



POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING - 10 KM

B4SPORT

Organizator: PFNW
Data: 2016-07-02
Miejsce: Polanica Zdrój
Dystans: 10 km



Klasyfikacja: M50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	2.5km	5km	7.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	MICHALSKI Andrzej	464	FACE NORDIC WALKING TEAM	M50-59	1			00:32:29	00:16:03	00:32:29	00:48:58	01:05:33.40	01:38:02.95		6:33	9.2 (100%)
2	SIWAK Piotr	345	KS METRACO POLKOWICE	M50-59	2			00:32:29	00:16:02	00:32:30	00:49:08	01:05:49.20	01:38:18.35	+00:00:15 (0.4%)	6:34	9.1 (98.9%)
3	PUSZKIEL Leszek	336	GREEN TEAM ZIELONA GÓRA	M50-59	3			00:32:25	00:15:50	00:32:35	00:49:43	01:06:59.30	01:39:24.55	+00:01:25 (2.1%)	6:41	9 (97.8%)
4	SIEROŃ Jacek	344	TSA SANDOMIERZ	M50-59	4			00:32:28	00:16:01	00:32:48	00:50:36	01:08:49.00	01:41:17.55	+00:03:15 (4.7%)	6:52	8.7 (94.6%)
5	RECZULSKI Mariusz	338	VIKING NORDIC TEAM CZĘSTOCHOWA	M50-59	5			00:32:29	00:16:07	00:33:24	00:51:27	01:09:25.85	01:41:55.00	+00:03:52 (5.6%)	6:56	8.6 (93.5%)
6	KOSICKI Dariusz	291	DINOZAUUR	M50-59	6			00:32:27	00:18:45	00:37:51	00:56:27	01:15:00.90	01:47:28.00	+00:09:27 (12.6%)	7:30	8 (87.0%)
7	BADECKI Ryszard	252	NIEZRZESZONY	M50-59	7			00:32:25	00:17:33	00:36:35	00:56:04	01:15:39.70	01:48:05.00	+00:10:06 (13.4%)	7:34	7.9 (85.9%)
8	TKOCZ Adam	369	FABRIKANORDIKA	M50-59	8			00:32:26	00:18:51	00:38:31	00:57:43	01:16:43.50	01:49:09.60	+00:11:10 (14.6%)	7:40	7.8 (84.8%)
9	MIERNICKI Mariusz	319		M50-59	9			00:32:27	00:18:15	00:37:30	00:57:23	01:17:03.35	01:49:31.10	+00:11:29 (14.9%)	7:42	7.8 (84.8%)
10	POZNAŃSKI Wiesław	331	AMATOR	M50-59	10			00:32:26	00:19:00	00:38:34	00:58:19	01:18:33.95	01:51:00.25	+00:13:00 (16.6%)	7:51	7.6 (82.6%)
11	NETKOWSKI Wojciech	322	PASJA NORDIC WALKING	M50-59	11			00:32:26	00:19:04	00:39:49	01:01:23	01:22:45.35	01:55:11.75	+00:17:11 (20.8%)	8:16	7.3 (79.3%)
12	SZEWCZYK Marek	360	FACE NORDIC WALKING TEAM	M50-59	12			00:32:28	00:19:32	00:40:23	01:01:47	01:23:14.25	01:55:42.50	+00:17:40 (21.2%)	8:19	7.2 (78.3%)
13	KAŁUSKI Marek	295	SANTANDER CONSUMER BANK	M50-59	13			00:32:29	00:20:23	00:41:33	01:03:02	01:25:13.80	01:57:43.15	+00:19:40 (23.1%)	8:31	7 (76.1%)
14	STEFAŃSKI Andrzej	354	FACE NORDIC WALKING TEAM	M50-59	14			00:32:25	00:20:26	00:42:16	01:04:40	01:27:20.85	01:59:46.35	+00:21:47 (24.9%)	8:44	6.9 (75.0%)

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15	MACIĄG Andrzej	312	ACTEAM	M50-59	15			00:32:29	00:19:55	00:41:43	01:04:46	01:27:44.50	02:00:14.45	+00:22:11 (25.3%)	8:46	6.8 (73.9%)
16	JANCZEWSKI Robert	277	NORDIC WALKING KIEKRZ	M50-59	16			00:32:27	00:21:43	00:44:19	01:07:27	01:31:00.05	02:03:27.45	+00:25:26 (28.0%)	9:06	6.6 (71.7%)
17	KALINOWSKI Andrzej	286	WESOŁY BORSUK TEAM	M50-59	17			00:32:27	00:21:53	00:44:31	01:08:04	01:32:15.30	02:04:42.95	+00:26:41 (28.9%)	9:13	6.5 (70.7%)

Znaleziono 17 wynik(ów)