



PIĄTKA ZA PIĄTKĘ

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: I Festiwal Pustelnika
Organizator: Stowarzyszenie „PRZEKROCZ GRANICE”
Data: 2023-08-19
Miejsce: Wysowa-Zdrój
Dystans: 5 km

Klasyfikacja: Czasy WMA

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	SZARŁOWICZ Jakub	269	UKS LIPINKI	Czasy WMA	3	00:20:24.80	00:20:26.35	+00:00:00 (-359,900.0%)	4:04	14.7 (100%)
2	RECZKOWSKI Andrzej	233	KB ATHLETIC ZRĘCIN	Czasy WMA	13	00:27:08.45	00:27:09.50	+00:00:01 (-359,468.1%)	5:25	11.1 (75.5%)
3	GRYZŁO Sebastian	243	WWW.LEDMAX24.PL	Czasy WMA	1	00:20:20.25	00:20:21.25	+00:00:09 (-357,229.3%)	4:04	14.8 (101%)
4	STELAK Michał	283		Czasy WMA	2	00:20:24.30	00:20:26.30	+00:00:14 (-355,757.8%)	4:04	14.7 (100%)
5	SKALSKI Adam	203	UKS HAŃCZOWA	Czasy WMA	4	00:20:45.25	00:20:47.70	+00:00:31 (-350,666.6%)	4:09	14.5 (98.6%)
6	WOŹNIAK Artur	208	GORLICKA GRUPA BIEGOWA	Czasy WMA	12	00:24:44.75	00:24:50.10	+00:00:47 (-346,362.1%)	4:56	12.1 (82.3%)
7	SZARŁOWICZ Kacper	231	ULKS LIPINKI	Czasy WMA	5	00:21:04.05	00:21:04.65	+00:00:51 (-345,104.4%)	4:12	14.2 (96.6%)
8	MARZEC Paweł	234	KOLEGA PUSTELNIKA	Czasy WMA	8	00:23:39.95	00:23:42.10	+00:01:58 (-327,862.1%)	4:43	12.7 (86.4%)
9	BRZOZOWSKI Leszek	235	MARATON GORLICE	Czasy WMA	21	00:30:09.40	00:30:12.80	+00:02:33 (-319,481.4%)	6:01	10 (68.0%)
10	CHROBACZYŃSKI Rafał	240		Czasy WMA	6	00:23:03.50	00:23:05.85	+00:02:49 (-315,732.4%)	4:36	13 (88.4%)
11	RZUCIDŁO Jan	209	BBL RZESZÓW	Czasy WMA	29	00:31:33.90	00:31:39.30	+00:02:55 (-314,388.3%)	6:18	9.5 (64.6%)
12	ZABAWA Patryk	206	GORLICKA GRUPA BIEGOWA	Czasy WMA	7	00:23:40.20	00:23:41.80	+00:03:18 (-309,289.1%)	4:44	12.7 (86.4%)
13	KUNDRACIK Miroslaw	265	MARAS TEAM	Czasy WMA	11	00:24:44.30	00:24:48.10	+00:03:29 (-306,875.9%)	4:56	12.1 (82.3%)
14	CZYŻYKIEWICZ Mateusz	204		Czasy WMA	9	00:24:17.95	00:24:20.30	+00:03:44 (-303,555.7%)	4:51	12.4 (84.4%)
15	FEDAK Jakub	272		Czasy WMA	10	00:24:41.95	00:24:45.20	+00:04:32 (-293,838.9%)	4:56	12.2 (83.0%)
16	MAZUR Tomasz	280	UKS GDYNI	Czasy WMA	18	00:28:58.70	00:29:00.30	+00:05:54 (-278,449.1%)	5:47	10.4 (70.7%)
17	RONDUDA Robert	247	UKS GDYNI	Czasy WMA	19	00:29:09.95	00:29:13.00	+00:05:55 (-278,264.1%)	5:49	10.3 (70.1%)
18	KOŁTKO Seweryn	281	UKS HAŃCZOWA	Czasy WMA	14	00:28:11.65	00:28:13.05	+00:05:56 (-278,020.0%)	5:38	10.6 (72.1%)
19	PODRAZA Adam	202	WILKI JODŁOWA	Czasy WMA	17	00:28:30.85	00:28:36.55	+00:06:21 (-273,685.0%)	5:42	10.5 (71.4%)
20	PAJĄK Klara	258	UKS HAŃCZOWA	Czasy WMA	28	00:31:36.85	00:31:38.85	+00:06:46 (-269,517.2%)	6:19	9.5 (64.6%)
21	STEC Arkadiusz	229		Czasy WMA	31	00:32:05.25	00:32:11.25	+00:06:51 (-268,635.6%)	6:25	9.4 (63.9%)
22	SROKA Sławomir	277		Czasy WMA	20	00:30:03.45	00:30:03.45	+00:07:03 (-266,662.4%)	6:00	10 (68.0%)

