



POLAŃCZYK - PUCHAR WOJEWÓDZTWA PODKARPACKIEGO W NORDIC WALKING - 5KM

B4SPORT

Organizator: PFNW
Data: 2015-10-10
Miejsce: Polańczyk
Dystans: 5 km



Klasyfikacja: K 40-44

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	SZEMBERSKA Małgorzata	29		K 40-44	1			00:09:22	00:18:44	00:38:15.90	00:47:37.95		7:39	7.8 (100%)
2	GUZIOR Agnieszka	78		K 40-44	2			00:09:22	00:19:21	00:38:55.40	00:48:17.55	+00:00:39 (1.7%)	7:47	7.7 (98.7%)
3	KONIK Aleksandra	47		K 40-44	3			00:09:24	00:19:36	00:39:14.15	00:48:38.75	+00:00:58 (2.5%)	7:50	7.6 (97.4%)
4	KRZANOWSKA Małgorzata	30		K 40-44	4			00:09:22	00:19:22	00:39:17.15	00:48:39.90	+00:01:01 (2.6%)	7:51	7.6 (97.4%)
5	JANCZAK Marzena	305		K 40-44	5			00:09:22	00:20:07	00:40:20.85	00:49:43.60	+00:02:04 (5.2%)	8:04	7.4 (94.9%)
6	CAG-SOBCZYK Edyta	109		K 40-44	6			00:09:21	00:20:01	00:40:32.85	00:49:54.50	+00:02:16 (5.6%)	8:06	7.4 (94.9%)
7	MAŁODOBRY Wioletta	49		K 40-44	7			00:09:22	00:20:25	00:40:34.55	00:49:57.50	+00:02:18 (5.7%)	8:07	7.4 (94.9%)
8	REIZER Agnieszka	137		K 40-44	8			00:09:22	00:20:20	00:40:57.20	00:50:19.35	+00:02:41 (6.6%)	8:11	7.3 (93.6%)
9	BIELAK-WIERZBICKA Wanda	41		K 40-44	9			00:09:23	00:21:04	00:41:47.15	00:51:10.85	+00:03:31 (8.4%)	8:21	7.2 (92.3%)
10	TRĘTOWICZ Beata	82		K 40-44	10			00:09:23	00:21:09	00:44:09.70	00:53:33.05	+00:05:53 (13.4%)	8:50	6.8 (87.2%)
11	SWĘDRAK Joanna	39		K 40-44	11			00:09:24	00:25:32	00:51:11.95	01:00:36.35	+00:12:56 (25.3%)	10:14	5.9 (75.6%)
12	KLUCZNIK Elżbieta	38		K 40-44	12			00:09:23	00:25:33	00:51:12.90	01:00:36.65	+00:12:57 (25.3%)	10:14	5.9 (75.6%)

Znaleziono 12 wynik(ów)