

**Organizator:** Runmageddon  
**Data:** 2020-06-06  
**Miejsce:** Warszawa  
**Dystans:** 5 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	GRZYWACZ Marcin	30		M Open	1	00:19:03.00		3:48	15.7 (100%)
2	GRZANECKI Marcin	29		M Open	2	00:19:26.00	+00:00:23 (2.0%)	3:53	15.4 (98.1%)
3	ŁUKIANOW Artur	69		M Open	3	00:19:43.00	+00:00:40 (3.4%)	3:56	15.2 (96.8%)
4	LAFOND Roman	38		M Open	4	00:20:20.00	+00:01:17 (6.3%)	4:04	14.8 (94.3%)
5	NOWAKOWSKI Daniel	40		M Open	5	00:20:30.00	+00:01:27 (7.1%)	4:06	14.6 (93.0%)
6	KITALA Radosław	22	WILK TRENUJE FAMILY (WTF)	M Open	6	00:20:34.00	+00:01:31 (7.4%)	4:06	14.6 (93.0%)
7	BYKOWSKI Andrzej	25		M Open	7	00:20:35.00	+00:01:32 (7.4%)	4:07	14.6 (93.0%)
8	JEZIORAŃSKI Bartosz	15	MIDEA POLSKA	M Open	8	00:20:47.00	+00:01:44 (8.3%)	4:09	14.4 (91.7%)
9	SZYBOWSKI Adam	70		M Open	9	00:21:00.00	+00:01:57 (9.3%)	4:12	14.3 (91.1%)
10	PTASIŃSKI Kacper	60	UNITED RUNNERS	M Open	10	00:21:11.00	+00:02:08 (10.1%)	4:14	14.2 (90.4%)
11	JANISZEWSKI Grzegorz	4	DZIADY OCR	M Open	11	00:21:34.00	+00:02:31 (11.7%)	4:18	13.9 (88.5%)
12	RYBACKI Błażej	18	RMF4RT GLADIATORS	M Open	12	00:21:45.00	+00:02:42 (12.4%)	4:21	13.8 (87.9%)
13	KANCIRUK Paweł	63		M Open	13	00:21:58.00	+00:02:55 (13.3%)	4:23	13.7 (87.3%)
14	KRZYŻANOWSKI Julian	36		M Open	14	00:22:18.00	+00:03:15 (14.6%)	4:27	13.5 (86.0%)
15	LEWIŃSKI Bartłomiej	13	LALECZKA CZAKI	M Open	15	00:22:24.00	+00:03:21 (15.0%)	4:28	13.4 (85.4%)
16	ŚWICIŃSKI Jan	48		M Open	16	00:22:36.00	+00:03:33 (15.7%)	4:31	13.3 (84.7%)
16	KOWALIK Karol	66		M Open	16	00:22:36.00	+00:03:33 (15.7%)	4:31	13.3 (84.7%)
18	GRYSZKIEWICZ Sławomir	11	KAMYCZKI	M Open	18	00:22:44.00	+00:03:41 (16.2%)	4:32	13.2 (84.1%)
19	SAWICKI Adrian	45		M Open	19	00:23:01.00	+00:03:58 (17.2%)	4:36	13 (82.8%)
20	DOLIŃSKI Bartosz	61		M Open	20	00:23:40.00	+00:04:37 (19.5%)	4:44	12.7 (80.9%)
21	BRODZIAK Andrzej	24		M Open	21	00:24:15.00	+00:05:12 (21.4%)	4:51	12.4 (79.0%)
22	GĘDEK Marzena	50	GOSZCZYCKI TEAM ŁOWICZ	K Open	1	00:24:27.00	+00:05:24 (22.1%)	4:53	12.3 (78.3%)
23	JURCZYŃSKI Igor	77		M Open	22	00:25:07.00	+00:06:04 (24.2%)	5:01	11.9 (75.8%)
24	GOSZCZYCKI Witold	51	GOSZCZYCKITEAM ŁOWICZ	M Open	23	00:25:16.00	+00:06:13 (24.6%)	5:03	11.9 (75.8%)
25	MIELCARZ Marcin	39		M Open	24	00:25:20.00	+00:06:17 (24.8%)	5:04	11.8 (75.2%)
26	KMERA Rafał	64		M Open	25	00:25:30.00	+00:06:27 (25.3%)	5:06	11.8 (75.2%)
27	SOBOLEWSKA Beata	47		K Open	2	00:25:56.00	+00:06:53 (26.5%)	5:11	11.6 (73.9%)
28	MARKIEWICZ Kuba	75		M Open	26	00:26:39.00	+00:07:36 (28.5%)	5:19	11.3 (72.0%)
29	CHODORSKI Łukasz	58	PSYCHIATRYK KOPERNIKA	M Open	27	00:27:20.00	+00:08:17 (30.3%)	5:28	11 (70.1%)
30	WŁODARCZYK Grzegorz	53	KOCIE MORDY	M Open	28	00:27:34.00	+00:08:31 (30.9%)	5:30	10.9 (69.4%)

