



# POLAŃCZYK - PUCHAR PODKARPACIA NORDIC WALKING - 5 KM

B4SPORT

**Event:** POLAŃCZYK - PUCHAR PODKARPACIA NORDIC WALKING  
**Organiser:** PFNW  
**Date:** 2017-06-04  
**Place:** Polańczyk  
**Distance:** 5 km



Classification: All

Split point: 3,3 km

| Place | Participant            | Number | Club                             | Category | Żół. kartki | Czer. kartki | Start time | Start_All<br>1.66km | Start_All<br>3.3km |
|-------|------------------------|--------|----------------------------------|----------|-------------|--------------|------------|---------------------|--------------------|
| 1     | WOJTOWICZ Tomasz       | 110    |                                  | M18-29   |             |              | 00:02:09   | 00:10:46            | 00:21:56           |
| 2     | GRZĄDZIEL Dariusz      | 36     | BIESZCZADZKI KLUB NORDIC WALKING | M45-49   |             |              | 00:02:50   | 00:10:56            | 00:21:57           |
| 3     | KONIK Jacek            | 130    | BIESZCZADZKI KLUB NORDIC WALKING | M40-44   |             |              | 00:02:37   | 00:11:06            | 00:22:04           |
| 4     | BOGACKI Sławek         | 210    | ENERGA NW TEAM                   | M40-44   |             |              | 00:02:36   | 00:11:08            | 00:22:25           |
| 5     | CHAMIELEC Bogusław     | 8      | A EMERYT BIEGA                   | M50-54   |             |              | 00:03:02   | 00:11:08            | 00:22:27           |
| 6     | REZULSKI Mariusz       | 84     | SMS EFEKT CZĘSTOCHOWA            | M50-54   |             |              | 00:03:03   | 00:11:08            | 00:22:27           |
| 7     | ROŻYNEK Miron          | 89     |                                  | M50-54   |             |              | 00:03:04   | 00:11:04            | 00:22:31           |
| 8     | MACHNIK Janusz         | 62     | CLLEO ZAWIERCIE                  | M40-44   |             |              | 00:02:36   | 00:11:06            | 00:22:40           |
| 9     | RAKUĆ Jakub            | 81     | RUCH PO ZDROWIE WŁOCŁAWEK        | M18-29   |             |              | 00:02:10   | 00:10:59            | 00:22:41           |
| 10    | HAŁAS Marcin           | 40     |                                  | M30-39   |             |              | 00:02:21   | 00:11:15            | 00:22:41           |
| 11    | ZALISKO Oksana         | 124    | DĄBROWA NT                       | K60-64   |             |              | 00:06:24   | 00:11:19            | 00:22:42           |
| 12    | BIEGA Mariusz          | 4      | SANOK SKI TEAM                   | M45-49   |             |              | 00:02:50   | 00:11:14            | 00:22:52           |
| 13    | POLEWCZAK Mariusz      | 79     | CLLEO ZAWIERCIE                  | M45-49   |             |              | 00:02:50   | 00:11:16            | 00:23:05           |
| 14    | FOJCIK Piotr           | 23     | RYBNICKI KLUB NORDIC WALKING     | M50-54   |             |              | 00:03:02   | 00:11:29            | 00:23:09           |
| 15    | SPYCHAŁA Lesław        | 96     | WESOŁY BORSUK TEAM               | M50-54   |             |              | 00:03:02   | 00:11:24            | 00:23:17           |
| 16    | GŁOWA Michał           | 30     |                                  | M-Jun.   |             |              | 00:02:01   | 00:11:35            | 00:23:28           |
| 17    | PASIERB Marek          | 77     |                                  | M60-64   |             |              | 00:03:28   | 00:11:27            | 00:23:31           |
| 18    | ADAMUS Marian          | 2      | SILESIA NORDIC TEAM              | M65-69   |             |              | 00:04:48   | 00:11:38            | 00:23:34           |
