

# Pułtuski Festiwal Biegów

4-6 maja 2018

**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

## PFB 2018 :: KLASYFIKACJA FESTIWALOWA

Pułtuski Festiwal Biegów 2018  
Stowarzyszenie Pultovia  
2018-05-04  
Pułtusk  
20 km

B4SPORT

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

| Msc | Zawodnik                    | Numer      | Klub                                | Kategoria | Mkat | Bieg wokół<br>najdłuższego<br>rynku w<br>Europie | Bieg Nocny<br>śladami<br>historii<br>Pułtuska | Bieg<br>Dwóch<br>Wysp | Bursztynowy<br>Bieg Po<br>Puszczy<br>Białej | Czas<br>netto<br>10km | Różn                 | Tempo<br>min/km | Tempo<br>km/h   |
|-----|-----------------------------|------------|-------------------------------------|-----------|------|--|---|-----------------------|---|-----------------------|----------------------|-----------------|-----------------|
| 1   | <b>VERECKYI Pavel</b>       | <b>170</b> | LKB RUDNIK                          | M30-49    | 1    | 00:04:43.15                                      | 00:10:02.90                                   | 00:15:37.85           | 00:32:49.70                                 | <b>01:03:13.60</b>    |                      | 3:09            | 19<br>(100%)    |
| 2   | <b>DĄBROWSKI Przemysław</b> | <b>166</b> | AGRO-METAL OSTROŁĘKA                | M16-29    | 1    | 00:04:46.30                                      | 00:10:08.75                                   | 00:16:04.95           | 00:33:24.60                                 | <b>01:04:24.60</b>    | +00:01:11<br>(1.8%)  | 3:13            | 18.6<br>(97.9%) |
| 3   | <b>MARYNYCZ Vitalii</b>     | <b>172</b> | SAPIK-TEAM                          | M30-49    | 2    | 00:04:43.00                                      | 00:10:25.05                                   | 00:16:24.75           | 00:34:01.70                                 | <b>01:05:34.50</b>    | +00:02:20<br>(3.6%)  | 3:16            | 18.3<br>(96.3%) |
| 4   | <b>MAKOWSKI Michał</b>      | <b>109</b> | MAZOVIA PROACTIV, 2.OREL PRZASNYSZ  | M30-49    | 3    | 00:04:53.35                                      | 00:10:32.10                                   | 00:16:27.60           | 00:33:50.30                                 | <b>01:05:43.35</b>    | +00:02:29<br>(3.8%)  | 3:17            | 18.3<br>(96.3%) |
| 5   | <b>DZIĘGIELEWSKI Marek</b>  | <b>159</b> | KB IM.P.SĘKOWSKIEGO W PŁOŃSKU       | M50+      | 1    | 00:05:04.55                                      | 00:10:46.20                                   | 00:16:29.60           | 00:33:35.65                                 | <b>01:05:56.00</b>    | +00:02:42<br>(4.1%)  | 3:17            | 18.2<br>(95.8%) |
| 6   | <b>MIKIELSKI Daniel</b>     | <b>143</b> |                                     | M16-29    | 2    | 00:05:00.75                                      | 00:10:34.40                                   | 00:16:44.95           | 00:35:51.20                                 | <b>01:08:11.30</b>    | +00:04:57<br>(7.3%)  | 3:24            | 17.6<br>(92.6%) |
| 7   | <b>KUJAWA Krzysztof</b>     | <b>157</b> | WIĘCKOWSKI TEAM                     | M30-49    | 4    | 00:05:19.60                                      | 00:11:17.70                                   | 00:17:24.50           | 00:36:06.65                                 | <b>01:10:08.45</b>    | +00:06:54<br>(9.9%)  | 3:30            | 17.1<br>(90.0%) |
| 8   | <b>TABER Konrad</b>         | <b>150</b> | ACTIVE PROSPERIA/STO-NOGI MILANÓWEK | M16-29    | 3    | 00:05:12.95                                      | 00:11:06.80                                   | 00:17:21.25           | 00:36:38.00                                 | <b>01:10:19.00</b>    | +00:07:05<br>(10.1%) | 3:30            | 17.1<br>(90.0%) |
