



PIERNIKOWY BIEG CHARYTATYWNY DLA KRZYŚKA

B4SPORT

Wydarzenie: Piernikowy Bieg i Marsz Nordic Walking
Charytatywny dla Krzyśka
Organizator: Fundacja DUM SPIRO, SPERO z siedzibą w
Bydgoszczy
Data: 2018-12-09
Miejsce: Bydgoszcz
Dystans: 5 km



Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	TUCZYŃSKI Sylwester Leon	172	BYDGOSKIE OKONIE	M-Open	1	00:17:34.60		3:30	17.1 (100%)
2	JAGODZIŃSKI Mateusz	57	BYDGOSKIE OKONIE	M-Open	2	00:17:34.73	+00:00:00 (0.0%)	3:30	17.1 (100%)
3	DEROŃ Waldemar	28	1 POMORSKA BRYGADA LOGISTYCZNA BYDGOSZCZ	M-Open	3	00:17:48.86	+00:00:20 (1.9%)	3:33	16.8 (98.2%)
4	LEWANDOWSKI Filip	218		M-Open	4	00:19:22.66	+00:01:49 (9.4%)	3:52	15.5 (90.6%)
5	NAGORZYŃSKI Arkadiusz	113	BIEGAMWSPIERAMMOTYWUJĘ	M-Open	5	00:20:07.91	+00:02:33 (12.7%)	4:01	14.9 (87.1%)
6	JAGIEŁA Bartosz	56	TKKF KOLEJARZ BYDGOSZCZ #BIEGACZE	M-Open	6	00:20:13.41	+00:02:40 (13.2%)	4:02	14.8 (86.5%)
7	SOBCZAK Rafał	97		M-Open	7	00:21:03.11	+00:03:28 (16.5%)	4:12	14.3 (83.6%)
8	LUTOWSKI Wojciech	321	TKKF KOLEJARZ BYDGOSZCZ	M-Open	8	00:20:45.54	+00:03:30 (16.6%)	4:09	14.5 (84.8%)
9	DROCIAK Michał	34	OSOWA GÓRA TEAM	M-Open	9	00:21:13.93	+00:03:39 (17.2%)	4:14	14.1 (82.5%)
10	PIEKARSKI Paweł	123		M-Open	10	00:21:38.55	+00:04:05 (18.9%)	4:19	13.9 (81.3%)
11	MAJDA Adrian	98	BYDGOSKIE DZIKI	M-Open	11	00:21:50.54	+00:04:21 (19.8%)	4:22	13.7 (80.1%)
12	HEMMERLING Michał	52		M-Open	12	00:21:57.54	+00:04:27 (20.2%)	4:23	13.7 (80.1%)
13	KONOPCZYŃSKI Jakub	76		M-Open	13	00:21:43.42	+00:04:30 (20.4%)	4:20	13.8 (80.7%)
14	MICHALAK Wojciech	102		M-Open	14	00:22:05.72	+00:04:45 (21.3%)	4:25	13.6 (79.5%)
15	KOSIŃSKI Michael	80	HARPAGAN TEAM BYDGOSZCZ	M-Open	15	00:22:23.41	+00:04:49 (21.5%)	4:28	13.4 (78.4%)
16	MIKOŁAJCZAK Tomasz	106		M-Open	16	00:22:20.54	+00:04:50 (21.5%)	4:28	13.4 (78.4%)
17	SKONIECZNY Marcin	243	FORDON RUNNERS	M-Open	17	00:22:11.99	+00:04:57 (21.9%)	4:26	13.5 (78.9%)
18	DROCIAK Jarosław	35		M-Open	18	00:22:38.08	+00:05:03 (22.3%)	4:31	13.3 (77.8%)
19	SZAMLEWSKI Paweł	161		M-Open	19	00:22:21.13	+00:05:07 (22.5%)	4:28	13.4 (78.4%)
20	BARANOWSKI Roman	236	FOREVER TEAM	M-Open	20	00:22:37.79	+00:05:09 (22.7%)	4:31	13.3 (77.8%)
21	CIEŚLEWICZ Karol	19	OLAFCREW	M-Open	21	00:22:35.23	+00:05:10 (22.7%)	4:31	13.3 (77.8%)
22	GŁOWSKI Dariusz	46		M-Open	22	00:22:39.91	+00:05:17 (23.1%)	4:32	13.2 (77.2%)
