



POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING - 10 KM

B4SPORT

Organizator: PFNW
Data: 2016-07-02
Miejsce: Polanica Zdrój
Dystans: 10 km



Klasyfikacja: M40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	2.5km	5km	7.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	KARASIŃSKI Maciej	288	KS METRACO POLKOWICE	M40-49	1			00:31:52	00:15:00	00:31:06	00:47:46	01:04:44.90	01:36:37.75		6:28	9.3 (100%)
2	CYRUS Bogdan	391	SILESIA NORDIC TEAM	M40-49	2			00:31:53	00:15:08	00:31:57	00:49:19	01:07:10.45	01:39:03.75	+00:02:25 (3.6%)	6:43	8.9 (95.7%)
3	NIEDBAŁ Adam	390	SILESIA NORDIC TEAM	M40-49	3			00:31:55	00:16:44	00:33:56	00:50:54	01:07:53.70	01:39:49.05	+00:03:08 (4.6%)	6:47	8.8 (94.6%)
4	KUŚMIEREK Jan	301	BŁĘKITNI NW DZIEMIANY	M40-49	4			00:31:53	00:16:45	00:34:13	00:52:10	01:09:57.45	01:41:50.85	+00:05:12 (7.4%)	6:59	8.6 (92.5%)
5	SZCZEPAŃSKI Rafał	358	OPEL ACTIVE TEAM	M40-49	5			00:31:54	00:18:14	00:36:56	00:55:36	01:14:13.00	01:46:07.00	+00:09:28 (12.8%)	7:25	8.1 (87.1%)
6	SOKOŁOWSKI Krzysztof	395	SANTANDER CONSUMER BANK	M40-49	6			00:31:55	00:18:31	00:37:25	00:56:30	01:15:38.55	01:47:34.30	+00:10:53 (14.4%)	7:33	7.9 (84.9%)
7	JONDERKO Grzegorz	282	WŁÓCZYKIJE SKOCZÓW	M40-49	7			00:31:54	00:17:56	00:36:16	00:55:43	01:15:39.65	01:47:34.05	+00:10:54 (14.4%)	7:34	7.9 (84.9%)
8	BUSZYDŁO Adam	259	SANTANDER CONSUMER BANK	M40-49	8			00:31:53	00:19:26	00:38:41	00:57:47	01:16:47.15	01:48:40.90	+00:12:02 (15.7%)	7:40	7.8 (83.9%)
9	JÓZEFIAN Dariusz	399	SANTANDER CONSUMER BANK	M40-49	9			00:31:54	00:18:25	00:37:25	00:56:46	01:16:47.35	01:48:42.00	+00:12:02 (15.7%)	7:40	7.8 (83.9%)
10	SPERCZYŃSKI Andrzej	350	FABRIKANORDIKA	M40-49	10			00:31:54	00:19:02	00:38:49	00:58:15	01:18:07.00	01:50:01.75	+00:13:22 (17.1%)	7:48	7.7 (82.8%)
11	ŚLUSARCZYK Grzegorz	365	WESOŁY BORSUK TEAM	M40-49	11			00:31:54	00:18:47	00:38:34	00:58:43	01:18:56.90	01:50:50.95	+00:14:12 (18.0%)	7:53	7.6 (81.7%)
12	KRZYŚCIN Rafał	298	SANTANDER CONSUMER BANK	M40-49	12			00:31:55	00:23:04	00:46:51	01:11:03	01:36:12.50	02:08:08.35	+00:31:27 (32.7%)	9:37	6.2 (66.7%)

Znaleziono 12 wynik(ów)