| 9   | <b>ŁASIŃSKI Michał</b>      | <b>154</b> | 21I1.PL / BIEGAM BO LUBIĘ NOCĄ      | M30-49    | 5    | 00:05:08.80                                      | 00:11:11.85                                   | 00:17:32.65           | 00:36:50.35                                 | <b>01:10:43.65</b>    | +00:07:30<br>(10.6%) | 3:32            | 17<br>(89.5%)   |
| 10  | <b>KILIAVSKA Valentyna</b>  | <b>171</b> | LKB RUDNIK                          | K16-29    | 1    | 00:05:07.30                                      | 00:11:24.15                                   | 00:17:51.40           | 00:38:32.50                                 | <b>01:12:55.35</b>    | +00:09:41<br>(13.3%) | 3:38            | 16.5<br>(86.8%) |
| 11  | <b>POPOVA Olena</b>         | <b>168</b> |                                     | K30-49    | 1    | 00:05:32.30                                      | 00:11:32.85                                   | 00:17:54.20           | 00:38:40.85                                 | <b>01:13:40.20</b>    | +00:10:26<br>(14.2%) | 3:41            | 16.3<br>(85.8%) |
| 12  | <b>DIATLOVA Julia</b>       | <b>163</b> | KB RAWICZ                           | K16-29    | 2    | 00:05:16.25                                      | 00:11:30.35                                   | 00:18:12.70           | 00:39:21.35                                 | <b>01:14:20.65</b>    | +00:11:07<br>(15.0%) | 3:43            | 16.1<br>(84.7%) |
| 13  | <b>KUCIEJCZYK Henryk</b>    | <b>104</b> | TEMPO MŁAWA                         | M50+      | 2    | 00:05:43.40                                      | 00:11:46.40                                   | 00:18:22.15           | 00:39:53.90                                 | <b>01:15:45.85</b>    | +00:12:32<br>(16.5%) | 3:47            | 15.8<br>(83.2%) |

| Msc | Zawodnik                    | Numer      | Klub                     | Kategoria | Mkat | Bieg wokół                   | Bieg Nocny                | Bieg Dwóch  | Bursztynowy            | Czas netto         | Różn              | Tempo min/km | Tempo km/h   |
|-----|-----------------------------|------------|--------------------------|-----------|------|------------------------------|---------------------------|-------------|------------------------|--------------------|-------------------|--------------|--------------|
|     |                             |            |                          |           |      | najdłuższego rynku w Europie | śladami historii Pułtuska |             | Bieg Po Puszczy Białej |                    |                   |              |              |
| 14  | <b>KUNOWSKI Bartosz</b>     | <b>147</b> | ZABIEGANY WOŁOMIN        | M30-49    | 6    | 00:05:30.15                  | 00:12:10.50               | 00:18:55.80 | 00:39:38.10            | <b>01:16:14.55</b> | +00:13:00 (17.1%) | 3:48         | 15.7 (82.6%) |
| 15  | <b>WIĘCKOWSKI Wojciech</b>  | <b>180</b> |                          | M50+      | 3    | 00:05:34.65                  | 00:12:07.50               | 00:18:48.30 | 00:39:53.50            | <b>01:16:23.95</b> | +00:13:10 (17.2%) | 3:49         | 15.7 (82.6%) |
| 16  | <b>ŚLIWIAK Justyna</b>      | <b>138</b> | KB TKKF PROMYK CIECHANÓW | K16-29    | 3    | 00:05:55.00                  | 00:12:23.05               | 00:19:32.65 | 00:40:28.80            | <b>01:18:19.50</b> | +00:15:05 (19.3%) | 3:54         | 15.3 (80.5%) |
