

# Pułtowski Festiwal Biegów

4-6 maja 2018

## PFB 2019 :: BURSZTYNOWY BIEG PO PUSZCZY BIAŁEJ

B4SPORT

**Wydarzenie:** Pułtowski Festiwal Biegów 2019  
**Organizator:** Stowarzyszenie Pultovia  
**Data:** 2019-05-05  
**Miejsce:** Pułtusk  
**Dystans:** 10 km

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: K30-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>DELUGA Magdalena</b>	<b>328</b>	KB WYSZKÓW	K30-49	1	00:00:02	<b>00:45:00.60</b>	<b>00:45:03.00</b>		4:30	13.3 (100%)
2	<b>TRUSZKOWSKA Marta</b>	<b>136</b>		K30-49	2	00:00:02	<b>00:45:13.45</b>	<b>00:45:16.00</b>	+00:00:12 (0.5%)	4:31	13.3 (100%)
3	<b>WRÓBEL Natalia</b>	<b>139</b>		K30-49	3	00:00:05	<b>00:48:09.85</b>	<b>00:48:14.85</b>	+00:03:09 (6.5%)	4:48	12.5 (94.0%)
4	<b>UCHROŃSKA Marzena</b>	<b>332</b>		K30-49	4	00:00:03	<b>00:48:26.30</b>	<b>00:48:29.30</b>	+00:03:25 (7.1%)	4:50	12.4 (93.2%)
5	<b>LEONARSKA Małgorzata</b>	<b>343</b>		K30-49	5	00:00:07	<b>00:48:29.50</b>	<b>00:48:36.70</b>	+00:03:28 (7.2%)	4:50	12.4 (93.2%)
6	<b>TURCZYŃSKA Monika</b>	<b>341</b>	LECZO TEAM	K30-49	6	00:00:03	<b>00:50:28.40</b>	<b>00:50:32.10</b>	+00:05:27 (10.8%)	5:02	11.9 (89.5%)
7	<b>KARCZEWSKA Iwona</b>	<b>323</b>		K30-49	7	00:00:02	<b>00:51:08.70</b>	<b>00:51:11.65</b>	+00:06:08 (12.0%)	5:06	11.7 (88.0%)
8	<b>KWIATKOWSKA Ilona</b>	<b>345</b>		K30-49	8	00:00:05	<b>00:51:19.40</b>	<b>00:51:24.40</b>	+00:06:18 (12.3%)	5:07	11.7 (88.0%)
9	<b>CZARNOTA Dorota</b>	<b>102</b>	BRAVEHEARTS LEGIONOWO	K30-49	9	00:00:04	<b>00:51:31.30</b>	<b>00:51:35.80</b>	+00:06:30 (12.6%)	5:09	11.6 (87.2%)
10	<b>JAKUBCZYK Edyta</b>	<b>322</b>		K30-49	10	00:00:07	<b>00:51:41.40</b>	<b>00:51:48.80</b>	+00:06:40 (12.9%)	5:10	11.6 (87.2%)
11	<b>JANKOWSKA Agnieszka</b>	<b>111</b>	NASIELSK BASZTA TEAM	K30-49	11	00:00:08	<b>00:52:34.05</b>	<b>00:52:42.20</b>	+00:07:33 (14.4%)	5:15	11.4 (85.7%)
12	<b>SOCHA Dominika</b>	<b>331</b>		K30-49	12	00:00:04	<b>00:52:41.15</b>	<b>00:52:45.50</b>	+00:07:40 (14.6%)	5:16	11.4 (85.7%)
13	<b>GOLLNIK Daria</b>	<b>149</b>	ROZBIEGAMY NOWY DWÓR	K30-49	13	00:00:04	<b>00:52:49.00</b>	<b>00:52:53.75</b>	+00:07:48 (14.8%)	5:16	11.4 (85.7%)
14	<b>WITKOWSKA Eliza</b>	<b>137</b>	NASIELSK BASZTA TEAM	K30-49	14	00:00:08	<b>00:54:29.10</b>	<b>00:54:37.25</b>	+00:09:28 (17.4%)	5:26	11 (82.7%)
15	<b>MARSZAŁ Iwona</b>	<b>325</b>	BESTIE OCR LEGIONOWO	K30-49	15	00:00:04	<b>00:57:00.35</b>	<b>00:57:05.30</b>	+00:11:59 (21.0%)	5:42	10.5 (78.9%)
16	<b>BARANOWSKA Marta</b>	<b>145</b>		K30-49	16	00:00:06	<b>00:59:57.75</b>	<b>01:00:04.40</b>	+00:14:57 (24.9%)	5:59	10 (75.2%)
17	<b>GŁOWACKA Aleksandra</b>	<b>106</b>	MŁODY VS STARY	K30-49	17	00:00:06	<b>01:01:49.25</b>	<b>01:01:55.45</b>	+00:16:48 (27.2%)	6:10	9.7 (72.9%)
18	<b>RUCIŃSKA Jolanta</b>	<b>128</b>	NASIELSK BASZTA TEAM	K30-49	18	00:00:09	<b>01:09:10.00</b>	<b>01:09:19.25</b>	+00:24:09 (34.9%)	6:55	8.7 (65.4%)

Znaleziono 18 wynik(ów)