| 19    | SCHRÖDER Karol         | 91     | SILESIA NORDIC TEAM              | M40-44   |             |              | 00:02:37   | 00:11:09            | 00:23:36           |
| 20    | DUSZEŃKO Zygmunt       | 16     | KS METRACO POLKOWICE             | M55-59   |             |              | 00:03:16   | 00:11:43            | 00:23:39           |
| 21    | BIK Stanisław          | 6      | KS METRACO POLKOWICE             | M55-59   |             |              | 00:03:16   | 00:11:36            | 00:23:42           |
| 22    | GIERLASINSKI Krzysztof | 28     |                                  | M55-59   |             |              | 00:03:14   | 00:11:44            | 00:23:52           |
| 23    | ADAMCZYK Adam          | 1      | PASJA NORDIC WALKING             | M65-69   |             |              | 00:03:41   | 00:11:56            | 00:23:52           |
| 24    | OLEKSYK Małgorzata     | 119    | KB HALICZ BKNW                   | K55-59   |             |              | 00:06:10   | 00:11:57            | 00:23:57           |
| 25    | GRYGOROWICZ Bogdan     | 35     | KS METRACO POLKOWICE             | M65-69   |             |              | 00:03:41   | 00:11:55            | 00:23:58           |
| 26    | CISLIK-KASZANY Anna    | 12     | BIESZCZADZKI KLUB NORDIC WALKING | K30-39   |             |              | 00:05:11   | 00:11:53            | 00:24:03           |
| 27    | KONIK Jarek            | 52     |                                  | M30-39   |             |              | 00:02:22   | 00:11:48            | 00:24:13           |
| 28    | GĘBKA Tomasz           | 123    |                                  | M55-59   |             |              | 00:03:03   | 00:11:46            | 00:24:23           |

| Place | Participant                   | Number     | Club  | Category             | Żół. kartki | Czer. kartki | Start time | Start_All<br>1.66km | Start_All<br>3.3km |
|-------|-------------------------------|------------|---|----------------------|-------------|--------------|------------|---------------------|--------------------|
| 29    | <b>GRUSZKA Michał</b>         | <b>32</b>  | UNIA MIAST                                    | M40-44               |             |              | 00:02:36   | 00:11:49            | 00:24:27           |
| 30    | <b>DUSZEŃKO Damian</b>        | <b>19</b>  | KS METRACO POLKOWICE                          | M-Niepełnosprawni(B) |             |              | 00:04:09   | 00:12:06            | 00:24:27           |
| 31    | <b>ŚLUSARCZYK Andrzej</b>     | <b>122</b> | WESOŁY BORSUK TEAM                            | M65-69               |             |              | 00:03:41   | 00:12:00            | 00:24:34           |
| 32    | <b>SZYMAŃSKI Stefan</b>       | <b>101</b> | XV KOŁO POLSKIEGO ZWIĄZKU EMERYTÓW W DYWITACH | M70+                 |             |              | 00:03:57   | 00:12:09            | 00:24:35           |
| 33    | <b>RZUCIŁO Jan</b>            | <b>116</b> |   | M65-69               |             |              | 00:03:42   | 00:12:12            | 00:24:42           |
| 34    | <b>JÓZWIAK Marianna</b>       | <b>45</b>  | WTW WŁOCLĄWEK                                 | K40-44               |             |              | 00:05:25   | 00:12:00            | 00:24:43           |
| 35    | <b>MARCINKOWSKA Agnieszka</b> | <b>63</b>  | UNIA MIAST                                    | K-Dzieci             |             |              | 00:04:25   | 00:12:08            | 00:24:46           |
| 36    | <b>GRUSZKA Michał</b>         | <b>33</b>  | UNIA MIAST                                    | M-Dzieci             |             |              | 00:01:50   | 00:11:56            | 00:24:50           |