| 17  | <b>WRÓBEL Marcin</b>        | <b>118</b> |                          | M30-49    | 7    | 00:05:27.05                  | 00:12:19.25               | 00:19:44.25 | 00:41:22.30            | <b>01:18:52.85</b> | +00:15:39 (19.8%) | 3:56         | 15.2 (80.0%) |
| 18  | <b>SUDZIŃSKA Mariola</b>    | <b>129</b> | AKM OLSZTYN              | K30-49    | 2    | 00:05:34.80                  | 00:11:55.90               | 00:20:25.80 | 00:42:00.05            | <b>01:19:56.55</b> | +00:16:42 (20.9%) | 3:59         | 15 (78.9%)   |
| 19  | <b>MIELCZARSKI Bartosz</b>  | <b>144</b> | POMIJALNI                | M30-49    | 8    | 00:05:48.60                  | 00:12:37.15               | 00:19:49.45 | 00:43:30.45            | <b>01:21:45.65</b> | +00:18:32 (22.7%) | 4:05         | 14.7 (77.4%) |
| 20  | <b>DUDA Tomasz</b>          | <b>105</b> |                          | M30-49    | 9    | 00:05:53.10                  | 00:13:20.15               | 00:20:41.55 | 00:42:43.60            | <b>01:22:38.40</b> | +00:19:24 (23.5%) | 4:07         | 14.5 (76.3%) |
| 21  | <b>LEWANDOWSKA Karolina</b> | <b>160</b> | DREAM RUN                | K30-49    | 3    | 00:06:16.25                  | 00:13:22.95               | 00:20:46.95 | 00:42:41.50            | <b>01:23:07.65</b> | +00:19:54 (23.9%) | 4:09         | 14.4 (75.8%) |
| 22  | <b>SOBOTA Krzysztof</b>     | <b>167</b> | BRAVE HEARTS             | M30-49    | 10   | 00:05:53.70                  | 00:13:10.50               | 00:20:39.70 | 00:43:38.15            | <b>01:23:22.05</b> | +00:20:08 (24.2%) | 4:10         | 14.4 (75.8%) |
| 23  | <b>OLKOWSKA Wiktoria</b>    | <b>141</b> |                          | K16-29    | 4    | 00:06:00.80                  | 00:13:16.05               | 00:21:01.00 | 00:44:27.55            | <b>01:24:45.40</b> | +00:21:31 (25.4%) | 4:14         | 14.2 (74.7%) |
| 24  | <b>RUCHLEWICZ Natalia</b>   | <b>111</b> |                          | K16-29    | 5    | 00:06:27.55                  | 00:13:46.25               | 00:21:05.70 | 00:43:34.35            | <b>01:24:53.85</b> | +00:21:40 (25.5%) | 4:14         | 14.1 (74.2%) |
| 25  | <b>SARZAŁA Dariusz</b>      | <b>192</b> | SARZALA RUN TEAM         | M50+      | 4    | 00:06:15.20                  | 00:13:28.55               | 00:20:56.85 | 00:44:51.40            | <b>01:25:32.00</b> | +00:22:18 (26.1%) | 4:16         | 14 (73.7%)   |
| 26  | <b>CISZEWSKA Danuta</b>     | <b>173</b> |                          | K30-49    | 4    | 00:06:13.25                  | 00:13:31.80               | 00:21:10.10 | 00:44:47.90            | <b>01:25:43.05</b> | +00:22:29 (26.2%) | 4:17         | 14 (73.7%)   |
| 27  | <b>MEJER Jacek</b>          | <b>100</b> | DRUŻYNA SZPIKU           | M30-49    | 11   | 00:05:06.00                  | 00:16:11.55               | 00:18:08.95 | 00:47:50.10            | <b>01:27:16.60</b> | +00:24:03 (27.6%) | 4:21         | 13.8 (72.6%) |
| 28  | <b>ROSIŃSKA Barbara</b>     | <b>102</b> | STO-NOGI MILANÓWEK       | K50+      | 1    | 00:06:51.85                  | 00:14:18.70               | 00:21:38.10 | 00:45:30.25            | <b>01:28:18.90</b> | +00:25:05 (28.4%) | 4:24         | 13.6 (71.6%) |
| 29  | <b>KARASIEWICZ Dariusz</b>  | <b>106</b> | LIDER WINNICA            | M16-29    | 4    | 00:06:09.00                  | 00:13:53.75               | 00:21:29.35 | 00:46:57.10            | <b>01:28:29.20</b> | +00:25:15 (28.5%) | 4:25         | 13.6 (71.6%) |
| 30  | <b>TRZCIŃSKI Wiesław</b>    | <b>162</b> | SARZALA RUN TEAM         | M50+      | 5    | 00:06:34.85                  | 00:14:35.90               | 00:21:51.00 | 00:46:25.05            | <b>01:29:26.80</b> | +00:26:13 (29.3%) | 4:28         | 13.4 (70.5%) |
