



# POLANICA - PUCHAR POLSKI NORDIC WALKING - 21.1 KM

B4SPORT

**Wydarzenie:** PUCHAR POLSKI NORDIC WALKING 2018  
**Organizator:** Polska Federacja Nordic Walking  
**Data:** 2018-07-07  
**Miejsce:** Polanica  
**Dystans:** 21.1 km



Klasyfikacja: Wszyscy

Punkt pomiarowy: 13,6 km

Msc	Zawodnik	Numer	Klub	Kategoria	Żół. kartki	Czer. kartki	Start_All 1.1km	Start_All 3.6km	Start_All 6.1km	Start_All 8.6km	Start_All 11.1km	Start_All 13.6km
1	SKIBA Krzysztof	427	KS METRACO POLKOWICE	M50-59			00:06:25	00:22:00	00:38:06	00:54:24	01:10:52	01:27:25
2	ROSAK Marcin	426	GREEN TEAM	M40-49			00:06:40	00:23:09	00:39:33	00:55:52	01:12:22	01:28:36
3	KORDOWSKI Piotr	414		M40-49			00:06:41	00:23:11	00:39:34	00:55:56	01:12:38	01:29:45
4	WAWRZY尼亚K Łukasz	442	KS METRACO POLKOWICE	M30-39	1		00:07:12	00:23:50	00:41:09	00:58:37	01:16:13	01:33:54
5	PUSZKIEL Janek	362	GREEN TEAM ZIELONA GÓRA	M60+			00:07:05	00:23:43	00:41:07	00:59:02	01:16:40	01:35:06
6	BARCZYK Bogdan	401	VIKING NORDIC TEAM CZĘSTOCHOWA	M50-59			00:07:14	00:24:39	00:42:02	00:59:41	01:17:37	01:35:28
7	PIETRZYK Jarosław	424	VIKING NORDIC TEAM CZĘSTOCHOWA	M30-39			00:07:15	00:24:40	00:42:02	00:59:42	01:17:37	01:35:30
8	MAKOWSKI Jan	419	RYBNICKI KLUB NORDIC WALKING	M50-59			00:06:47	00:24:10	00:42:12	01:00:16	01:18:19	01:36:36
9	SŁUPIANEK Paweł	428	LECYMY DURŚ	M30-39			00:07:15	00:24:49	00:42:24	01:00:20	01:18:17	01:36:41
10	KOWALSKI Marek	415	UNIA MIAST	M50-59			00:07:26	00:25:15	00:43:14	01:01:21	01:19:26	01:37:50
11	ŻYDACZEWSKI Ryszard	441	KS METRACO POLKOWICE	M50-59			00:07:21	00:25:13	00:43:40	01:02:40	01:21:42	01:40:54
12	KOŁODZIEJ Joanna	434	UDRY LOTAJOM	K50-59			00:07:50	00:26:29	00:45:14	01:04:12	01:22:55	01:41:40
13	SPYCHAŁA Marzena	430	CKZIU NYSA MECHANIK	K40-49			00:07:55	00:26:37	00:45:28	01:04:15	01:23:02	01:41:48
14	LESIŃSKI Grzegorz	92	KS METRACO POLKOWICE	M50-59			00:07:24	00:26:02	00:44:43	01:03:56	01:22:38	01:41:53
15	NIEDŹWIECKA Katarzyna	422	FACE NORDIC WALKING TEAM	K40-49			00:07:57	00:26:49	00:45:32	01:04:20	01:23:19	01:42:18
16	STEFANICKI Marek	431		M60+			00:07:39	00:26:07	00:44:59	01:04:02	01:23:15	01:42:43
17	WESOŁOWSKI Wojciech	436	MUSZKIETEROWIE	M60+			00:07:40	00:26:08	00:45:00	01:04:03	01:23:16	01:42:44
18	RACŁAWSKI Jan	425	AMATOR	M60+			00:07:43	00:26:10	00:45:02	01:04:05	01:23:17	01:43:02
19	KRYSZCZUK Krzysztof	416	NOWI SIEDLCE/NW WSCHÓD	M50-59			00:07:55	00:26:34	00:45:35	01:04:41	01:23:57	01:43:09
20	STĘPIEŃ Lucyna	432	KS METRACO POLKOWICE	K60+			00:07:57	00:26:30	00:45:17	01:04:24	01:23:44	01:43:14
21	BOCZAR Beata	404	GREEN TEAM	K50-59			00:07:54	00:26:43	00:45:36	01:04:34	01:24:00	01:43:18
22	JANOSZKA Irena	411	CIDRY LOTAJOM	K50-59			00:07:53	00:26:42	00:45:48	01:05:10	01:24:54	01:44:41
23	LIGĘZA Janusz	418		M50-59			00:07:44	00:26:14	00:45:28	01:05:06	01:25:03	01:45:27
24	ŻAMOJCIN Marek	440	NORDICLUB SZCZECIN	M50-59			00:07:40	00:26:56	00:46:44	01:06:39	01:26:39	01:46:16
25	GRABOWSKA Manuela	408	KS METRACO POLKOWICE	K18-29			00:07:49	00:26:29	00:45:36	01:05:37	01:25:53	01:46:23
26	GRABOWSKI Mirosław	409	SN KARPACZ	M50-59			00:07:37	00:26:42	00:46:04	01:05:50	01:26:05	01:46:38
27	KOWALCZYK Mariusz	359	GREEN TEAM	M50-59			00:07:53	00:27:15	00:46:59	01:06:57	01:27:13	01:47:43
28	MARONDEL Katarzyna	421	SILESIA NORDIC TEAM	K30-39			00:08:00	00:27:32	00:47:13	01:07:26	01:27:31	01:47:54

