

Pułtuski Festiwal Biegów

4-6 maja 2018

PFB 2019 :: BIEG NOCNY ŚLADAMI HISTORII PUŁTUSKA

B4SPORT

Wydarzenie: Pułtuski Festiwal Biegów 2019
Organizator: Stowarzyszenie Pultovia
Data: 2019-05-03
Miejsce: Pułtusk
Dystans: 3.4 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | Czas netto 3.4km | Czas brutto 3.4km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------------|------------|-------------------------------------|-----------|------|-------------|---------------------|----------------------|-------------------|-----------------|---------------|
| 1 | OBUCHOWSKI Oleksii | 125 | | M16-29 | 1 | 00:00:01 | 00:09:47.75 | 00:09:49.20 | | 2:52 | 20.8 (100%) |
| 2 | DĄBROWSKI Przemysław | 166 | AGRO-METAL OSTROŁĘKA | M30-49 | 1 | 00:00:01 | 00:10:12.85 | 00:10:14.05 | +00:00:25 (4.1%) | 3:00 | 20 (96.2%) |
| 3 | MARYNICZ Witalii | 123 | | M30-49 | 2 | 00:00:01 | 00:10:49.20 | 00:10:50.50 | +00:01:01 (9.5%) | 3:10 | 18.9 (90.9%) |
| 4 | ŚWIERCZYŃSKI Norbert | 134 | RACEFIGHTER GOSIR DĘBE WLK. | M16-29 | 2 | 00:00:01 | 00:10:55.00 | 00:10:56.40 | +00:01:07 (10.3%) | 3:12 | 18.7 (89.9%) |
| 5 | TABER Konrad | 135 | ACTIVE PROSPERIA/STO-NOGI MILANÓWEK | M16-29 | 3 | 00:00:01 | 00:10:57.70 | 00:10:59.30 | +00:01:09 (10.6%) | 3:13 | 18.6 (89.4%) |
| 6 | DZIĘGIELEWSKI Marek | 147 | KB IM.P.SĘKOWSKIEGO W PŁOŃSKU | M50+ | 1 | 00:00:01 | 00:11:15.80 | 00:11:17.50 | +00:01:28 (13.0%) | 3:18 | 18.1 (87.0%) |
| 7 | CHRABAŁOWSKI Jarosław | 351 | LENGOSHOP.PL | M30-49 | 3 | 00:00:01 | 00:11:18.35 | 00:11:20.15 | +00:01:30 (13.4%) | 3:19 | 18 (86.5%) |
| 8 | ZAKOWICZ Paweł | 162 | PIECHOTĄ PO SCHODACH - ŁÓDŹ | M30-49 | 4 | 00:00:02 | 00:11:28.60 | 00:11:30.65 | +00:01:40 (14.6%) | 3:22 | 17.8 (85.6%) |
| 9 | WRÓBEL Marcin | 140 | | M30-49 | 5 | 00:00:01 | 00:12:01.55 | 00:12:03.35 | +00:02:13 (18.5%) | 3:32 | 17 (81.7%) |
| 10 | TOMCZAK Marcin | 174 | KOCI PAZUR | M30-49 | 6 | 00:00:02 | 00:12:10.95 | 00:12:13.00 | +00:02:23 (19.6%) | 3:35 | 16.7 (80.3%) |
| 11 | MALINOWSKI Łukasz | 122 | NASIELSK BASZTA TEAM | M16-29 | 4 | 00:00:02 | 00:12:21.75 | 00:12:24.30 | +00:02:34 (20.8%) | 3:38 | 16.5 (79.3%) |
| 12 | KUCIEJCZYK Henryk | 119 | TEMPO MŁAWA | M50+ | 2 | 00:00:01 | 00:12:24.95 | 00:12:26.70 | +00:02:37 (21.1%) | 3:39 | 16.4 (78.8%) |