| 37    | <b>MIKOŁAJCZAK Jan</b>        | <b>67</b>  | KS METRACO POLKOWICE                          | M-Niepełnosprawni(A) |             |              | 00:04:08   | 00:12:09            | 00:24:59           |
| 38    | <b>RECZULSKA Katarzyna</b>    | <b>83</b>  | SMS EFEKT CZĘSTOCHOWA                         | K45-49               |             |              | 00:05:43   | 00:12:21            | 00:25:08           |
| 39    | <b>PASIEKA Agnieszka</b>      | <b>76</b>  |   | K40-44               |             |              | 00:05:25   | 00:12:15            | 00:25:14           |
| 40    | <b>KONIK Aleksandra</b>       | <b>129</b> | BIESZCZADZKI KLUB NORDIC WALKING              | K40-44               |             |              | 00:05:24   | 00:12:23            | 00:25:17           |
| 41    | <b>MARCINKOWSKI Jakub</b>     | <b>65</b>  | UNIA MIAST                                    | M-Jun.               |             |              | 00:02:01   | 00:12:06            | 00:25:20           |
| 42    | <b>MARCINKOWSKI Wojciech</b>  | <b>66</b>  | UNIA MIAST                                    | M45-49               |             |              | 00:02:36   | 00:12:02            | 00:25:20           |
| 43    | <b>BIK Przemysław</b>         | <b>5</b>   | KS METRACO POLKOWICE                          | M-Jun.               |             |              | 00:02:02   | 00:12:40            | 00:25:22           |
| 44    | <b>LIS Robert</b>             | <b>60</b>  | N/Z   | M50-54               |             |              | 00:03:04   | 00:12:12            | 00:25:22           |
| 45    | <b>JÓZWIAK Łukasz</b>         | <b>46</b>  | WTW WŁOCLĄWEK                                 | M-Niepełnosprawni(A) |             |              | 00:04:10   | 00:12:19            | 00:25:28           |
| 46    | <b>KONIK Zuzanna</b>          | <b>54</b>  | BIESZCZADZKI KLUB NORDIC WALKING              | K-Jun.               |             |              | 00:04:47   | 00:12:22            | 00:25:31           |
| 47    | <b>RAKUĆ Angelika</b>         | <b>82</b>  | RUCH PO ZDROWIE WŁOCLĄWEK                     | K18-29               |             |              | 00:05:00   | 00:12:23            | 00:25:35           |
| 48    | <b>POLEWCZAK Aneta</b>        | <b>78</b>  | CLLEO ZAWIERCIE                               | K45-49               |             |              | 00:05:42   | 00:12:37            | 00:25:43           |
| 49    | <b>CHWOSTYK Jolanta</b>       | <b>9</b>   | UKS KRZEMIEŃ                                  | K-Jun.               |             |              | 00:04:47   | 00:12:31            | 00:25:51           |
| 50    | <b>KUPIBIDA Bogusława</b>     | <b>58</b>  | SILESIA NORDIC TEAM                           | K55-59               |             |              | 00:06:11   | 00:12:52            | 00:26:01           |
| 51    | <b>LACHOWSKA Ewa</b>          | <b>120</b> | BIESZCZADZKI KLUB NORDIC WALKING              | K55-59               |             |              | 00:06:11   | 00:12:55            | 00:26:04           |
| 52    | <b>URBANIAK Marian</b>        | <b>133</b> |   | M55-59               |             |              | 00:03:15   | 00:12:53            | 00:26:10           |
| 53    | <b>KREZMER Marzena</b>        | <b>57</b>  | CLLEO ZAWIERCIE                               | K30-39               |             |              | 00:05:09   | 00:12:49            | 00:26:11           |
| 54    | <b>MORYS Agnieszka</b>        | <b>69</b>  | FABRIKANORDIKA                                | K30-39               |             |              | 00:05:09   | 00:12:50            | 00:26:12           |
| 55    | <b>ŚWIEBODA Krystyna</b>      | <b>131</b> |   | K30-39               |             |              | 00:05:12   | 00:12:44            | 00:26:12           |