Msc	Zawodnik	Numer	Klub	Kategoria	Żół. kartki	Czer. kartki	Start_All 1.1km	Start_All 3.6km	Start_All 6.1km	Start_All 8.6km	Start_All 11.1km	Start_All 13.6km
29	<b>WITKOWSKA Maria</b>	<b>438</b>	UNIA MIAST	K60+			00:08:12	00:27:43	00:47:43	01:07:50	01:28:11	01:49:01
30	<b>MANDZIUK Marta</b>	<b>420</b>	NOWI SIEDLCE/NW WSCHÓD	K40-49			00:08:28	00:28:18	00:48:17	01:08:47	01:29:20	01:49:46
31	<b>WIŚNIEWSKI Roman</b>	<b>437</b>		M60+	1		00:07:54	00:27:27	00:47:31	01:08:23	01:29:09	01:50:39
32	<b>KARASIEWICZ Irena</b>	<b>412</b>	FACE NORDIC WALKING TEAM	K50-59			00:08:02	00:27:33	00:47:48	01:08:27	01:29:44	01:51:16
33	<b>BARCZYK Jolanta</b>	<b>402</b>	VIKING NORDIC TEAM CZĘSTOCHOWA	K50-59			00:08:25	00:28:19	00:48:55	01:10:00	01:30:55	01:51:54
34	<b>SOBAŃSKA Grażyna</b>	<b>429</b>		K60+			00:08:48	00:29:29	00:50:06	01:10:50	01:31:55	01:53:16
35	<b>JAJTNER Ilona</b>	<b>410</b>		K30-39			00:08:23	00:28:30	00:49:26	01:11:16	01:32:38	01:54:21
36	<b>POSTEK Danuta</b>	<b>397</b>	MARSZ PO ZDROWIE POZNAŃ	K50-59			00:08:29	00:29:21	00:50:06	01:11:00	01:32:24	01:54:28
37	<b>SURIAK Ewelina</b>	<b>433</b>	VIKING NORDIC TEAM CZĘSTOCHOWA	K18-29			00:08:19	00:28:56	00:49:54	01:11:18	01:32:40	01:54:29
38	<b>PANEK Elwira</b>	<b>423</b>		K50-59			00:08:27	00:28:45	00:49:41	01:11:03	01:32:40	01:54:54
39	<b>GERLE-KOTULA Anna</b>	<b>407</b>	UNIA MIAST	K30-39			00:08:41	00:29:59	00:50:44	01:12:08	01:33:54	01:55:54
40	<b>ZAWADZKA Maria</b>	<b>439</b>	KS METRACO POLKOWICE	K60+			00:08:46	00:30:02	00:51:32	01:13:19	01:35:08	01:56:56
41	<b>CHMIELEWSKA Anna</b>	<b>261</b>		K30-39			00:08:35	00:29:56	00:51:56	01:15:03	01:37:34	02:00:19
42	<b>ROZMUS Jolanta</b>	<b>399</b>	FACE NORDIC WALKING TEAM	K60+			00:09:05	00:31:13	00:53:45	01:16:34	01:39:37	02:03:05
43	<b>BEDNARCZYK Agnieszka</b>	<b>403</b>		K40-49			00:09:27	00:32:44	00:56:04	01:19:15	01:42:50	02:07:25
44	<b>KARASIEWICZ Iwona</b>	<b>355</b>	NORDIC CLUB SZCZECIN	K30-39			00:09:17	00:32:11	00:55:15	01:18:52	01:43:44	02:07:48
45	<b>ŚWISŁOCKI Bogdan</b>	<b>398</b>	FACE NORDIC WALKING TEAM	M50-59	1		00:07:20	00:25:09	00:43:11			
46	<b>CHRAPEK Urszula</b>	<b>406</b>	KS RUDZICA	K30-39			00:09:19	00:32:31	00:56:09	01:20:49	01:46:53	

Znaleziono 46 wynik(ów)