23	NOWACKI Edmund	81		M-Open	23	00:22:42.04	+00:05:24 (23.5%)	4:32	13.2 (77.2%)
24	ŻEGLICZ Marek	201	SPÓJNIA BIAŁE BŁOTA	M-Open	24	00:22:51.74	+00:05:26 (23.6%)	4:34	13.1 (76.6%)
25	SIUDA Sebastian	145	SOLECCY BIEGACZE	M-Open	25	00:23:10.68	+00:05:45 (24.6%)	4:38	12.9 (75.4%)
26	WELSBURG Bartosz	183		M-Open	26	00:23:18.35	+00:05:46 (24.7%)	4:39	12.9 (75.4%)
27	WASIELEWSKI Jacek	180		M-Open	27	00:22:55.92	+00:05:47 (24.7%)	4:35	13.1 (76.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto		Tempo min/km	Tempo km/h
						5km	Różn		
28	SZCZYGIELSKI Dawid	162	TEAM KULAS	M-Open	28	00:22:57.72	+00:05:48 (24.8%)	4:35	13.1 (76.6%)
29	ŁOBOCKI Krzysztof	96	TKKF KOLEJARZ BYDGOSZCZ	M-Open	29	00:23:08.96	+00:05:54 (25.1%)	4:37	13 (76.0%)
30	WOJTECKI Łukasz	193	SOLECCY BIEGACZE	M-Open	30	00:23:22.09	+00:06:08 (25.9%)	4:40	12.8 (74.9%)
31	MRÓWCZYŃSKI Szymon	111		M-Open	31	00:23:46.85	+00:06:23 (26.6%)	4:45	12.6 (73.7%)
32	BULMAN Kacper	12		M-Open	32	00:23:35.17	+00:06:23 (26.6%)	4:43	12.7 (74.3%)
33	SARNECKI Sławomir	142		M-Open	33	00:23:45.97	+00:06:24 (26.7%)	4:45	12.6 (73.7%)
34	FIECEK Łukasz	38		M-Open	34	00:23:53.59	+00:06:25 (26.7%)	4:46	12.6 (73.7%)
35	KORPAL Emil	79	PRONATURA BYDGOSZCZ	M-Open	35	00:23:50.38	+00:06:30 (27.0%)	4:46	12.6 (73.7%)
36	DĄBROWSKI Arkadiusz	26		M-Open	36	00:23:47.87	+00:06:39 (27.4%)	4:45	12.6 (73.7%)
37	ORZECHOWSKI Zbigniew	240		M-Open	37	00:23:55.79	+00:06:40 (27.5%)	4:47	12.5 (73.1%)
38	WALCZAK Gracjan	178		M-Open	38	00:24:11.27	+00:06:42 (27.6%)	4:50	12.4 (72.5%)
39	RADAJEWSKI Roger	130		M-Open	39	00:24:02.73	+00:06:48 (27.9%)	4:48	12.5 (73.1%)
40	NOWICKI Olgierd	119		M-Open	40	00:24:11.46	+00:06:59 (28.4%)	4:50	12.4 (72.5%)
41	KACZYŃSKI Rafał	65		M-Open	41	00:24:27.44	+00:07:00 (28.5%)	4:53	12.3 (71.9%)
42	SZYMECZKO Łukasz	168		M-Open	42	00:24:31.03	+00:07:09 (28.9%)	4:54	12.2 (71.3%)
43	RUDEWICZ Łukasz	49		M-Open	43	00:24:28.06	+00:07:17 (29.3%)	4:53	12.3 (71.9%)
44	LEWANDOWSKI Adam	208		M-Open	44	00:24:45.99	+00:07:22 (29.5%)	4:57	12.1 (70.8%)
45	WASZKIEWICZ Przemysław	181		M-Open	45	00:24:31.29	+00:07:23 (29.6%)	4:54	12.2 (71.3%)
46	CZAJA Jarosław	24		M-Open	46	00:24:55.59	+00:07:28 (29.8%)	4:59	12 (70.2%)
47	ZUPA Wojciech	200	SISU-OWB TEAM	M-Open	47	00:25:00.57	+00:07:28 (29.8%)	5:00	12 (70.2%)
