



POLAŃCZYK - PUCHAR PODKARPACIA NORDIC WALKING - 10 KM

B4SPORT
INTELLIGENTNE SPORTOWE

Event: POLAŃCZYK - PUCHAR PODKARPACIA NORDIC WALKING
Organiser: PFNW
Date: 2017-06-04
Place: Polańczyk
Distance: 10 km



Classification: K40-49

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	Start_All 1.66km	Start_All 3.3km	Start_All 5km	Start_All 6.66km	Start_All 8.3km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	SPYCHAŁA Marzena	181	WESOŁY BORSUK TEAM	K40-49	1			00:00:54	00:12:20	00:24:47	00:37:28	00:50:23	01:03:30	01:16:16.65	01:17:11.50		7:37	7.9 (100%)
2	PASIŃSKA-SKOWRON Sylwia	176	PRUSZYŃSKI NORDIC WALKING	K40-49	2			00:00:54	00:12:57	00:26:09	00:39:23	00:52:46	01:06:17	01:20:01.95	01:20:56.90	+00:03:45 (4.7%)	8:00	7.5 (94.9%)
3	HERBUT Elżbieta	161		K40-49	3			00:00:55	00:15:15	00:30:44	00:46:41	01:02:42	01:18:31	01:34:02.35	01:34:57.40	+00:17:45 (18.9%)	9:24	6.4 (81.0%)
4	KLUCZNIK Elżbieta	164		K40-49	4			00:00:54	00:15:22	00:30:58	00:46:56	01:03:06	01:19:32	01:35:54.95	01:36:49.80	+00:19:38 (20.5%)	9:35	6.3 (79.7%)

Total 4 results.