



POLANICA - PUCHAR POLSKI NORDIC WALKING - 5 KM

B4SPORT

Wydarzenie: POLANICA - PUCHAR POLSKI NORDIC WALKING
Organizator: PFNW
Data: 2017-07-08
Miejsce: Polanica
Dystans: 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start 2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	WOROCH Roman	195	KS METRACO POLKOWICE	M55-59	1			00:15:14	00:30:43.70		6:08	9.8 (100%)
2	TRZCIŃSKI Franciszek	178	SPORT I REKREACJA START (CHEŁMNO)	M50-54	1			00:15:42	00:31:35.85	+00:00:52 (2.8%)	6:19	9.5 (96.9%)
3	KRYŚ Artur	90	KS METRACO POLKOWICE	M45-49	1			00:15:31	00:31:46.95	+00:01:03 (3.3%)	6:21	9.4 (95.9%)
4	RECZULSKI Mateusz	208	SMS EFEKT CZĘSTOCHOWA	M50-54	2	1		00:15:42	00:31:47.05	+00:01:03 (3.3%)	6:21	9.4 (95.9%)
5	ROŻYNEK Miron	144		M50-54	3			00:15:40	00:31:47.75	+00:01:04 (3.4%)	6:21	9.4 (95.9%)
6	HAŁAS Marcin	59		M30-39	1			00:15:45	00:31:48.45	+00:01:04 (3.4%)	6:21	9.4 (95.9%)
7	MITURA-ZIELONKA Paweł	115	RYBNICKI KLUB NORDIC WALKING	M30-39	2			00:15:46	00:32:07.65	+00:01:23 (4.4%)	6:25	9.3 (94.9%)
8	CHAMIELEC Bogusław	20	A EMERYT BIEGA	M50-54	4			00:15:55	00:32:19.30	+00:01:35 (4.9%)	6:27	9.3 (94.9%)
9	MATECKI Ryszard	107	KS METRACO POLKOWICE	M65-69	1			00:16:04	00:32:22.15	+00:01:38 (5.1%)	6:28	9.3 (94.9%)
10	SANIUK Edward	147		M65-69	2			00:16:07	00:32:30.20	+00:01:46 (5.5%)	6:30	9.2 (93.9%)
11	ADAMCZYK Adam	1	PASJA NORDIC WALKING	M65-69	3	1		00:16:08	00:32:32.20	+00:01:48 (5.6%)	6:30	9.2 (93.9%)
12	SŁOMIAN Leszek	152	UNIA MIAST	M55-59	2			00:16:06	00:32:36.65	+00:01:52 (5.8%)	6:31	9.2 (93.9%)
13	GAJEWSKI Eugeniusz	41	KS METRACO POLKOWICE	M60-64	1			00:16:07	00:32:41.55	+00:01:57 (6.0%)	6:32	9.2 (93.9%)
14	MACHNIK Janusz	101	CLLEO ZAWIERCIE	M40-44	1			00:16:10	00:32:45.00	+00:02:01 (6.2%)	6:33	9.2 (93.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start All 2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
15	BREWKA Joachim	18	UNIA MIAST	M50-54	5			00:16:09	00:32:49.55	+00:02:05 (6.4%)	6:34	9.1 (92.9%)
16	NALEPKA Jerzy	272	FACE NORDIC WALKING TEAM	M65-69	4			00:16:07	00:32:50.25	+00:02:06 (6.4%)	6:34	9.1 (92.9%)
17	RAKUĆ Jakub	139	RUCH PO ZDROWIE WŁOCŁAWEK	M18-29	1			00:16:15	00:32:52.55	+00:02:08 (6.5%)	6:34	9.1 (92.9%)
18	ADAMUS Marian	3	SILESIA NORDIC TEAM	M65-69	5			00:16:09	00:32:52.60	+00:02:08 (6.5%)	6:34	9.1 (92.9%)
19	POLEWCZAK Mariusz	135	CLLEO ZAWIERCIE	M45-49	2			00:16:03	00:32:52.65	+00:02:08 (6.5%)	6:34	9.1 (92.9%)
20	TRZCIŃSKI Eugeniusz	179	SPORT I REKREACJA START (CHEŁMNO)	M60-64	2			00:16:08	00:33:08.45	+00:02:24 (7.3%)	6:37	9 (91.8%)
21	SPYCHAŁA Lesław	153	WESOŁY BORSUK TEAM	M50-54	6			00:16:05	00:33:09.10	+00:02:25 (7.3%)	6:37	9 (91.8%)
22	CHYRA Wiktor	23	UNIA MIAST	M-Jun.	1			00:16:14	00:33:21.80	+00:02:38 (7.9%)	6:40	9 (91.8%)
23	GASZ David	50		M-Jun.	2			00:16:12	00:33:23.00	+00:02:39 (8.0%)	6:40	9 (91.8%)
24	DUSZEŃKO Zygmunt	35	KS METRACO POLKOWICE	M55-59	3			00:16:36	00:33:33.00	+00:02:49 (8.4%)	6:42	8.9 (90.8%)
25	LENZ Andrzej	97		M50-54	7	1		00:16:34	00:33:55.00	+00:03:11 (9.4%)	6:47	8.8 (89.8%)
26	SCHRÖDER Karol	148	SILESIA NORDIC TEAM	M40-44	2			00:16:23	00:33:55.90	+00:03:12 (9.4%)	6:47	8.8 (89.8%)
27	STANISŁAWSKI Jan	155	MARSZ PO ZDROWIE POZNAŃ	M55-59	4			00:16:30	00:34:01.45	+00:03:17 (9.7%)	6:48	8.8 (89.8%)
28	FRAĆKOWIAK Roman	38	ZS ROSKO	M45-49	3			00:17:05	00:34:10.45	+00:03:26 (10.1%)	6:50	8.8 (89.8%)
29	WILK Tadeusz	224	TKKF SATURN CZELADŹ	M65-69	6			00:16:48	00:34:13.00	+00:03:29 (10.2%)	6:50	8.8 (89.8%)
30	PIOTROWSKI Marek	130	GOGGLE PAE TEAM	M55-59	5			00:16:53	00:34:17.55	+00:03:33 (10.4%)	6:51	8.7 (88.8%)
31	TOMCZYK Edward	177	MARSZ PO ZDROWIE POZNAŃ	M65-69	7			00:16:46	00:34:23.65	+00:03:39 (10.7%)	6:52	8.7 (88.8%)