| 56    | <b>WOLNIEWICZ Katarzyna</b>   | <b>111</b> | FABRIKANORDIKA                                | K45-49               |             |              | 00:05:45   | 00:12:45            | 00:26:14           |
| 57    | <b>GAŁAŚ Joanna</b>           | <b>26</b>  | PASJA NORDIC WALKING                          | K18-29               |             |              | 00:05:01   | 00:12:50            | 00:26:15           |
| 58    | <b>KONIK Katarzyna</b>        | <b>51</b>  | BIESZCZADZKI KLUB NORDIC WALKING              | K30-39               |             |              | 00:05:11   | 00:12:49            | 00:26:17           |
| 59    | <b>WASILEWSKI Sławomir</b>    | <b>106</b> | PASJA NORDIC WALKING                          | M70+                 |             |              | 00:03:57   | 00:12:54            | 00:26:20           |
| 60    | <b>SOBCZYŃSKA Agata</b>       | <b>95</b>  | UKS KRZEMIEŃ                                  | K-Jun.               |             |              | 00:04:47   | 00:12:36            | 00:26:22           |
| 61    | <b>WOJNAROWICZ Wiktoria</b>   | <b>109</b> | UKS KRZEMIEŃ                                  | K-Jun.               |             |              | 00:04:47   | 00:12:40            | 00:26:25           |
| 62    | <b>CZECH Tomasz</b>           | <b>13</b>  | ZKN SOKÓŁ ZAGÓRZ                              | M30-39               |             |              | 00:02:21   | 00:13:00            | 00:26:32           |
| 63    | <b>KĘDZIERSKA Edyta</b>       | <b>117</b> | PFNW  | K40-44               |             |              | 00:05:26   | 00:13:05            | 00:26:42           |
| 64    | <b>URUSKA Sylwia</b>          | <b>105</b> |   | K40-44               |             |              | 00:05:25   | 00:13:15            | 00:26:49           |
| 65    | <b>FLEJSZAR Zbigniew</b>      | <b>20</b>  |   | M50-54               |             |              | 00:03:03   | 00:13:01            | 00:26:56           |
| 66    | <b>REIZER Piotr</b>           | <b>86</b>  |   | M45-49               |             |              | 00:02:50   | 00:13:07            | 00:26:57           |
| 67    | <b>GERLE-KOTULA Anna</b>      | <b>132</b> | UNIA MIAST                                    | K30-39               |             |              | 00:05:10   | 00:13:19            | 00:27:00           |
| 68    | <b>LORENS Kazimierz</b>       | <b>61</b>  | CLLEO ZAWIERCIE                               | M60-64               |             |              | 00:03:27   | 00:12:50            | 00:27:05           |
| 69    | <b>NOWROTEK Roman</b>         | <b>74</b>  |   | M65-69               |             |              | 00:03:42   | 00:12:46            | 00:27:13           |
| 70    | <b>KOTULA Jakub</b>           | <b>56</b>  | UNIA MIAST                                    | M30-39               |             |              | 00:02:21   | 00:13:24            | 00:27:19           |
| 71    | <b>FOJCIK Gabriela</b>        | <b>22</b>  | RYBNICKI KLUB NORDIC WALKING                  | K50-54               |             |              | 00:06:10   | 00:13:44            | 00:27:19           |
| 72    | <b>POCAŁUŃ Adam</b>           | <b>14</b>  | RELAKS ZAGÓRZ                                 | M70+                 |             |              | 00:03:58   | 00:13:19            | 00:27:21           |
| 73    | <b>GWAREK Anita</b>           | <b>39</b>  | PASJA NORDIC WALKING                          | K45-49               |             |              | 00:05:45   | 00:13:33            | 00:27:28           |

| Place | Participant                     | Number     | Club  | Category             | Żół. kartki | Czer. kartki | Start time | Start_All<br>1.66km | Start_All<br>3.3km |