| 13 | GOLLNIK Adam | 148 | ROZBIEGAMY NOWY DWÓR | M30-49 | 7 | 00:00:02 | 00:12:41.55 | 00:12:44.10 | +00:02:53 (22.8%) | 3:44 | 16.1 (77.4%) |
| 14 | KŁOSIŃSKI Rafał | 152 | RACEFIGHTER GOSIR DĘBE WLK. | M30-49 | 8 | 00:00:02 | 00:12:45.80 | 00:12:48.65 | +00:02:58 (23.3%) | 3:45 | 16 (76.9%) |
| 15 | KOŁOMIEC Kristina | 153 | | K16-29 | 1 | 00:00:01 | 00:12:55.95 | 00:12:57.15 | +00:03:08 (24.3%) | 3:48 | 15.8 (76.0%) |
| 16 | ZALEWSKI Marcin | 142 | INOBE | M30-49 | 9 | 00:00:02 | 00:12:57.10 | 00:12:59.80 | +00:03:09 (24.4%) | 3:48 | 15.8 (76.0%) |
| 17 | RUCHLEWICZ Natalia | 127 | | K16-29 | 2 | 00:00:02 | 00:13:11.60 | 00:13:14.00 | +00:03:23 (25.8%) | 3:52 | 15.5 (74.5%) |
| 18 | KOMENDA Lech | 117 | KB TKKF PROMYK CIECHANÓW | M30-49 | 10 | 00:00:02 | 00:13:23.15 | 00:13:25.25 | +00:03:35 (26.8%) | 3:56 | 15.2 (73.1%) |
| 19 | BONISŁAWSKA Kamila | 146 | | K16-29 | 3 | 00:00:01 | 00:13:25.80 | 00:13:27.40 | +00:03:38 (27.1%) | 3:57 | 15.2 (73.1%) |
| 20 | KAMIŃSKI Wiesław | 113 | NASIELSK BASZTA TEAM | M50+ | 3 | 00:00:04 | 00:13:47.35 | 00:13:52.00 | +00:03:59 (29.0%) | 4:03 | 14.8 (71.2%) |
| 21 | SARZAŁA Dariusz | 160 | KOCI PAZUR | M50+ | 4 | 00:00:03 | 00:13:51.15 | 00:13:54.20 | +00:04:03 (29.3%) | 4:04 | 14.7 (70.7%) |
| 22 | ROSIŃSKA Barbara | 126 | STO-NOGI MILANÓWEK | K50+ | 1 | 00:00:02 | 00:13:58.40 | 00:14:01.05 | +00:04:10 (29.9%) | 4:06 | 14.6 (70.2%) |
| 23 | KARASIEWICZ Paweł | 114 | LIDER WINNICA | M16-29 | 5 | 00:00:05 | 00:14:06.55 | 00:14:12.45 | +00:04:18 (30.6%) | 4:09 | 14.5 (69.7%) |
| 24 | TABER Jerzy | 364 | ACTIVE PROSPERIA/STO-NOGI MILANÓWEK | M50+ | 5 | 00:00:02 | 00:14:09.65 | 00:14:12.05 | +00:04:21 (30.8%) | 4:10 | 14.4 (69.2%) |
| 25 | SADOWSKI Krzysztof | 130 | | M50+ | 6 | 00:00:03 | 00:14:13.25 | 00:14:16.70 | +00:04:25 (31.1%) | 4:10 | 14.3 (68.8%) |
| 26 | PIOTROWSKI Artur | 157 | NASIELSK BASZTATEAM | M30-49 | 11 | 00:00:08 | 00:14:18.00 | 00:14:26.40 | +00:04:30 (31.5%) | 4:12 | 14.3 (68.8%) |
| 27 | TRUSZKOWSKA Marta | 136 | | K30-49 | 1 | 00:00:02 | 00:14:21.55 | 00:14:23.65 | +00:04:33 (31.8%) | 4:13 | 14.2 (68.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | Czas | | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------------------|------------|----------------------------|-----------|------|-------------|--------------------|--------------------|-------------------|--------------|--------------|
