



POLANICA - PUCHAR POLSKI NORDIC WALKING - 10 KM

B4SPORT

Wydarzenie: PUCHAR POLSKI NORDIC WALKING 2018
Organizator: Polska Federacja Nordic Walking
Data: 2018-07-07
Miejsce: Polanica
Dystans: 10 km



Klasyfikacja: M50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	SIWAK Piotr	322	KS METRACO POLKOWICE	M50-59	1			00:16:07	00:32:22	00:48:46	01:05:19.25		6:31	9.2 (100%)
2	JANOCHA Robert	277	MUKS PODKARPACIE JEDLICZE	M50-59	2			00:16:09	00:32:24	00:48:49	01:05:21.40	+00:00:02 (0.1%)	6:32	9.2 (100%)
3	JUREK Adam	282	KS METRACO POLKOWICE	M50-59	3			00:16:16	00:33:14	00:50:39	01:08:04.10	+00:02:44 (4.0%)	6:48	8.8 (95.7%)
4	SPYCHAŁA Lesław	327		M50-59	4			00:16:34	00:34:09	00:52:26	01:10:43.80	+00:05:24 (7.6%)	7:04	8.5 (92.4%)
5	LENZ Andrzej	294	MUSZKIETEROWIE	M50-59	5			00:17:48	00:35:43	00:53:46	01:11:30.50	+00:06:11 (8.7%)	7:09	8.4 (91.3%)
6	MIKSIK Zdenek	257	MOSKT NORDIC WALKING	M50-59	6	1		00:17:37	00:36:00	00:54:48	01:13:36.85	+00:08:17 (11.3%)	7:21	8.2 (89.1%)
7	BADECKI Ryszard	358		M50-59	7			00:18:02	00:36:50	00:55:29	01:14:03.55	+00:08:44 (11.8%)	7:24	8.1 (88.0%)
8	BORKOWSKI Leszek	256	NOWI SIEDLCE/NW WSCHÓD	M50-59	8			00:18:58	00:38:42	00:58:23	01:17:40.40	+00:12:21 (15.9%)	7:46	7.7 (83.7%)
9	CZAKIERT Marek	265	VIKING NORDIC TEAM CZĘSTOCHOWA	M50-59	9			00:19:42	00:40:56	01:02:39	01:24:30.95	+00:19:11 (22.7%)	8:27	7.1 (77.2%)
10	MACIĄG Andrzej	296	ACTEAM	M50-59	10			00:20:30	00:42:36	01:05:08	01:27:41.55	+00:22:22 (25.5%)	8:46	6.8 (73.9%)
11	STONCEL Mieczysław	361	GRUPA BIEGOWA DZIKOWIEC	M50-59	11			00:21:15	00:43:09	01:05:58	01:28:25.05	+00:23:05 (26.1%)	8:50	6.8 (73.9%)
12	WINIARSKI Robert	349		M50-59	12			00:22:55	00:48:11	01:12:24	01:37:39.50	+00:32:20 (33.1%)	9:46	6.1 (66.3%)

Znaleziono 12 wynik(ów)