



POLANICA - PUCHAR POLSKI NORDIC WALKING - 10 KM

B4SPORT

Event: PUCHAR POLSKI NORDIC WALKING 2018
Organiser: Polska Federacja Nordic Walking
Date: 2018-07-07
Place: Polanica
Distance: 10 km



Classification: K60-69

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Net time 10km	Gap	Pace min/km	Pace km/h
1	KURZAWSKA Jolanta	292	KS METRACO POLKOWICE	K60-69	1			00:18:55	00:37:53	00:57:25	01:17:17.75		7:43	7.8 (100%)
2	CZAJKA Urszula	264	FACE NORDIC WALKING TEAM	K60-69	2			00:18:57	00:37:54	00:57:25	01:17:23.80	+00:00:06 (0.1%)	7:44	7.8 (100%)
3	ZACHARCZUK Zofia	345	NOWI SIEDLCE/NW WSCHÓD	K60-69	3			00:19:05	00:38:37	00:58:19	01:18:11.35	+00:00:53 (1.1%)	7:49	7.7 (98.7%)
4	JAŁOWIECKA Emilia	276		K60-69	4	1		00:20:20	00:41:14	01:01:55	01:22:51.30	+00:05:33 (6.7%)	8:17	7.2 (92.3%)
5	CHOLEWKA Jolanta	262	MARSZ PO ZDROWIE POZNAŃ	K60-69	5			00:20:22	00:41:16	01:02:02	01:23:01.80	+00:05:44 (6.9%)	8:18	7.2 (92.3%)
6	OMARSKA Grażyna	309	PASJA NORDIC WALKING	K60-69	6			00:20:48	00:41:50	01:03:13	01:24:42.80	+00:07:25 (8.8%)	8:28	7.1 (91.0%)
7	WNĘK Ewa	366		K60-69	7			00:21:15	00:43:38	01:06:28	01:29:49.40	+00:12:31 (13.9%)	8:59	6.7 (85.9%)
8	SIWCZYK Grażyna	323	LECZYMY DURŚ	K60-69	8			00:22:17	00:45:10	01:08:03	01:31:00.95	+00:13:43 (15.1%)	9:06	6.6 (84.6%)
9	SIEROTNIK Maria	321		K60-69	9			00:23:29	00:47:26	01:11:29	01:34:11.00	+00:16:53 (17.9%)	9:25	6.4 (82.1%)
10	MĘDRAK Alicja	300		K60-69	10			00:22:22	00:46:03	01:10:16	01:34:47.80	+00:17:30 (18.5%)	9:28	6.3 (80.8%)
11	BARABACH Danuta	365	AKTYWNEGO SENIORA	K60-69	11	1		00:23:25	00:47:44	01:12:59	01:38:33.85	+00:21:16 (21.6%)	9:51	6.1 (78.2%)

Total 11 results.