32	CUDAŁAK Zbigniew	25	VIKING NORDIC TEAM CZĘSTOCHOWA	M45-49	4			00:17:05	00:34:27.60	+00:03:43 (10.8%)	6:53	8.7 (88.8%)
33	GAŁĄZKA Paweł	43		M- Niepełnosprawni(A)	1			00:17:10	00:34:36.25	+00:03:52 (11.2%)	6:55	8.7 (88.8%)
34	POLISZCZUK Piotr	136	PIERNIKI NA CHODZIE	M55-59	6			00:16:54	00:34:36.45	+00:03:52 (11.2%)	6:55	8.7 (88.8%)
35	ZBYRYT Marek	205	UKS LUDWIKOWICE	M50-54	8			00:16:30	00:34:40.75	+00:03:57 (11.4%)	6:56	8.6 (87.8%)
36	ZAŃKO Katarzyna	213	KS METRACO POLKOWICE	K40-44	1	1		00:16:59	00:34:45.50	+00:04:01 (11.6%)	6:57	8.6 (87.8%)
37	TYLUTKI Agnieszka	181	UKS SIEDLESZCZANY / FACE NORDIC WALKING TEAM	K40-44	2			00:17:03	00:34:48.35	+00:04:04 (11.7%)	6:57	8.6 (87.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start All 2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
38	JÓZWIAK Marianna	72	WTW WŁOCŁAWEK	K40-44	3			00:17:06	00:34:48.80	+00:04:05 (11.7%)	6:57	8.6 (87.8%)
39	BADECKI Ryszard	5	NIEZRZESZONY	M55-59	7			00:17:02	00:34:54.45	+00:04:10 (12.0%)	6:58	8.6 (87.8%)
40	POLEWCZAK Aneta	134	CLLEO ZAWIERCIE	K45-49	1			00:17:37	00:35:12.45	+00:04:28 (12.7%)	7:02	8.5 (86.7%)
41	MIKOŁAJCZAK Jan	114	KS METRACO POLKOWICE	M- Niepełnosprawni(A)	2			00:17:10	00:35:15.90	+00:04:32 (12.9%)	7:03	8.5 (86.7%)
42	OKRZESIK-FRĄCKOWIAK Izabela	124	ZS ROSKO	K45-49	2			00:17:35	00:35:17.90	+00:04:34 (12.9%)	7:03	8.5 (86.7%)
43	LESIŃSKA Marzenna	99	KS METRACO POLKOWICE	K50-54	1			00:17:32	00:35:21.15	+00:04:37 (13.1%)	7:04	8.5 (86.7%)
44	NACZK Wiktoria	117	DYNAMIC	K-Jun.	1			00:17:15	00:35:23.95	+00:04:40 (13.2%)	7:04	8.5 (86.7%)
45	GRUSZKA Michał	55	UNIA MIAST	M40-44	3			00:17:27	00:35:29.10	+00:04:45 (13.4%)	7:05	8.5 (86.7%)
46	RATUŚ Bogusław	141	UKS ZRYW GÓRA	M55-59	8			00:16:59	00:35:31.20	+00:04:47 (13.5%)	7:06	8.4 (85.7%)
47	SZYMAŃSKI Stefan	169	XV KOŁO POLSKIEGO ZWIĄZKU EMERYTÓW W DYWITACH	M70+	1			00:17:45	00:35:37.20	+00:04:53 (13.7%)	7:07	8.4 (85.7%)
48	GRYGOROWICZ Bogdan	57	KS METRACO POLKOWICE	M65-69	8			00:17:19	00:35:49.25	+00:05:05 (14.2%)	7:09	8.4 (85.7%)
49	GARBACZEWSKI Jakub	49	SANTANDER CONSUMER BANK S.A.	M-Dzieci	1	1		00:17:45	00:35:50.00	+00:05:06 (14.2%)	7:10	8.4 (85.7%)
50	RAKUĆ Angelika	140	RUCH PO ZDROWIE WŁOCŁAWEK	K18-29	1			00:17:37	00:35:50.45	+00:05:06 (14.3%)	7:10	8.4 (85.7%)
51	RE CZULSKA Katarzyna	209	SMS EFEKT CZĘSTOCHOWA	K45-49	3			00:17:40	00:36:04.85	+00:05:21 (14.8%)	7:13	8.3 (84.7%)
52	WOJDYŁA Mieczysław	226	TRADYCJA I JAKOŚĆ WROCŁAW	M50-54	9			00:17:34	00:36:05.80	+00:05:22 (14.9%)	7:13	8.3 (84.7%)
53	PUSZKIEL Jan	228	GREEN TEAM ZIELONA GÓRA	M55-59	9			00:17:44	00:36:07.10	+00:05:23 (14.9%)	7:13	8.3 (84.7%)
54	SULIKOWSKA Agnieszka	160	PASJA NORDIC WALKING	K30-39	1			00:17:49	00:36:07.90	+00:05:24 (15.0%)	7:13	8.3 (84.7%)
55	RUDOLF Natalia	145	NORDIKI	K30-39	2			00:17:49	00:36:13.80	+00:05:30 (15.2%)	7:14	8.3 (84.7%)
56	FRĄCKOWIAK Mateusz	39	ZS ROSKO	M-Jun.	3			00:17:45	00:36:16.10	+00:05:32 (15.3%)	7:15	8.3 (84.7%)
57	WÓJCIK Mirosław	198	SANTANDER CONSUMER BANK S.A.	M40-44	4			00:18:14	00:36:20.45	+00:05:36 (15.4%)	7:16	8.3 (84.7%)
58	KRE CZMER Marzena	88	CLLEO ZAWIERCIE	K30-39	3			00:18:02	00:36:21.20	+00:05:37 (15.5%)	7:16	8.2 (83.7%)
59	UFEL Marcelina	182	TKKF SATURN CZELADŹ	K-Dzieci	1			00:18:04	00:36:21.40	+00:05:37 (15.5%)	7:16	8.3 (84.7%)
60	KOWALCZYK Edyta	86	KS METRACO POLKOWICE	K45-49	4			00:17:53	00:36:25.65	+00:05:41 (15.6%)	7:17	8.2 (83.7%)

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									netto 5km	Różn		
61	WECHTA Paweł	229	KS METRACO POLKOWICE	M45-49	5			00:17:48	00:36:35.50	+00:05:51 (16.0%)	7:19	8.2 (83.7%)