48	KWAŚNIEWSKI Waldemar	91		M-Open	48	00:24:52.75	+00:07:30 (29.9%)	4:58	12.1 (70.8%)
49	CYCKOWSKI Marcin	23		M-Open	49	00:25:03.82	+00:07:31 (29.9%)	5:00	12 (70.2%)
50	BUTOWSKI Michał	13	SEN O VICTORI	M-Open	50	00:25:09.40	+00:07:38 (30.2%)	5:02	11.9 (69.6%)
51	TANDECKI Paweł	170		M-Open	51	00:24:51.92	+00:07:43 (30.5%)	4:58	12.1 (70.8%)
52	GRZELAK Tomasz	220		M-Open	52	00:25:11.37	+00:07:50 (30.8%)	5:02	11.9 (69.6%)
53	DOMŻALSKI Kamil	32		M-Open	53	00:25:15.73	+00:07:50 (30.8%)	5:03	11.9 (69.6%)
54	RUDOL Sebastian	212		M-Open	54	00:25:45.09	+00:08:21 (32.2%)	5:09	11.7 (68.4%)
55	KACZMAREK Łukasz	64		M-Open	55	00:25:38.28	+00:08:26 (32.4%)	5:07	11.7 (68.4%)
56	FRĄCKOWIAK Waldemar	40		M-Open	56	00:25:46.90	+00:08:28 (32.5%)	5:09	11.6 (67.8%)
57	GUŹDZIOŁ Jarek	51	WKURW_TEAM	M-Open	57	00:25:57.18	+00:08:31 (32.6%)	5:11	11.6 (67.8%)
58	RENC Patryk	133	SERCE TYBETU	M-Open	58	00:26:04.71	+00:08:32 (32.7%)	5:12	11.5 (67.3%)
59	SOBCZEK Paweł	70		M-Open	59	00:25:54.05	+00:08:44 (33.2%)	5:10	11.6 (67.8%)
60	KLETKIEWICZ Marek	39		M-Open	60	00:26:04.03	+00:08:46 (33.3%)	5:12	11.5 (67.3%)
61	OJDOWSKI Krzysztof	207		M-Open	61	00:26:13.57	+00:08:51 (33.5%)	5:14	11.4 (66.7%)
62	RACIBORSKI Grzegorz	129	TASAK TEAM	M-Open	62	00:26:11.99	+00:08:53 (33.5%)	5:14	11.5 (67.3%)
63	KOWAL Michał	82		M-Open	63	00:26:06.74	+00:08:53 (33.5%)	5:13	11.5 (67.3%)
64	ANTCZAK Andrzej	216		M-Open	64	00:26:13.40	+00:08:57 (33.7%)	5:14	11.4 (66.7%)
65	STRZĘBAŁA Adrian	157		M-Open	65	00:26:28.33	+00:08:59 (33.8%)	5:17	11.3 (66.1%)
66	WOJCIECHOWSKI Jarosław	5		M-Open	66	00:26:22.00	+00:09:02 (33.9%)	5:16	11.4 (66.7%)
67	FRECICHOWSKI Mariusz	234		M-Open	67	00:26:01.01	+00:09:04 (34.0%)	5:12	11.5 (67.3%)
68	KOTYL Artur	249		M-Open	68	00:26:18.93	+00:09:07 (34.1%)	5:15	11.4 (66.7%)
69	JASINIECKI Wojciech	59		M-Open	69	00:26:25.12	+00:09:09 (34.2%)	5:17	11.4 (66.7%)
70	DZIATKOWICZ Radosław	37		M-Open	70	00:26:33.92	+00:09:13 (34.4%)	5:18	11.3 (66.1%)
71	ZIMMERMANN Michał	198	OSOWA GÓRA TEAM	M-Open	71	00:26:45.33	+00:09:22 (34.7%)	5:21	11.2 (65.5%)

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						5km	Różn		
72	GRACZYK Przemysław	47		M-Open	72	00:26:42.40	+00:09:30 (35.1%)	5:20	11.2 (65.5%)
73	CHROMINSKI Maciej	17		M-Open	73	00:26:54.29	+00:09:31 (35.1%)	5:22	11.2 (65.5%)