|-------|---------------------------------|------------|---|----------------------|-------------|--------------|------------|---------------------|--------------------|
| 74    | <b>DZIUBA Magdalena</b>         | <b>128</b> |   | K-Dzieci             |             |              | 00:04:24   | 00:13:22            | 00:27:34           |
| 75    | <b>HRYSZKO Iwona</b>            | <b>43</b>  | POZYTYWNE ZABIEGANI SANOK                     | K45-49               |             |              | 00:05:42   | 00:13:41            | 00:27:34           |
| 76    | <b>CZERWIŃSKA Urszula</b>       | <b>15</b>  | NW-TEAM JASŁO                                 | K55-59               |             |              | 00:06:11   | 00:13:19            | 00:27:35           |
| 77    | <b>GRYGOROWICZ Teresa</b>       | <b>34</b>  | KS METRACO POLKOWICE                          | K65-69               |             |              | 00:06:43   | 00:13:34            | 00:27:48           |
| 78    | <b>FLEJSZAR Anna</b>            | <b>21</b>  |   | K45-49               |             |              | 00:05:43   | 00:13:57            | 00:27:58           |
| 79    | <b>ŻEBRACKA Dominika</b>        | <b>113</b> |   | K18-29               |             |              | 00:05:01   | 00:13:13            | 00:27:59           |
| 80    | <b>REJ Anna</b>                 | <b>87</b>  |   | K30-39               |             |              | 00:05:11   | 00:13:52            | 00:28:04           |
| 81    | <b>RODZIŃSKI Robert</b>         | <b>88</b>  | RKM SOPELEK                                   | M40-44               |             |              | 00:02:37   | 00:13:54            | 00:28:05           |
| 82    | <b>NIECHWIEJCZYK Kinga</b>      | <b>72</b>  | UNIA MIAST                                    | K-Dzieci             |             |              | 00:04:24   | 00:13:42            | 00:28:12           |
| 83    | <b>SELWA Zuzanna</b>            | <b>92</b>  | UKS KRZEMIEŃ                                  | K-Jun.               | 1           |              | 00:04:47   | 00:13:19            | 00:28:12           |
| 84    | <b>KOZŁOWSKA Beata</b>          | <b>127</b> |   | K45-49               |             |              | 00:05:43   | 00:13:48            | 00:28:15           |
| 85    | <b>GIERLASIŃSKA Magda</b>       | <b>29</b>  |   | K18-29               |             |              | 00:05:01   | 00:13:34            | 00:28:21           |
| 86    | <b>ZAWADZKA Maria</b>           | <b>112</b> | KS METRACO POLKOWICE                          | K65-69               |             |              | 00:06:45   | 00:14:06            | 00:28:25           |
| 87    | <b>GRZĄDZIEL Aleks</b>          | <b>37</b>  | BIESZCZADZKI KLUB NORDIC WALKING              | M-Dzieci             |             |              | 00:01:51   | 00:13:35            | 00:28:43           |
| 88    | <b>MOCHNAL Ewa</b>              | <b>68</b>  |   | K55-59               |             |              | 00:06:11   | 00:14:10            | 00:29:16           |
| 89    | <b>SĄŁAK Maria</b>              | <b>90</b>  | NW RELAKS ZAGÓRZ                              | K60-64               |             |              | 00:06:25   | 00:14:11            | 00:29:19           |
| 90    | <b>MARZYGŁÓD Halina</b>         | <b>118</b> |   | K40-44               |             |              | 00:05:26   | 00:14:17            | 00:29:24           |
| 91    | <b>DUSZEŃKO Jakub</b>           | <b>18</b>  | KS METRACO POLKOWICE                          | M-Niepełnosprawni(B) |             |              | 00:04:09   | 00:13:59            | 00:29:29           |
