

# Pułtowski Festiwal Biegów

4-6 maja 2018

## PFB 2019 :: BIEG WOKÓŁ NAJDŁUŻSZEGO RYNKU W EUROPIE

B4SPORT

**Wydarzenie:** Pułtowski Festiwal Biegów 2019  
**Organizator:** Stowarzyszenie Pultovia  
**Data:** 2019-05-03  
**Miejsce:** Pułtusk  
**Dystans:** 1.6 km

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 1.6km	Czas brutto 1.6km	Różn	Tempo min/km	Tempo km/h
1	MARYNICZ Witalii	123		M30-49	1	00:00:00	00:04:20.50	00:04:21.15		2:43	22.1 (100%)
2	OBUCHOWSKI Oleksii	125		M16-29	1	00:00:01	00:04:20.70	00:04:21.75	+00:00:00 (0.1%)	2:42	22.2 (101%)
3	DĄBROWSKI Przemysław	166	AGRO-METAL OSTROŁĘKA	M30-49	2	00:00:00	00:04:27.15	00:04:28.00	+00:00:06 (2.5%)	2:47	21.5 (97.3%)
4	ŚWIERCZYŃSKI Norbert	134	RACEFIGHTER GOSIR DĘBE WLK.	M16-29	2	00:00:00	00:04:44.15	00:04:44.85	+00:00:23 (8.3%)	2:57	20.3 (91.9%)
5	CHRABAŁOWSKI Jarosław	351	LENGOSHOP.PL	M30-49	3	00:00:01	00:04:50.50	00:04:51.90	+00:00:30 (10.3%)	3:01	19.9 (90.0%)
6	TABER Konrad	135	ACTIVE PROSPERIA/STO-NOGI MILANÓWEK	M16-29	3	00:00:00	00:04:50.75	00:04:50.95	+00:00:30 (10.4%)	3:01	19.9 (90.0%)
7	ZAKOWICZ Paweł	162	PIECHOTĄ PO SCHODACH - ŁÓDŹ	M30-49	4	00:00:00	00:04:52.25	00:04:53.20	+00:00:31 (10.9%)	3:03	19.7 (89.1%)
8	DZIĘGIELEWSKI Marek	147	KB IM.P.SĘKOWSKIEGO W PŁOŃSKU	M50+	1	00:00:01	00:04:59.50	00:05:00.55	+00:00:39 (13.0%)	3:06	19.3 (87.3%)
9	WRÓBEL Marcin	140		M30-49	5	00:00:01	00:05:07.60	00:05:09.00	+00:00:47 (15.3%)	3:12	18.7 (84.6%)
10	SZYMAŃSKI Filip	260	KS MAKÓW BIEGA	M16-29	4	00:00:00	00:05:15.70	00:05:16.65	+00:00:55 (17.5%)	3:17	18.2 (82.4%)
11	TOMCZAK Marcin	174	KOCI PAZUR	M30-49	6	00:00:01	00:05:17.00	00:05:18.30	+00:00:56 (17.8%)	3:18	18.2 (82.4%)
12	GOLLNIK Adam	148	ROZBIEGAMY NOWY DWÓR	M30-49	7	00:00:01	00:05:20.30	00:05:21.35	+00:00:59 (18.7%)	3:20	18 (81.4%)
13	MALINOWSKI Łukasz	122	NASIELSK BASZTA TEAM	M16-29	5	00:00:01	00:05:23.90	00:05:25.50	+00:01:03 (19.6%)	3:22	17.8 (80.5%)
14	KUCIEJCZYK Henryk	119	TEMPO MŁAWA	M50+	2	00:00:01	00:05:25.85	00:05:27.45	+00:01:05 (20.1%)	3:23	17.7 (80.1%)
15	KŁOSIŃSKI Rafał	152	RACEFIGHTER GOSIR DĘBE WLK.	M30-49	8	00:00:01	00:05:29.85	00:05:31.30	+00:01:09 (21.0%)	3:26	17.5 (79.2%)
16	KOŁOMIEC Kristina	153		K16-29	1	00:00:00	00:05:32.05	00:05:32.85	+00:01:11 (21.5%)	3:27	17.3 (78.3%)
17	KIELAN Damian	116		M16-29	6	00:00:01	00:05:32.90	00:05:34.80	+00:01:12 (21.7%)	3:28	17.3 (78.3%)
18	ZALEWSKI Marcin	142	INOBE	M30-49	9	00:00:02	00:05:34.45	00:05:36.45	+00:01:13 (22.1%)	3:28	17.2 (77.8%)
