

# Pułtowski Festiwal Biegów

4-6 maja 2018

## PFB 2019 :: BURSZTYNOWY BIEG PO PUSZCZY BIAŁEJ

B4SPORT

**Wydarzenie:** Pułtowski Festiwal Biegów 2019  
**Organizator:** Stowarzyszenie Pultovia  
**Data:** 2019-05-05  
**Miejsce:** Pułtusk  
**Dystans:** 10 km

**B4SPORT**  
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: M30-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	DĄBROWSKI Przemysław	166	AGRO-METAL OSTROŁĘKA	M30-49	1	00:00:01	00:33:27.30	00:33:28.70		3:20	17.9 (100%)
2	MARYNICZ Witalii	123		M30-49	2	00:00:01	00:34:13.95	00:34:15.65	+00:00:46 (2.3%)	3:25	17.5 (97.8%)
3	ZAKOWICZ Paweł	162	PIECHOTĄ PO SCHODACH - ŁÓDŹ	M30-49	3	00:00:02	00:36:04.75	00:36:07.65	+00:02:37 (7.3%)	3:36	16.6 (92.7%)
4	CHRABAŁOWSKI Jarosław	351	LENGOSHOP.PL	M30-49	4	00:00:02	00:37:38.05	00:37:40.75	+00:04:10 (11.1%)	3:45	15.9 (88.8%)
5	TOMCZAK Marcin	174	KOCI PAZUR	M30-49	5	00:00:02	00:38:10.65	00:38:13.05	+00:04:43 (12.4%)	3:49	15.7 (87.7%)
6	WRÓBEL Marcin	140		M30-49	6	00:00:02	00:39:18.05	00:39:20.85	+00:05:50 (14.9%)	3:55	15.3 (85.5%)
7	KŁOSIŃSKI Rafał	152	RACEFIGHTER GOSIR DĘBE WLK.	M30-49	7	00:00:04	00:40:09.80	00:40:14.20	+00:06:42 (16.7%)	4:01	14.9 (83.2%)
8	SMUGA Łukasz	344		M30-49	8	00:00:03	00:41:27.40	00:41:30.50	+00:08:00 (19.3%)	4:08	14.5 (81.0%)
9	ZALEWSKI Marcin	142	INOBE	M30-49	9	00:00:03	00:41:59.45	00:42:02.55	+00:08:32 (20.3%)	4:11	14.3 (79.9%)
10	KOMENDA Lech	117	KB TKKF PROMYK CIECHANÓW	M30-49	10	00:00:03	00:43:05.10	00:43:08.10	+00:09:37 (22.4%)	4:18	13.9 (77.7%)
11	GOLLNIK Adam	148	ROZBIEGAMY NOWY DWÓR	M30-49	11	00:00:04	00:43:39.65	00:43:43.70	+00:10:12 (23.4%)	4:21	13.7 (76.5%)
12	DARKOWSKI Rafał	348		M30-49	12	00:00:04	00:44:03.85	00:44:08.25	+00:10:36 (24.1%)	4:24	13.6 (76.0%)
13	JAKUBOWSKI Dariusz	349		M30-49	13	00:00:04	00:44:07.20	00:44:11.30	+00:10:39 (24.2%)	4:24	13.6 (76.0%)
14	KWIATKOWSKI Adam	346		M30-49	14	00:00:05	00:44:32.35	00:44:37.80	+00:11:05 (24.9%)	4:27	13.5 (75.4%)
15	BUCZYŃSKI Rafał	342		M30-49	15	00:00:01	00:44:48.45	00:44:50.40	+00:11:21 (25.3%)	4:28	13.4 (74.9%)
16	GLINKA Karol	321		M30-49	16	00:00:03	00:44:57.90	00:45:01.40	+00:11:30 (25.6%)	4:29	13.3 (74.3%)
17	OLEKSII Pohrebniak	156		M30-49	17	00:00:05	00:46:42.60	00:46:47.70	+00:13:15 (28.4%)	4:40	12.8 (71.5%)
18	BRALEWSKI Tomasz	347		M30-49	18	00:00:02	00:46:59.60	00:47:02.30	+00:13:32 (28.8%)	4:42	12.8 (71.5%)
19	WRONIAK Paweł	327	AGD WRONIAK	M30-49	19	00:00:05	00:47:04.75	00:47:10.15	+00:13:37 (28.9%)	4:42	12.7 (70.9%)
20	SAVA Oleksandr	132		M30-49	20	00:00:03	00:47:13.30	00:47:16.60	+00:13:46 (29.2%)	4:43	12.7 (70.9%)
21	JANCZAK Adrian	329		M30-49	21	00:00:06	00:47:38.35	00:47:44.35	+00:14:11 (29.8%)	4:45	12.6 (70.4%)
22	GŁOWACKI Andrzej	107	MŁODY VS STARY	M30-49	22	00:00:07	00:47:42.80	00:47:50.40	+00:14:15 (29.9%)	4:46	12.6 (70.4%)
23	PIOTROWSKI Artur	157	NASIELSK BASZTATEAM	M30-49	23	00:00:10	00:48:10.60	00:48:21.35	+00:14:43 (30.6%)	4:49	12.5 (69.8%)
24	UCHROŃSKI Grzegorz	333		M30-49	24	00:00:03	00:49:08.90	00:49:12.45	+00:15:41 (31.9%)	4:54	12.2 (68.2%)
25	GAJEWSKI Mariusz	105		M30-49	25	00:00:08	00:50:13.10	00:50:21.10	+00:16:45 (33.4%)	5:01	11.9 (66.5%)
26	KRAJEWSKI Przemysław	350		M30-49	26	00:00:03	00:50:28.80	00:50:32.40	+00:17:01 (33.7%)	5:02	11.9 (66.5%)
27	PRZYBYLSKI Wojciech	339		M30-49	27	00:00:03	00:50:50.20	00:50:53.60	+00:17:22 (34.2%)	5:05	11.8 (65.9%)

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28	<b>BALCERZAK Paweł</b>	<b>100</b>		M30-49	28	00:00:05	<b>00:52:23.25</b>	<b>00:52:28.55</b>	+00:18:55 (36.1%)	5:14	11.5 (64.2%)
29	<b>CZYŻ Dominik</b>	<b>103</b>	GRUPA BIEGOWA CHTMO	M30-49	29	00:00:08	<b>00:53:39.35</b>	<b>00:53:48.05</b>	+00:20:12 (37.6%)	5:22	11.2 (62.6%)
30	<b>KOŁODZIEJCZYK Krzysztof</b>	<b>178</b>		M30-49	30	00:00:09	<b>00:54:28.30</b>	<b>00:54:37.70</b>	+00:21:01 (38.6%)	5:26	11 (61.5%)
31	<b>BORKOWSKI Jacek</b>	<b>101</b>		M30-49	31	00:00:06	<b>00:55:19.30</b>	<b>00:55:25.85</b>	+00:21:52 (39.5%)	5:31	10.8 (60.3%)
32	<b>KRĘŻOŁEK Paweł</b>	<b>324</b>		M30-49	32	00:00:07	<b>01:05:03.50</b>	<b>01:05:10.90</b>	+00:31:36 (48.6%)	6:30	9.2 (51.4%)
33	<b>RUCIŃSKI Jarosław</b>	<b>129</b>	NASIELSK BASZTA TEAM	M30-49	33	00:00:09	<b>01:09:10.40</b>	<b>01:09:19.40</b>	+00:35:43 (51.6%)	6:55	8.7 (48.6%)

Znaleziono 33 wynik(ów)