| 31  | <b>JAKUBOWSKI Dariusz</b>   | <b>122</b> |                          | M30-49    | 12   | 00:06:34.25                  | 00:14:38.85               | 00:22:44.60 | 00:45:29.40            | <b>01:29:27.10</b> | +00:26:13 (29.3%) | 4:28         | 13.4 (70.5%) |
| 32  | <b>WITKOWSKI Łukasz</b>     | <b>133</b> | NASIELSK BASZTA TEAM     | M30-49    | 13   | 00:06:31.20                  | 00:14:24.60               | 00:22:08.55 | 00:46:51.10            | <b>01:29:55.45</b> | +00:26:41 (29.7%) | 4:29         | 13.3 (70.0%) |
| 33  | <b>KARASIEWICZ Paweł</b>    | <b>101</b> | LIDER WINNICA            | M16-29    | 5    | 00:06:13.15                  | 00:14:03.10               | 00:22:22.50 | 00:48:14.75            | <b>01:30:53.50</b> | +00:27:39 (30.4%) | 4:32         | 13.2 (69.5%) |
| 34  | <b>ROSIŃSKI Eugeniusz</b>   | <b>103</b> | STO-NOGI MILANÓWEK       | M50+      | 6    | 00:07:23.55                  | 00:15:18.80               | 00:23:41.75 | 00:48:25.60            | <b>01:34:49.70</b> | +00:31:36 (33.3%) | 4:44         | 12.7 (66.8%) |
| 35  | <b>KRAWCZYK Paweł</b>       | <b>151</b> | LIDER WINNICA            | M30-49    | 14   | 00:06:43.15                  | 00:15:38.55               | 00:23:30.55 | 00:48:58.15            | <b>01:34:50.40</b> | +00:31:36 (33.3%) | 4:44         | 12.7 (66.8%) |
| 36  | <b>SARZAŁA Bartłomiej</b>   | <b>161</b> | SARZALA RUN TEAM         | M16-29    | 6    | 00:06:33.20                  | 00:14:28.25               | 00:23:53.60 | 00:50:09.30            | <b>01:35:04.35</b> | +00:31:50 (33.5%) | 4:45         | 12.6 (66.3%) |

| Msc | Zawodnik                 | Numer | Klub                                | Kategoria | Mkat | Bieg wokół   | Bieg Nocny  | Bieg        | Bursztynowy | Czas               | Różn                 | Tempo | Tempo           |
|-----|--------------------------|-------|-------------------------------------|-----------|------|--------------|-------------|-------------|-------------|--------------------|----------------------|-------|-----------------|
|     |                          |       |                                     |           |      | najdłuższego | śladami     |             | Dwóch       |                    |                      |       |                 |
|     |                          |       |                                     |           |      | rynku w      | historii    | Wyp         | Puszczy     | 10km               |                      |       |                 |
| 37  | TABER Jerzy              | 183   | ACTIVE PROSPERIA/STO-NOGI MILANÓWEK | M50+      | 7    | 00:07:16.75  | 00:15:32.85 | 00:24:01.35 | 00:48:46.25 | <b>01:35:37.20</b> | +00:32:23<br>(33.9%) | 4:46  | 12.6<br>(66.3%) |
| 38  | GŁOWACKI Andrzej         | 165   | DOWÓDZTWO WOT                       | M30-49    | 15   | 00:07:01.70  | 00:15:03.10 | 00:23:46.60 | 00:50:26.95 | <b>01:36:18.35</b> | +00:33:04<br>(34.3%) | 4:48  | 12.5<br>(65.8%) |
| 39  | ŻYŁA Arkadiusz           | 190   | NASIELSK BASZTA TEAM                | M16-29    | 7    | 00:06:06.40  | 00:14:21.60 | 00:23:06.10 | 00:52:46.10 | <b>01:36:20.20</b> | +00:33:06<br>(34.4%) | 4:49  | 12.5<br>(65.8%) |
| 40  | ŁASIŃSKI Paweł           | 156   | 2111.PL                             | M30-49    | 16   | 00:06:54.40  | 00:14:56.45 | 00:23:42.45 | 00:51:10.95 | <b>01:36:44.25</b> | +00:33:30<br>(34.6%) | 4:50  | 12.4<br>(65.3%) |
| 41  | KONCA Aleksander         | 177   | KB OŻARÓW MAZ.                      | M16-29    | 8    | 00:06:25.65  | 00:14:53.65 | 00:24:30.45 | 00:52:48.95 | <b>01:38:38.70</b> | +00:35:25<br>(35.9%) | 4:55  | 12.2<br>(64.2%) |