62	SAKOWSKA Krystyna	146	PASJA NORDIC WALKING	K40-44	4			00:18:10	00:36:35.80	+00:05:52 (16.0%)	7:19	8.2 (83.7%)
63	BIK Przemysław	12	KS METRACO POLKOWICE	M-Jun.	4			00:18:20	00:36:39.20	+00:05:55 (16.2%)	7:19	8.2 (83.7%)
64	ŚLUSARCZYK Andrzej	174	WESOŁY BORSUK TEAM	M65-69	9			00:17:38	00:36:40.55	+00:05:56 (16.2%)	7:20	8.2 (83.7%)
65	GAŁAŚ Joanna	42	PASJA NORDIC WALKING	K18-29	2			00:18:05	00:36:40.75	+00:05:57 (16.2%)	7:20	8.2 (83.7%)
66	WAWRZY尼亚K Anna	186	FACE NORDIC WALKING TEAM	K40-44	5			00:17:59	00:36:42.00	+00:05:58 (16.3%)	7:20	8.2 (83.7%)
67	SZYMURA Kazimierz	171	RYBNICKI KLUB NORDIC WALKING	M- Niepełnosprawni(A)	3			00:18:01	00:36:47.65	+00:06:03 (16.5%)	7:21	8.2 (83.7%)
68	MARONDEL Katarzyna	267	SILESIA NORDIC TEAM	K30-39	4			00:18:11	00:36:51.75	+00:06:08 (16.6%)	7:22	8.1 (82.7%)
69	NOWALIŃSKA Anastazja	122	FACE NORDIC WALKING TEAM	K-Jun.	2			00:18:21	00:37:02.65	+00:06:18 (17.0%)	7:24	8.1 (82.7%)
70	SZENDZIELORZ Ilona	164	FABRIKANORDIKA	K60-64	1			00:18:23	00:37:07.50	+00:06:23 (17.2%)	7:25	8.1 (82.7%)
71	STYGA Krystyna	159	KKNW	K55-59	1			00:18:13	00:37:13.40	+00:06:29 (17.4%)	7:26	8.1 (82.7%)
72	MALCZYK Anna	102	DĄBROWA NORDIC TEAM	K40-44	6			00:18:15	00:37:13.95	+00:06:30 (17.5%)	7:26	8.1 (82.7%)
73	BRAĞIEL Krystyna	17		K60-64	2			00:18:39	00:37:15.30	+00:06:31 (17.5%)	7:27	8.1 (82.7%)
74	PILECKA PRADZYŃSKA Anna	129	PENDOLINO	K60-64	3			00:18:32	00:37:17.55	+00:06:33 (17.6%)	7:27	8 (81.6%)
75	FEDECZKO Edyta	36		K40-44	7			00:17:59	00:37:25.80	+00:06:42 (17.9%)	7:29	8 (81.6%)
76	DROZD Maria	31	NORDIC WALKING KRUSZYNA	K50-54	2			00:18:28	00:37:27.35	+00:06:43 (18.0%)	7:29	8 (81.6%)
77	ZBYRYT Halina	204	UKS LUDWIKOWICE	K40-44	8			00:18:40	00:37:32.65	+00:06:48 (18.2%)	7:30	8 (81.6%)
78	WASILEWSKI Sławomir	185	PASJA NORDIC WALKING	M70+	2			00:18:26	00:37:33.40	+00:06:49 (18.2%)	7:30	8 (81.6%)
79	NOWALIŃSKI Piotrek	123	FACE NORDIC WALKING TEAM	M- Niepełnosprawni(A)	4			00:18:20	00:37:34.40	+00:06:50 (18.2%)	7:30	8 (81.6%)
80	DONGIEWICZ Janusz	245		M60-64	3	1		00:18:26	00:37:37.20	+00:06:53 (18.3%)	7:31	8 (81.6%)
81	LORENS Kazimierz	246	CLLEO ZAWIERCIE	M60-64	4	1		00:18:19	00:37:37.75	+00:06:54 (18.3%)	7:31	8 (81.6%)
82	DUSZEŃKO Jakub	33	KS METRACO POLKOWICE	M- Niepełnosprawni(B)	1			00:18:25	00:37:38.00	+00:06:54 (18.3%)	7:31	8 (81.6%)
83	DUSZEŃKO Damian	34	KS METRACO POLKOWICE	M- Niepełnosprawni(B)	2			00:18:27	00:37:39.65	+00:06:55 (18.4%)	7:32	8 (81.6%)

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84	KUPIBIDA Bogusława	95	SILESIA NORDIC TEAM	K55-59	2			00:18:42	00:37:39.95	+00:06:56 (18.4%)	7:32	8 (81.6%)
85	MALKIEWICZ Małgorzata	103	KSK ŻYJ AKTYWNIIE KOŁCZYGŁOWY	K50-54	3			00:18:36	00:37:42.15	+00:06:58 (18.5%)	7:32	8 (81.6%)
86	WOJCIECHOWSKI Szymon	194	KIJOWE MORSY WROCŁAW	M18-29	2			00:18:37	00:37:46.55	+00:07:02 (18.7%)	7:33	7.9 (80.6%)
87	SZYJKA Izabela	251	NORDIKI	K30-39	5			00:18:36	00:37:50.40	+00:07:06 (18.8%)	7:34	7.9 (80.6%)
88	FOJCIK Gabriela	214	RYBNICKI KLUB NORDIC WALKING	K50-54	4			00:18:34	00:37:50.75	+00:07:07 (18.8%)	7:34	7.9 (80.6%)
89	BARUCH Henryka	9	DĄBROWA NORDIC TEAM	K65-69	1			00:18:53	00:38:02.95	+00:07:19 (19.2%)	7:36	7.9 (80.6%)
90	GŁOMBICA Ewa	127	WESOŁY BORSUK TEAM	K30-39	6			00:18:46	00:38:03.60	+00:07:19 (19.3%)	7:36	7.9 (80.6%)
91	SPYCHAŁA-KARAPULKA Arleta	154	MARSZ PO ZDROWIE POZNAŃ	K45-49	5			00:18:47	00:38:14.05	+00:07:30 (19.6%)	7:38	7.8 (79.6%)
92	SZKLARSKI Jarosław	165		M40-44	5			00:18:34	00:38:15.30	+00:07:31 (19.7%)	7:39	7.8 (79.6%)
93	MIKITIUK Tomasz	112	KIJOWA PARA	M45-49	6			00:18:29	00:38:17.05	+00:07:33 (19.7%)	7:39	7.8 (79.6%)