19	KOMENDA Lech	117	KB TKKF PROMYK CIECHANÓW	M30-49	10	00:00:02	00:05:41.55	00:05:43.85	+00:01:21 (23.7%)	3:33	16.9 (76.5%)
20	LUCHITSKIY Aleksandr	262		M16-29	7	00:00:01	00:05:41.75	00:05:43.70	+00:01:21 (23.8%)	3:33	16.8 (76.0%)
21	RUCHLEWICZ Natalia	127		K16-29	2	00:00:01	00:05:45.45	00:05:47.00	+00:01:24 (24.6%)	3:36	16.6 (75.1%)
22	KAMIŃSKI Wiesław	113	NASIELSK BASZTA TEAM	M50+	3	00:00:04	00:05:47.35	00:05:51.70	+00:01:26 (25.0%)	3:36	16.6 (75.1%)
23	SZARSZEWSKI Marcin	252	NASIELSK BASZTA TEAM	M30-49	11	00:00:02	00:05:47.65	00:05:49.90	+00:01:27 (25.1%)	3:36	16.6 (75.1%)
24	BONISŁAWSKA Kamila	146		K16-29	3	00:00:01	00:05:48.45	00:05:49.50	+00:01:27 (25.2%)	3:37	16.6 (75.1%)
25	STANISZ Wiktor	264		M16-29	8	00:00:01	00:05:52.10	00:05:53.25	+00:01:31 (26.0%)	3:40	16.4 (74.2%)
26	STANISZ Adrian	265		M16-29	9	00:00:01	00:05:52.90	00:05:54.50	+00:01:32 (26.2%)	3:40	16.3 (73.8%)
27	SARZAŁA Dariusz	160	KOCI PAZUR	M50+	4	00:00:02	00:05:53.70	00:05:55.90	+00:01:33 (26.4%)	3:40	16.3 (73.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.6km	brutto 1.6km			
28	SADOWSKI Krzysztof	130		M50+	5	00:00:02	00:05:59.10	00:06:02.00	+00:01:38 (27.5%)	3:45	16 (72.4%)
29	ŚWIERCZ Andrzej	363	KB IM. PIOTRA SĘKOWSKIEGO	M50+	6	00:00:01	00:06:06.20	00:06:08.10	+00:01:45 (28.9%)	3:49	15.7 (71.0%)
30	KARASIEWICZ Paweł	114	LIDER WINNICA	M16-29	10	00:00:04	00:06:06.60	00:06:11.25	+00:01:46 (28.9%)	3:49	15.7 (71.0%)
31	ŚRUTKOWSKI Sylwester	133		M16-29	11	00:00:02	00:06:08.35	00:06:10.45	+00:01:47 (29.3%)	3:50	15.7 (71.0%)
32	MIĘTEK Jarosław	124		M50+	7	00:00:02	00:06:09.10	00:06:11.65	+00:01:48 (29.4%)	3:50	15.6 (70.6%)
33	SALWIN Sławomir	131	WIELISZEW HERON TEAM	M50+	8	00:00:02	00:06:13.10	00:06:15.65	+00:01:52 (30.2%)	3:53	15.4 (69.7%)
34	ŚWIERCZYŃSKI Jakub	177		M16-29	12	00:00:01	00:06:13.20	00:06:14.30	+00:01:52 (30.2%)	3:53	15.4 (69.7%)
35	ROSIŃSKA Barbara	126	STO-NOGI MILANÓWEK	K50+	1	00:00:01	00:06:17.95	00:06:19.60	+00:01:57 (31.1%)	3:56	15.2 (68.8%)
36	PIOTROWSKI Artur	157	NASIELSK BASZTATEAM	M30-49	12	00:00:04	00:06:19.20	00:06:24.15	+00:01:58 (31.3%)	3:57	15.2 (68.8%)
37	KWIATKOWSKA Renata	120	KB OŻARÓW MAZOWIECKI BIEGA	K50+	2	00:00:02	00:06:20.30	00:06:22.50	+00:01:59 (31.5%)	3:57	15.2 (68.8%)
38	TABER Jerzy	364	ACTIVE PROSPERIA/STO-NOGI MILANÓWEK	M50+	9	00:00:01	00:06:21.30	00:06:23.00	+00:02:00 (31.7%)	3:58	15.1 (68.3%)