| 42  | BANASIAK Artur           | 112   |                                     | M16-29    | 9    | 00:07:17.05  | 00:15:29.95 | 00:24:41.20 | 00:52:14.40 | <b>01:39:42.60</b> | +00:36:29<br>(36.6%) | 4:59  | 12<br>(63.2%)   |
| 43  | KONCA Mariusz            | 176   | KB OŻARÓW MAZ.                      | M30-49    | 17   | 00:07:04.25  | 00:15:39.95 | 00:24:45.15 | 00:53:11.75 | <b>01:40:41.10</b> | +00:37:27<br>(37.2%) | 5:02  | 11.9<br>(62.6%) |
| 44  | KIELAN Damian            | 140   |                                     | M16-29    | 10   | 00:06:36.50  | 00:16:01.00 | 00:26:41.45 | 00:51:37.15 | <b>01:40:56.10</b> | +00:37:42<br>(37.4%) | 5:02  | 11.9<br>(62.6%) |
| 45  | KOZŁOWSKI Witold         | 113   | WARSZAWA-BEMOWO                     | M30-49    | 18   | 00:07:04.75  | 00:15:51.85 | 00:25:10.80 | 00:52:52.45 | <b>01:40:59.85</b> | +00:37:46<br>(37.4%) | 5:02  | 11.9<br>(62.6%) |
| 46  | DOBROSIELSKI Kazimierz   | 125   |                                     | M50+      | 8    | 00:07:33.45  | 00:16:24.40 | 00:25:09.60 | 00:53:10.60 | <b>01:42:18.05</b> | +00:39:04<br>(38.2%) | 5:06  | 11.7<br>(61.6%) |
| 47  | FILIPOWIVZ Tomek         | 124   |                                     | M30-49    | 19   | 00:08:38.20  | 00:18:26.00 | 00:30:30.75 | 00:45:34.60 | <b>01:43:09.55</b> | +00:39:55<br>(38.7%) | 5:09  | 11.6<br>(61.1%) |
| 48  | KOŁODZIEJCZYK Krzysztof  | 128   | NASIELSK BASZTA TEAM                | M30-49    | 20   | 00:07:29.70  | 00:16:17.50 | 00:25:07.20 | 00:54:40.30 | <b>01:43:34.70</b> | +00:40:21<br>(39.0%) | 5:10  | 11.6<br>(61.1%) |
| 49  | MUZYKA Marek             | 142   | WIELISZEW HERON TEAM                | M30-49    | 21   | 00:06:45.80  | 00:15:43.40 | 00:24:04.15 | 00:57:51.20 | <b>01:44:24.55</b> | +00:41:10<br>(39.4%) | 5:13  | 11.5<br>(60.5%) |
| 50  | MARCZAK Grażyna          | 114   | LECZO TEAM                          | K50+      | 2    | 00:08:53.05  | 00:18:23.85 | 00:26:55.15 | 00:54:49.90 | <b>01:49:01.95</b> | +00:45:48<br>(42.0%) | 5:27  | 11<br>(57.9%)   |
| 51  | DZIĘGIELEWSKA Małgorzata | 158   | KB IM.P.SĘKOWSKIEGO W PŁOŃSKU       | K50+      | 3    | 00:08:14.65  | 00:17:15.15 | 00:26:25.05 | 00:57:09.75 | <b>01:49:04.60</b> | +00:45:51<br>(42.0%) | 5:27  | 11<br>(57.9%)   |
| 52  | GRZYBOWSKI Mikołaj       | 132   |                                     | M30-49    | 22   | 00:08:01.95  | 00:17:52.35 | 00:27:21.60 | 00:57:27.55 | <b>01:50:43.45</b> | +00:47:29<br>(42.9%) | 5:32  | 10.8<br>(56.8%) |
| 53  | PIWOWARCZYK Marcin       | 187   | BRAVE HEARTS LEGIONOWO              | M30-49    | 23   | 00:06:56.25  | 00:15:49.80 | 00:27:54.90 | 01:02:08.10 | <b>01:52:49.05</b> | +00:49:35<br>(44.0%) | 5:38  | 10.6<br>(55.8%) |
| 54  | BARANOWSKA Marta         | 117   | KLUB BIEGAJĄCYCH LEŚNIKÓW           | K16-29    | 6    | 00:08:00.05  | 00:17:26.45 | 00:28:35.95 | 00:59:44.15 | <b>01:53:46.60</b> | +00:50:33<br>(44.4%) | 5:41  | 10.5<br>(55.3%) |
| 55  | PAWEŁAS Marta            | 145   | POMIJALNI                           | K30-49    | 5    | 00:08:11.40  | 00:17:24.65 | 00:28:20.60 | 00:59:52.70 | <b>01:53:49.35</b> | +00:50:35<br>(44.5%) | 5:41  | 10.5<br>(55.3%) |
| 56  | BALCERZAK Paweł          | 116   |                                     | M30-49    | 24   | 00:07:55.20  | 00:19:28.70 | 00:27:57.55 | 00:59:27.80 | <b>01:54:49.25</b> | +00:51:35<br>(44.9%) | 5:44  | 10.5<br>(55.3%) |
| 57  | WALCZYNA Dariusz         | 179   | INOS TOWARZYSZE                     | M30-49    | 25   | 00:07:44.05  | 00:18:22.10 | 00:28:57.90 | 01:00:38.45 | <b>01:55:42.50</b> | +00:52:28<br>(45.4%) | 5:47  | 10.4<br>(54.7%) |