74	ŁYSAKOWSKI Maciej	246		M-Open	74	00:26:50.98	+00:09:40 (35.4%)	5:22	11.2 (65.5%)
75	NIEMCZEWSKI Jakub	244		M-Open	75	00:27:17.27	+00:09:52 (35.9%)	5:27	11 (64.3%)
76	MALINOWSKI Maciej	16		M-Open	76	00:27:44.02	+00:10:17 (36.9%)	5:32	10.8 (63.2%)
77	ADAMCZYK Mariusz	1		M-Open	77	00:27:37.45	+00:10:21 (37.0%)	5:31	10.9 (63.7%)
78	GRZESZEK Martin	232		M-Open	78	00:27:28.50	+00:10:29 (37.3%)	5:29	10.9 (63.7%)
79	ZIRRA Arkadiusz	199		M-Open	79	00:27:52.16	+00:10:32 (37.4%)	5:34	10.8 (63.2%)
80	LINKE Robert	248		M-Open	80	00:27:51.11	+00:10:32 (37.4%)	5:34	10.8 (63.2%)
81	BROŻYŃSKI Wojciech	10		M-Open	81	00:27:43.52	+00:10:37 (37.6%)	5:32	10.8 (63.2%)
82	CIESIELSKI Adrian	225		M-Open	82	00:27:59.82	+00:10:45 (37.9%)	5:36	10.7 (62.6%)
83	SŁAWIŃSKI Michał	233		M-Open	83	00:27:55.90	+00:10:56 (38.3%)	5:35	10.7 (62.6%)
84	MUSIAŁ Piotr	221	WOLONTARIUSZ SALUS HOMINI	M-Open	84	00:28:11.95	+00:10:59 (38.4%)	5:38	10.6 (62.0%)
85	WIOSNA Tomasz	186	BIEGAJĄCE ŻÓŁWIE IT	M-Open	85	00:28:19.80	+00:11:06 (38.7%)	5:40	10.6 (62.0%)
86	PRZYBYLSKI Mariusz	128	BYDGOSZCZ NA START	M-Open	86	00:28:33.33	+00:11:10 (38.8%)	5:42	10.5 (61.4%)
87	OLKOWSKI Adam	217		M-Open	87	00:28:40.69	+00:11:21 (39.2%)	5:44	10.5 (61.4%)
88	NIEMCZEWSKI Mirosław	116	NIE	M-Open	88	00:29:05.50	+00:11:42 (39.9%)	5:49	10.3 (60.2%)
89	KIERSKI Maciej	72		M-Open	89	00:29:06.97	+00:11:42 (39.9%)	5:49	10.3 (60.2%)
90	SZCZYGIELSKI Leszek	163	OL-TRANS	M-Open	90	00:29:05.63	+00:11:44 (40.0%)	5:49	10.3 (60.2%)
91	ŁOSIŃSKI Łukasz	228		M-Open	91	00:29:04.78	+00:11:45 (40.0%)	5:49	10.3 (60.2%)
92	ONICHIMIUK Robert	73		M-Open	92	00:28:45.30	+00:11:45 (40.0%)	5:45	10.4 (60.8%)
93	BEJM Bartosz	250		M-Open	93	00:28:58.78	+00:11:46 (40.1%)	5:47	10.4 (60.8%)
94	MIRŻ Piotr	110		M-Open	94	00:29:10.75	+00:11:50 (40.2%)	5:50	10.3 (60.2%)
95	MARCHLEWSKI Tomasz	235	ZAWISZA	M-Open	95	00:28:47.78	+00:11:51 (40.2%)	5:45	10.4 (60.8%)
96	RAPKIEWICZ Tomasz	132		M-Open	96	00:29:13.37	+00:11:55 (40.4%)	5:50	10.3 (60.2%)
97	KOPROWICZ Adam	78		M-Open	97	00:29:22.96	+00:11:56 (40.4%)	5:52	10.2 (59.6%)
98	BYSTRZYŃSKI Jan	14		M-Open	98	00:29:31.81	+00:12:03 (40.6%)	5:54	10.2 (59.6%)
99	BADYNIAK Mateusz	4		M-Open	99	00:29:45.93	+00:12:17 (41.1%)	5:57	10.1 (59.1%)
100	GACKOWSKI Edward	43	BYDGOSZCZ NA START	M-Open	100	00:29:43.27	+00:12:19 (41.2%)	5:56	10.1 (59.1%)