39	SAVA Oleksandr	132		M30-49	13	00:00:01	00:06:21.45	00:06:23.40	+00:02:00 (31.7%)	3:58	15.1 (68.3%)
39	TRUSZKOWSKA Marta	136		K30-49	1	00:00:02	00:06:21.45	00:06:23.70	+00:02:00 (31.7%)	3:58	15.1 (68.3%)
41	SKRZYŃSKI Adam	254		M16-29	13	00:00:04	00:06:23.25	00:06:27.90	+00:02:02 (32.0%)	3:59	15 (67.9%)
42	OLEKSII Pohrebniak	156		M30-49	14	00:00:03	00:06:29.25	00:06:32.65	+00:02:08 (33.1%)	4:03	14.8 (67.0%)
43	MUZYKA Marek	357	WIELISZEW HERON TEAM	M30-49	15	00:00:02	00:06:32.45	00:06:35.15	+00:02:11 (33.6%)	4:05	14.7 (66.5%)
44	GAJEWSKI Mariusz	105		M30-49	16	00:00:04	00:06:32.65	00:06:36.75	+00:02:12 (33.7%)	4:05	14.7 (66.5%)
45	KAMIŃSKA Patrycja	258	BIEGAM BO LUBIĘ OSTROŁĘKA	K16-29	4	00:00:01	00:06:44.25	00:06:45.40	+00:02:23 (35.6%)	4:12	14.3 (64.7%)
46	WRÓBEL Natalia	139		K30-49	2	00:00:02	00:06:46.15	00:06:48.65	+00:02:25 (35.9%)	4:13	14.2 (64.3%)
47	BALCERZAK Paweł	100		M30-49	17	00:00:05	00:06:49.55	00:06:55.40	+00:02:29 (36.4%)	4:16	14 (63.3%)
48	GŁOWACKI Andrzej	107	MŁODY VS STARY	M30-49	18	00:00:02	00:06:54.95	00:06:57.50	+00:02:34 (37.2%)	4:19	13.9 (62.9%)
49	GREGAJTYS Aleksandra	109		K16-29	5	00:00:03	00:06:56.75	00:06:59.85	+00:02:36 (37.5%)	4:20	13.8 (62.4%)
50	GREGAJTYS Jacek	108		M30-49	19	00:00:03	00:07:00.95	00:07:04.05	+00:02:40 (38.1%)	4:23	13.7 (62.0%)
51	WYSMYK Ada	141		K16-29	6	00:00:02	00:07:03.75	00:07:06.30	+00:02:43 (38.5%)	4:25	13.6 (61.5%)
52	GOLLNIK Daria	149	ROZBIEGAMY NOWY DWÓR	K30-49	3	00:00:03	00:07:05.55	00:07:08.65	+00:02:45 (38.8%)	4:25	13.6 (61.5%)
53	ZIELIŃSKA Dorota	143		K16-29	7	00:00:03	00:07:06.15	00:07:09.25	+00:02:45 (38.9%)	4:26	13.5 (61.1%)
54	KLOS Barbara	151		K50+	3	00:00:03	00:07:08.90	00:07:12.30	+00:02:48 (39.3%)	4:28	13.4 (60.6%)
55	ROSA Elżbieta	159	BÓBR TŁUSZCZ	K50+	4	00:00:03	00:07:10.80	00:07:14.35	+00:02:50 (39.5%)	4:29	13.4 (60.6%)
56	MACIOŁEK Szymon	121	YULO RUN TEAM SIEDLCE	M30-49	20	00:00:06	00:07:11.45	00:07:17.80	+00:02:50 (39.6%)	4:29	13.4 (60.6%)
57	JANKOWSKA Agnieszka	111	NASIELSK BASZTA TEAM	K30-49	4	00:00:05	00:07:13.35	00:07:18.90	+00:02:52 (39.9%)	4:30	13.3 (60.2%)
58	KOŁODZIEJCZYK Krzysztof	178		M30-49	21	00:00:04	00:07:14.70	00:07:19.05	+00:02:54 (40.1%)	4:31	13.2 (59.7%)
59	BORKOWSKI Jacek	101		M30-49	22	00:00:03	00:07:21.90	00:07:25.45	+00:03:01 (41.1%)	4:36	13 (58.8%)
60	ROSA Leszek	158	BÓBR TŁUSZCZ	M50+	10	00:00:03	00:07:32.40	00:07:36.30	+00:03:11 (42.4%)	4:43	12.7 (57.5%)