94	BURNUS Tadeusz	19		M60-64	5	1		00:19:16	00:38:19.95	+00:07:36 (19.8%)	7:40	7.8 (79.6%)
95	STOJANOWSKA Dorota	158	KS METRACO POLKOWICE	K40-44	9			00:18:42	00:38:25.25	+00:07:41 (20.0%)	7:41	7.8 (79.6%)
96	GWAREK Anita	58	PASJA NORDIC WALKING	K45-49	6			00:18:51	00:38:26.15	+00:07:42 (20.1%)	7:41	7.8 (79.6%)
97	ŚLUSARCZYK Grzegorz	173	WESOŁY BORSUK TEAM	M40-44	6			00:19:13	00:38:31.85	+00:07:48 (20.3%)	7:42	7.8 (79.6%)
98	ORŁOWSKI Grzegorz	231		M50-54	10			00:19:27	00:38:34.85	+00:07:51 (20.4%)	7:42	7.8 (79.6%)
99	JÓZWIAK Łukasz	73	WTW WŁOCŁAWEK	M- Niepełnosprawni(A)	5			00:18:51	00:38:41.05	+00:07:57 (20.6%)	7:44	7.8 (79.6%)
99	MORYS Agnieszka	116	FABRIKANORDIKA	K30-39	7			00:18:57	00:38:41.05	+00:07:57 (20.6%)	7:44	7.8 (79.6%)
101	GRYGOROWICZ Teresa	56	KS METRACO POLKOWICE	K65-69	2			00:18:54	00:38:43.10	+00:07:59 (20.6%)	7:44	7.7 (78.6%)
102	FILUSZ Alfred	37		M45-49	7			00:19:33	00:38:49.55	+00:08:05 (20.9%)	7:46	7.7 (78.6%)
103	ŚCIBISZ Bogdan	172	KS METRACO POLKOWICE	M70+	3	1		00:18:54	00:38:52.80	+00:08:09 (21.0%)	7:46	7.7 (78.6%)
104	WIŚNIEWSKI Kazimierz	190	PASJA NORDIC WALKING	M60-64	6			00:19:15	00:38:53.25	+00:08:09 (21.0%)	7:46	7.7 (78.6%)
105	GÓRKSKI Henryk	248	OLEŚNICKA STREFA NORDIC WALKING	M70+	4			00:19:26	00:38:54.10	+00:08:10 (21.0%)	7:46	7.7 (78.6%)
106	KALINOWSKA Jolanta	75	CHEMACK	K45-49	7			00:19:39	00:38:54.95	+00:08:11 (21.0%)	7:47	7.7 (78.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start All 2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
107	PUZICHOWSKA Małgorzata	138	NORDIKI	K55-59	3			00:19:08	00:38:57.65	+00:08:13 (21.1%)	7:47	7.7 (78.6%)
108	ZIĘBA Roman	206		M55-59	10			00:19:02	00:38:58.40	+00:08:14 (21.2%)	7:47	7.7 (78.6%)
109	CZARNIK Stanisław	259	KLUB SENIORA POLANICA	M65-69	10			00:19:07	00:39:02.15	+00:08:18 (21.3%)	7:48	7.7 (78.6%)
110	AGARWAL Ritu	4		K45-49	8			00:19:24	00:39:03.40	+00:08:19 (21.3%)	7:48	7.7 (78.6%)
111	HISZPAŃSKA Katarzyna	62	VIKING NORDIC TEAM CZĘSTOCHOWA	K18-29	3			00:19:22	00:39:08.00	+00:08:24 (21.5%)	7:49	7.7 (78.6%)
112	CHOLEWKA Jolanta	21	MARSZ PO ZDROWIE POZNAŃ	K60-64	4			00:19:17	00:39:10.40	+00:08:26 (21.6%)	7:50	7.7 (78.6%)
113	KOPROWSKI Tomasz	84	NORDIKI	M45-49	8			00:19:29	00:39:11.10	+00:08:27 (21.6%)	7:50	7.7 (78.6%)
114	MAKUCHOWSKI Tomasz	211		M45-49	9			00:18:43	00:39:13.00	+00:08:29 (21.6%)	7:50	7.6 (77.6%)
115	ADAMOWICZ Andrzej	2		M70+	5			00:19:29	00:39:14.45	+00:08:30 (21.7%)	7:51	7.6 (77.6%)
116	MATLEWSKA Agnieszka	108	FACE NORDIC WALKING TEAM	K40-44	10			00:19:29	00:39:19.00	+00:08:35 (21.8%)	7:51	7.6 (77.6%)
117	BAJ Danuta	6	ŚCINAWSKA GRUPA NORDIC WALKING	K55-59	4			00:19:40	00:39:26.50	+00:08:42 (22.1%)	7:53	7.6 (77.6%)
118	ŚLUSARCZYK Karolina	176	WESOŁY BORSUK TEAM	K-Dzieci	2			00:19:26	00:39:39.20	+00:08:55 (22.5%)	7:56	7.6 (77.6%)
119	SZNAJDER Zenon	269	UNIA MIAST	M65-69	11			00:19:44	00:39:50.35	+00:09:06 (22.9%)	7:58	7.5 (76.5%)
120	WIERZBICKI Waldemar	187		M65-69	12			00:19:04	00:39:51.30	+00:09:07 (22.9%)	7:58	7.5 (76.5%)
121	WIĘCKIEWICZ Mirosław	189		M50-54	11			00:19:29	00:39:52.95	+00:09:09 (23.0%)	7:58	7.5 (76.5%)
122	SZYMAŃSKI Mirosław	170	SANTANDER CONSUMER BANK S.A.	M45-49	10			00:19:28	00:39:56.45	+00:09:12 (23.1%)	7:59	7.5 (76.5%)
123	REGULSKI Rafał	142		M40-44	7			00:19:42	00:39:58.20	+00:09:14 (23.1%)	7:59	7.5 (76.5%)
124	KORDEK Radosław	85	SANTANDER CONSUMER BANK S.A.	M30-39	3			00:20:01	00:40:09.30	+00:09:25 (23.5%)	8:01	7.5 (76.5%)
125	BANASZAK Agata	8	GREEN TEAM ZIELONA GÓRA	K18-29	4			00:20:14	00:40:20.15	+00:09:36 (23.8%)	8:04	7.4 (75.5%)
126	MATLEWSKI Radosław	109	FACE NORDIC WALKING TEAM	M40-44	8			00:20:06	00:40:30.25	+00:09:46 (24.1%)	8:06	7.4 (75.5%)
