

Pułtuski Festiwal Biegów

4-6 maja 2018

PFB 2019 :: BURSZTYNOWY BIEG PO PUSZCZY BIAŁEJ

B4SPORT

Event: Pułtuski Festiwal Biegów 2019
Organiser: Stowarzyszenie Pultovia
Date: 2019-05-05
Place: Pułtusk
Distance: 10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: K-Open

Place	Participant	Number	Club	Category	MCat	Start time	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	KOLOMIEC Kristina	153		K16-29	1	00:00:01	00:40:28.25	00:40:29.90		4:02	14.8 (100%)
2	RUCHEWICZ Natalia	127		K16-29	2	00:00:02	00:40:42.15	00:40:44.40	+00:00:13 (0.6%)	4:04	14.7 (99.3%)
3	BONISŁAWSKA Kamila	146		K16-29	3	00:00:01	00:42:09.80	00:42:11.60	+00:01:41 (4.0%)	4:13	14.2 (95.9%)
4	ROSIŃSKA Barbara	126	STO-NOGI MILANÓWEK	K50+	1	00:00:02	00:43:47.35	00:43:49.85	+00:03:19 (7.6%)	4:22	13.7 (92.6%)
5	DELUGA Magdalena	328	KB WYSZKÓW	K30-49	1	00:00:02	00:45:00.60	00:45:03.00	+00:04:32 (10.1%)	4:30	13.3 (89.9%)
6	TRUSZKOWSKA Marta	136		K30-49	2	00:00:02	00:45:13.45	00:45:16.00	+00:04:45 (10.5%)	4:31	13.3 (89.9%)
7	KWIATKOWSKA Renata	120	KB OŻARÓW MAZOWIECKI BIEGA	K50+	2	00:00:02	00:45:34.10	00:45:36.40	+00:05:05 (11.2%)	4:33	13.2 (89.2%)
8	KRAJEWSKA Klaudia	377		K16-29	4	00:00:02	00:47:05.70	00:47:08.20	+00:06:37 (14.1%)	4:42	12.7 (85.8%)
9	ROSA Elżbieta	159	BÓBR TŁUSZCZ	K50+	3	00:00:03	00:47:14.15	00:47:18.00	+00:06:45 (14.3%)	4:43	12.7 (85.8%)
10	WRÓBEL Natalia	139		K30-49	3	00:00:05	00:48:09.85	00:48:14.85	+00:07:41 (16.0%)	4:48	12.5 (84.5%)
11	UCHROŃSKA Marzena	332		K30-49	4	00:00:03	00:48:26.30	00:48:29.30	+00:07:58 (16.4%)	4:50	12.4 (83.8%)
12	LEONARSKA Małgorzata	343		K30-49	5	00:00:07	00:48:29.50	00:48:36.70	+00:08:01 (16.5%)	4:50	12.4 (83.8%)
13	KLOS Barbara	151		K50+	4	00:00:04	00:48:36.70	00:48:41.15	+00:08:08 (16.7%)	4:51	12.3 (83.1%)
14	TURCZYŃSKA Monika	341	LECZO TEAM	K30-49	6	00:00:03	00:50:28.40	00:50:32.10	+00:10:00 (19.8%)	5:02	11.9 (80.4%)
15	KARCZEWSKA Iwona	323		K30-49	7	00:00:02	00:51:08.70	00:51:11.65	+00:10:40 (20.9%)	5:06	11.7 (79.1%)
16	KWIATKOWSKA Ilona	345		K30-49	8	00:00:05	00:51:19.40	00:51:24.40	+00:10:51 (21.1%)	5:07	11.7 (79.1%)
17	CZARNOTA Dorota	102	BRAVEHEARTS LEGIONOWO	K30-49	9	00:00:04	00:51:31.30	00:51:35.80	+00:11:03 (21.4%)	5:09	11.6 (78.4%)
18	JAKUBCZYK Edyta	322		K30-49	10	00:00:07	00:51:41.40	00:51:48.80	+00:11:13 (21.7%)	5:10	11.6 (78.4%)
19	JANKOWSKA Agnieszka	111	NASIELSK BASZTA TEAM	K30-49	11	00:00:08	00:52:34.05	00:52:42.20	+00:12:05 (23.0%)	5:15	11.4 (77.0%)
20	SOCHA Dominika	331		K30-49	12	00:00:04	00:52:41.15	00:52:45.50	+00:12:12 (23.2%)	5:16	11.4 (77.0%)
21	GOLLNIK Daria	149	ROZBIEGAMY NOWY DWÓR	K30-49	13	00:00:04	00:52:49.00	00:52:53.75	+00:12:20 (23.4%)	5:16	11.4 (77.0%)
22	WYSMYK Ada	141		K16-29	5	00:00:05	00:52:55.40	00:53:00.95	+00:12:27 (23.5%)	5:17	11.3 (76.4%)
23	WITKOWSKA Eliza	137	NASIELSK BASZTA TEAM	K30-49	14	00:00:08	00:54:29.10	00:54:37.25	+00:14:00 (25.7%)	5:26	11 (74.3%)
24	MARSZAŁ Iwona	325	BESTIE OCR LEGIONOWO	K30-49	15	00:00:04	00:57:00.35	00:57:05.30	+00:16:32 (29.0%)	5:42	10.5 (70.9%)
25	HULANICKA Irina	335	GOGGLE TEAM	K50+	5	00:00:05	00:57:04.60	00:57:10.15	+00:16:36 (29.1%)	5:42	10.5 (70.9%)
26	KARŁOWICZ Aleksandra	115		K16-29	6	00:00:08	00:57:19.40	00:57:27.50	+00:16:51 (29.4%)	5:43	10.5 (70.9%)
27	BARANOWSKA Marta	145		K30-49	16	00:00:06	00:59:57.75	01:00:04.40	+00:19:29 (32.5%)	5:59	10 (67.6%)

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28	GŁOWACKA Aleksandra	106	MŁODY VS STARY	K30-49	17	00:00:06	01:01:49.25	01:01:55.45	+00:21:21 (34.5%)	6:10	9.7 (65.5%)
29	RUCIŃSKA Jolanta	128	NASIELSK BASZTA TEAM	K30-49	18	00:00:09	01:09:10.00	01:09:19.25	+00:28:41 (41.5%)	6:55	8.7 (58.8%)

Total 29 results.