| | | | | | | | netto 3.4km | brutto 3.4km | | | |
| 28 | ŚRUTKOWSKI Sylwester | 133 | | M16-29 | 6 | 00:00:03 | 00:14:22.60 | 00:14:26.10 | +00:04:34 (31.9%) | 4:13 | 14.2 (68.3%) |
| 29 | SZARSZEWSKI Marcin | 252 | NASIELSK BASZTA TEAM | M30-49 | 12 | 00:00:03 | 00:14:22.70 | 00:14:26.45 | +00:04:34 (31.9%) | 4:13 | 14.2 (68.3%) |
| 30 | KWIATKOWSKA Renata | 120 | KB OŻARÓW MAZOWIECKI BIEGA | K50+ | 2 | 00:00:02 | 00:14:25.50 | 00:14:28.05 | +00:04:37 (32.1%) | 4:14 | 14.1 (67.8%) |
| 31 | ŚWIERCZ Andrzej | 363 | KB IM. PIOTRA SĘKOWSKIEGO | M50+ | 7 | 00:00:02 | 00:14:35.35 | 00:14:38.20 | +00:04:47 (32.9%) | 4:17 | 14 (67.3%) |
| 32 | WILCZYŃSKA Julia | 276 | MKS | K16-29 | 4 | 00:00:05 | 00:14:44.95 | 00:14:50.05 | +00:04:57 (33.6%) | 4:20 | 13.8 (66.3%) |
| 33 | KIELAN Damian | 116 | | M16-29 | 7 | 00:00:03 | 00:14:52.60 | 00:14:55.75 | +00:05:04 (34.2%) | 4:22 | 13.7 (65.9%) |
| 34 | SALWIN Sławomir | 131 | WIELISZEW HERON TEAM | M50+ | 8 | 00:00:04 | 00:14:54.15 | 00:14:58.40 | +00:05:06 (34.3%) | 4:22 | 13.7 (65.9%) |
| 35 | OLEKSII Pohrebniak | 156 | | M30-49 | 13 | 00:00:04 | 00:15:00.40 | 00:15:05.20 | +00:05:12 (34.7%) | 4:25 | 13.6 (65.4%) |
| 36 | MIĘTEK Jarosław | 124 | | M50+ | 9 | 00:00:04 | 00:15:02.90 | 00:15:07.05 | +00:05:15 (34.9%) | 4:25 | 13.6 (65.4%) |
| 37 | WRÓBEL Natalia | 139 | | K30-49 | 2 | 00:00:03 | 00:15:12.60 | 00:15:16.10 | +00:05:24 (35.6%) | 4:28 | 13.4 (64.4%) |
| 38 | KOŁODZIEJCZYK Krzysztof | 178 | | M30-49 | 14 | 00:00:08 | 00:15:27.10 | 00:15:35.35 | +00:05:39 (36.6%) | 4:32 | 13.2 (63.5%) |
| 39 | SAVA Oleksandr | 132 | | M30-49 | 15 | 00:00:03 | 00:15:27.90 | 00:15:30.90 | +00:05:40 (36.7%) | 4:32 | 13.2 (63.5%) |
| 40 | KAMIŃSKA Patrycja | 258 | BIEGAM BO LUBIĘ OSTROŁĘKA | K16-29 | 5 | 00:00:01 | 00:15:31.85 | 00:15:33.15 | +00:05:44 (36.9%) | 4:34 | 13.1 (63.0%) |
| 41 | GAJEWSKI Mariusz | 105 | | M30-49 | 16 | 00:00:05 | 00:15:44.55 | 00:15:50.45 | +00:05:56 (37.8%) | 4:37 | 13 (62.5%) |
| 42 | GŁOWACKI Andrzej | 107 | MŁODY VS STARY | M30-49 | 17 | 00:00:03 | 00:15:50.55 | 00:15:54.30 | +00:06:02 (38.2%) | 4:39 | 12.9 (62.0%) |