| 58  | KONCA Beata              | 175   | KB OŻARÓW MAZ.                      | K30-49    | 6    | 00:08:34.85  | 00:18:26.45 | 00:28:54.60 | 01:00:34.45 | <b>01:56:30.35</b> | +00:53:16<br>(45.7%) | 5:49  | 10.3<br>(54.2%) |
| 59  | SZMYT Barbara            | 178   | INOS TOWARZYSZE                     | K30-49    | 7    | 00:08:09.25  | 00:18:29.30 | 00:29:30.05 | 01:02:45.90 | <b>01:58:54.50</b> | +00:55:40<br>(46.8%) | 5:56  | 10.1<br>(53.2%) |

| Msc | Zawodnik                      | Numer      | Klub                       | Kategoria | Mkat | Bieg wokół                   | Bieg Nocny                | Bieg Dwóch         | Bursztynowy            | Czas netto         | Różn              | Tempo min/km | Tempo km/h  |
|-----|-------------------------------|------------|----------------------------|-----------|------|------------------------------|---------------------------|--------------------|------------------------|--------------------|-------------------|--------------|-------------|
|     |                               |            |                            |           |      | najdłuższego rynku w Europie | śladami historii Pułtuska |                    | Bieg Po Puszczy Białej |                    |                   |              |             |
| 60  | <b>CHMURSKA Aneta</b>         | <b>148</b> | NASIELSK BASZTA TEAM       | K30-49    | 8    | 00:08:35.00                  | 00:19:36.30               | 00:28:58.90        | 01:03:51.95            | <b>02:01:02.15</b> | +00:57:48 (47.8%) | 6:03         | 9.9 (52.1%) |
| 61  | <b>TOMASIŃSKI Paweł</b>       | <b>127</b> |                            | M30-49    | 26   | 00:08:57.10                  | 00:19:33.25               | 00:31:25.80        | 01:03:51.80            | <b>02:03:47.95</b> | +01:00:34 (48.9%) | 6:11         | 9.7 (51.1%) |
| 62  | <b>TOMASIŃSKA Katarzyna</b>   | <b>123</b> | NASIELSK BASZTA TEAM       | K30-49    | 9    | 00:08:57.70                  | 00:19:35.65               | 00:31:29.60        | 01:03:50.90            | <b>02:03:53.85</b> | +01:00:40 (49.0%) | 6:11         | 9.7 (51.1%) |
| 63  | <b>PIWOWARCZYK Agata</b>      | <b>186</b> | BRAVE HEARTS LEGIONOWO     | K30-49    | 10   | 00:08:39.75                  | 00:23:13.30               | 00:30:15.65        | 01:02:08.00            | <b>02:04:16.70</b> | +01:01:03 (49.1%) | 6:12         | 9.7 (51.1%) |
| 64  | <b>STRZELECKI Michał</b>      | <b>120</b> |                            | M30-49    | 27   | 00:11:25.95                  | 00:19:26.15               | 00:29:14.80        | 01:04:11.55            | <b>02:04:18.45</b> | +01:01:04 (49.1%) | 6:12         | 9.7 (51.1%) |
| 65  | <b>STRZELECKA Marta</b>       | <b>119</b> |                            | K30-49    | 11   | 00:11:25.65                  | 00:19:26.50               | 00:30:03.45        | 01:04:12.20            | <b>02:05:07.80</b> | +01:01:54 (49.5%) | 6:15         | 9.6 (50.5%) |
| 66  | <b>ZAWARTKA Zofia</b>         | <b>181</b> | TDM SPORT TEAM             | K50+      | 4    | 00:09:01.35                  | 00:19:28.95               | 00:31:13.55        | 01:05:24.60            | <b>02:05:08.45</b> | +01:01:54 (49.5%) | 6:15         | 9.6 (50.5%) |
| 67  | <b>KAŹMIERCZAK Joanna</b>     | <b>182</b> |                            | K30-49    | 12   | 00:09:01.25                  | 00:19:30.95               | 00:31:13.20        | 01:05:24.30            | <b>02:05:09.70</b> | +01:01:56 (49.5%) | 6:15         | 9.6 (50.5%) |