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23	SZCZERBA Damian	215	#OBIEGAMPOLSKE	Czasy WMA	16	00:28:30.75	00:28:33.10	+00:07:14 (-264,901.4%)	5:42	10.5 (71.4%)
24	ŚWIERCZYŃSKI Dariusz	253	MIKS JUNIOR OLEŚNICA	Czasy WMA	33	00:33:04.80	00:33:06.15	+00:07:36 (-261,343.2%)	6:36	9.1 (61.9%)
25	SABANOS Gejza	264	MARAS TEAM	Czasy WMA	38	00:36:08.05	00:36:12.30	+00:07:37 (-261,228.6%)	7:13	8.3 (56.5%)
26	NOGAWKA Miłosz	266	UKS HAŃCZOWA	Czasy WMA	15	00:28:26.15	00:28:28.00	+00:08:15 (-255,497.4%)	5:41	10.6 (72.1%)
27	CELEJ Łukasz	270		Czasy WMA	27	00:31:00.05	00:31:03.25	+00:09:00 (-248,924.1%)	6:12	9.7 (66.0%)
28	KURUC Roksana	274	UKS HAŃCZOWA	Czasy WMA	36	00:34:29.40	00:34:31.25	+00:09:22 (-245,746.9%)	6:53	8.7 (59.2%)
29	KACZMAREK Mariusz	239		Czasy WMA	25	00:30:41.60	00:30:47.50	+00:09:47 (-242,389.3%)	6:08	9.8 (66.7%)
30	SZELIGA Kacper	207		Czasy WMA	22	00:30:17.00	00:30:21.00	+00:10:06 (-239,850.5%)	6:03	9.9 (67.3%)
31	BARTKO Bartłomiej	212		Czasy WMA	26	00:30:49.70	00:30:54.20	+00:10:20 (-237,978.5%)	6:09	9.7 (66.0%)
32	KALISZ Jakub	242		Czasy WMA	23	00:30:40.10	00:30:42.55	+00:10:30 (-236,739.4%)	6:08	9.8 (66.7%)
33	FEDAK Sylwia	271		Czasy WMA	24	00:30:43.65	00:30:47.20	+00:10:35 (-236,143.2%)	6:08	9.8 (66.7%)
34	WIRCHOMSKI Seweryn	282	UKS GDYNI	Czasy WMA	44	00:39:01.40	00:39:02.75	+00:10:58 (-233,195.7%)	7:48	7.7 (52.4%)
35	KAMIŃSKI Jerzy	255	MARATON GORLICE	Czasy WMA	51	00:39:53.10	00:39:58.40	+00:11:10 (-231,693.0%)	7:58	7.5 (51.0%)
36	REZLER Marcin	252		Czasy WMA	40	00:36:55.40	00:36:59.20	+00:11:30 (-229,297.2%)	7:23	8.1 (55.1%)
37	WOŹNIAK Kamil	285		Czasy WMA	30	00:31:46.15	00:31:51.50	+00:11:39 (-228,196.3%)	6:21	9.4 (63.9%)
38	SROKA Oliwia	278		Czasy WMA	32	00:32:24.70	00:32:27.65	+00:11:44 (-227,549.6%)	6:28	9.3 (63.3%)
39	ŚWIERCZEWSKI Michał	238		Czasy WMA	35	00:33:35.65	00:33:40.00	+00:12:22 (-223,110.3%)	6:43	8.9 (60.5%)
40	NOGAWKA Kacper	267	UKS HAŃCZOWA	Czasy WMA	34	00:33:23.80	00:33:25.05	+00:12:33 (-221,885.2%)	6:40	9 (61.2%)
41	MOSKAL Andrzej	232	-	Czasy WMA	56	00:44:19.00	00:44:25.30	+00:12:55 (-219,454.1%)	8:51	6.8 (46.3%)
42	PAJĄK Teodor	257	UKS HAŃCZOWA	Czasy WMA	41	00:37:28.45	00:37:30.30	+00:13:36 (-215,002.7%)	7:29	8 (54.4%)
43	BAZIAK Wojtek	201	HYC HYC KOZA TEAM	Czasy WMA	37	00:35:05.55	00:35:10.50	+00:13:49 (-213,646.2%)	7:01	8.6 (58.5%)
44	PILICH Michał	250		Czasy WMA	42	00:37:30.00	00:37:37.05	+00:13:58 (-212,734.3%)	7:30	8 (54.4%)
45	JURA Małgorzata	246	Z BIEGANIEM MI DO TWARZY	Czasy WMA	49	00:39:37.05	00:39:44.10	+00:14:14 (-211,018.7%)	7:55	7.6 (51.7%)
