



# POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING - 10 KM

B4SPORT

**Organizator:** PFNW  
**Data:** 2016-07-02  
**Miejsce:** Polanica Zdrój  
**Dystans:** 10 km



Klasyfikacja: K30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	2.5km	5km	7.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	SKRYCKA Katarzyna	346	KS METRACO POLKOWICE	K30-39	1			00:34:12	00:18:06	00:36:56	00:56:13	01:14:57.80	01:49:10.40		7:29	8 (100%)
2	KOLARSKA Agnieszka	290	VIKING NORDIC TEAM CZĘSTOCHOWA	K30-39	2			00:34:12	00:18:28	00:37:37	00:56:45	01:15:52.10	01:50:04.45	+00:00:54 (1.2%)	7:35	7.9 (98.8%)
3	SZULC Alicja	361	NW WERWA MŁAWA	K30-39	3			00:34:13	00:18:12	00:36:55	00:56:41	01:16:15.55	01:50:28.80	+00:01:17 (1.7%)	7:37	7.9 (98.8%)
4	PASIŃSKA-SKOWRON Sylwia	325	SILESIA NORDIC TEAM	K30-39	4			00:34:11	00:18:06	00:37:19	00:56:54	01:16:39.85	01:50:50.95	+00:01:42 (2.2%)	7:39	7.8 (97.5%)
5	KOZŁOWSKA Sabina	293	DĄBROWA NORDIC TEAM	K30-39	5			00:34:12	00:18:09	00:37:27	00:57:34	01:17:34.95	01:51:47.45	+00:02:37 (3.4%)	7:45	7.7 (96.3%)
6	PEŁCZYŃSKA Anna	326	KS METRACO POLKOWICE	K30-39	6			00:34:49	00:18:28	00:38:10	00:58:31	01:19:19.45	01:54:08.95	+00:04:21 (5.5%)	7:55	7.6 (95.0%)
7	SZCZEPAŃSKA Anna	357	FABRIKANORDIKA	K30-39	7			00:34:11	00:19:24	00:39:50	01:00:42	01:21:21.40	01:55:32.55	+00:06:23 (7.9%)	8:08	7.4 (92.5%)
8	DZIEMIŃSKA Magdalena	271	BŁĘKITNI NW DZIEMIANY	K30-39	8			00:34:11	00:20:05	00:40:57	01:02:34	01:24:08.90	01:58:20.55	+00:09:11 (10.9%)	8:24	7.1 (88.8%)
9	GERLE-KOTULA Anna	273		K30-39	9			00:34:12	00:21:23	00:43:05	01:04:41	01:25:46.25	01:59:58.75	+00:10:48 (12.6%)	8:34	7 (87.5%)
10	MAJCHROWSKA Izabela	315	FOREVER YOUNG ŁÓDŹ	K30-39	10			00:34:13	00:22:06	00:45:21	01:08:26	01:31:19.30	02:05:33.00	+00:16:21 (17.9%)	9:08	6.6 (82.5%)
11	DUDEK Izabela	267	SANTANDER CONSUMER BANK	K30-39	11			00:34:50	00:22:02	00:44:39	01:08:20	01:31:33.30	02:06:23.75	+00:16:35 (18.1%)	9:09	6.6 (82.5%)
12	BRANDT-KWARCIAK Sylwia	258	SANTANDER CONSUMER BANK	K30-39	12			00:34:50	00:23:54	00:49:48	01:15:27	01:40:55.70	02:15:46.15	+00:25:57 (25.7%)	10:05	5.9 (73.8%)

Znaleziono 12 wynik(ów)