127	PISAREK Kamila	131	KIJOWE MORSY WROCŁAW	K18-29	5			00:19:51	00:40:34.30	+00:09:50 (24.3%)	8:06	7.4 (75.5%)
128	UFEL Marcin	225	TKKF SATURN CZELADŹ	M40-44	9			00:20:10	00:40:40.65	+00:09:56 (24.5%)	8:08	7.4 (75.5%)
129	NIECHWIEJCZYK Kinga	118	UNIA MIAST	K-Dzieci	3			00:19:57	00:40:43.65	+00:09:59 (24.6%)	8:08	7.4 (75.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start All 2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
130	RACŁAWSKA Joanna	236	AMATOR	K55-59	5			00:20:14	00:40:45.75	+00:10:02 (24.6%)	8:09	7.4 (75.5%)
131	HOŁDA Jolanta	63	KUBISIA TEAM OLESNICA	K60-64	5			00:20:07	00:40:48.85	+00:10:05 (24.7%)	8:09	7.3 (74.5%)
132	SARZYŃSKA Iwona	271		K50-54	5			00:20:01	00:40:50.60	+00:10:06 (24.8%)	8:10	7.3 (74.5%)
133	KRAMER Leszek	247	OLEŚNICKA STREFA NORDIC WALKING	M70+	6			00:19:53	00:40:52.55	+00:10:08 (24.8%)	8:10	7.3 (74.5%)
134	KAPECKI Kazimierz	260	KLUB SENIORA POLANICA	M65-69	13			00:20:25	00:40:54.55	+00:10:10 (24.9%)	8:11	7.3 (74.5%)
135	GOLENIA Reinhold	51		M60-64	7			00:20:33	00:41:00.80	+00:10:17 (25.1%)	8:12	7.3 (74.5%)
136	WIESZOŁEK Ewelina	188		K30-39	8			00:20:41	00:41:07.95	+00:10:24 (25.3%)	8:13	7.3 (74.5%)
137	TOFIL Zygmunt	207	TURÓW ZGORZELEC	M55-59	11			00:20:26	00:41:10.70	+00:10:27 (25.4%)	8:14	7.3 (74.5%)
138	WŁODARCZYK Małgorzata	192		K45-49	9			00:20:17	00:41:11.85	+00:10:28 (25.4%)	8:14	7.3 (74.5%)
139	WARGOCKA Agnieszka	184	SANTANDER CONSUMER BANK S.A.	K40-44	11			00:20:28	00:41:12.95	+00:10:29 (25.4%)	8:14	7.3 (74.5%)
140	WOROCH Jolanta	196	DOPIEWO	K50-54	6			00:20:20	00:41:14.00	+00:10:30 (25.5%)	8:14	7.3 (74.5%)
141	KONSTANCIAK Piotr	80	SANTANDER CONSUMER BANK S.A.	M40-44	10			00:20:28	00:41:17.05	+00:10:33 (25.6%)	8:15	7.3 (74.5%)
142	HANUS Joanna	60		K- Niepełnosprawni(B)	1			00:20:25	00:41:22.05	+00:10:38 (25.7%)	8:16	7.3 (74.5%)
143	WOJCIECHOWSKA Sylwia	193	NIEZRZESZONA	K45-49	10			00:20:32	00:41:30.25	+00:10:46 (26.0%)	8:18	7.2 (73.5%)
144	NOWAK Małgorzata	121	SANTANDER CONSUMER BANK S.A.	K30-39	9			00:20:13	00:41:32.65	+00:10:48 (26.0%)	8:18	7.2 (73.5%)
145	HARTMAN Jadwiga	264	KLUB SENIORA POLANICA	K60-64	6			00:20:26	00:41:39.55	+00:10:55 (26.2%)	8:19	7.2 (73.5%)
146	MARCINKOWSKA Renata	104	FACE NORDIC WALKING TEAM	K65-69	3			00:20:16	00:41:44.80	+00:11:01 (26.4%)	8:21	7.2 (73.5%)
147	GOLENIA Irmgarda	52		K55-59	6			00:20:58	00:41:45.00	+00:11:01 (26.4%)	8:21	7.2 (73.5%)
148	DREISEITEL Andrzej	29		M55-59	12			00:20:14	00:41:48.50	+00:11:04 (26.5%)	8:21	7.2 (73.5%)
149	BAŃKA Andrzej	243	KOLBUSZOWSKI KLUB NORDIC WALKING	M40-44	11			00:20:23	00:41:50.60	+00:11:06 (26.6%)	8:22	7.2 (73.5%)
150	WARCHAŁOWSKI Bruno	217		M-Dzieci	2			00:20:57	00:41:53.75	+00:11:10 (26.7%)	8:22	7.2 (73.5%)
151	PYTLAK Urszula	233	KOLBUSZOWSKI KLUB NORDIC WALKING	K50-54	7			00:20:28	00:41:54.00	+00:11:10 (26.7%)	8:22	7.2 (73.5%)
152	SZYMAŃSKA Lucyna	168	XV KOŁO POLSKIEGO ZWIĄZKU EMERYTÓW W DYWITACH	K- Niepełnosprawni(A)	1			00:20:26	00:41:56.10	+00:11:12 (26.7%)	8:23	7.2 (73.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start All 2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
153	KUREK Monika	216	SANTANDER CONSUMER BANK S.A.	K40-44	12			00:20:57	00:42:00.60	+00:11:16 (26.9%)	8:24	7.1 (72.4%)
154	REMISZEWSKI Adam	143	OLEŚNICKA STREFA NORDIC WALKING	M70+	7	1		00:20:35	00:42:11.15	+00:11:27 (27.2%)	8:26	7.1 (72.4%)
155	NOWAK Danuta	120	SANTANDER CONSUMER BANK S.A.	K45-49	11			00:21:11	00:42:19.25	+00:11:35 (27.4%)	8:27	7.1 (72.4%)
156	ARYTMICZ Maria	222		K60-64	7			00:20:40	00:42:28.55	+00:11:44 (27.7%)	8:29	7.1 (72.4%)
157	JAGODZIŃSKI Andrzej	69		M55-59	13			00:20:56	00:42:41.45	+00:11:57 (28.0%)	8:32	7 (71.4%)