61	CZYŻ Dominik	103	GRUPA BIEGOWA CHTMO	M30-49	23	00:00:05	00:07:36.25	00:07:41.85	+00:03:15 (42.9%)	4:45	12.6 (57.0%)
62	GRZYBOWSKI Mikołaj	110		M50+	11	00:00:03	00:07:36.55	00:07:40.45	+00:03:16 (42.9%)	4:45	12.6 (57.0%)
63	KARŁOWICZ Aleksandra	115		K16-29	8	00:00:04	00:07:39.15	00:07:43.80	+00:03:18 (43.3%)	4:46	12.5 (56.6%)
64	BARANOWSKA Marta	145		K30-49	5	00:00:05	00:07:48.00	00:07:53.90	+00:03:27 (44.3%)	4:52	12.3 (55.7%)
65	WITKOWSKI Łukasz	138	NASIELSK BASZTA TEAM	M30-49	24	00:00:05	00:07:49.90	00:07:55.50	+00:03:29 (44.6%)	4:53	12.3 (55.7%)
66	WITKOWSKA Eliza	137	NASIELSK BASZTA TEAM	K30-49	6	00:00:04	00:07:50.50	00:07:55.30	+00:03:30 (44.6%)	4:54	12.2 (55.2%)
66	KOWALCZYK Ewelina	154	LIDER WINNICA	K16-29	9	00:00:05	00:07:50.50	00:07:56.40	+00:03:30 (44.6%)	4:54	12.2 (55.2%)
68	SZYMAŃSKI Janusz	263		M30-49	25	00:00:04	00:07:58.80	00:08:02.95	+00:03:38 (45.6%)	4:58	12.1 (54.8%)
69	RUCIŃSKA Jolanta	128	NASIELSK BASZTA TEAM	K30-49	7	00:00:04	00:08:16.35	00:08:20.80	+00:03:55 (47.5%)	5:10	11.6 (52.5%)
70	JAROS Arkadiusz	112	RUN VEGAN	M50+	12	00:00:03	00:08:16.70	00:08:20.50	+00:03:56 (47.6%)	5:10	11.6 (52.5%)
71	CZARNOTA Paweł	251		M30-49	26	00:00:03	00:08:25.05	00:08:28.15	+00:04:04 (48.4%)	5:15	11.4 (51.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 1.6km	Czas brutto 1.6km	Różn	Tempo min/km	Tempo km/h
72	<b>KRZYCZKOWSKA Sylwia</b>	<b>176</b>		K30-49	8	00:00:05	<b>00:08:26.90</b>	<b>00:08:32.50</b>	+00:04:06 (48.6%)	5:16	11.4 (51.6%)
73	<b>CZARNOTA Dorota</b>	<b>102</b>	BRAVEHEARTS LEGIONOWO	K30-49	9	00:00:03	<b>00:08:27.55</b>	<b>00:08:30.65</b>	+00:04:07 (48.7%)	5:16	11.4 (51.6%)
74	<b>WOJCIECHOWSKA Wioletta</b>	<b>161</b>		K50+	5	00:00:02	<b>00:08:31.10</b>	<b>00:08:33.70</b>	+00:04:10 (49.0%)	5:19	11.3 (51.1%)
75	<b>RUCIŃSKI Jarosław</b>	<b>129</b>	NASIELSK BASZTA TEAM	M30-49	27	00:00:05	<b>00:08:40.15</b>	<b>00:08:45.40</b>	+00:04:19 (49.9%)	5:25	11.1 (50.2%)
76	<b>KAMIŃSKA Ewa</b>	<b>257</b>		K30-49	10	00:00:02	<b>00:08:41.65</b>	<b>00:08:44.45</b>	+00:04:21 (50.1%)	5:26	11 (49.8%)
77	<b>GŁOWACKA Aleksandra</b>	<b>106</b>	MŁODY VS STARY	K30-49	11	00:00:04	<b>00:09:09.55</b>	<b>00:09:13.65</b>	+00:04:49 (52.6%)	5:43	10.5 (47.5%)
78	<b>SZCZĘSNY Adam</b>	<b>256</b>		M16-29	14	00:00:05	<b>00:09:38.35</b>	<b>00:09:43.50</b>	+00:05:17 (55.0%)	6:01	10 (45.2%)
79	<b>MAŃKOWSKA Paulina</b>	<b>253</b>		K16-29	10	00:00:04	<b>00:09:39.00</b>	<b>00:09:43.65</b>	+00:05:18 (55.0%)	6:01	9.9 (44.8%)

Znaleziono 79 wynik(ów)