46	ŻABA Katarzyna	279	UKS HAŃCZOWA	Czasy WMA	39	00:36:13.25	00:36:15.10	+00:14:19 (-210,571.1%)	7:14	8.3 (56.5%)
47	SANARES Krystyna	244		Czasy WMA	63	00:50:13.45	00:50:15.05	+00:15:01 (-206,371.8%)	10:02	6 (40.8%)
48	NOGAWKA Natalia	268	UKS HAŃCZOWA	Czasy WMA	45	00:39:12.05	00:39:14.25	+00:15:46 (-202,060.3%)	7:50	7.7 (52.4%)
49	CHRUSZCZ Justyna	275	UKS HAŃCZOWA	Czasy WMA	43	00:38:21.95	00:38:24.85	+00:17:36 (-192,279.7%)	7:40	7.8 (53.1%)
50	DARDZIŃSKA Wanda	259	UKS HAŃCZOWA	Czasy WMA	46	00:39:13.50	00:39:15.85	+00:17:48 (-191,217.1%)	7:50	7.6 (51.7%)
51	LEDNIEWSKA Adriana	237		Czasy WMA	48	00:39:30.20	00:39:34.45	+00:17:52 (-190,913.5%)	7:54	7.6 (51.7%)
52	MARAS Ladislaw	263	MARAS TEAM	Czasy WMA	59	00:47:15.50	00:47:21.30	+00:18:03 (-190,018.6%)	9:27	6.3 (42.9%)
53	WIRCHOMSKI Szymon	284	UKS HAŃCZOWA	Czasy WMA	52	00:40:55.60	00:40:58.20	+00:18:41 (-186,879.9%)	8:11	7.3 (49.7%)
54	FLOREK Tomasz	216		Czasy WMA	54	00:42:43.80	00:42:48.60	+00:18:41 (-186,871.2%)	8:32	7 (47.6%)
55	ROMAN Leon	273	UKS HAŃCZOWA	Czasy WMA	53	00:41:54.85	00:41:56.40	+00:18:42 (-186,802.0%)	8:22	7.2 (49.0%)
56	ROBAK Barabara	261		Czasy WMA	62	00:48:43.75	00:49:56.10	+00:18:48 (-186,305.8%)	9:44	6.2 (42.2%)
57	REZLER Aleksandra	251		Czasy WMA	47	00:39:25.05	00:39:28.75	+00:19:11 (-184,546.9%)	7:53	7.6 (51.7%)
58	FIL Katarzyna	256		Czasy WMA	50	00:39:53.15	00:39:58.35	+00:19:40 (-182,262.9%)	7:58	7.5 (51.0%)
59	FLOREK Beata	217		Czasy WMA	55	00:42:43.80	00:42:48.70	+00:20:59 (-176,437.4%)	8:32	7 (47.6%)
60	USZKO Michał	249		Czasy WMA	64	00:52:38.85	00:52:44.15	+00:23:30 (-166,280.8%)	10:31	5.7 (38.8%)
60	USZKO Małgorzata	248		Czasy WMA	64	00:52:39.55	00:52:44.15	+00:23:58 (-164,537.8%)	10:31	5.7 (38.8%)
62	JARACZ Krystian	223	KB ATHLETIC ZRĘCIN	Czasy WMA	57	00:44:18.95	00:44:25.45	+00:24:12 (-163,669.0%)	8:51	6.8 (46.3%)
63	DZIURNY Maja	245		Czasy WMA	61	00:47:33.15	00:47:35.50	+00:24:20 (-163,189.6%)	9:30	6.3 (42.9%)
64	ŻABA Sabina	276	UKS HAŃCZOWA	Czasy WMA	60	00:47:20.95	00:47:23.75	+00:25:41 (-158,384.5%)	9:28	6.3 (42.9%)
65	DŻUMBELAK Sara	224		Czasy WMA	58	00:47:14.00	00:47:17.40	+00:27:05 (-153,698.7%)	9:26	6.4 (43.5%)
66	TURKOWSKA Aleksandra	236		Czasy WMA	64	00:52:35.90	00:52:44.15	+00:32:31 (-137,816.5%)	10:31	5.7 (38.8%)

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Przekroczony limit czasu: 01:00:00										
67	ROBAK Sylwia	262		Czasy WMA	68	01:12:10.90	01:13:24.35	+00:33:48 (-134,563.5%)	14:26	4.2 (28.6%)
68	ROBAK Joanna	260		Czasy WMA	67	01:12:10.65	01:13:23.90	+00:46:08 (-109,523.5%)	14:26	4.2 (28.6%)

Znaleziono 68 wynik(ów)