158	WÓJCIK Katarzyna	197	EKIPA NA KIJACH	K30-39	10			00:21:12	00:42:44.35	+00:12:00 (28.1%)	8:32	7 (71.4%)
159	DRAŻEK Władysław	261	KLUB SENIORA POLANICA	M70+	8			00:20:32	00:42:48.85	+00:12:05 (28.2%)	8:33	7 (71.4%)
160	HOMONIEC Ewa	64	SANTANDER CONSUMER BANK S.A.	K40-44	13			00:21:20	00:42:56.35	+00:12:12 (28.4%)	8:35	7 (71.4%)
161	JÓŻWIAK Dominik	74	WTW WŁOCŁAWEK	M- Niepełnosprawni(B)	3			00:21:22	00:43:04.10	+00:12:20 (28.7%)	8:36	7 (71.4%)
162	BERESZKO Anna	223	TKKF SATURN CZELADŹ	K60-64	8			00:21:18	00:43:10.55	+00:12:26 (28.8%)	8:38	6.9 (70.4%)
163	PACYNA Helena	125	KS METRACO POLKOWICE	K65-69	4			00:21:33	00:43:14.50	+00:12:30 (28.9%)	8:38	6.9 (70.4%)
164	KULCZYCKI Jan	93		M65-69	14			00:21:02	00:43:15.40	+00:12:31 (29.0%)	8:39	6.9 (70.4%)
165	KUBIACZYK Małgorzata	92	3 PLUS 1	K55-59	7			00:21:26	00:43:17.55	+00:12:33 (29.0%)	8:39	6.9 (70.4%)
166	NOWAK Grażyna	249	3 PLUS 1	K50-54	8			00:22:14	00:43:33.05	+00:12:49 (29.4%)	8:42	6.9 (70.4%)
167	MAKUCHOWSKA Hanna	210		K-Dzieci	4			00:20:52	00:43:34.95	+00:12:51 (29.5%)	8:43	6.9 (70.4%)
168	MIKITIUK Beata	113	KIJOWA PARA	K45-49	12			00:21:52	00:43:35.70	+00:12:52 (29.5%)	8:43	6.9 (70.4%)
169	BICZ Waldemar	266		M65-69	15			00:21:14	00:43:37.30	+00:12:53 (29.6%)	8:43	6.9 (70.4%)
170	SZAŁACIŃSKI Grzegorz	163	CHEMACK	M55-59	14			00:21:20	00:43:45.60	+00:13:01 (29.8%)	8:45	6.9 (70.4%)
171	PODOLSKA-SZACHEWICZ Julita	132		K30-39	11			00:21:17	00:43:52.60	+00:13:08 (30.0%)	8:46	6.8 (69.4%)
172	DUSZEŃKO Elwira	32	KS METRACO POLKOWICE	K- Niepełnosprawni(A)	2			00:21:51	00:43:53.05	+00:13:09 (30.0%)	8:46	6.8 (69.4%)
173	BIK Katarzyna	13	KS METRACO POLKOWICE	K-Jun.	3			00:21:32	00:43:54.75	+00:13:11 (30.0%)	8:47	6.8 (69.4%)
174	KRZYŚCIN Mirosława	91	SANTANDER CONSUMER BANK S.A.	K40-44	14			00:21:51	00:43:54.95	+00:13:11 (30.0%)	8:47	6.8 (69.4%)
175	GROBELNA Jadwiga	54	KS METRACO POLKOWICE	K- Niepełnosprawni(B)	2			00:21:54	00:43:58.80	+00:13:15 (30.1%)	8:47	6.8 (69.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start All 2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
176	SURMIAK Ryszard	161	RZESZOWSKI KLUB MORSOW'SOPELEK'	M70+	9			00:21:43	00:44:06.45	+00:13:22 (30.3%)	8:49	6.8 (69.4%)
177	KREYCZI Aneta	89	SANTANDER CONSUMER BANK S.A.	K30-39	12			00:21:38	00:44:17.85	+00:13:34 (30.6%)	8:51	6.8 (69.4%)
178	MĘDRAK Józef	111		M65-69	16			00:21:25	00:44:20.15	+00:13:36 (30.7%)	8:52	6.8 (69.4%)
179	PIEKLO Robert	128		M- Niepełnosprawni(B)	4			00:19:21	00:44:27.50	+00:13:43 (30.9%)	8:53	6.7 (68.4%)
180	SZYBUT Weronika	167		K-Dzieci	5			00:21:21	00:44:29.60	+00:13:45 (30.9%)	8:54	6.7 (68.4%)
181	ŚLUSARCZYK Aleksandra	175	WESOŁY BORSUK TEAM	K30-39	13			00:22:22	00:44:29.75	+00:13:46 (30.9%)	8:54	6.7 (68.4%)
182	ORZECH Agnieszka	215	SANTANDER CONSUMER BANK S.A.	K30-39	14			00:22:21	00:44:31.50	+00:13:47 (31.0%)	8:54	6.7 (68.4%)
183	PANKIEWICZ-DMOWSKA Cecylia	126		K65-69	5			00:22:09	00:44:36.85	+00:13:53 (31.1%)	8:55	6.7 (68.4%)
184	ŁUCZYSZYN Stanisława	234	NORDIC WALKING KRUSZYNA	K65-69	6			00:22:10	00:44:39.70	+00:13:56 (31.2%)	8:56	6.7 (68.4%)
185	WITUSIK Michał	191	NW-TEAM JASŁO	M-Dzieci	3			00:20:48	00:44:47.35	+00:14:03 (31.4%)	8:57	6.7 (68.4%)
186	PALIAN Ewa	257	KLUB SENIORA POLANICA	K65-69	7			00:22:11	00:44:59.30	+00:14:15 (31.7%)	8:59	6.7 (68.4%)
187	KOPROWSKA Aneta	83		K40-44	15			00:22:12	00:45:00.45	+00:14:16 (31.7%)	9:00	6.7 (68.4%)
188	PROBALA Zbigniew	137		M50-54	12			00:22:21	00:45:21.05	+00:14:37 (32.2%)	9:04	6.6 (67.3%)
189	CIEŚLIK-SZKLARSKA Agnieszka	24		K40-44	16			00:22:23	00:45:25.85	+00:14:42 (32.4%)	9:05	6.6 (67.3%)