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31	LIPIŃSKA Julita	68		K Open	3	00:27:36.00	+00:08:33 (31.0%)	5:31	10.9 (69.4%)
32	MUCHA Robert	59	RMF4RT GLADIATORS	M Open	29	00:27:49.00	+00:08:46 (31.5%)	5:33	10.8 (68.8%)
33	SIKORA Mateusz	46		M Open	30	00:27:56.00	+00:08:53 (31.8%)	5:35	10.7 (68.2%)
34	DOBROGOWSKI Piotr	26		M Open	31	00:28:01.00	+00:08:58 (32.0%)	5:36	10.7 (68.2%)
35	SĄCZAWA Filip	44		M Open	32	00:28:24.00	+00:09:21 (32.9%)	5:40	10.6 (67.5%)
36	KOBRYŃSKA Marta	52	KOCIE MORDY	K Open	4	00:28:28.00	+00:09:25 (33.1%)	5:41	10.5 (66.9%)
37	KOWALSKI Paweł	35		M Open	33	00:28:35.00	+00:09:32 (33.4%)	5:43	10.5 (66.9%)
38	KUĆ Beata	37		K Open	5	00:28:49.00	+00:09:46 (33.9%)	5:45	10.4 (66.2%)
39	KOWALSKA Kinga	34		K Open	6	00:29:03.00	+00:10:00 (34.4%)	5:48	10.3 (65.6%)
40	ZADROŻNY Krzysztof	3	CROSS TRENING MAZOVIA CIECHANÓW	M Open	34	00:29:07.00	+00:10:04 (34.6%)	5:49	10.3 (65.6%)
41	LEWANDOWSKI Marcin	67		M Open	35	00:29:36.00	+00:10:33 (35.6%)	5:55	10.1 (64.3%)
42	ZADROŻNA Olga	2	CROSS TRENING MAZOVIA CIECHANÓW	K Open	7	00:30:19.00	+00:11:16 (37.2%)	6:03	9.9 (63.1%)
43	LECH Rafał	71		M Open	36	00:30:42.00	+00:11:39 (37.9%)	6:08	9.8 (62.4%)
43	TYLICKA Sylwia	73		K Open	8	00:30:42.00	+00:11:39 (37.9%)	6:08	9.8 (62.4%)
45	KORENKIEWICZ Anna	65		K Open	9	00:31:42.00	+00:12:39 (39.9%)	6:20	9.5 (60.5%)
46	SZMYCIŃSKI Wojciech	19	RMF4RT GLADIATORS	M Open	37	00:31:47.00	+00:12:44 (40.1%)	6:21	9.4 (59.9%)
47	KOŁODZIEJSKI Bogumił	12	KAMYCZKI	M Open	38	00:32:00.00	+00:12:57 (40.5%)	6:24	9.4 (59.9%)
48	FIKUS Anna	62		K Open	10	00:32:14.00	+00:13:11 (40.9%)	6:26	9.3 (59.2%)
49	SŁODKOWSKI Marek	8	HARDCORY	M Open	39	00:32:28.00	+00:13:25 (41.3%)	6:29	9.2 (58.6%)
50	ŚLIWIŃSKI Kamil	6	EKIPA SPRZĄTAJĄCA	M Open	40	00:32:54.00	+00:13:51 (42.1%)	6:34	9.1 (58.0%)
51	KWIATKOWSKA Maja	1	ATOMOWE KRASNALE	K Open	11	00:33:01.00	+00:13:58 (42.3%)	6:36	9.1 (58.0%)
52	SZOPA Tomasz	10	HOOAH	M Open	41	00:33:05.00	+00:14:02 (42.4%)	6:37	9.1 (58.0%)
53	SIERADZAN Michał	5	EKIPA SPRZĄTAJĄCA	M Open	42	00:33:33.00	+00:14:30 (43.2%)	6:42	8.9 (56.7%)
54	KOWALCZUK Agata	7	HARDCORY	K Open	12	00:33:51.00	+00:14:48 (43.7%)	6:46	8.9 (56.7%)
55	KULIGOWSKA Marlena	9	HOOAH	K Open	13	00:34:43.00	+00:15:40 (45.1%)	6:56	8.6 (54.8%)
56	PRZEGALIŃSKA Martyna	41		K Open	14	00:35:12.00	+00:16:09 (45.9%)	7:02	8.5 (54.1%)
57	RADWAN Katarzyna	42		K Open	15	00:37:26.00	+00:18:23 (49.1%)	7:29	8 (51.0%)
58	JOCHEMSKA Karolina	31		K Open	16	00:44:57.00	+00:25:54 (57.6%)	8:59	6.7 (42.7%)
59	LEŚNIK Damian	20	RUNMAGEDDONOWE ŚWIRY	M Open	43	00:53:58.00	+00:34:55 (64.7%)	10:47	5.6 (35.7%)
60	WALENCIK Paulina	49		K Open	17	00:57:31.00	+00:38:28 (66.9%)	11:30	5.2 (33.1%)
61	ROJEK Mateusz	43		M Open	44	01:05:53.00	+00:46:50 (71.1%)	13:10	4.6 (29.3%)
62	GRUSZFELD Przemek	28		M Open	45	01:18:58.00	+00:59:55 (75.9%)	15:47	3.8 (24.2%)
63	JOCHEMSKI Mikołaj	32		M Open	46				(0.0%)

Znaleziono 63 wynik(ów)