| 43 | ŚWIERCZYŃSKI Jakub | 177 | | M16-29 | 8 | 00:00:03 | 00:16:01.10 | 00:16:04.30 | +00:06:13 (38.8%) | 4:42 | 12.7 (61.1%) |
| 44 | JANKOWSKA Agnieszka | 111 | NASIELSK BASZTA TEAM | K30-49 | 3 | 00:00:07 | 00:16:13.25 | 00:16:21.00 | +00:06:25 (39.6%) | 4:46 | 12.6 (60.6%) |
| 45 | MUZYKA Marek | 357 | WIELISZEW HERON TEAM | M30-49 | 18 | 00:00:02 | 00:16:13.75 | 00:16:16.15 | +00:06:26 (39.6%) | 4:46 | 12.6 (60.6%) |
| 46 | BALCERZAK Paweł | 100 | | M30-49 | 19 | 00:00:06 | 00:16:14.40 | 00:16:21.20 | +00:06:26 (39.7%) | 4:46 | 12.6 (60.6%) |
| 47 | KLOS Barbara | 151 | | K50+ | 3 | 00:00:03 | 00:16:20.60 | 00:16:23.65 | +00:06:32 (40.1%) | 4:48 | 12.5 (60.1%) |
| 48 | ROSA Elżbieta | 159 | BÓBR TŁUSZCZ | K50+ | 4 | 00:00:05 | 00:16:22.65 | 00:16:28.35 | +00:06:34 (40.2%) | 4:49 | 12.5 (60.1%) |
| 49 | WITKOWSKI Łukasz | 138 | NASIELSK BASZTA TEAM | M30-49 | 20 | 00:00:07 | 00:16:26.15 | 00:16:33.30 | +00:06:38 (40.4%) | 4:50 | 12.4 (59.6%) |
| 50 | GOLLNIK Daria | 149 | ROZBIEGAMY NOWY DWÓR | K30-49 | 4 | 00:00:02 | 00:16:28.75 | 00:16:31.30 | +00:06:41 (40.6%) | 4:50 | 12.4 (59.6%) |
| 51 | CZYŻ Dominik | 103 | GRUPA BIEGOWA CHTMO | M30-49 | 21 | 00:00:07 | 00:17:03.00 | 00:17:10.00 | +00:07:15 (42.5%) | 5:00 | 12 (57.7%) |
| 52 | BORKOWSKI Jacek | 101 | | M30-49 | 22 | 00:00:05 | 00:17:18.15 | 00:17:23.45 | +00:07:30 (43.4%) | 5:05 | 11.8 (56.7%) |
| 53 | GREGAJTYS Aleksandra | 109 | | K16-29 | 6 | 00:00:04 | 00:17:26.80 | 00:17:31.30 | +00:07:39 (43.9%) | 5:07 | 11.7 (56.3%) |
| 54 | ZIELIŃSKA Dorota | 143 | | K16-29 | 7 | 00:00:05 | 00:17:28.65 | 00:17:34.25 | +00:07:40 (44.0%) | 5:08 | 11.7 (56.3%) |
| 55 | GREGAJTYS Jacek | 108 | | M30-49 | 23 | 00:00:04 | 00:17:33.35 | 00:17:38.20 | +00:07:45 (44.2%) | 5:10 | 11.6 (55.8%) |
| 56 | ROSA Leszek | 158 | BÓBR TŁUSZCZ | M50+ | 10 | 00:00:06 | 00:17:34.80 | 00:17:41.30 | +00:07:47 (44.3%) | 5:10 | 11.6 (55.8%) |
| 57 | SZULGA Jakub | 275 | | M30-49 | 24 | 00:00:06 | 00:17:46.10 | 00:17:52.80 | +00:07:58 (44.9%) | 5:13 | 11.5 (55.3%) |
| 58 | SZULGA Małgorzata | 274 | | K30-49 | 5 | 00:00:06 | 00:17:46.55 | 00:17:52.90 | +00:07:58 (44.9%) | 5:13 | 11.5 (55.3%) |
| 59 | KARŁOWICZ Aleksandra | 115 | | K16-29 | 8 | 00:00:03 | 00:17:58.15 | 00:18:01.90 | +00:08:10 (45.5%) | 5:17 | 11.4 (54.8%) |