| 68  | <b>WOJCIECHOWSKA Wioletta</b> | <b>136</b> |                            | K50+      | 5    | 00:08:27.70                  | 00:17:46.60               | 00:29:59.35        | 01:09:22.30            | <b>02:05:35.95</b> | +01:02:22 (49.7%) | 6:16         | 9.6 (50.5%) |
| 69  | <b>FILIPOWICZ Ewa</b>         | <b>126</b> |                            | K16-29    | 7    | 00:08:37.45                  | 00:18:26.10               | 00:30:30.70        | 01:08:22.00            | <b>02:05:56.25</b> | +01:02:42 (49.8%) | 6:17         | 9.5 (50.0%) |
| 70  | <b>RUCIŃSKA Jolanta</b>       | <b>135</b> | NASIELSK BASZTA TEAM       | K30-49    | 13   | 00:08:03.00                  | 00:17:52.55               | 00:31:28.80        | 01:08:53.95            | <b>02:06:18.30</b> | +01:03:04 (49.9%) | 6:18         | 9.5 (50.0%) |
| 71  | <b>RUCIŃSKI Jarosław</b>      | <b>134</b> | NASIELSK BASZTA TEAM       | M30-49    | 28   | 00:08:49.75                  | 00:18:17.35               | 00:31:24.55        | 01:08:53.35            | <b>02:07:25.00</b> | +01:04:11 (50.4%) | 6:22         | 9.4 (49.5%) |
| 72  | <b>SKRZYPEK Roman J.</b>      | <b>115</b> |                            | M50+      | 9    | 00:10:32.95                  | 00:22:07.10               | 00:32:51.90        | 01:07:43.90            | <b>02:13:15.85</b> | +01:10:02 (52.6%) | 6:39         | 9 (47.4%)   |
| 73  | <b>KRASKOWSKA Ewelina</b>     | <b>188</b> | MAZOVIA PROACTIV           | K30-49    | 14   | 00:11:17.70                  | 00:25:05.30               | 00:29:08.35        | 01:08:19.05            | <b>02:13:50.40</b> | +01:10:36 (52.8%) | 6:41         | 9 (47.4%)   |
| 74  | <b>BAŁABAS Adam</b>           | <b>194</b> | MAZOVIA PROACTIV CIECHANÓW | M30-49    | 29   | 00:11:18.20                  | 00:25:05.70               | 00:29:07.95        | 01:08:18.85            | <b>02:13:50.70</b> | +01:10:37 (52.8%) | 6:41         | 9 (47.4%)   |
| 75  | <b>GŁOWACKA Aleksandra</b>    | <b>164</b> |                            | K30-49    | 15   | 00:10:21.35                  | 00:23:13.70               | 00:35:04.15        | 01:10:04.05            | <b>02:18:43.25</b> | +01:15:29 (54.4%) | 6:56         | 8.7 (45.8%) |
| 76  | <b>KULASZEWSKI Piotr</b>      | <b>185</b> |                            | M16-29    | 11   | 00:09:43.70                  | 00:22:33.55               | 00:36:38.90        | 01:11:30.45            | <b>02:20:26.60</b> | +01:17:13 (55.0%) | 7:01         | 8.5 (44.7%) |
| 77  | <b>KILIAN Monika</b>          | <b>137</b> | ELEKTRYKWARSZAWA.PL        | K30-49    | 16   | 00:10:04.20                  | 00:21:36.40               | 00:35:21.05        | 01:17:33.30            | <b>02:24:34.95</b> | +01:21:21 (56.3%) | 7:13         | 8.3 (43.7%) |
|     | <b>KALKA Kamil</b>            | <b>131</b> |                            | M30-49    |      | 00:06:32.65<br>DNF           | 00:14:43.80<br>DNF        | 00:00:00.00<br>DNF | 00:00:00.00<br>DNF     | <b>DNF</b>         | -                 | -            | - (0.0%)    |
|     | <b>GREGAJTYS Aleksandra</b>   | <b>121</b> |                            | K16-29    |      | 00:06:40.00<br>DNF           | 00:15:15.15<br>DNF        | 00:00:00.00<br>DNF | 00:00:00.00<br>DNF     | <b>DNF</b>         | -                 | -            | - (0.0%)    |
|     | <b>GREGAJTYS Jacek</b>        | <b>107</b> |                            | M30-49    |      | 00:07:03.95<br>DNF           | 00:16:10.70<br>DNF        | 00:00:00.00<br>DNF | 00:00:00.00<br>DNF     | <b>DNF</b>         | -                 | -            | - (0.0%)    |
