



POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING - 10 KM

B4SPORT

Organizator: PFNW
Data: 2016-07-02
Miejsce: Polanica Zdrój
Dystans: 10 km



Klasyfikacja: M60-69

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	2.5km	5km	7.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	KULIG Henryk	300	K S ELBLĄSKIE WŁÓCZY-KIJE	M60-69	1			00:32:52	00:17:17	00:35:14	00:53:31	01:11:56.25	01:44:48.35		7:11	8.3 (100%)
2	MATECKI Ryszard	318	KS METRACO POLKOWICE	M60-69	2			00:32:55	00:17:17	00:35:22	00:53:51	01:12:03.10	01:44:58.35	+00:00:06 (0.2%)	7:12	8.3 (100%)
3	BORKOWSKI Jerzy	396		M60-69	3			00:32:52	00:17:53	00:36:01	00:54:22	01:12:05.00	01:44:57.70	+00:00:08 (0.2%)	7:12	8.3 (100%)
4	SMUL Andrzej	348	GREEN TEAM ZIELONA GÓRA	M60-69	4			00:32:53	00:17:11	00:35:16	00:53:44	01:12:43.55	01:45:37.05	+00:00:47 (1.1%)	7:16	8.2 (98.8%)
5	SOBKOWSKI Janusz	392	SILESIA NORDIC TEAM	M60-69	5			00:32:52	00:17:21	00:35:35	00:54:14	01:12:56.40	01:45:49.15	+00:01:00 (1.4%)	7:17	8.2 (98.8%)
6	WALORYSZAK Andrzej	373	MORSY RADZYMIN	M60-69	6			00:32:53	00:17:52	00:36:46	00:56:11	01:15:47.30	01:48:40.90	+00:03:51 (5.1%)	7:34	7.9 (95.2%)
7	WIEŃSKO Ryszard	376		M60-69	7			00:32:54	00:18:57	00:38:07	00:57:21	01:16:29.50	01:49:23.75	+00:04:33 (6.0%)	7:38	7.8 (94.0%)
8	ŚLUSARCZYK Andrzej	366	WESOŁY BORSUK TEAM	M60-69	8			00:32:54	00:18:23	00:37:59	00:58:16	01:18:32.95	01:51:27.90	+00:06:36 (8.4%)	7:51	7.6 (91.6%)
9	MROCZKOWSKI Janusz	321	EPOKA NORDICA ŁÓDŹ	M60-69	9			00:32:53	00:19:21	00:39:19	00:59:48	01:20:15.85	01:53:09.35	+00:08:19 (10.4%)	8:01	7.5 (90.4%)
10	PIKSA Kazimierz	328	NORDIC WALKING KRUSZYNA	M60-69	10			00:32:54	00:19:50	00:40:37	01:01:07	01:21:34.50	01:54:29.45	+00:09:38 (11.8%)	8:09	7.4 (89.2%)
11	CZYCZ Kazimierz	263	GREEN TEAM ZIELONA GÓRA	M60-69	11			00:32:54	00:18:39	00:38:22	00:58:57	01:21:55.90	01:54:50.15	+00:09:59 (12.2%)	8:11	7.3 (88.0%)
12	WIŚNIEWSKI Roman	378	NIEZRZESZONY	M60-69	12			00:32:54	00:20:02	00:41:09	01:03:05	01:24:31.85	01:57:26.10	+00:12:35 (14.9%)	8:27	7.1 (85.5%)
13	KAWKA Marek	289		M60-69	13			00:32:52	00:20:42	00:42:07	01:03:45	01:25:37.15	01:58:29.40	+00:13:40 (16.0%)	8:33	7 (84.3%)
14	RUBACHA Marek	341	EPOKA NORDICA ŁÓDŹ	M60-69	14			00:32:51	00:22:38	00:46:13	01:10:43	01:35:28.55	02:08:20.35	+00:23:32 (24.7%)	9:32	6.3 (75.9%)

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DQ	STAWNIAK Karol	353	KS METRACO POLKOWICE	M60-69			1	DQ	00:17:12 DQ	00:43:09 DQ	DQ	DQ	DQ		-	- (0.0%)

Znaleziono 15 wynik(ów)