| 92    | <b>PACYNA Helena</b>            | <b>75</b>  | KS METRACO POLKOWICE                          | K65-69               |             |              | 00:06:44   | 00:14:49            | 00:29:36           |
| 93    | <b>LASOCIŃSKA Ewa</b>           | <b>59</b>  | KLUB NW 'WŁÓCZYKIJE' LEŻAJSK                  | K70+                 |             |              | 00:06:57   | 00:14:40            | 00:29:36           |
| 94    | <b>HANUS Joanna</b>             | <b>41</b>  |   | K-Niepełnosprawni(B) |             |              | 00:07:09   | 00:14:44            | 00:29:37           |
| 95    | <b>REIZER Agnieszka</b>         | <b>85</b>  |   | K45-49               |             |              | 00:05:42   | 00:14:31            | 00:29:39           |
| 96    | <b>KOSICKA Beata</b>            | <b>55</b>  |   | K45-49               |             |              | 00:05:44   | 00:14:31            | 00:29:51           |
| 97    | <b>TRZCINIECKA Janina</b>       | <b>104</b> | NW RELAKS ZAGÓRZ                              | K60-64               |             |              | 00:06:25   | 00:14:32            | 00:29:51           |
| 98    | <b>SZYMAŃSKA Lucyna</b>         | <b>100</b> | XV KOŁO POLSKIEGO ZWIĄZKU EMERYTÓW W DYWITACH | K-Niepełnosprawni(A) |             |              | 00:07:09   | 00:14:48            | 00:29:55           |
| 99    | <b>WITUSIK Olga</b>             | <b>108</b> | NW-TEAM JASŁO                                 | K-Jun.               |             |              | 00:04:48   | 00:14:05            | 00:30:06           |
| 100   | <b>SZEWczyk Genowefa</b>        | <b>99</b>  | NW RELAKS ZAGÓRZ                              | K60-64               |             |              | 00:06:25   | 00:14:30            | 00:30:10           |
| 101   | <b>SKRĘTKOWSKA Dorota</b>       | <b>93</b>  | NIEZRZESZONA                                  | K-Niepełnosprawni(B) |             |              | 00:07:10   | 00:14:46            | 00:30:11           |
| 102   | <b>MARCINKOWSKA Katarzyna</b>   | <b>64</b>  | UNIA MIAST                                    | K45-49               |             |              | 00:05:43   | 00:14:47            | 00:30:12           |
| 103   | <b>ŚLUSARCZYK Karolina</b>      | <b>102</b> | WESOŁY BORSUK TEAM                            | K-Dzieci             |             |              | 00:04:25   | 00:14:20            | 00:30:22           |
| 104   | <b>KLUCZNIK Katarzyna</b>       | <b>50</b>  |   | K-Dzieci             |             |              | 00:04:25   | 00:14:36            | 00:30:32           |
| 105   | <b>MYŚKO Halina</b>             | <b>71</b>  | NW-TEAM JASŁO                                 | K60-64               |             |              | 00:06:26   | 00:15:12            | 00:30:51           |
| 106   | <b>BILSKA Wanda</b>             | <b>7</b>   | NW-TEAM JASŁO                                 | K60-64               |             |              | 00:06:25   | 00:15:11            | 00:30:58           |
| 107   | <b>SMARUJ - SADOWSKA Janina</b> | <b>94</b>  |   | K65-69               |             |              | 00:06:42   | 00:15:10            | 00:31:07           |
| 108   | <b>WITUSIK Michał</b>           | <b>107</b> | NW-TEAM JASŁO                                 | M-Dzieci             |             |              | 00:01:50   | 00:14:54            | 00:31:13           |
| 109   | <b>KLUCZNIK Szymon</b>          | <b>38</b>  | KLUB NW 'WŁÓCZYKIJE' LEŻAJSK                  | M-Dzieci             |             |              | 00:01:50   | 00:14:54            | 00:31:13           |
| 110   | <b>CIŚLIK Krystyna</b>          | <b>11</b>  | BIESZCZADZKI KLUB NORDIC WALKING              | K55-59               |             |              | 00:06:11   | 00:15:07            | 00:31:17           |