190	GABIS Elżbieta	40	WESOŁY BORSUK TEAM	K55-59	8			00:21:44	00:45:29.45	+00:14:45 (32.5%)	9:06	6.6 (67.3%)
191	CZARNIK Krystyna	263	KLUB SENIORA POLANICA	K60-64	9			00:22:23	00:45:38.25	+00:14:54 (32.7%)	9:07	6.6 (67.3%)
192	HANUS Teresa	61		K- Niepełnosprawni(B)	3			00:25:53	00:45:38.40	+00:14:54 (32.7%)	9:07	6.6 (67.3%)
193	KOWALCZYK Magdalena	87		K18-29	6			00:22:49	00:45:44.75	+00:15:01 (32.8%)	9:09	6.6 (67.3%)
194	JANICKA Anna	256	KLUB SENIORA POLANICA	K70+	1			00:22:09	00:45:49.95	+00:15:06 (33.0%)	9:10	6.5 (66.3%)
195	SAJ Elżbieta	242	KOLBUSZOWSKI KLUB NORDIC WALKING	K60-64	10			00:22:27	00:45:53.80	+00:15:10 (33.0%)	9:10	6.5 (66.3%)
196	KOLBUSZ Janina	78	KS METRACO POLKOWICE	K65-69	8			00:22:26	00:45:56.25	+00:15:12 (33.1%)	9:11	6.5 (66.3%)
197	KOCZUR Dorota	239	KOLBUSZOWSKI KLUB NORDIC WALKING	K60-64	11			00:22:29	00:45:59.95	+00:15:16 (33.2%)	9:12	6.5 (66.3%)
198	ZAKRĘT Dominika	199	SANTANDER CONSUMER BANK S.A.	K18-29	7			00:23:10	00:46:03.95	+00:15:20 (33.3%)	9:12	6.5 (66.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start All 2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
199	DOBROWOLSKI Patryk	27		M-Dzieci	4			00:22:00	00:46:04.85	+00:15:21 (33.3%)	9:13	6.5 (66.3%)
200	TUREK Krystyna	180		K55-59	9			00:22:31	00:46:10.30	+00:15:26 (33.4%)	9:14	6.5 (66.3%)
201	SZYBUT Roma	252		K30-39	15			00:22:39	00:46:16.00	+00:15:32 (33.6%)	9:15	6.5 (66.3%)
202	SZNAJDER Teresa	270	UNIA MIAST	K60-64	12			00:22:46	00:46:31.10	+00:15:47 (33.9%)	9:18	6.4 (65.3%)
203	GARBACKI Józef	238	KOLBUSZOWSKI KLUB NORDIC WALKING	M70+	10			00:23:07	00:46:52.35	+00:16:08 (34.4%)	9:22	6.4 (65.3%)
204	BIELAWSKA Dorota	11	SANTANDER CONSUMER BANK S.A.	K55-59	10			00:23:37	00:47:06.20	+00:16:22 (34.8%)	9:25	6.4 (65.3%)
205	KOPACKI Bartosz	82	SANTANDER CONSUMER BANK S.A.	M-Jun.	5			00:24:15	00:47:09.15	+00:16:25 (34.8%)	9:26	6.4 (65.3%)
206	SZYMULA Agnieszka	230	KS METRACO POLKOWICE	K40-44	17			00:22:40	00:47:16.95	+00:16:33 (35.0%)	9:27	6.3 (64.3%)
207	HOWLEY Kryspin	67		M-Dzieci	5			00:22:12	00:47:21.75	+00:16:38 (35.1%)	9:28	6.3 (64.3%)
208	ROZENBAJGER Helena	235	KOLBUSZOWSKI KLUB NORDIC WALKING	K70+	2			00:22:58	00:47:32.05	+00:16:48 (35.4%)	9:30	6.3 (64.3%)
209	POLAK Bożena	133	SANTANDER CONSUMER BANK S.A.	K50-54	9			00:24:04	00:47:36.65	+00:16:52 (35.5%)	9:31	6.3 (64.3%)
210	WIĄCEK Krystyna	241	KOLBUSZOWSKI KLUB NORDIC WALKING	K65-69	9			00:23:19	00:47:56.20	+00:17:12 (35.9%)	9:35	6.3 (64.3%)
211	MACHAJEK Krzysztof	100	KS METRACO POLKOWICE	M- Niepełnosprawni(A)	6			00:23:23	00:48:13.95	+00:17:30 (36.3%)	9:38	6.2 (63.3%)
212	PTAS Jolanta	227	MOSIR CZELADŹ	K45-49	13			00:21:26	00:48:14.05	+00:17:30 (36.3%)	9:38	6.2 (63.3%)
213	MAZGAJ Małgorzata	110	SANTANDER CONSUMER BANK S.A.	K30-39	16			00:23:46	00:48:34.45	+00:17:50 (36.7%)	9:42	6.2 (63.3%)
214	ZBOROWSKA Małgorzata	203	SANTANDER CONSUMER BANK S.A.	K30-39	17			00:23:49	00:48:38.20	+00:17:54 (36.8%)	9:43	6.2 (63.3%)
215	KOPACKA Nadia	81	SANTANDER CONSUMER BANK S.A.	K-Jun.	4			00:22:59	00:48:44.15	+00:18:00 (36.9%)	9:44	6.2 (63.3%)
216	JAGODZIŃSKA Bożena	70		K55-59	11			00:24:06	00:49:12.25	+00:18:28 (37.5%)	9:50	6.1 (62.2%)
217	KUNIKOWSKI Zenon	94		M60-64	8			00:24:06	00:49:14.15	+00:18:30 (37.6%)	9:51	6.1 (62.2%)
218	LESIAK Ewa	98	SANTANDER CONSUMER BANK S.A.	K30-39	18			00:24:18	00:49:21.95	+00:18:38 (37.8%)	9:52	6.1 (62.2%)
219	DOMINIAK Damian	244		M-Dzieci	6			00:23:33	00:49:22.80	+00:18:39 (37.8%)	9:52	6.1 (62.2%)
220	KAPECKA Krystyna	265	KLUB SENIORA POLANICA	K65-69	10			00:24:28	00:49:23.30	+00:18:39 (37.8%)	9:52	6.1 (62.2%)
