



POLAŃCZYK - PUCHAR WOJEWÓDZTWA PODKARPACKIEGO W NORDIC WALKING - 10KM

B4SPORT

Organiser: PFNW
Date: 2015-10-10
Place: Polańczyk
Distance: 10 km



Classification: K 40-49

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	2.5km	5km	7.5km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	ŁOPATKIEWICZ Beata	171		K 40-49	1			00:01:36	00:17:30	00:35:31	00:53:38	01:11:54.45	01:13:30.80		7:11	8.3 (100%)
2	CETNARSKA-CZYŻ Izabela	163		K 40-49	2			00:01:37	00:18:53	00:38:23	00:58:02	01:17:51.85	01:19:28.90	+00:05:57 (7.7%)	7:47	7.7 (92.8%)
3	HERBUT Elżbieta	185		K 40-49	3			00:01:37	00:21:11	00:42:33	01:04:41	01:27:22.70	01:29:00.35	+00:15:28 (17.7%)	8:44	6.9 (83.1%)

Total 3 results.