



POLANICA - PUCHAR POLSKI NORDIC WALKING - 21.1 KM

B4SPORT
NORDIC WALKING

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

PUCHAR POLSKI NORDIC WALKING 2018
Polska Federacja Nordic Walking
2018-07-07
Polanica
21.1 km



Klasyfikacja: M50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start_All 1.1km	Start_All 3.6km	Start_All 6.1km	Start_All 8.6km	Start_All 11.1km	Start_All 13.6km	Start_All 16.1km	Start_All 18.6km	Czas netto 21.1km	Różn	Tempo min/km	Tempo km/h
1	SKIBA Krzysztof	427	KS METRACO POLKOWICE	M50-59	1			00:06:25	00:22:00	00:38:06	00:54:24	01:10:52	01:27:25	01:44:02	02:00:41	02:18:04.05		6:32	9.2 (100%)
2	BARCZYK Bogdan	401	VIKING NORDIC TEAM CZĘSTOCHOWA	M50-59	2			00:07:14	00:24:39	00:42:02	00:59:41	01:17:37	01:35:28	01:53:34	02:12:10	02:30:51.90	+00:12:47 (8.5%)	7:09	8.4 (91.3%)
3	MAKOWSKI Jan	419	RYBNICKI KLUB NORDIC WALKING	M50-59	3			00:06:47	00:24:10	00:42:12	01:00:16	01:18:19	01:36:36	01:54:41	02:12:42	02:31:00.25	+00:12:56 (8.6%)	7:09	8.4 (91.3%)
4	KOWALSKI Marek	415	UNIA MIAST	M50-59	4			00:07:26	00:25:15	00:43:14	01:01:21	01:19:26	01:37:50	01:56:38	02:15:58	02:35:25.50	+00:17:21 (11.2%)	7:21	8.1 (88.0%)
5	ŻYDACZEWSKI Ryszard	441	KS METRACO POLKOWICE	M50-59	5			00:07:21	00:25:13	00:43:40	01:02:40	01:21:42	01:40:54	02:00:13	02:19:30	02:39:26.60	+00:21:22 (13.4%)	7:33	7.9 (85.9%)
6	LESIŃSKI Grzegorz	92	KS METRACO POLKOWICE	M50-59	6			00:07:24	00:26:02	00:44:43	01:03:56	01:22:38	01:41:53	02:01:10	02:20:29	02:40:06.35	+00:22:02 (13.8%)	7:35	7.9 (85.9%)
7	KRYSZCZUK Krzysztof	416	NOWI SIEDLCE/NW WSCHÓD	M50-59	7			00:07:55	00:26:34	00:45:35	01:04:41	01:23:57	01:43:09	02:02:45	02:22:58	02:42:27.00	+00:24:22 (15.0%)	7:41	7.8 (84.8%)
8	ŻAMOJCIN Marek	440	NORDICLUB SZCZECIN	M50-59	8			00:07:40	00:26:56	00:46:44	01:06:39	01:26:39	01:46:16	02:06:03	02:26:12	02:46:34.00	+00:28:29 (17.1%)	7:53	7.6 (82.6%)
9	LIGĘZA Janusz	418		M50-59	9			00:07:44	00:26:14	00:45:28	01:05:06	01:25:03	01:45:27	02:06:03	02:27:08	02:48:27.55	+00:30:23 (18.0%)	7:59	7.5 (81.5%)
10	KOWALCZYK Mariusz	359	GREEN TEAM	M50-59	10			00:07:53	00:27:15	00:46:59	01:06:57	01:27:13	01:47:43	02:08:19	02:29:19	02:50:02.95	+00:31:58 (18.8%)	8:03	7.4 (80.4%)
11	GRABOWSKI Mirosław	409	SN KARPACZ	M50-59	11			00:07:37	00:26:42	00:46:04	01:05:50	01:26:05	01:46:38				+00:19:13	7:50	7.7 (83.7%)
12	ŚWISŁOCKI Bogdan	398	FACE NORDIC WALKING TEAM	M50-59	12	1		00:07:20	00:25:09	00:43:11							+00:05:06	7:04	8.5 (92.4%)

Znaleziono 12 wynik(ów)