221	BERNATEK Katarzyna	10	SANTANDER CONSUMER BANK S.A.	K30-39	19			00:24:17	00:49:25.20	+00:18:41 (37.8%)	9:53	6.1 (62.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start All 2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
222	KWIECIEŃ Elżbieta	96		K50-54	10			00:24:30	00:49:33.65	+00:18:49 (38.0%)	9:54	6.1 (62.2%)
223	SZAJER Jadwiga	162	RYBNICKI KLUB NORDIC WALKING	K65-69	11			00:24:14	00:49:38.85	+00:18:55 (38.1%)	9:55	6 (61.2%)
224	DROP Mieczysław	30		M70+	11			00:25:04	00:49:48.70	+00:19:05 (38.3%)	9:57	6 (61.2%)
225	KLIMOWICZ Jan	258	KLUB SENIORA POLANICA	M65-69	17			00:24:14	00:50:04.15	+00:19:20 (38.6%)	10:00	6 (61.2%)
226	GARBACZEWSKA Iwona	46	SANTANDER CONSUMER BANK S.A.	K30-39	20			00:23:53	00:50:18.45	+00:19:34 (38.9%)	10:03	6 (61.2%)
227	KOLARSKA Nadia	77	VIKING NORDIC TEAM CZĘSTOCHOWA	K-Dzieci	6			00:23:39	00:50:28.60	+00:19:44 (39.1%)	10:05	5.9 (60.2%)
228	ENGEL Krystyna	220		K-Dzieci	7			00:25:58	00:50:29.45	+00:19:45 (39.1%)	10:06	5.9 (60.2%)
229	ENGEL Anna	221		K40-44	18			00:25:57	00:50:31.10	+00:19:47 (39.2%)	10:06	5.9 (60.2%)
230	JĘDROSZ Zuzanna	71	SANTANDER CONSUMER BANK S.A.	K-Dzieci	8			00:25:40	00:50:47.05	+00:20:03 (39.5%)	10:09	5.9 (60.2%)
231	ZAKRĘT Bogumiła	200	SANTANDER CONSUMER BANK S.A.	K50-54	11			00:25:25	00:51:28.85	+00:20:45 (40.3%)	10:17	5.8 (59.2%)
232	GARBACZEWSKA Ewa	47	SANTANDER CONSUMER BANK S.A.	K-Dzieci	9			00:25:18	00:51:42.25	+00:20:58 (40.6%)	10:20	5.8 (59.2%)
233	ZAŃ Jolanta	202	SANTANDER CONSUMER BANK S.A.	K30-39	21			00:26:07	00:51:48.35	+00:21:04 (40.7%)	10:21	5.8 (59.2%)
234	BOROWSKA Marta	15	SANTANDER CONSUMER BANK S.A.	K30-39	22			00:26:10	00:51:51.50	+00:21:07 (40.7%)	10:22	5.8 (59.2%)
235	ĆWIELĄG Alina	26	SANTANDER CONSUMER BANK S.A.	K30-39	23			00:26:10	00:51:52.15	+00:21:08 (40.8%)	10:22	5.8 (59.2%)
236	PROKOPIEC Bronisława	240	KOLBUSZOWSKI KLUB NORDIC WALKING	K70+	3			00:25:05	00:52:16.95	+00:21:33 (41.2%)	10:27	5.7 (58.2%)
237	KOŁODZIEJ Antoni	253		M-Dzieci	7			00:25:24	00:52:39.50	+00:21:55 (41.6%)	10:32	5.7 (58.2%)
238	KOŁODZIEJ Beata	255		K30-39	24			00:25:24	00:52:40.10	+00:21:56 (41.7%)	10:32	5.7 (58.2%)
239	KOŁODZIEJ Aleksander	254		M-Dzieci	8			00:25:26	00:52:40.70	+00:21:57 (41.7%)	10:32	5.7 (58.2%)
240	DRAUS Ewa	232	KOLBUSZOWSKI KLUB NORDIC WALKING	K55-59	12			00:27:34	00:55:11.05	+00:24:27 (44.3%)	11:02	5.4 (55.1%)
241	GARBACKA Cecylia	237	KOLBUSZOWSKI KLUB NORDIC WALKING	K65-69	12			00:26:52	00:55:43.40	+00:24:59 (44.9%)	11:08	5.4 (55.1%)
242	KĘDZIERSKA Edyta	273	PFNW	K40-44	19			00:41:58	01:03:57.15	+00:33:13 (52.0%)	12:47	4.7 (48.0%)
243	BORZESZKOWSKA Małgorzata	16	PFNW	K50-54	12			00:41:57	01:03:57.40	+00:33:13 (52.0%)	12:47	4.7 (48.0%)
244	NACZMAŃSKI Jakub	396	SANTANDER CONSUMER BANK S.A.	M30-39	4			00:23:29		+00:16:40	9:28	6.3 (64.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start All 2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
245	CHOLEWA Maria	262	KLUB SENIORA POLANICA	K65-69	13			00:22:12		+00:06:58	8:52	6.8 (69.4%)
246	WARCHAŁOWSKI Mariusz	218		M45-49	11							(0.0%)
247	WARCHAŁOWSKI Borys	219		M-Dzieci	9							(0.0%)
DQ	STEMPNIAK Bogdan	156		M- Niepełnosprawni(A)			TAK	00:17:43 DQ	00:36:01.15 DQ		-	- (0.0%)
DQ	SZYDŁOWSKI Janusz	212		M45-49			TAK	00:17:36 DQ	00:37:12.10 DQ		-	- (0.0%)
DQ	GARBACZEWSKI Mariusz	48	SANTANDER CONSUMER BANK S.A.	M30-39			TAK	00:19:05 DQ	00:38:36.70 DQ		-	- (0.0%)
DQ	IWANICKI Zdzisław	68		M70+			TAK	00:21:52 DQ	00:46:10.45 DQ		-	- (0.0%)
DQ	JANCELEWICZ Maria	268		K65-69			TAK	00:22:35 DQ	DQ		-	- (0.0%)
DQ	STILLER Karol	157	KING&QUEEN	M30-39			TAK	DQ	DQ		-	- (0.0%)
DQ	HOWLEY Aleksander	66		M-Dzieci			TAK	DQ	DQ		-	- (0.0%)

Znaleziono 254 wynik(ów)