



POLAŃCZYK - PUCHAR WOJEWÓDZTWA PODKARPACKIEGO W NORDIC WALKING - 10KM

B4SPORT

Organiser: PFNW
Date: 2015-10-10
Place: Polańczyk
Distance: 10 km



Classification: M 40-49

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	2.5km	5km	7.5km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	WINNICKI Robert	184		M 40-49	1			00:00:29	00:16:04	00:31:47	00:47:26	01:03:11.45	01:03:41.10		6:19	9.5 (100%)
2	BOGACKI Sławek	168		M 40-49	2			00:00:29	00:16:04	00:32:47	00:49:30	01:05:43.00	01:06:12.05	+00:02:31 (3.8%)	6:34	9.1 (95.8%)
3	KONIK Jacek	157		M 40-49	3			00:00:29	00:16:42	00:33:44	00:50:44	01:07:59.85	01:08:29.55	+00:04:48 (7.1%)	6:48	8.8 (92.6%)
4	BILIK Wojciech	172		M 40-49	4			00:00:28	00:16:59	00:34:40	00:52:21	01:09:49.70	01:10:18.45	+00:06:38 (9.5%)	6:59	8.6 (90.5%)
5	KRÓLICKI Dariusz	177		M 40-49	5			00:00:29	00:17:10	00:34:43	00:52:21	01:09:58.80	01:10:28.55	+00:06:47 (9.7%)	6:59	8.6 (90.5%)
6	KRZANOWSKI Bartłomiej	153		M 40-49	6			00:00:29	00:18:15	00:36:43	00:55:38	01:14:36.30	01:15:05.30	+00:11:24 (15.3%)	7:27	8 (84.2%)
7	BARAN Marek	151		M 40-49	7			00:00:29	00:19:04	00:39:00	00:59:27	01:20:15.25	01:20:44.55	+00:17:03 (21.3%)	8:01	7.5 (78.9%)

Total 7 results.