



POLANICA - PUCHAR POLSKI NORDIC WALKING - 21.1 KM

B4SPORT
INNOVATIVE SPORTS EQUIPMENT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

PUCHAR POLSKI NORDIC WALKING 2018
Polska Federacja Nordic Walking
2018-07-07
Polanica
21.1 km



Klasyfikacja: K50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start_All 1.1km	Start_All 3.6km	Start_All 6.1km	Start_All 8.6km	Start_All 11.1km	Start_All 13.6km	Start_All 16.1km	Start_All 18.6km	Czas netto 21.1km	Różn	Tempo min/km	Tempo km/h
1	KOŁODZIEJ Joanna	434	UDRY LOTAJOM	K50-59	1			00:07:50	00:26:29	00:45:14	01:04:12	01:22:55	01:41:40	02:00:10	02:18:51	02:37:45.75		7:28	8 (100%)
2	BOCZAR Beata	404	GREEN TEAM	K50-59	2			00:07:54	00:26:43	00:45:36	01:04:34	01:24:00	01:43:18	02:02:32	02:21:41	02:40:58.85	+00:03:13 (2.0%)	7:37	7.9 (98.8%)
3	JANOSZKA Irena	411	CIDRY LOTAJOM	K50-59	3			00:07:53	00:26:42	00:45:48	01:05:10	01:24:54	01:44:41	02:04:31	02:24:53	02:45:31.25	+00:07:45 (4.7%)	7:50	7.6 (95.0%)
4	BARCZYK Jolanta	402	VIKING NORDIC TEAM CZĘSTOCHOWA	K50-59	4			00:08:25	00:28:19	00:48:55	01:10:00	01:30:55	01:51:54	02:12:37	02:33:50	02:55:19.35	+00:17:33 (10.0%)	8:18	7.2 (90.0%)
5	KARASIEWICZ Irena	412	FACE NORDIC WALKING TEAM	K50-59	5			00:08:02	00:27:33	00:47:48	01:08:27	01:29:44	01:51:16	02:13:22	02:35:48	02:57:54.10	+00:20:08 (11.3%)	8:25	7.1 (88.8%)
6	PANEK Elwira	423		K50-59	6			00:08:27	00:28:45	00:49:41	01:11:03	01:32:40	01:54:54	02:17:48	02:40:43	03:02:53.55	+00:25:07 (13.7%)	8:40	6.9 (86.3%)
7	POSTEK Danuta	397	MARSZ PO ZDROWIE POZNAŃ	K50-59	7			00:08:29	00:29:21	00:50:06	01:11:00	01:32:24	01:54:28	02:16:48	02:40:10	03:03:17.70	+00:25:31 (13.9%)	8:41	6.9 (86.3%)

Znaleziono 7 wynik(ów)