| 60 | GRZYBOWSKI Mikołaj | 110 | | M50+ | 11 | 00:00:05 | 00:17:58.55 | 00:18:04.05 | +00:08:10 (45.5%) | 5:17 | 11.3 (54.3%) |
| 61 | BARANOWSKA Marta | 145 | | K30-49 | 6 | 00:00:04 | 00:18:14.75 | 00:18:19.60 | +00:08:27 (46.3%) | 5:22 | 11.2 (53.8%) |
| 62 | MACIOŁEK Szymon | 121 | YULO RUN TEAM SIEDLCE | M30-49 | 25 | 00:00:07 | 00:18:21.00 | 00:18:28.45 | +00:08:33 (46.6%) | 5:23 | 11.1 (53.4%) |
| 63 | WYSMYK Ada | 141 | | K16-29 | 9 | 00:00:05 | 00:18:22.90 | 00:18:28.80 | +00:08:35 (46.7%) | 5:24 | 11.1 (53.4%) |
| 64 | KOWALCZYK Ewelina | 154 | LIDER WINNICA | K16-29 | 10 | 00:00:06 | 00:18:33.50 | 00:18:39.80 | +00:08:45 (47.2%) | 5:27 | 11 (52.9%) |
| 65 | WITKOWSKA Eliza | 137 | NASIELSK BASZTA TEAM | K30-49 | 7 | 00:00:07 | 00:18:33.95 | 00:18:41.40 | +00:08:46 (47.2%) | 5:27 | 11 (52.9%) |
| 66 | JAROS Arkadiusz | 112 | RUN VEGAN | M50+ | 12 | 00:00:04 | 00:18:46.90 | 00:18:51.40 | +00:08:59 (47.8%) | 5:31 | 10.9 (52.4%) |
| 67 | RUCIŃSKA Jolanta | 128 | NASIELSK BASZTA TEAM | K30-49 | 8 | 00:00:08 | 00:19:17.45 | 00:19:25.50 | +00:09:29 (49.2%) | 5:40 | 10.6 (51.0%) |
| 68 | WOJCIECHOWSKA Wioletta | 161 | | K50+ | 5 | 00:00:03 | 00:20:04.85 | 00:20:08.45 | +00:10:17 (51.2%) | 5:54 | 10.2 (49.0%) |
| 69 | KRZYCZKOWSKA Sylwia | 176 | | K30-49 | 9 | 00:00:07 | 00:20:06.45 | 00:20:13.95 | +00:10:18 (51.3%) | 5:54 | 10.1 (48.6%) |
| 70 | GŁOWACKA Aleksandra | 106 | MŁODY VS STARY | K30-49 | 10 | 00:00:05 | 00:20:29.35 | 00:20:34.70 | +00:10:41 (52.2%) | 6:01 | 10 (48.1%) |
| 71 | RUCIŃSKI Jarosław | 129 | NASIELSK BASZTA TEAM | M30-49 | 26 | 00:00:07 | 00:20:45.20 | 00:20:53.10 | +00:10:57 (52.8%) | 6:06 | 9.8 (47.1%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | Czas netto 3.4km | Czas brutto 3.4km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------|------------|-----------------------|-----------|------|-------------|---------------------|----------------------|-------------------|-----------------|---------------|
| 72 | CZARNOTA Paweł | 251 | | M30-49 | 27 | 00:00:07 | 00:21:56.60 | 00:22:03.75 | +00:12:08 (55.4%) | 6:27 | 9.3 (44.7%) |
| 73 | CZARNOTA Dorota | 102 | BRAVEHEARTS LEGIONOWO | K30-49 | 11 | 00:00:06 | 00:21:56.65 | 00:22:03.45 | +00:12:08 (55.4%) | 6:27 | 9.3 (44.7%) |

Znaleziono 73 wynik(ów)