|     | <b>BAJCHRZAK Jacek</b>        | <b>191</b> |                            | M30-49    |      | 00:09:58.90<br>DNF           | 00:23:29.45<br>DNF        | 00:00:00.00<br>DNF | 00:00:00.00<br>DNF     | <b>DNF</b>         | -                 | -            | - (0.0%)    |
|     | <b>PASZKOWSKA Renata</b>      | <b>130</b> |                            | K30-49    |      | 00:06:32.55<br>DNF           | 00:14:43.95<br>DNF        | 00:23:55.05<br>DNF | 00:00:00.00<br>DNF     | <b>DNF</b>         | -                 | -            | - (0.0%)    |

| Msc | Zawodnik                        | Numer      | Klub                 | Kategoria | Mkat | Bieg wokół<br>najdłuższego<br>rynku w<br>Europie | Bieg Nocny<br>śladami<br>historii<br>Pułtuska | Bieg<br>Dwóch<br>Wyp | Bursztynowy<br>Bieg Po<br>Puszczy<br>Białej | Czas<br>netto<br>10km | Różn | Tempo<br>min/km | Tempo<br>km/h |
|-----|---------------------------------|------------|----------------------|-----------|------|--|---|----------------------|---|-----------------------|------|-----------------|---------------|
|     | <b>BRACH Agnieszka</b>          | <b>146</b> |                      | K16-29    |      | 00:06:23.50<br>DNF                               | 00:14:49.00<br>DNF                            | 00:24:04.60<br>DNF   | 00:00:00.00<br>DNF                          | <b>DNF</b>            | -    | -               | (0.0%)        |
|     | <b>CHOJNACKI Kamil</b>          | <b>189</b> | LIDER WINNICA        | M16-29    |      | 00:08:02.60<br>DNF                               | 00:16:55.65<br>DNF                            | 00:26:48.20<br>DNF   | 00:00:00.00<br>DNF                          | <b>DNF</b>            | -    | -               | (0.0%)        |
|     | <b>SIENIKOWSKA<br/>Izabela</b>  | <b>174</b> | LIDER WINNICA        | K16-29    |      | 00:07:31.55<br>DNF                               | 00:16:12.05<br>DNF                            | 00:31:11.40<br>DNF   | 00:00:00.00<br>DNF                          | <b>DNF</b>            | -    | -               | (0.0%)        |
|     | <b>MALUCHNIK<br/>Marek</b>      | <b>110</b> | NASIELSK BASZTA TEAM | M30-49    |      | 00:06:25.55<br>DNF                               | 00:14:23.45<br>DNF                            | 00:35:46.25<br>DNF   | 00:00:00.00<br>DNF                          | <b>DNF</b>            | -    | -               | (0.0%)        |
|     | <b>CHUCHAŁA<br/>Włodzimierz</b> | <b>184</b> |                      | M50+      |      | 00:06:29.85<br>DNF                               | 00:13:39.40<br>DNF                            | 00:00:00.00<br>DNF   | 00:42:51.25<br>DNF                          | <b>DNF</b>            | -    | -               | (0.0%)        |
|     | <b>ŁASIŃSKA<br/>Marzena</b>     | <b>155</b> | 2111.PL              | K50+      |      | 00:10:31.55<br>DNF                               | 00:22:07.45<br>DNF                            | 00:31:27.65<br>DNF   | 00:00:00.00<br>DNF                          | <b>DNF</b>            | -    | -               | (0.0%)        |
|     | <b>SZAFRAŃSKA<br/>Aneta</b>     | <b>153</b> | KB TKKF PROMYK       | K30-49    |      | 00:06:23.15<br>DNF                               | 00:13:59.25<br>DNF                            | 00:00:00.00<br>DNF   | 00:45:35.65<br>DNF                          | <b>DNF</b>            | -    | -               | (0.0%)        |
|     | <b>PIEKUTOWSKI<br/>Sławomir</b> | <b>108</b> |                      | M30-49    |      | 00:06:42.95<br>DNF                               | 00:15:03.25<br>DNF                            | 00:00:00.00<br>DNF   | 00:50:44.90<br>DNF                          | <b>DNF</b>            | -    | -               | (0.0%)        |

Znaleziono 90 wynik(ów)