| 111   | <b>JÓZWIAK Dominik</b>          | <b>47</b>  | WTW WŁOCLAWEK                                 | M-Niepełnosprawni(B) |             |              | 00:04:10   | 00:14:49            | 00:31:19           |
| 112   | <b>SURMIAK Ryszard</b>          | <b>97</b>  | RZESZOWSKI KLUB MORSOW 'SOPELEK'              | M70+                 |             |              | 00:03:56   | 00:15:33            | 00:31:23           |
| 113   | <b>APANASOWICZ Danuta</b>       | <b>3</b>   | NW RELAKS ZAGÓRZ                              | K65-69               |             |              | 00:06:42   | 00:15:45            | 00:32:09           |
| 114   | <b>DUSZEŃKO Elwira</b>          | <b>17</b>  | KS METRACO POLKOWICE                          | K-Niepełnosprawni(A) |             |              | 00:07:10   | 00:15:35            | 00:32:23           |
| 115   | <b>KARCZEWSKI Krzysztof</b>     | <b>48</b>  | RUCH PO ZDROWIE WŁOCLAWEK                     | M30-39               |             |              | 00:02:21   | 00:15:21            | 00:32:31           |
| 116   | <b>KONIK Mikołaj</b>            | <b>53</b>  | BIESZCZADZKI KLUB NORDIC WALKING              | M-Dzieci             |             |              | 00:01:51   | 00:15:53            | 00:33:02           |
| DQ    | <b>KASPRZYK Krystyna</b>        | <b>49</b>  | NW-TEAM JASŁO                                 | K70+                 |             |              | DQ         | 00:16:12 DQ         | 00:33:15 DQ        |
| 118   | <b>GAWROŃSKA Małgorzata</b>     | <b>27</b>  | GAWRONY                                       | K-Niepełnosprawni(A) |             |              | 00:07:10   | 00:16:23            | 00:34:29           |

| Place | Participant              | Number     | Club                         | Category             | Żół. kartki | Czer. kartki | Start time | Start_All<br>1.66km | Start_All<br>3.3km |
|-------|--------------------------|------------|------------------------------|----------------------|-------------|--------------|------------|---------------------|--------------------|
| 119   | <b>ŚLUSARCZYK Danuta</b> | <b>121</b> | WESOŁY BORSUK TEAM           | K65-69               |             |              | 00:06:44   | 00:16:54            | 00:34:35           |
| 120   | <b>GAGATKO Krystyna</b>  | <b>25</b>  | NW RELAKS ZAGÓRZ             | K65-69               |             |              | 00:06:43   | 00:17:08            | 00:35:14           |
| 121   | <b>RAK Wanda</b>         | <b>80</b>  |                              | K30-39               |             |              | 00:05:10   | 00:16:53            | 00:35:32           |
| 122   | <b>MUSKUS Kazimierz</b>  | <b>70</b>  | KLUB NW 'WŁÓCZYKIJE' LEŻAJSK | M70+                 |             |              | 00:03:58   | 00:16:47            | 00:35:46           |
| 123   | <b>GÓRCZANY Marian</b>   | <b>31</b>  | NW-TEAM JASŁO                | M-Niepełnosprawni(A) |             |              | 00:04:10   | 00:17:45            | 00:36:41           |
| 124   | <b>SZAJER Jadwiga</b>    | <b>98</b>  | RYBNICKI KLUB NORDIC WALKING | K65-69               |             |              | 00:06:43   | 00:18:16            | 00:36:41           |
| 125   | <b>HANUS Teresa</b>      | <b>42</b>  |                              | K-Niepełnosprawni(B) |             |              | 00:07:10   | 00:17:47            | 00:37:47           |
| 126   | <b>ŻUBRYD Renata</b>     | <b>114</b> | NW RELAKS ZAGÓRZ             | K65-69               |             |              | 00:06:43   | 00:19:12            | 00:39:17           |
| 127   | <b>SUŁEK Ryszard</b>     | <b>125</b> |                              | M70+                 |             |              | 00:20:56   |                     |                    |

Total 127 results.