101	DUSZYŃSKI Filip	148		M-Open	101	00:30:04.79	+00:12:39 (41.8%)	6:01	10 (58.5%)
102	CISEWSKI Mateusz	20		M-Open	102	00:29:45.71	+00:12:49 (42.1%)	5:57	10.1 (59.1%)
103	POLITOWSKI Paweł	126	ROWERYBYDGOSZCZ.PL	M-Open	103	00:30:03.64	+00:13:11 (42.8%)	6:00	10 (58.5%)
104	SZYMAŃSKI Robert	167		M-Open	104	00:30:52.13	+00:13:21 (43.1%)	6:10	9.7 (56.7%)
105	ASTUKIEWICZ Tomasz	3		M-Open	105	00:30:37.34	+00:13:27 (43.3%)	6:07	9.8 (57.3%)
106	KOTLAREK Adam	238		M-Open	106	00:30:59.07	+00:13:27 (43.3%)	6:11	9.7 (56.7%)
107	SAWIEŁAJC Michał	144		M-Open	107	00:30:42.64	+00:13:28 (43.3%)	6:08	9.8 (57.3%)
108	GUMIENNY Maciej	204		M-Open	108	00:31:30.89	+00:13:54 (44.1%)	6:18	9.5 (55.6%)
109	KOMINIK Mariusz	320		M-Open	109	00:31:10.68	+00:13:54 (44.1%)	6:14	9.6 (56.1%)
110	SZOPIŃSKI Wojtek	165		M-Open	110	00:31:24.62	+00:14:19 (44.9%)	6:16	9.6 (56.1%)
111	KALINOWSKI Dariusz	67		M-Open	111	00:32:09.20	+00:14:43 (45.5%)	6:25	9.3 (54.4%)
112	WESOŁOWSKI Mateusz	214		M-Open	112	00:32:39.32	+00:15:18 (46.5%)	6:32	9.2 (53.8%)
113	MIROWSKI Tomasz	109		M-Open	113	00:32:45.79	+00:15:24 (46.7%)	6:33	9.2 (53.8%)
114	LEWANDOWSKI Robert	202		M-Open	114	00:33:42.74	+00:16:15 (48.0%)	6:44	8.9 (52.0%)
115	DRAŹDŹEWSKI Marian	33	RTW BYDGOSTIA	M-Open	115	00:33:29.46	+00:16:24 (48.2%)	6:42	9 (52.6%)

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116	KANIA Daniel	68		M-Open	116	00:34:29.46	+00:17:14 (49.5%)	6:54	8.7 (50.9%)
117	DANIELAK Adam	203		M-Open	117	00:35:22.03	+00:18:01 (50.6%)	7:04	8.5 (49.7%)
118	ROMPALSKI Tomek	137		M-Open	118	00:36:36.06	+00:19:10 (52.1%)	7:19	8.2 (48.0%)
119	WNUK Artur	192		M-Open	119	00:36:37.33	+00:19:12 (52.2%)	7:19	8.2 (48.0%)
120	WENGLER Sebastian	185		M-Open	120	00:38:15.57	+00:20:55 (54.3%)	7:39	7.8 (45.6%)
121	WALCZAK Marcin	176		M-Open	121	00:39:58.54	+00:22:43 (56.3%)	7:59	7.5 (43.9%)
122	KRZYWDZIŃSKI Daniel	86		M-Open	122	00:41:13.85	+00:23:53 (57.6%)	8:14	7.3 (42.7%)
123	KUBIAK Mariusz	88		M-Open	123	00:44:36.03	+00:27:18 (60.8%)	8:55	6.7 (39.2%)
124	SŁAWIŃSKI Szymon	247		M-Open	124	00:50:25.42	+00:33:34 (65.6%)	10:05	6 (35.1%)
125	POPIELASZ Marcin	29		M-Open	125	00:50:25.83	+00:33:35 (65.6%)	10:05	5.9 (34.5%)
126	SKORUPA Krzysztof	146		M-Open	126	00:50:28.33	+00:33:35 (65.6%)	10:05	5.9 (34.5%)

Znaleziono 126 wynik(ów)