.7%)
69	KONCA Mariusz	176	KB OŻARÓW MAZ.	M30-49	30	00:00:06	00:53:11.75	00:53:18.00	+00:20:22 (38.3%)	5:19	11.3 (61.7%)
70	KOŁODZIEJCZYK Krzysztof	128	NASIELSK BASZTA TEAM	M30-49	31	00:00:09	00:54:40.30	00:54:49.90	+00:21:50 (40.0%)	5:28	11 (60.1%)
71	MARCZAK Grażyna	114	LECZO TEAM	K50+	2	00:00:05	00:54:49.90	00:54:55.05	+00:22:00 (40.1%)	5:29	10.9 (59.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
72	JASTRZĘBSKA Joanna	326		K16-29	7	00:00:09	00:56:08.90	00:56:18.20	+00:23:19 (41.5%)	5:36	10.7 (58.5%)
73	DZIĘGIELEWSKA Małgorzata	158	KB IM.P.SĘKOWSKIEGO W PŁOŃSKU	K50+	3	00:00:05	00:57:09.75	00:57:14.90	+00:24:20 (42.6%)	5:42	10.5 (57.4%)
74	GRZYBOWSKI Mikołaj	132		M30-49	32	00:00:07	00:57:27.55	00:57:35.15	+00:24:37 (42.9%)	5:44	10.4 (56.8%)
75	MUZYKA Marek	142	WIELISZEW HERON TEAM	M30-49	33	00:00:04	00:57:51.20	00:57:55.20	+00:25:01 (43.3%)	5:47	10.4 (56.8%)
76	KAMIŃSKA Agnieszka	335	KB WYSZKÓW	K30-49	8	00:00:04	00:59:25.85	00:59:29.95	+00:26:36 (44.8%)	5:56	10.1 (55.2%)
77	BALCERZAK Paweł	116		M30-49	34	00:00:08	00:59:27.80	00:59:36.20	+00:26:38 (44.8%)	5:56	10.1 (55.2%)
78	BARANOWSKA Marta	117	KLUB BIEGAJĄCYCH LEŚNIKÓW	K16-29	8	00:00:04	00:59:44.15	00:59:48.95	+00:26:54 (45.0%)	5:58	10 (54.6%)
79	PAWEŁAS Marta	145	POMIJAŁNI	K30-49	9	00:00:04	00:59:52.70	00:59:57.40	+00:27:03 (45.2%)	5:59	10 (54.6%)
80	KONCA Beata	175	KB OŻARÓW MAZ.	K30-49	10	00:00:05	01:00:34.45	01:00:40.20	+00:27:44 (45.8%)	6:03	9.9 (54.1%)
81	WALCZYNA Dariusz	179	INOS TOWARZYSZE	M30-49	35	00:00:10	01:00:38.45	01:00:48.45	+00:27:48 (45.9%)	6:03	9.9 (54.1%)
82	KOCHMAN Iwona	325	VEGE RUNNERS	K50+	4	00:00:06	01:01:33.00	01:01:39.00	+00:28:43 (46.7%)	6:09	9.7 (53.0%)
83	MISIURSKI Grzegorz	338		M30-49	36	00:00:11	01:01:41.80	01:01:53.60	+00:28:52 (46.8%)	6:10	9.7 (53.0%)
84	PIWOWARCZYK Agata	186	BRAVE HEARTS LEGIONOWO	K30-49	11	00:00:08	01:02:08.00	01:02:16.90	+00:29:18 (47.2%)	6:12	9.7 (53.0%)
85	PIWOWARCZYK Marcin	187	BRAVE HEARTS LEGIONOWO	M30-49	37	00:00:09	01:02:08.10	01:02:17.10	+00:29:18 (47.2%)	6:12	9.7 (53.0%)
86	SZMYT Barbara	178	INOS TOWARZYSZE	K30-49	12	00:00:09	01:02:45.90	01:02:55.20	+00:29:56 (47.7%)	6:16	9.6 (52.5%)
87	TOMASIŃSKA Katarzyna	123	NASIELSK BASZTA TEAM	K30-49	13	00:00:11	01:03:50.90	01:04:02.65	+00:31:01 (48.6%)	6:23	9.4 (51.4%)
88	TOMASIŃSKI Paweł	127		M30-49	38	00:00:10	01:03:51.80	01:04:02.40	+00:31:02 (48.6%)	6:23	9.4 (51.4%)
89	CHMURSKA Aneta	148	NASIELSK BASZTA TEAM	K30-49	14	00:00:10	01:03:51.95	01:04:02.50	+00:31:02 (48.6%)	6:23	9.4 (51.4%)
90	STRZELECKI Michał	120		M30-49	39	00:00:08	01:04:11.55	01:04:20.35	+00:31:21 (48.9%)	6:25	9.3 (50.8%)
91	STRZELECKA Marta	119		K30-49	15	00:00:08	01:04:12.20	01:04:20.65	+00:31:22 (48.9%)	6:25	9.3 (50.8%)
92	KAŻMIERCZAK Joanna	182		K30-49	16	00:00:08	01:05:24.30	01:05:32.30	+00:32:34 (49.8%)	6:32	9.2 (50.3%)
93	ZAWARTKA Zofia	181	TDM SPORT TEAM	K50+	5	00:00:07	01:05:24.60	01:05:32.35	+00:32:34 (49.8%)	6:32	9.2 (50.3%)
94	SKRZYPEK Roman J.	115		M50+	13	00:00:15	01:07:43.90	01:07:59.20	+00:34:54 (51.5%)	6:46	8.9 (48.6%)
95	BAŁABAS Adam	194	MAZOVIA PROACTIV CIECHANÓW	M30-49	40	00:00:10	01:08:18.85	01:08:28.90	+00:35:29 (51.9%)	6:49	8.8 (48.1%)
96	KRASKOWSKA Ewelina	188	MAZOVIA PROACTIV	K30-49	17	00:00:10	01:08:19.05	01:08:29.05	+00:35:29 (51.9%)	6:49	8.8 (48.1%)
97	FILIPOWICZ Ewa	126		K16-29	9	00:00:07	01:08:22.00	01:08:29.35	+00:35:32 (52.0%)	6:50	8.8 (48.1%)
98	RUCIŃSKI Jarosław	134	NASIELSK BASZTA TEAM	M30-49	41	00:00:11	01:08:53.35	01:09:04.70	+00:36:03 (52.3%)	6:53	8.7 (47.5%)
99	RUCIŃSKA Jolanta	135	NASIELSK BASZTA TEAM	K30-49	18	00:00:12	01:08:53.95	01:09:06.05	+00:36:04 (52.4%)	6:53	8.7 (47.5%)
100	WOJCIECHOWSKA Wioletta	136		K50+	6	00:00:05	01:09:22.30	01:09:28.00	+00:36:32 (52.7%)	6:56	8.6 (47.0%)
101	GŁOWACKA Aleksandra	164		K30-49	19	00:00:07	01:10:04.05	01:10:11.90	+00:37:14 (53.1%)	7:00	8.6 (47.0%)
102	KULASZEWSKI Piotr	185		M16-29	14	00:00:08	01:11:30.45	01:11:38.85	+00:38:40 (54.1%)	7:09	8.4 (45.9%)
103	KILIAN Monika	137	ELEKTRYKWARSZAWA.PL	K30-49	20	00:00:09	01:17:33.30	01:17:43.10	+00:44:43 (57.7%)	7:45	7.7 (42.1%)

Znaleziono 103 wynik(ów)